

Department of Veterans Affairs

VA Moms Mobile Application

User Guide



December 2014

Version 1.0

Revision History

Note: The revision history cycle begins once changes or enhancements are requested after the document has been baselined.

Date	Version	Description	Author

Artifact Rationale

A User Guide is a technical communication document intended to give assistance to people using a particular system. It is usually written by a technical writer, although it can also be written by programmers, product or project managers, or other technical staff. Most user guides contain both a written guide and the associated images. In the case of computer applications, it is usual to include screenshots of the human-machine interface(s), and hardware manuals often include clear, simplified diagrams. The language used is matched to the intended audience, with jargon kept to a minimum or explained thoroughly. The User Guide is a mandatory, increment-level document, and should be updated to reflect the contents of the most recently deployed increment.

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1. Introduction

This document provides an overview of the initial development and evolving functionality of the VA Moms mobile application. Sponsored by the Office of Women's Health Services, this mobile application was designed to provide Pregnant Veterans with pregnancy and childbirth resources, as well as tools for tracking pregnancy care and well-being.

1.1. Purpose

The User Guide is authored by LongView International and Technology, Inc. for the purpose of capturing and describing the capabilities of the mobile application developed. The User Guide provides guidance and clarification regarding the functionality of the mobile application, as well as identifies important features and familiarizes users with the navigational elements of the VA Moms application.

1.2. Overview

VA Moms is a tool and information source for women Veterans who are pregnant or breastfeeding. With this mobile app, women Veterans can enter information from their prenatal and postpartum appointments, write notes about topics they want to remember or share with their health care team, and find links to resources about pregnancy and breastfeeding. The VA Moms application in conjunction with MCC Support will enhance the care coordination and sharing of electronic information between the Veteran, the Maternity Care Coordinator (MCC), key VA providers, and the Veteran's non-VA maternity care provider (if desirable).

1.3. VA Moms 1.0 Functionality

At a high level, the VA Moms application allows for the following:

- 1.1.1. Veteran can login with their DSLogon credentials
- 1.1.2. Veteran can view a summary of their health information from VistA and share with non-VA providers (This will be done using a link to the web based Mobile Blue Button App)
- 1.1.3. Veterans can track and enter notes about their pregnancy care in the OB Care Journal.
- 1.1.4. Veteran can enter data about their pregnancy that is saved in the Self Entered Database (SED), including:
 - 1.1.4.1. Gravidity and Parity
 - 1.1.4.2. Last Menstrual Period (LMP)
 - 1.1.4.3. Expected Delivery Date (EDD)
 - 1.1.4.4. Weight
 - 1.1.4.5. Obstetrical (OB) Provider and MCC contact information
 - 1.1.4.6. Items related to OB Visits
 - 1.1.4.6.1. Health Conditions
 - 1.1.4.6.2. Medications this pregnancy
 - 1.1.4.6.3. Allergies
 - 1.1.4.6.4. Laboratory Results
 - 1.1.4.6.5. Ultrasounds

1.1.4.6.6. Genetic Screenings

1.1.4.6.7. Vaccines

1.1.4.7. Pregnancy Outcome

1.1.5. Veterans can reference pregnancy and childbirth resources:

1.1.5.1. Veterans can access contact information and links to VA approved websites for pregnancy and childbirth resources

1.1.5.2. Veterans can launch and download a PDF version of the Purple Book to review and/or send.

1.4. Project References

The following documentation was leveraged for the creation of this User Guide:

- VA Moms Concept Paper
- VA Moms MAE JIRA User Stories:

<https://issues.mobilehealth.va.gov/secure/RapidBoard.jspx?rapidView=1121&view=planning>

1.4.1. Stakeholders Information

Type of Stakeholder	Description	Responsibilities
Requester	Kathleen L. Frisbee, Co-Director, Connected Health	Submitted request. Submits business requirements. Monitors progress of request. Contributes to BRD development.
Business Owner(s)/Program Office(s)	Laurie C. Zephyrin MD, MPH, MBA, FACOG Director, Reproductive Health Women's Health Services (10P4W) Office of Patient Care Services/Veteran Health Administration VA Central Office: 202-461-0373 Internet: www.womenshealth.va.gov Assistant Professor, New York University School of Medicine Department of Obstetrics and Gynecology New York Harbor VA Medical Center Phone: 212-951-5434	Provide final approval of BRD with sign-off authority. Provide strategic direction to the program. Elicits executive support and funding. Monitors the progress and time lines.
Business Subject Matter Expert(s) (SME)	Alison Whitehead, MPH Management Analyst Women's Health Services BB: 347.525.4273 Alison.Whitehead@va.gov Cait Cusack;	Provide background on current system and processes. Describe features of current systems, including known problems. Identify features of enhancement.

Type of Stakeholder	Description	Responsibilities
	Caitlin.Cusack@va.gov Phone: 603-682-6594 Karon Hansberger; khansberger@mbstechnologies.com	
Internal App Owner	Hon Pak, M.D; Chief Medical Officer (CMO); Longview International Technology, Inc. hpak@longviewinc.com	Manage contractual requirements and expectations, and provide final approval of internal development and concept paper submission.
Internal Product Owner	Lauren Brown, Senior Consultant, Longview International Technology, Inc. lbrown@longviewinc.com	Capture all core, remediation, and future Develop App Concept Paper, incorporating all core, remediation, and future requirements and functionality to be developed.
Internal Technical Lead	Sumitro Majumdar, Lead Architect, Longview International Technology, Inc. sumajumadar@longviewinc.com	Oversee and facilitate all technical requirements and functionality.

1.4.2. Coordination

This application required extensive coordination among all parties involved. Once buy-in was obtained, and the application was approved from all necessary parties, the Agilex/Longview product and development teams met internally, as well as held weekly status meetings with the stakeholders to incorporate their feedback along the way. Upon integration into the MAE environment, the application will run through a formal Compliance process inclusive of SQA, Compliance review, and V&V. Once the appropriate approvals have been granted, the application will move through a pilot phase prior to national release.

1.4.3. Help Desk

Technical Help Desk support for the application shall be provided for users to obtain assistance with the mobile application.

Help Desk Contact Information	
VA Help Desk	1-855-673-4357

1.5. Acronyms and Abbreviations

Term	Definition
BRD	Business Requirements Document

Term	Definition
CPG	Clinical Practice Guideline
EA	Enterprise Architecture
EDD	Estimated Due Date
ETA	Enterprise Technical Architecture
IAM	Identity and Access Management
IOC	Initial Operating Capability
LMP	Last Menstrual Period
MAE	Mobile Application Environment
MBB	Mobile Blue Button
MCC	Maternity Care Coordinator
M.D.	Medical Doctor
MDM	Mobile Device Management
OB	Obstetrical
OIT	Office of Information and Technology
OM	Operations and Maintenance
PDF	Portable Document Format
RTM	Requirements Traceability Matrix
SED	Self-Entered Database
SME	Subject Matter Expert
SSO	Single Sign On
SQA	Software Quality Assurance
UI	User Interface
VA	Department of Veterans Affairs
VHA	Veterans Health Administration
VistA	Veterans Health Information Systems and Technology Architecture
VPN	Virtual Private Network
V&V	Verification and Validation

2. System Summary

This section provides a general system overview and outlines the system uses in supporting the activities of the user and staff.

2.1. Dependencies

- The content and embedded links within the application is only accessible when connected to a secure internet connection.
- This application will require a stable, secure, mobile platform that allows for easy access from government issued mobile devices to existing VA resources and infrastructure.
- The primary and secondary stakeholders should be available for further functional and non-functional requirements definitions as well as for user feedback during development.
- Compatibility with the security profile issued by the OneVA EA ETA-compliant MDM.

2.2. System Configuration

Currently, authentication is required to login to the VA Moms mobile application, therefore integration with HealthAdapter for authorization services exists. The application only contains data entered by the veteran, and all data is stored in Mongo DB, which is a self-entered database that will be installed in the VA MAE environment for data storage and retrieval. All values entered and saved in VA Moms will be accessible via the MCC application.

2.3. Data Flows

All values entered in VA Moms are stored in Mongo DB, which will be installed in the VA MAE environment for data storage and retrieval. Both VA Moms and MCC utilize the same Mongo DB (SED), and can access collections of data within that database. MCC's backend can query that Mongo DB and retrieve data that is entered through the VA Moms application.

2.4. User Access Levels

The table below outlines the different users, user responsibilities, and respective access to the system:

User	Description	Responsibilities	System Access
Veterans	Pregnant veterans track pregnancy by maintaining their current pregnancy and outcome(s).	Track pregnancy and appointment outcomes, and enter notes in an OB Care journal. Access supplemental VA and MBB resources.	Write

2.5. Contingencies and Alternate Modes of Operation

The accessibility of this web-based application is contingent upon communication to the web and application server(s), as well as other various functional network elements and application deployments.

3. Getting Started with VA Moms

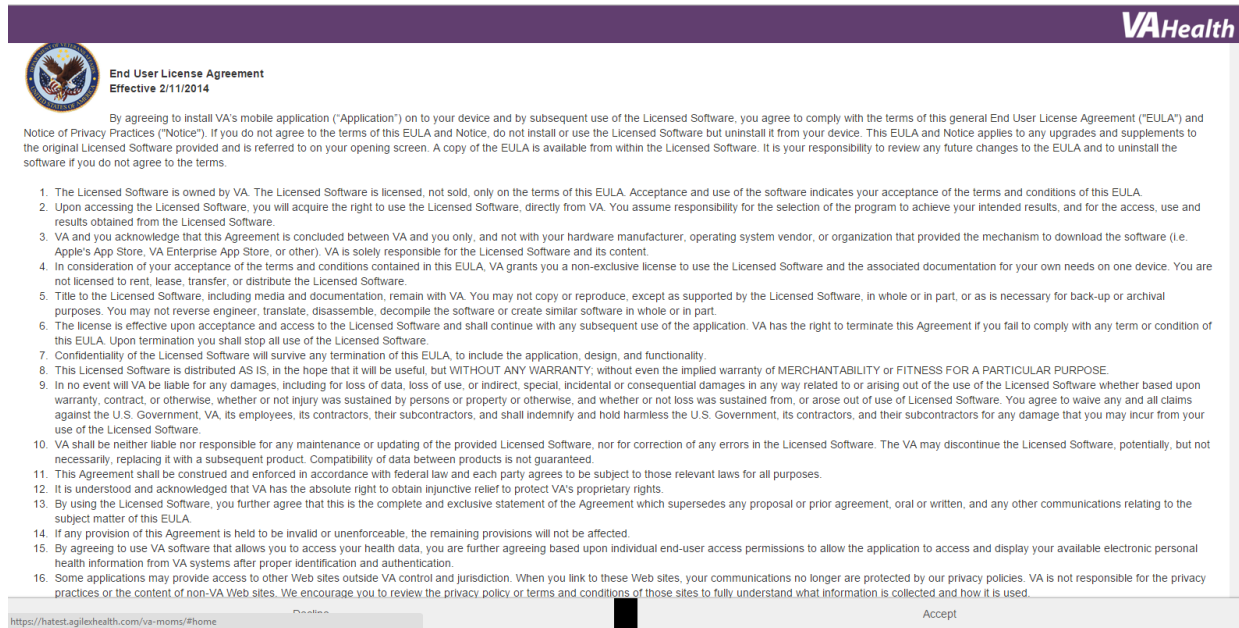
The following section provides an overview of the system functionality from initial logon through log off of the application.

3.1. Logging On

The VA Moms application require authentication and can be accessed from the LaunchPad.

3.1.1. End User License Agreement

Upon launching the VA Moms application from the LaunchPad, the user will be prompted to accept an End User License Agreement (EULA) before proceeding to the home page of the application.



VA Health

End User License Agreement
Effective 2/11/2014

By agreeing to install VA's mobile application ("Application") on to your device and by subsequent use of the Licensed Software, you agree to comply with the terms of this general End User License Agreement ("EULA") and Notice of Privacy Practices ("Notice"). If you do not agree to the terms of this EULA and Notice, do not install or use the Licensed Software but uninstall it from your device. This EULA and Notice applies to any upgrades and supplements to the original Licensed Software provided and is referred to on your opening screen. A copy of the EULA is available from within the Licensed Software. It is your responsibility to review any future changes to the EULA and to uninstall the software if you do not agree to the terms.

1. The Licensed Software is owned by VA. The Licensed Software is licensed, not sold, only on the terms of this EULA. Acceptance and use of the software indicates your acceptance of the terms and conditions of this EULA.
2. Upon accessing the Licensed Software, you will acquire the right to use the Licensed Software, directly from VA. You assume responsibility for the selection of the program to achieve your intended results, and for the access, use and results obtained from the Licensed Software.
3. VA and you acknowledge that this Agreement is concluded between VA and you only, and not with your hardware manufacturer, operating system vendor, or organization that provided the mechanism to download the software (i.e. Apple's App Store, VA Enterprise App Store, or other). VA is solely responsible for the Licensed Software and its content.
4. In consideration of your acceptance of the terms and conditions contained in this EULA, VA grants you a non-exclusive license to use the Licensed Software and the associated documentation for your own needs on one device. You are not licensed to rent, lease, transfer, or distribute the Licensed Software.
5. Title to the Licensed Software, including media and documentation, remain with VA. You may not copy or reproduce, except as supported by the Licensed Software, in whole or in part, or as is necessary for back-up or archival purposes. You may not reverse engineer, translate, disassemble, decompile the software or create similar software in whole or in part.
6. The license is effective upon acceptance and access to the Licensed Software and shall continue with any subsequent use of the application. VA has the right to terminate this Agreement if you fail to comply with any term or condition of this EULA. Upon termination you shall stop all use of the Licensed Software.
7. Confidentiality of the Licensed Software will survive any termination of this EULA, to include the application, design, and functionality.
8. This Licensed Software is distributed AS IS, in the hope that it will be useful, but WITHOUT ANY WARRANTY, without even the implied warranty of MERCHANTABILITY or FITNESS FOR A PARTICULAR PURPOSE.
9. In no event will VA be liable for any damages, including for loss of data, loss of use, or indirect, special, incidental or consequential damages in any way related to or arising out of the use of the Licensed Software whether based upon warranty, contract, or otherwise, whether or not injury was sustained by persons or property or otherwise, and whether or not loss was sustained from, or arose out of use of Licensed Software. You agree to waive any and all claims against the U.S. Government, VA, its employees, its contractors, their subcontractors, and shall indemnify and hold harmless the U.S. Government, its contractors, and their subcontractors for any damage that you may incur from your use of the Licensed Software.
10. VA shall be neither liable nor responsible for any maintenance or updating of the provided Licensed Software, nor for correction of any errors in the Licensed Software. The VA may discontinue the Licensed Software, potentially, but not necessarily, replacing it with a subsequent product. Compatibility of data between products is not guaranteed.
11. This Agreement shall be construed and enforced in accordance with federal law and each party agrees to be subject to those relevant laws for all purposes.
12. It is understood and acknowledged that VA has the absolute right to obtain injunctive relief to protect VA's proprietary rights.
13. By using the Licensed Software, you further agree that this is the complete and exclusive statement of the Agreement which supersedes any proposal or prior agreement, oral or written, and any other communications relating to the subject matter of this EULA.
14. If any provision of this Agreement is held to be invalid or unenforceable, the remaining provisions will not be affected.
15. By agreeing to use VA software that allows you to access your health data, you are further agreeing based upon individual end-user access permissions to allow the application to access and display your available electronic personal health information from VA systems after proper identification and authentication.
16. Some applications may provide access to other Web sites outside VA control and jurisdiction. When you link to these Web sites, your communications no longer are protected by our privacy policies. VA is not responsible for the privacy practices or the content of non-VA Web sites. We encourage you to review the privacy policy or terms and conditions of those sites to fully understand what information is collected and how it is used.

<https://hatest.agilehealth.com/va-moms/#home> Decline Accept

Figure 1: Accept End User License Agreement

Once the End User License Agreement has been reviewed and accepted, the user will be prompted to select a facility and authenticate using their DSLogon credentials. If the user declines the EULA, they will be taken back to the LaunchPad.

3.1.2. Data Disclaimer

Once the EULA has been accepted, the user will be prompted to acknowledge and accept a disclaimer that notifies the Veteran that all data entered can be seen by her MCC. If accepted, the user will be prompted to authenticate. If declined, the user will return to the Launchpad.

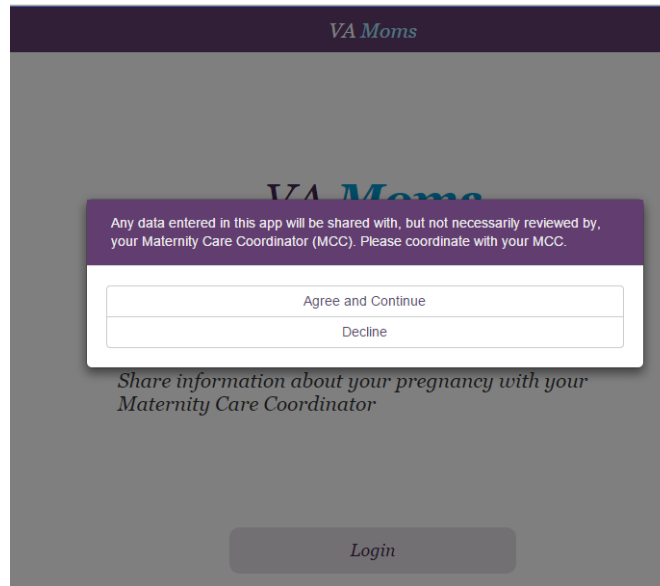


Figure 2: Data Disclaimer

3.1.3. VA Moms Logon

The Veteran will be prompted to enter valid VA login credentials once the data disclaimer has been accepted.

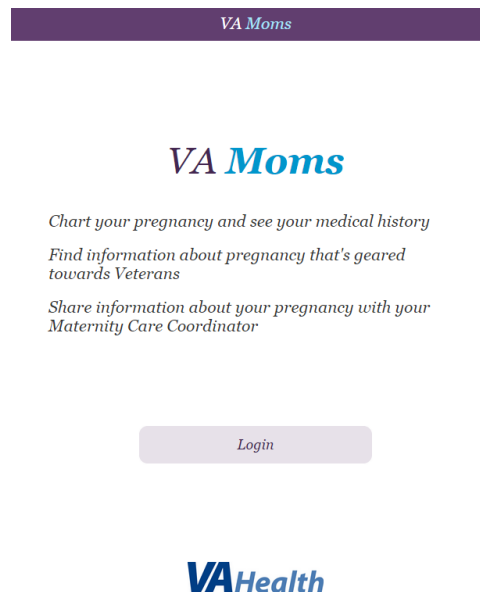


Figure 3: DSLogon Authentication

3.2. System Menu and Modules

3.2.1. Profile

The user will be prompted to create a profile upon successfully authenticating into the application for the first time. Every subsequent login after the profile has been created will take the user directly to the pregnancy tracker page.

Any data entered in this app will be shared with, but not necessarily reviewed by, your Maternity Care Coordinator (MCC). Please coordinate with your MCC.

* Required Fields

* First Name

* Last Name

Last Menstrual Period (mm/dd/yyyy)

* Estimated Due Date (mm/dd/yyyy)

Number of Pregnancies (including this one)

1

Number of Deliveries

0

Weight Before Pregnancy (pounds)

Current Weight (pounds)

OB Provider

OB Contact Info

Type

Figure 4: My Profile

The profile contains information such as name, LMP, EDD, number of pregnancies and deliveries, weight, and OB and MCC provider and contact information. This information can be updated and refined, as desirable.

3.2.2. Landing Page

The landing page calculates and displays the number of weeks and days pregnant based on the EDD entered in the profile. From the landing page, the Veteran can refine her profile information, enter details about her pregnancy in the pregnancy tracker, enter notes about her pregnancy and care in the OB Care Journal, and access MBB and VA resources for supplemental pregnancy or childbearing information.

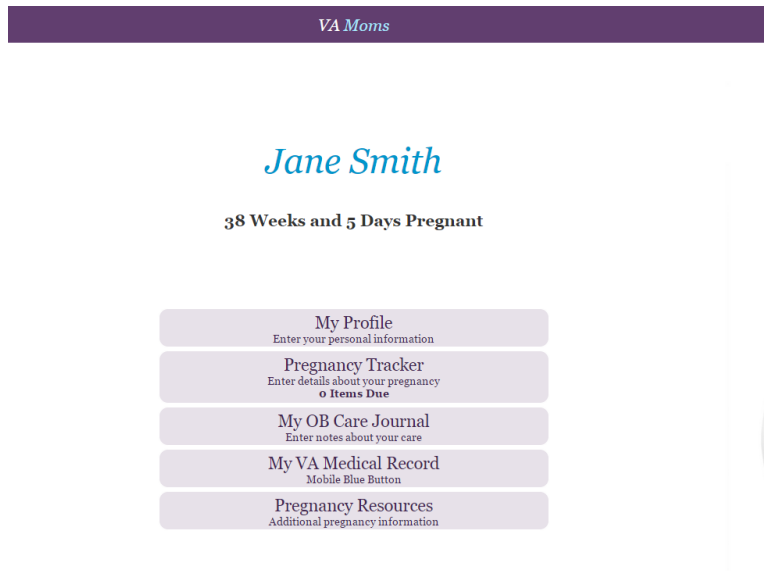


Figure 5: Landing Page

1.1.1.1. Pregnancy Tracker

Select Pregnancy Tracker from the landing page to enter pregnancy details. Modules within the pregnancy tracker functionality include health conditions, medications, allergies, laboratory results, ultrasounds, genetic screening tests, vaccinations, and pregnancy outcome(s).

The Health Conditions form allows the user to enter any condition that she has experienced and/or been diagnosed with either previously or in her current her pregnancy. The entered health conditions can be filtered by all, current, or past.

 The image shows the "Health Conditions" form within the application. It has a purple header with the title "Health Conditions". The form contains several input fields and controls:

- A section for "* Required Fields" containing:
 - * Condition: A text field with "Diabetes" entered.
 - Comments: A larger text area.
- Date Condition Began (mm/dd/yyyy): A date picker field.
- Status: Two buttons, "Past" and "Current", with "Current" selected.
- Delete this condition: Two buttons, "Yes" and "No", with "No" selected.
- A large purple "Save" button at the bottom.

Figure 6: Health Conditions

Health Conditions	
All Current Past	
Condition	Status
Onset Date Diabetes 12/09/2014	Current

Figure 7: Health Conditions Summary Page

The Medications this Pregnancy module helps track medicine that has been taken or is currently being taken throughout her pregnancy. The user can enter the medication name, type, strength, frequency taken, instructions, reason for taking, refills remaining, Rx number, Prescriber, pharmacy contact information, last refill date, start and stop date, and whether this is a medicine that is currently being taken or was taken in the past.

Medication Details
* Required Fields
* Medication Name Tylenol
* Type of Medication Over The Counter
Currently Taking Yes No
* Strength (example: 50 mg) 30 mg
* Frequency Taken 3 Times a Day
Instructions
Reason for Taking
Refills Remaining
Rx Number

Figure 8: Medication Details

Medications	
Medications	Currently Taking (Y/N)
Instructions Tylenol 30 mg	Yes

Figure 9: Medications Summary Page

The allergies module allows the user to enter any known or recently discovered allergies throughout this pregnancy. The user can enter the allergy name, when it first occurred, symptoms, severity, treatment, and additional layers of detail. The level of detail desirable can be entered, saved and deleted if no longer applicable.

The screenshot shows the 'Add Allergy' form. At the top is a purple header with the text 'Add Allergy'. Below the header is a section titled '* Required Fields'. The first field is '* Allergy' with the text 'Dog Hair' entered. The second field is 'Allergy First Occurred (mm/dd/yyyy)' with a calendar icon. Below these fields is a section titled 'If you are experiencing any of these reactions, please check the box'. This section contains six rows, each with a checkbox and a label: 'Rash' (unchecked), 'Hives' (checked), 'Breathing Problems' (unchecked), 'Vomiting' (checked), 'Swelling' (checked), and 'Other' (unchecked). Below this section is a 'Severity' dropdown menu with the text 'Please Select an Option'. At the bottom of the form is a text input field labeled 'Describe Treatment'.

Figure 10: Add Allergy

The screenshot shows the 'Allergies' summary page. At the top is a purple header with the text 'Allergies'. Below the header is a section titled 'Allergy' with the text 'Reaction' below it. The main content area is a light purple box with the text 'Dog Hair' and 'Hives, Vomiting, Swelling' below it.

Figure 11: Allergies Summary

The Labs module provides a list of initial labs that need to be completed upon becoming pregnant. The labs due are calculated based on the EDD entered in the profile. The user will see eleven (11) initial labs due, and once they have been completed and updated in the Labs module, the remaining labs due will update accordingly. When the user becomes 28 weeks pregnant, an additional lab item, the Glucose Tolerance test, will remain due until completed. Similarly, when the user is 36 weeks pregnant an additional lab item, the Group B Strep, will remain due until completed. The user can keep track of all labs administered and results using the labs module.

Labs	
Work with your OB provider or nurse to complete this information.	
Initial Labs	
Blood Type	B
Rh Type	Positive (+)
Antibody Screen	Positive (+)
Pap Smear	Normal
Rubella (German Measles)	Immune
Vancella (Chicken Pox)	Immune confirmed by lab test
Hepatitis B Surface Ag	Positive (+)
Gonorrhea	Positive (+)
Chlamydia	Positive (+)
Urine Culture	

Figure 12: Labs

The Ultrasound module allows the user to enter details surrounding her ultrasound(s), including the ultrasound date, fetal weight, gestational age(s), estimated due date(s) by ultrasound, and comments, as desirable. The user can add information for multiple fetuses, and will be prompted to update her EDD based on her ultrasound results.

Ultrasound Details	
Please obtain your ultrasound results from your OB office	
* Required Fields	
* Date of Ultrasound (mm/dd/yyyy)	
12/17/2014	
Delete this Ultrasound entry	
Yes No	
Fetus 1	
Estimated Fetal Weight	
8 lbs kg	
Estimated Gestational Age	
Weeks	Days
1	11
Estimated Due Date By Ultrasound (mm/dd/yyyy)	
Comments	
Fetus 2	

Figure 13: Ultrasound Details

Ultrasounds	
Date Completed	Weeks Pregnant
12/17/2014	38 Weeks

Figure 14: Labs

Genetic Screening results can be captured in the genetic screening module, where the user can enter the name of the genetic screening, a test date and select and enter tests and test results. Any genetic screening entry can also be updated and/or deleted, as desired.


Genetic Screening Details	
* Required Fields	
* Test Name	
Test	
<input checked="" type="checkbox"/>	Genetic Counseling
<input type="checkbox"/>	MSAFP/AFP4/Quad screen
<input type="checkbox"/>	Amniocentesis
<input type="checkbox"/>	Sickle Cell Disease and Sickle Cell Trait
<input checked="" type="checkbox"/>	Canavan Disease
<input type="checkbox"/>	Cystic Fibrosis
<input type="checkbox"/>	Chorionic Villus Sampling (CVS)
<input type="checkbox"/>	Tay Sachs
<input type="checkbox"/>	Thalassemia
<input type="checkbox"/>	Other
	* Date of Test (mm/dd/yyyy)
	12/17/2014

Figure 15: Genetic Screening Details

Genetic Screening	
Test Date	Test Name
12/17/2014	Genetic Screening Tests
	My First Genetic Screening Test 11/1/2014
	Canavan Disease, Genetic Counseling

Figure 16: Genetic Screening

The vaccinations module allows the user to track and enter her Flu shot and Tdap vaccination information.

The screenshot shows a mobile application interface for the 'Vaccinations' module. At the top is a purple header with the title 'Vaccinations'. Below the header, there are two main sections. The first section is titled 'Flu Shot (Given once during pregnancy when available)'. It contains two rows: 'Flu Shot Last Administered (mm/dd/yyyy)' with a calendar icon and the date '12/21/2014', and 'Flu Shot Next Due (mm/dd/yyyy)' with a calendar icon and the date '09/01/2015'. The second section is titled 'Tdap Tetanus, Diphtheria and Pertussis (Booster each pregnancy)' with an information icon. It contains one row: 'Tdap Last Administered (mm/dd/yyyy)' with a calendar icon and the date '02/02/2015'. At the bottom of the form is a purple 'Save' button.

Figure 17: Genetic Screening

The Pregnancy Outcome module allows the veteran to enter her current pregnancy outcome. Within the Pregnancy Outcome module, the user can select the outcome including vaginal delivery, C-section, miscarriage, stillbirth, elective abortion, therapeutic abortion, ectopic and other, and can add details surrounding the outcome (as applicable). She can also add information for additional outcomes, such as having twins or triplets.

The screenshot shows a mobile application interface for the 'Pregnancy Outcome' module. At the top is a purple header with the title 'Pregnancy Outcome'. Below the header, there is a section titled 'Outcome 1'. It contains a dropdown menu for '* Pregnancy Outcome' with 'Vaginal Delivery' selected. Below this is a row for '* End Date of Pregnancy (mm/dd/yyyy)' with a calendar icon. There are two radio buttons for 'Infant's Sex', with 'Female' selected. Below these are text input fields for 'Weight (lbs)', 'Length (inches)', 'First Name', and 'Last Name'. At the bottom is a text area for 'Comments About Pregnancy Outcome'. A purple 'Save' button is located at the bottom right of the form.

Figure 18: Pregnancy Outcome

1.1.1.2. My OB Care Journal

Enter pregnancy notes in the OB Care Journal from the landing page. The OB Care Journal allows the user to enter appointment dates, provider information, the reason for the visit,

reminder notes, blood pressure, current weight, fetal heart beat, fundal height and pregnancy-related problems. Information can be entered, updated and deleted, as desired.

Journal Entry

* Required Fields

* Appointment Date (mm/dd/yyyy)
12/16/2014

* Entry Title
Test

Provider's Name

Reason for Visit

Reminder Notes for your Visit

Systolic Blood Pressure Diastolic Blood Pressure

Current Weight (pounds)

Fetal Heart Beat Present Yes No

Fundal Height (centimeters)

Pregnancy Related Problems

Figure 19: Journal Entry

OB Care Journal

Take notes on your pregnancy and medical visits

Title	Date	Weeks Pregnant
Test	12/16/2014	38 Weeks

Figure 20: OB Care Journal Summary

1.1.1.3. My VA Medical Record

Select this module from the landing page to access Mobile Blue Button (MBB) application using Single Sign-On (SSO) services.

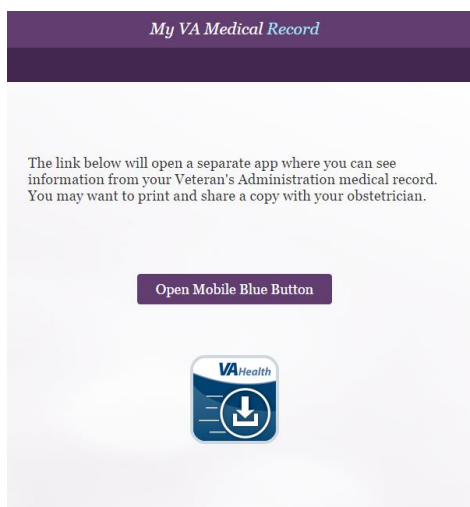


Figure 21: Accessing Mobile Blue Button

1.1.1.4. Pregnancy Resources

Access contact information and supplemental pregnancy resources from the Pregnancy Resources module on the landing page or from the menu dropdown.

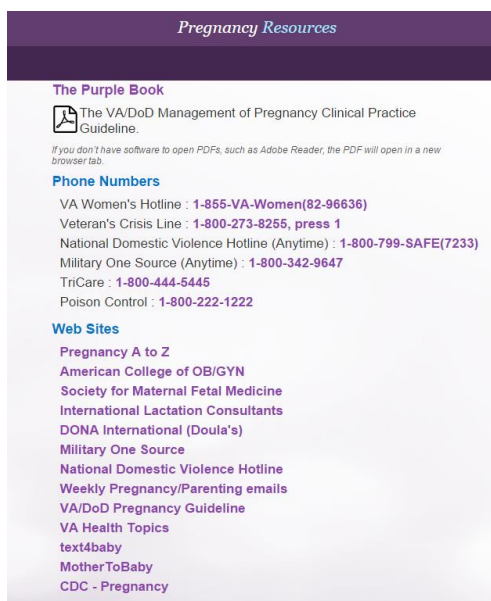


Figure 22: OB Care Journal Summary

3.2.3. Application and User Menus

Using the Application Menu icon in the upper left-hand corner, the user can navigate to her profile, or any of the modules discussed above on the landing page including, profile, pregnancy tracker, OB care journal, VA medical resources, and supplemental pregnancy resources. Using the User menu in the upper right-hand corner of the application, the user can navigate to the

About page which contains the User Guide as well as a brief overview of the application. The user can also use the Menu icon to navigate back to the LaunchPad or log out of the application completely.

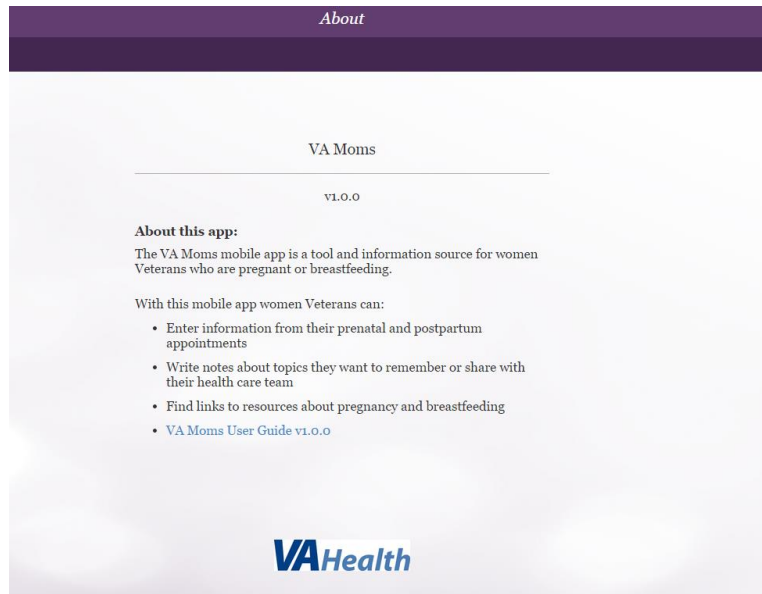


Figure 23: About Page

3.3. Changing User ID and Password

User ID and password functions will be handled external to the VA Moms Support mobile application and will be addressed by contacting the Help Desk.

3.4. Logging Out of the System and Returning to LaunchPad

Users can log out of the system or return to LaunchPad by navigating to the menu icon in the upper right-hand corner and selecting Log Out or LaunchPad, respectively.

3.5. Caveats and Exceptions

There are no caveats or exceptions at this time.

4. Troubleshooting

This application displays modules of static text. Please refer to the About section of the application for contact information regarding who to contact for updates to the text. For all technical issues, please contact the Technical Help Desk.