Distribution of Mental Health Clinical Reminders Dialog Templates

Version 1.0

Requirements Specification Document



<January 2012 Approved>

Revision History

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1. Introduction

The Office of Mental Health Services (OMHS) has requested the development of clinical reminder dialog templates that will be used for Evidence Based Therapy (EBT) protocols for the treatment of mental health conditions including, but not limited to, depression and Post-Traumatic Stress Disorder (PTSD). They are requesting the distribution of these templates in order to nationalize the data captured and to monitor the effectiveness of the therapies. There have been no new functionalities created nor are there any software or hardware modifications required of VistA or CPRS. These dialog templates will utilize health factors for tracking a number of elements associated with the therapy protocols.

Use of these national reminder dialog templates will facilitate requests in support of the 'Improve Veterans Mental Health (IVMH)' major initiative, which is part of the 16 major initiatives identified by the Department of Veterans Affairs (VA) as the highest priority for the department.

The Business Requirements Document (BRD) 'Mental Health Evidence Based Therapy Reminder Dialog Templates Request #20100705' identified a total of seventeen (17) Evidence Based Therapy (EBT) protocols that required national dialog templates. Of the 17 identified in the BRD, this RSD details the:

- 1. Prolonged Exposure Individual Therapy (PEI) (detailed in section 2.6.1)
- 2. Cognitive Processing Individual Therapy (CPT) (detailed in section 2.6.2)
- 3. Cognitive Behavioral Therapy (CBT) (detailed in section 2.6.3)
- 4. Acceptance and Commitment Therapy (ACT) (detailed in section 2.6.4)
- 5. Social Skills Training (detailed in section 2.6.5)
- 6. Cognitive Behavioral Therapy for Insomnia (CBT I) (detailed in section 2.6.6)
- 7. Behavioral Family Therapy (BFT) (detailed in section 2.6.7)

While the primary purpose of clinical reminders has been to remind clinicians to complete specific clinical tasks for individual patients at the point of care, field staff have found a variety of other uses for this program, such as:

(1) Reminder reports have been used to identify patients for whom a specific task has not been completed allowing staff to follow-up on an individualized basis.

(2) Reminders have been used to assist in the completion of administrative tasks such as enrollment of a patient in Primary Care Management Module.

(3) Clinical Reminder software allows documentation of care received outside VHA to be recorded in a format that is readily located in CPRS, through the use of electronic data components that exist in Patient Care Encounter software such as health factors, education topics, exams, and treatments.

(4) Use of these electronic data components allows identification of patients with specific clinical characteristics that are not readily captured by other components of the record. For example, health factors used to identify patients who served in a particular conflict or who are in different stages of a disease can contribute to improved care for special populations, as well as assisting in research efforts.

(5) The ability of the software to generate reports provides a powerful tool for measuring performance without the need for individual chart review.

(6) Performance measurement using clinical reminder reports can include the entire population of a medical center, clinic, or primary care team, without relying on sampling, and can include information about care received outside VHA.

1.1. Document Content

This RSD details the content of the developed templates in the Section 2.6 '*Functional Specifications*.' The content of each subsections have been laid out as follows:

- Introduction to the protocol and the identification of the templates developed in support of the requirements.
- A detailed table of the Health Factors that are generated for each selectable item on the templates.
- A detailed table of the content of each template:
 - the position (sequence) of the module within the template,
 - the caption that is displayed to the clinician,
 - o if the caption is a dialog group or dialog element,
 - o if the selectable caption is a checkbox or radio button,
 - o if there is a box around the content or any component of the module,
 - o the placement of the content (number of indents from the frame) on the template,
 - what is expected after the selection is made,
 - o if the response includes additional fields for text notes, comments or responses,
 - what appears in the progress note and any alternate information that appears on the progress notes.

In addition, screenshots of all of the templates have been included in the Appendices. The screenshots are supplied for display purposes only.

All of the above together are used to develop and manage the content of the clinical reminder dialog templates.

Note: For CBT-Insomnia and Behavioral Family Therapy the templates have not been developed as of release of this RSD. The information supplied for each of these are supplied as high level and are to be used for review purposes only.

1.2. Purpose

The purpose of the Requirements Specifications Document (RSD) is to document the functional requirements of the clinical reminder dialog templates that the National Clinical Reminders Committee have identified for national distribution.

All of the templates detailed in this document use the existing Clinical Reminder dialog functionalities. No new functionalities have been created to support the protocols.

1.3. Scope

The scope of this RSD is to document the functional specifications of the Evidence Based Therapy Protocol Clinical Reminder Dialog templates and requirements necessary for their national distribution.

These templates will:

• standardize the use of specific Evidence Based Therapy protocols currently being piloted at Department of Veterans Affairs (VA) facilities,

- enable roll up data on a national level to facilitate evaluation of the use of the therapy involved,
- capture patient session data,
- track patient sessions,
- track patient progress

Information entered through the reminder dialog templates update progress notes, generate health factors for research purposes and update patient medical records appropriately.

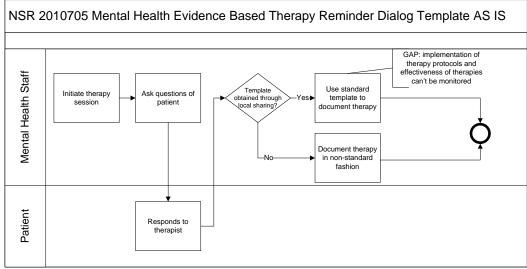
The use of these templates support the adherence to the prescribed protocols and provide a mechanism for tracking the implementation and effectiveness of the therapy protocols.

1.4. As Is Configuration

To date, the majority of reminders have been developed and implemented at the medical center or Veterans Integrated Service Network (VISN) level. A small number of clinical reminders have been developed nationally with use mandated through a specific VHA Directive, and implemented through nationally developed software patches. Creation of reminders at the medical center and VISN level has allowed widespread familiarity with clinical reminder software and fostered innovation in reminder development. However, now after several years experience in VHA with reminders, it is found that many reminders are quite similar in their design and logic. The draw-backs of local development include the fact that the design and construction of reminders can be time consuming and require considerable effort by scarce staff with specialized skills. There is significant inefficiency in recreating similar reminders multiple times across the system. Many reminders require a high level of expertise in design and construction to accurately reflect the evidence-based guidelines. The level of local expertise varies which results in some sites having well-developed reminders while others having reminders that are poorly constructed. Optimal design of the user interface for clinical reminders also involves significant human factors engineering. Some sites have taken care to design reminders so that they can be completed easily and efficiently whereas other sites have reminders which are cumbersome and time consuming to complete. A final, but very important, drawback to local reminders is that they utilize locally-developed electronic data components and are based on locally-determined decision rules; therefore, it is not possible to measure performance nationally using electronic data components such as health factors.

The diagram below depicts the AS-IS process of data for obtaining therapy session information.

REFERENCE 1 - AS-IS DIAGRAM



1.5. To Be Configuration

The advantages of system wide collaboration include:

(1) Increasing efficiency by eliminating the need to develop similar reminders at different medical centers.

(2) Ensuring that well designed and user friendly reminders are available to all medical centers and all clinicians independent of the level of local expertise.

(3) Allowing development of performance reports that could be produced at the national, facility, substation, and individual provider level, which are based on the entire population and include information about care received outside VHA. The goal of VHA has been to move to electronic collection of data rather than relying on resource intensive chart review for performance measurement. Standardization of reminder components provides an important contribution to this goal.

(4) Improving quality of care by facilitating identification of populations of patients with specific needs, thereby assisting in delivery of optimal care.

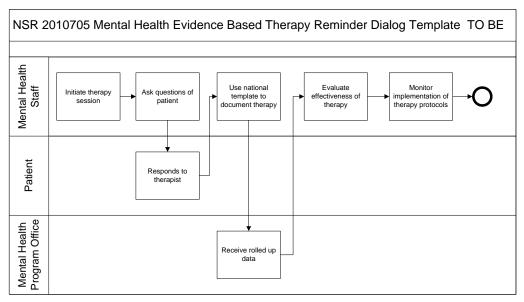
(5) Facilitating the implementation of patient-directed clinical reminders, known as "wellness reminders" pointed directly to patients who have a MyHealth*e*Vet account.

(6) Enhancing research efforts by allowing identification of specific populations through the use of electronic data components such as health factors and by allowing collection of discrete data not otherwise electronically identifiable in CPRS across the entire VHA patient population

The national distribution of the approved reminder dialog templates will provide the Office of Mental Health Services (OMHS) the ability to effectively monitor implementation of the therapy protocols' and evaluate the effectiveness of the therapies. National distribution of the templates will provide all sites the resources available to support adherence to the EBT protocols.

The diagram below depicts the TO BE process for data collected with the use of the clinical reminder dialog templates.

REFERENCE 2 - TO BE DIAGRAM



1.6. Acronyms and Definitions

1.6.1. Acronyms

REFERENCE 3 - ACRONYMS

Term	Definition
ACT	Acceptance and Commitment Therapy
BRD	Business Requirements Document
CBT	Cognitive Behavioral Therapy
CBT - I	Cognitive Behavioral Therapy for Insomnia
CPRS	Computerized Patient Record System
CPRS/CCR	Computerized Patient Record System/Computerized Clinical Reminder Module
EBT	Evidence Based Therapy
EBP	Evidence Based Practice
GUI	Graphical User Interface
HF	Health Factor
IVMH	Improve Veteran Mental Health
MH	Mental Health
MH Assistant	Mental Health Assistant
MHA3	Mental Health Assistant 3 (package)
OMHS	Office of Mental Health Services
PEI	Prolong Exposure Individual Therapy
PCE	Patient Care Encounter
PRF	Patient Record Flag
RSD	Requirements Specification Document
SI/HI	Suicidal Ideation/Homicidal Ideation

Term	Definition
TIU	Text Integration Utility
VA	Department of Veterans Affairs
VAMC	VA Medical Center
VistA	Veterans Health Information System and Technology Architecture

1.6.2. Definitions

REFERENCE 4 - DEFINITIONS	
Term	Definition
Component	A component represents the module that is presented in any given template.
Clinical Reminder	A clinical reminder is a software decision support tool that defines evaluation and resolution logic for a given clinical activity. The evaluation logic defines conditions in the database including the presence or absence of specified criteria such as diagnoses, procedures, health factors, medications, or demographic variables (e.g., age, gender). A reminder may or may not require provider resolution, depending on its purpose and design, through a user interface, also known as a reminder dialog. Also, in accordance with the underlying logic, reminders may be used to collect specified patient information that may or may not be related to the dialog.
Dialog Element	A dialog element is defined primarily to represent sentences to display in the CPRS window with a check-box. When the user checks the sentence off, the FINDING ITEM in the dialog element and the ADDITIONAL FINDINGS will be added to the list of PCE updates, orders, Mental Health Notification Purposes, and mental health tests. The updates won't occur on the CPRS GUI until the user clicks on the FINISH button. Dialog elements may have components added to them. Auto-generated components will be based on the additional prompts defined in the Finding Type Parameters. Once a dialog element is auto-generated, the sites can modify them. Dialog elements may also be instructional text or a header. The FINDING ITEM and components would not be defined in dialog elements.
Dialog Group	A dialog group is similar to menu options. It groups dialog elements and dialog groups within its component. The dialog group can be defined with a finding item and a check-box. The components in the group can be hidden from the CPRS GUI window until the dialog group is checked off.
Finding Item	A Finding Item is a piece of information that can be searched by the reminder.
Health Factors	A health factor is a computerized component that captures patient information that for which no standard code exists, such as Family History of Alcohol Abuse, Lifetime Non-smoker, No Risk Factors for Hepatitis C, etc.
Mental Health Assistant	The Mental Health Assistant is a national VA software package that is used for administration and scoring of standardized self report questionnaires and tests. It is integrated with clinical reminders in that mental health assistant instruments can be administered through a reminder dialog. Also the results of a specific instrument overall score, scale score, or specific item response can be used as a finding in reminder logic. This is the mechanism, for presenting questionnaires for screening for common mental health issues such as the AUDIT-C for alcohol misuse.
Prompt	An aid on the screen in the form of a question or statement indicating the options available. Prompts are defined for PCE, MH Notification Purpose, or as locally created comment check-boxes.
PXRM	Clinical Reminder package namespace
Reminder Component	A reminder component is any element, or part thereof, of a reminder, including the reminder's definitions, dialogs, findings, terms, cohort logic

Term	Definition
	or resolution logic.
Reminder Definition	The reminder definition is the internal logic of the reminder. It describes the patients the reminder applies to, how often it is given, and what resolves or satisfies the reminder. It is comprised of the predefined set of finding items used to identify patient cohorts and reminder resolutions
Reminder Dialog	The reminder dialog is the display, which is seen by the user in the CPRS Graphical User Interface (GUI), when opening a reminder. Reminder dialogs are used in CPRS to allow clinicians to select actions that satisfy or resolve reminders for a patient. Information entered through reminder dialogs updates progress notes, places orders, and updates other data in the patient's medical record. A reminder dialog is created by the assembly of components in groups into an orderly display.
Reminder Finding	Reminder finding is a type of data element in the Veterans Health Information and Technology Architecture (VistA) that determines a reminder's status.
Reminder Term	A reminder term is a predefined finding item(s) that are used to map local findings to national findings, providing a method to standardize these findings for national use.
Result Element	A result element contains special logic that uses information entered during the resolution process to create a sentence to add to the progress note. The special logic contains a CONDITION that, when true, will use the ALTERNATE PROGRESS NOTE TEXT field to update the progress note. A separate result element is used for each separate sentence needed. The result element is only used with mental health test finding items. Default result elements are distributed for common mental health tests, prefixed with PXRM and the mental health test name. Sites may copy them and modify their local versions as needed.
Result Group	A result group contains all of the result elements that need to be checked to create sentences for one mental health test finding. The dialog element for the test will have its RESULT GROUP/ELEMENT field defined with the result group. Default result groups for mental health tests are distributed with the Clinical Reminders package. Sites may copy them and modify their local versions as needed.
Term	A TERM is a collection of findings grouped together to make one concept.
TIU	Text Integration Utilities (TIU) simplifies the access and use of clinical documents for both clinical and administrative VAMC personnel, by standardizing the way clinical documents are managed. TIU accepts document input from a variety of data capture methodologies. Those initially supported are transcription and direct entry. TIU allows upload of ASCII formatted documents into VISTA.

1.7. References

The following references were used as sources of information for this RSD:

• Mental Health Evidence Based Therapy Reindeer Dialog Templates (Request #20100705) Business Requirements Document, dated August 2012

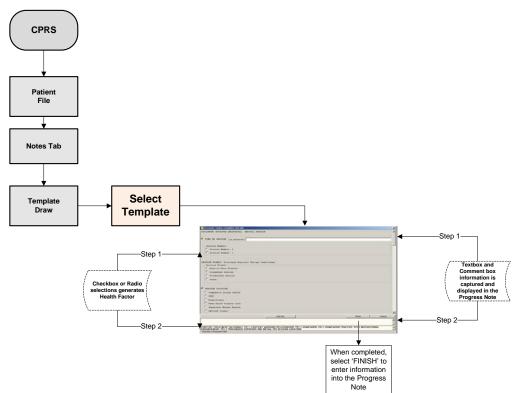
- VHA 2007 *e*Health University Innovations for Generations Class # 157 presentation
- Patient Safety Minutes 05/26/2010 NSR Screening Summary
- VHA Directive 2008-084 'National Clinical Reminder Program', December 16, 2008
- MH Initiatives memo, Deputy Undersecretary of Health Operations and Management, June 1, 2007
- Mental Health Assistant
- Perlin, Jonathan B. VHA Strategies- Eight for Excellence , July 2005
- Power for Performance. Retrieved from:
- VA Initiative Summary: Improve Veteran Mental Health
- VA Initiatives
- VA Software Document Library:
- Clinical Reminders Manager's Manual (PXRM_2_MM.PDF)

2. Overall Specifications

Clinical reminders are decision support tools that assist health care providers and health care systems to implement recommended actions and practices. Reminders can direct clinicians to perform certain tests or to provide treatments appropriate for specific populations. Reminders are particularly useful for ensuring completion of tasks that may be overlooked while attending to more acute issues or specific patient concerns. Electronic clinical reminders can also allow providers to easily view when certain tests or evaluations were performed, as well as documenting when the associated care has been delivered

The clinical reminder dialog templates allow facilities to gather the most complete therapy session data in the evaluation and treatment of major mental health conditions.

The mental health professional / clinician will have access to the nationally approved dialog templates through the CPRS Clinical Reminder Template Drawer. These templates walk the clinician and patient through a series of questions that are used by the VAMC (facility) and the OMHS to evaluate therapies. Information is captured in CPRS Progress Notes via word processing textboxes or PXRM comment fields. Health factors are created for information about a patient that does not exist elsewhere in VistA or CPRS.



REFERENCE 5 - TEMPLATE ACCESS STEPS

The clinician accesses the templates through the CPRS GUI at their facility. The templates are located in the patient folder CPRS Notes under the Reminder Drawer tab. The clinician selects the appropriate template associated with the protocol and session to be conducted. The clinician opens the session template and conducts the therapy session with the patient while answering a combination of questions until the session is completed. TIU accepts data collected and allows upload of ASCII formatted documents into VISTA. All data collected is included in a progress note and health factors are generated with every selection.

Completing the reminder dialog will cause a progress note to be created and Health Factors will be populated in PCE. These health factors will be used by future reminder definition evaluation to indicate that the reminder is resolved.

Reference 6 below shows the layout of a PEI template.

REFERENCE 6 - PROLONGED EXPOSURE CPRS VIEW (SAMPLE)

		himary Ca	re Team Unassigned	Flag VistalWeb	No Poste
	New Note in Progress	MENTAL HEALTH DIAGNOSTIC STUDY Vit: 10/11/11 NEURO CLINIC	0ct 11,2011@09.09	Finkelstein,Allan	Change
	and institutional control and institutional	Permission classicy remplanes that ma			Currently 9
Template Title	OCTOR: 11 MENTAL REF Apr 07:11 MENTAL HEA B Apr 07:11 MENTAL HEA B Apr 05:11 MENTAL HEA B Apr 05:11 MENTAL HEA B Mar 20:11 ADVANCE DI B & Al signed notes	Session Number:	x .		
Modules	Mar 28.11 ADVERSE P Mar 28.11 ADVERSE P Mar 28.11 Adverse Rea Mar 28.11 Adverse Rea Mar 28.11 Adverse Rea	Service Number: 1 Service Number: 2			
		SESSION FORMAT: Prolonged Reporter Therapy In Session Format: C Face-to-Face Session C Telephone Session C Telephone Session	dividual		
		C Other			
		Primary (focus of treatment) or Secondary (if DIAGNOSIS Primary Diagnosis:	(applicable)		
		F Secondary Disposis:			
	/ Templates / Refiniders	ASSESSMENT	Yek Info	Frith	Canc
	10 miles		Xex sao	Press	Lanc

Template Modules for PEI, CBT, ACT, CPT, SST, CBT-I and BFT

All of the templates have been built in a modular fashion. Each protocol uses the same 15 modules. Though the content of the modules vary from protocol to protocol the lead dialog group or dialog element remains the same. Listed below are the 15 modules that were used to develop the templates for PEI, CBT, ACT, CPT, SST CBT-I and BFT.

The list of Health factors generated by the protocols are detailed in tables in each subsections (2.6.1 - 2.6.5). Health factors for CBT-I and BFT are not available at this time.

1. TIME IN SESSION	2. SESSION NUMBER
3. SESSION FORMAT	4. SESSION LOCATION
5. DIAGNOSIS	6. ASSESSMENT
7. RISK INFORMATION	8. MENTAL STATUS/BEHAVIORAL OBSERVATION
9. OTHER RELEVANT ASSESSMENT	10. SESSION CONTENT
11. PRACTICE ASSIGNMENT	12. MOTIVATIONAL ENHANCEMENT
13. DEGREE OF COLLABORATION	14. ADDITIONAL SESSION INFORMATION SECTION
15. PLAN	

STANDARDIZED TEXT FOR ALL EBT PROGRESS NOTE / DIALOG TEMPLATES

The PEI, CBT, ACT, CPT and SST high level template text are shown below. Modifications are detailed in the individual subsections.

The CBT-I and BFT high level template text are found in subsections 2.6.6 (CBT-I) and 2.6.7 (BFT).

TIME IN SESSION (in minutes): [Number BOX]

SESSION NUMBER: [Check Box] [PICK LIST: Session #'s inserted here]

SESSION FORMAT: [Check Box]

Face-to-Face Session
Telephone Session
Video Telehealth Session
Other (Display Only: Type of Session:) [TEXT BOX]

SESSION LOCATION: (DISPLAY ONLY: Pick one location)

□Community Living Center Community Based Outpatient Clinic Domiciliarv □Inpatient Mental Health Unit □OEF/OIF/OND Clinic □ Mental Health Clinic Improvement Mental Health Residential Rehabilitation and Treatment Program **MHICM** □Veteran Residence - Home Based Primary Care □Veteran Residence - Other □PTSD Clinical Team □Primary Care □Substance Use Disorder Clinic □PRRC/Day Treatment □Polvtrauma Clinic □MST Clinic Community/Non-VA Other (Display only: Please specify:) [TEXT BOX]

DIAGNOSIS:

Primary (focus of treatment): [TEXT BOX] Secondary (if applicable): [OPTIONAL TEXT BOX]

ASSESSMENT:

RISK INFORMATION: (DISPLAY ONLY: Please note any indication of SI/HI and any other relevant risk information and complete local suicide note template if appropriate) [TEXT BOX]

MENTAL STATUS/BEHAVIORAL OBSERVATION: (DISPLAY ONLY: Please note any relevant mental status factors and/or behavioral observations) [TEXT BOX]

OTHER RELEVANT ASSESSMENT OBSERVATION (DISPLAY ONLY: Please note any additional structured or clinical assessment information relevant to this session (e.g., cultural/spiritual influences, substance use, etc.)) [TEXT BOX]

SESSION CONTENT:

Varies by EBP

PRACTICE ASSIGNMENT: [Check Box] Varies by EBP

MOTIVATIONAL ENHANCEMENT: [Check Box] (Display only: Check all that apply.) □Identified **short-term goals** in several areas of functioning. [OPTIONAL TEXT BOX] □Identified the **consequences** or impact of [EBP related diagnosis/treatment focus] (or other sym

□Identified the **consequences** or impact of [EBP related diagnosis/treatment focus] (or other symptoms). [OPTIONAL TEXT BOX]

□ Identified the **benefits** of reducing the severity of the [EBP related diagnosis/treatment focus]. [OPTIONAL TEXT BOX]

□ Assessed **attitudes and expectations** for therapy. [OPTIONAL TEXT BOX]

□ Assessed any **barriers to attending therapy** and assisted the Veteran in problem-solving these barriers. [OPTIONAL TEXT BOX]

DEGREE OF COLLABORATION:

The degree of collaboration between the Veteran and the therapist in the current session was: [Check Box]

□Low □Medium □High

(Display Only: Please describe the degree of collaboration. If a therapeutic alliance measure was given, please report results here.) [TEXT BOX]

ADDITIONAL SESSION INFORMATION SECTION:

[DISPLAY ONLY] Please include any additional relevant information reported by the Veteran or observed during the session (e.g., what the Veteran learned, level of engagement, or key issues for next session.) [TEXT BOX]

PLAN: [OPTIONAL TEXT BOX]

[Check Box]

 \Box Next session is scheduled or will be scheduled

[DISPLAY ONLY] Date and time of next session: [OPTIONAL CALENDAR BOX] [OPTIONAL TEXT BOX]

□ Final Session – Early Termination [Check Box]

□ Early completer/symptoms remitted - Veteran and clinician agree that Veteran has achieved a clinically significant drop in symptoms related to the target diagnosis and that additional sessions are not needed at this time. Briefly describe the basis for determination of symptom remission [REQUIRED TEXT BOX]

□ Dropped out/discontinued treatment. Please state reason for discontinuing treatment [REQUIRED TEXT BOX]

2.1. Accessibility Specifications

The Clinical Reminder Dialog Templates will adhere and follow all existing CPRS for Clinical Reminders. A patch will be available for download and can be installed to the template drawer in CPRS.

2.2. Business Rules Specifications

Nationally distributed dialog, element, and group entries have their name prefixed with 'VA-.' Nationally distributed Prompts, Forced Value, Result Groups, and Result Elements have their name prefixed with PXRM. Entries in this file may be auto-generated via the Dialog Management Menu option. Manually created dialog entries will use local name spacing conventions. Nationally distributed entries will have their class type defined as National. Entries created at the VISN level will be defined as VISN and entries created at a site will be defined as Local.

National Reminders, identified by having a CLASS of NATIONAL and a name starting with VA-, cannot be edited. They must be used "as is." If the local site wishes not to use the National Reminder template then they will need to copy to a new name, at which point it becomes local, and then edited to meet their requirements. Sites may change anything in a local reminder definition ONLY. A site will need to create special name spacing for dialog entries that they create locally. Any item created locally can use any type of naming convention.

Dialogs that are auto-generated from a reminder will default to the name of the reminder for ease in identifying the reminder dialog entry. Dialog elements that are auto-generated use the following naming convention: *Finding type prefix_Name from finding file_Resolution Status*.

Entries prefixed with PXRM are prompts, result groups, and result elements that were distributed with the Clinical Reminders package. The PXRM-prefixed prompts are the additional prompts that can be asked for particular types of PCE findings and WH Notification Purpose. For example: PXRM COMMENT can be added to any PCE file to allow the user to enter an additional COMMENT beyond the dialog element's progress note text, and the PXRM LEVEL OF UNDERSTANDING can only be used with PCE Education Topic findings.

This cross-reference checks to see if the disable value can be deleted from the DISABLE field. Note: deleting the value, i.e., making the field NULL, activates the dialog element. A dialog element can be active only if its findings, orderable items, or additional findings are active.

A complete list of file entries used to define each Reminder Dialog is contained in the file 'Reminder Dialog Dependencies.doc.'

2.3. Design Constraints Specifications

The Clinical Reminder Dialog Templates shall capture a record of all transactions.

The Clinical Reminder Dialog Templates shall have the capability to be accessed through the patients CPRS Progress Notes File.

The Clinical Reminder Dialog Templates shall have the capability of viewing existing or previous assessments.

The Clinical Reminder Dialog Templates supports the Mental Health Operating Plan element C2: *Develop a management system at the local level to support delivery of evidence-based psychotherapy.* This request furnished mental health staff with the ability to gather the most complete interview data to be used in evaluation and treatment of major mental health conditions.

2.4. Disaster Recovery Specifications

As these are templates only, data that is written to the template is automatically stored in the VistA file. There are no additional disaster recovery requirements for CPRS and VistA.

The templates can be reloaded from the patch file if they become corrupt or unusable for any reason.

2.5. Documentation Specifications

The templates will require all of the regular documentation associated with patch distribution.

Necessary training on the use of the templates will be developed and disseminated by the Mental Health Program Office as applicable.

2.6. Functional Specifications

The following specifications are organized by protocol.

2.6.1. Prolonged Exposure Individual Therapy (PEI)

The Prolonged Exposure Individual Therapy (PEI) templates document the results of the evidence-based psychological technique used to treat individuals who have experienced severe trauma and who are not able to recover without directed psychological intervention.

The clinician uses one of five available templates from the *Prolonged Exposure Individual Therapy* Clinical Reminder Drawer.

The five templates available are:

- 1. PEI 1 INTIAL SESSION
- 2. PEI 2 INDIVIDUAL SESSION
- 3. PEI 3- INDIVIDUAL SESSION
- 4. PEI 4 IMAGINAL EXPOSURE SESSIONS
- 5. PEI 5 FINAL SESSION

Health Factors created by session have been detailed in the table below. When creating the Dialog Element, use the Finding Item or Additional Finding field for 1) automatic ordering, 2) adding vital measurements, 3) stuffing Education Topics, 4) including immunizations and 5) documenting PEI codes into the PCE.

Refer to Appendix A Prolonged Exposure Screenshots for samples of the screenshots.

		TABLE T - FROLONGED EXPOSURE			
Component	PEI 1 HF	PEI 2 HF	PEI 3 HF	PEI HF 4	PEI HF 5
Time in Session - All of the below Health H	Factors are the same across all of the template	S PEI 1 TIME IN	I SESSION		
Session Number	PEI SESSION NUMBER 1	PEI SESSION NUMBER 2	PEI SESSION NUMBER 3	PEI SESSION NUMBER 3	PEI SESSION NUMBER 7
	or PEI SESSION NUMBER 2	or PEI SESSION NUMBER 3	or PEI SESSION NUMBER 4	THROUGH PEI SESSION NUMBER 20	THROUGH PEI SESSION NUMBER >20
Session Format - All of the below Health F	Factors are the same across all of the templates				
PEI SESSION FORMAT G	FP	PEI SESSION FACE TO FACE	CE	PEI SESSION TELEPHONE	
PEI SESSION VIDEO TEL	LEHEALTH	PEI SESSION OTHER			
Session Location - All of the below Health	Factors are the same across all of the template	25			
PEI SESSION LOCATION	I GP	PEI LOCATION CLC		PEI LOCATION CBOC	
PEI LOCATION DOM		PEI LOCATION HBPC		PEI LOCATION INPT MH	
 PEI LOCATION OEF/OIF 		 PEI LOCATION MHC 		PEI LOCATION RRTP	
PEI LOCATION PCT		PEI LOCATION PC		PEI LOCATION SUD	
PEI LOCATION PRRC		PEI LOCATION OTHER			
Diagnosis - All of the below Health Factor	s are the same across all of the templates				
PEI DIAGNOSIS GP		PEI PRIMARY		PEI SECONDARY	
Assessment - All of the below Health Factor	ors are the same across all of the templates				
PEI ASSESSMENT GP		PEI MH PCLC		PEI ASSESS BDI-II	
PEI ASSESS RISK		PEI ASSESS MSE		PEI ASSESS OTHER	
Session Content	PEI 1 CONTENT SESSION GP PEI 1 CONTENT WORKING RELATIONSHIP GP PEI 1 CONTENT INTRODUCTION GP PEI 1 CONTENT TREATMENT PEI 1 CONTENT TREATMENT RATIONALE PEI 1 CONTENT BREATHING PEI 1 INDEX TRAUMA GP PEI 1 INDEX TRAUMA GP PEI 1 INDEX TRAUMA MST PEI 1 INDEX TRAUMA MST PEI 1 INDEX TRAUMA OTHER	PEI 2 CONTENT SESSION GP PEI 2 CONTENT HMWRK REVIEW PEI 2 CONTENT COMMON REACTIONS PEI 2 CONTENT VIEWING DVD PEI 2 CONTENT VIEWING DVD PEI 2 CONTENT SUDS PEI 2 CONTENT HIERARCHY	PEI 3 CONTENT SESSION GP PEI 3 CONTENT HMWRK PEI 3 CONTENT REACTIONS PEI 3 CONTENT IMAGINAL PEI 3 CONTENT EXPOSURE PEI 3 CONTENT PROCESS	PEI 4 CONTENT SESSION GP PEI 4 CONTENT HMWRK PEI 4 CONTENT INTRODUCTION GP PEI 4 CONTENT REVISIT PEI 4 CONTENT PROCESS RATIONALE PEI 4 CONTENT PROCESS HOT SPOTS PEI 4 CONTENT HOT SPOTS RESPONSE	PEI 5 CONTENT SESSION GP PEI 5 CONTENT HMWRK PEI 5 CONTENT FULL MEMORY PEI 5 CONTENT REVISIT PEI 5 CONTENT MEMORY CHANGE PEI 5 CONTENT IN VIVO HIERARCHY PEI 5 CONTENT RELAPSE PREVENT
Motivational Enhancement	PEI I MOTIVIATIONAL ENHANCEMENT GP PEI I MOTIVATIONAL ENHANCEMENT GOALS PEI I MOTIVIATIONAL ENHANCEMENT CONSEQUENCES PEI I MOTIVATIONAL ENHANCMENT BENEFIT PEI I MOTIVIATIONAL ENHANCEMENT ATTITUDE PEI I MOTIVIATIONAL ENHANCEMENT BARRIERS	All of the l	se templates	PEI 5 FINAL GP PEI 5 FINAL PROGRESS PEI 5 FINAL IMPACT	
Degree of Collaboration - All of the below PEI COLLABORATION PEI COLLABORATION H	Health Factors are the same across all of the t	emplates PEI COLLABORATION LOW PEI COLLABORATION THE		PEI COLLABORATION MED	

TABLE 1 - PROLONGED EXPOSURE THERAPY FINDING ITEMS TABLE

Distribution of Mental Health Clinical Reminders Requirements Specification Document

Component	PEI 1 HF	PEI 2 HF	PEI 3 HF	PEI HF 4	PEI HF 5
Additional Session Information					
Homework	PEI 1 HOMEWORK GP PEI 1 HOMEWORK PRACTICE GP PEI 1 HOMEWORK PRACTICE BREATHING GP PEI 1 HOMEWORK PRACTICE AUDIO GP PEI 1 HOMEWORK PRACTICE RATIONALE PEI 1 HOMEWORK PRACTICE OTHER	PEI 2 HOMEWORK GP PEI 2 HOMEWORK PRACTICE GP	PEI 3 HOMEWORK GP PEI 3 HOMEWORK PRACTICE GP	PEI 4 HOMEWORK GP PEI 4 HOMEWORK PRACTICE GP	NA
	Plan - All of th	e below Health Factors are the same across all PEI PLAN GP PEI PLAN NEXT APPT	l of the templates		PEI 5 PLAN PEI 5 PLAN COMPLETE PEI 5 PLAN BOOSTER SSN PEI 5 PLAN POST ASSES PEI 5 PLAN REFERRAL PEI 5 PLAN PT AGREE PEI 5 PLAN ADDL INFO

PEI 1 Initial Session - Template Detail:

The below table details the content requirements to develop the PEI 1 template.

					I AB	LE 2 - PEI 1 TEMPLATE	DETAIL			
SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
1	PEI 1 TITLE HEADER	dialog element				PEI 1 PROLONGED EXPOSURE IND INITIAL			PROLONGED EXPOSURE INDIVIDUAL: INITIAL SESSION	
2	00 SPACER BOTH	dialog element					NO			>
5	PEI TIME IN SESSION	dialog element							TIME IN SESSION	
	PXRM COMMENT	prompt						Comment:		
7	00 SPACER BOTH	dialog element					NO			
10	PEI 1 SESSION NUMBER GP	dialog group	Session Number:	YES	2					
	PEI SESSION NUMBER 1	dialog element				PEI SESSION NUMBER 1			Session Number: 1	
	PEI SESSION NUMBER 2	dialog element				PEI SESSION NUMBER 2			Session Number: 2	

TABLE 2 - PEI 1 TEMPLATE DETAIL

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
12	00 SPACER BOTH	dialog element					NO			>
15	PEI SESSION FORMAT GP	dialog group	Session Format:	YES	2				SESSION FORMAT: Prolonged Exposure Therapy Individual	
	PEI SESSION FACE TO FACE	dialog element				PEI SESSION FACE TO FACE			Face-to-Face Session	
	PEI SESSION TELEPHONE	dialog element				PEI SESSION TELEPHONE			Telephone Session	
	PEI SESSION VIDEO TELEHEALTH	dialog element				PEI SESSION VIDEO TELEHEALTH			Telehealth Session	
	PEI SESSION OTHER	dialog element				PEI SESSION OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
16	00 SPACER BOTH	dialog element					NO			>
17	PEI SESSION LOCATION	dialog group	Prolonged Exposure		2	PEI SESSION LOCATION			SESSION LOCATION	
	PEI LOCATION CLC	dialog element				PEI LOCATION CLC			Community Living Center	
	PEI LOCATION CBOC	dialog element				PEI LOCATION CBOC			СВОС	
	PEI LOCATION DOM	dialog element				PEI LOCATION DOM			Domiciliary	
	PEI LOCATION HBPC	dialog element				PEI LOCATION HBPC			Home Based Primary Care	
	PEI LOCATION INPT MH	dialog element				PEI LOCATION INPT MH			Inpatient Mental Health	
	PEI LOCATION OEF/OIF	dialog element				PEI LOCATION OEF/OIF			OEF/OIF Clinic	
	PEI LOCATION MHC	dialog element				PEI LOCATION MHC			Mental Health Clinic	
	PEI LOCATION RRTP	dialog element				PEI LOCATION RRTP			MH Residential Rehabilitation Treatment Program (RRTP)	
	PEI LOCATION PCT	dialog element				PEI LOCATION PCT			PTSD Clinical Team	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PEI LOCATION PC	dialog element				PEI LOCATION PC			Primary Care	
	PEI LOCATION SUD	dialog element				PEI LOCATION SUD			Substance Use Disorder Clinic	
	PEI LOCATION PRRC	dialog element				PEI LOCATION PRRC			PRRC/Day Treatment	
	PEI LOCATION COMMUNITY	dialog element				PEI LOCATION COMMUNITY			Community/Non-VA Setting	
	PEI LOCATION OTHER	dialog element				PEI LOCATION OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
20	PEI DIAGNOSIS GP	dialog group	DIAGNOSIS	YES	2				Primary (focus of treatment) or Secondary (if applicable)	Diagnosis:
	PEI DIAGNOSIS PRIMARY	dialog element							Primary Diagnosis:{FLD:EBOX40}	
	PEI DIAGNOSIS SECONDARY	dialog element							Secondary Diagnosis:{FLD:EBOX40}	
22	00 SPACER BOTH	dialog element					NO			>
25	PEI ASSESSMENT GP	dialog group		YES	2				ASSESSMENT	
	TEXT PTSD EVAL DISPLAY PCLC	dialog element					YES		PC-PTSD PCL	
	TEXT PTSD EVAL DISPLAY PCLC PLACE IN NOTE	dialog element					NO		Check here to place scores in note.	
	PEI MH PCLC	dialog element				PCLC	NO		PCL-C	
	PEI ASSESS BDI-II	dialog element				BDI2			BDI - II	
	PEI ASSESS RISK	dialog element							RISK INFORMATION: Please note any indication of SI/HI and any other relevant risk information and complete local suicide note template if appropriate {FLD:BLANK WORD PROCESSING}	

					NUMBER OF		EXCLUDE FROM PROGRESS	PROMPT	DIALOG/PROGRESS	ALTERNATE PROGRESS NOTE
SEQ	NAME PEI ASSESS MSE	TYPE dialog element	CAPTION	BOX	INDENTS	FINDING ITEM	NOTE	CAPTION	NOTE TEXT MENTAL STATUS/BEHAVIORAL OBSERVATION: Please note any relevant mental status factors and/or behavioral observations {FLD:BLANK WORD PROCESSING}	TEXT
	PEI ASSESS OTHER	dialog element							OTHER RELEVANT OBSERVATION: Please note any additional structured or clinical assessment information relevant to this session (e.g., cultural/spiritual influences, substance use, etc.) {FLD:BLANK WORD PROCESSING}	
26	00 SPACER BOTH	dialog element					NO			> >
30	PEI 1 CONTENT SESSION GP	dialog group		YES	2	PEI 1 CONTENT SESSION			SESSION CONTENT: Patient completed session 1 of the Prolonged Exposure therapy protocol. (Place a check next to the items completed during the session and provide explanation for items with text boxes). The following occurred during the session:	SESSION CONTENT: Patient completed session 1 of the Prolonged Exposure therapy protocol. The following occurred during the session:
	PEI 1 CONTENT WORKING RELATIONSHIP	dialog element				PEI 1 CONTENT WORKING RELATIONSHIP			Facilitated a good therapeutic relationship. The following elements helped establish a collaborative, positive working relationship with patient: kor> {FLD:BLANK WORD PROCESSING}	
	00 SPACER NOTE ONLY EL	dialog element								
	PEI 1 CONTENT INTRODUCTION GP	dialog group			2	PEI 1 CONTENT INTRODUCTION			Provided psychoeducation and introduced PE treatment for PTSD to patient, including:	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PEI 1 CONTENT INTRODUCTION INFO	dialog element				PEI 1 CONTENT INTRODUCTION INFO			Providing information about PE as a treatment option. The following information regarding PE was given: {FLD:BLANK WORD PROCESSING}\\\	
	PEI 1 CONTENT ELEMENTS READINESS	dialog element				PEI 1 CONTENT ELEMENTS READINESS			Discussing patient's readiness to engage in treatment.	
	PEI 1 CONTENT ELEMENTS DISCUSS	dialog element				PEI 1 CONTENT ELEMENTS DISCUSS			Discussing and addressing patient's questions or concerns about treatment. Patient expressed the following concerns: {FLD:BLANK WORD PROCESSING}\\	
	00 SPACER NOTE ONLY EL	dialog element								
	PEI 1 CONTENT TREATMENT	dialog element				PEI 1 CONTENT TREATMENT			Set treatment plan with set goals and objectives. Patient set the following goals for treatment: {FLD:BLANK WORD PROCESSING}\\	
	00 SPACER NOTE ONLY EL	dialog element								
	PEI 1 CONTENT TREATMENT RATIONALE	dialog element				PEI 1 CONTENT TREATMENT RATIONALE			Presented treatment rationale, focusing on describing factors that maintain trauma-related fears and symptoms (i.e. avoidance and unhelpful thoughts and beliefs). Also, described key therapeutic elements of PE: Imaginal and in vivo exposure procedures. Patient's response to rationale involved: {FLD:BLANK WORD PROCESSING}\\	
	00 SPACER NOTE ONLY EL	dialog element								
	PEI 1 CONTENT TRAUMA INTERVIEW	dialog element				PEI 1 CONTENT TRAUMA INTERVIEW			Administered Trauma Interview	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	00 SPACER NOTE ONLY EL	dialog element								
	PEI 1 CONTENT BREATHING	dialog group				PEI 1 CONTENT BREATHING			Gave rationale for breathing retraining; teaching breathing retraining, and making a breathing retraining tape for patient.	
	00 SPACER NOTE ONLY EL	dialog element								
35	PEI 1 INDEX TRAUMA GP	dialog group		YES	2				INDEX TRAUMA to be addressed in PE is related to:	
	PEI 1 INDEX TRAUMA COMBAT	dialog element				PEI 1 INDEX TRAUMA COMBAT			Combat	
	PXRM COMMENT	prompt						Comment:		
	PEI 1 INDEX TRAUMA MST	dialog element				PEI 1 INDEX TRAUMA MST			MST	
	PXRM COMMENT	prompt						Comment:		
	PEI 1 INDEX TRAUMA OTHER	dialog element				PEI 1 INDEX TRAUMA OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
36	00 SPACER BOTH	dialog element					NO			>
37	PEI 1 MOTIVATIONAL ENHANCEMENT	dialog group	Check all that apply		2	PEI 1 MOTIVATIONAL ENHANCEMENT			MOTIVATIONAL ENHANCEMENT	
	PEI 1 MOTIVATIONAL ENHANCEMENT GOALS	dialog element				PEI 1 MOTIVATIONAL ENHANCEMENT GOALS			Identified short-term goals in several areas of functioning.	
	PXRM COMMENT	prompt						Comment:		
	PEI 1 MOTIVATIONAL ENHANCEMENT CONSEQUEN	dialog element				PEI 1 MOTIVATIONAL ENHANCEMENT CONSEQUEN			Identified the consequences or impact of PTSD (or other symptoms)	
	PXRM COMMENT	prompt						Comment:		

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PEI 1 MOTIVATIONAL ENHANCEMENT BENEFIT	dialog element				PEI 1 MOTIVATIONAL ENHANCEMENT BENEFIT			Identified the benefits of reducing the severity of the PTSD:	
	PXRM COMMENT	prompt						Comment:		
	PEI 1 MOTIVATIONAL ENHANCEMENT ATTITUDE	dialog group				PEI 1 MOTIVATIONAL ENHANCEMENT ATTITUDE			Assessed attitudes and expectations for therapy.	
	PXRM COMMENT	prompt						Comment:		
	PEI 1 MOTIVATIONAL ENHANCEMENT BARRIERS	dialog element				PEI 1 MOTIVATIONAL ENHANCEMENT BARRIERS			Assessed any barriers to attending therapy and assisted the patient in problem-solving these barriers.	
	PXRM COMMENT	prompt						Comment:		
40	00 SPACER BOTH	dialog element					NO			>
50	PEI COLLABORATION GP	dialog group		YES	2				DEGREE OF COLLABORATION: The degree of collaboration between the patient and the therapist in the current session was:	
	PEI COLLABORATION LOW	dialog element				PEI COLLABORATION LOW			Low	
	PXRM COMMENT	prompt						Comment:		
	PEI COLLABORATION MED	dialog element				PEI COLLABORATION MED			Medium	
	PEI COLLABORATION HIGH	dialog element				PEI COLLABORATION HIGH			High	
	PEI COLLABORATION THERAPEUT ALLIANCE	dialog element				PEI COLLABORATION THERA ALLIANCE GIVEN			If therapeutic alliance measure was given, please report results here.	
	PXRM COMMENT	prompt						Comment:		
51	00 SPACER BOTH	dialog element					NO			> >

SEQ	NAME	TYPE dialog	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
60	00 SPACER BOTH	element					NO			>
65	PEI ADDITIONAL SESSION INFO GP	dialog group	ADDITIONAL SESSION INFORMATION	YES	2					ADDITIONAL SESSION INFORMATION:
	PEI ADD ASSESS SESSION INFO	dialog element				PEI 1 ADD'L SSN INFO	YES		Additional Information about session content and/or behavioral observations, including information about what the patient learned and level of engagement	
	PXRM COMMENT	prompt						Comment:		
67	00 SPACER BOTH	dialog element					NO			>
70	PEI 1 HOMEWORK GP	dialog group		YES	2	PEI 1 HOMEWORK			HOMEWORK:	
	PEI 1 HOMEWORK PRACTICE GP	dialog group		NO	2	PEI 1 HOMEWORK PRACTICE			Patient is to complete the following practice items in between sessions:	
	PEI 1 HOMEWORK PRACTICE BREATHING	dialog element				PEI 1 HOMEWORK PRACTICE BREATHING			Practice breathing for 10 minutes, three times a day.	
	PEI 1 HOMEWORK PRACTICE AUDIO	dialog element				PEI 1 HOMEWORK PRACTICE AUDIO			Listen to audiotape of therapy session one time.	
	PEI 1 HOMEWORK PRACTICE RATIONALE	dialog element				PEI 1 HOMEWORK PRACTICE RATIONALE			Read Rationale for Treatment" handout and note questions. "	
	PEI 1 HOMEWORK PRACTICE OTHER	dialog element				PEI 1 HOMEWORK PRACTICE OTHER			Other:	
75	PEI 1 PLAN GP	dialog group		YES	2				PLAN:	
	PEI SCED NEXT SESSION	dialog group		YES	3				Next session is scheduled or will be scheduled	
	PEI 1 PLAN NEXT APPT	dialog element				PEI 1 PLAN NEXT APPT			Next appointment date: {FLD:VA-EDIT BOX 30/80}	
	PEI NEXT APPT DATE	dialog element							Date and time of next session:	
	PEI 1 FINAL SESSION	dialog group			3				Final Session-Early Termination	

SEQ	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PEI 1 PLAN REMIT	dialog element							Early completer/symptoms remitted - Veteran and clinician agree that Veteran has achieved a clinically significant drop in symptoms related to the target diagnosis and that additional sessions are not needed at this time.	
	PEI 1 PLAN DROP	dialog element							Dropped out/discontinued treatment.	

Sample Progress Note (PEI 1)

The below is a sample of a Progress Note populated with PEI 1template information.

SESSION CONTENT: Patient completed session 1 of the Prolonged Exposure therapy protocol. The following occurred during the session: Facilitated a good therapeutic relationship. The following elements helped establish a collaborative, positive working relationship with patient: patient open and honest with therapist Provided psycho education and introduced PE treatment for PTSD to patient, including: Providing information about PE as a treatment option. The following information regarding PE was given: gave standard handout Discussing patient's readiness to engage in treatment. Discussing and addressing patient's questions or concerns about treatment. Patient expressed the following concerns: patient is in the contemplative stage for change Set treatment plan with set goals and objectives. Patient set the following goals for treatment: goals are at simplistic level now but include improved sleep and decrease in anger Administered Trauma Interview Gave rationale for breathing retraining; teaching breathing retraining, and making a breathing retraining tape for patient. INDEX TRAUMA to be addressed in PE is related to: Combat Comment: high level of combat over multiple tours DEGREE OF COLLABORATION: The degree of collaboration between the patient and the therapist in the current session was: Comment: difficult to measure but appeared to be Medium ADDITIONAL SESSION INFORMATION: HOMEWORK: Patient is to complete the following practice items in between sessions: Practice breathing for 10 minutes, three times a day. Listen to audiotape of therapy session one time. PLAN: Next session is scheduled or will be scheduled Next appointment date: 12/12/12

PEI 2 Individual Session - Template Detail:

The below table details the content requirements to develop the PEI2 template.

					IABLE	3 - PEI 2 TEMPLATE D	ETAIL			
SEQ	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
1	PEI 2 TITLE HEADER	dialog element				PEI 2 PROLONGED EXPOSURE INDIVIDUAL 2			PROLONGED EXPOSURE INDIVIDUAL: SECOND SESSION	
2	00 SPACER BOTH	dialog element					NO			>
5	PEI TIME IN SESSION	dialog element							TIME IN SESSION	
	PXRM COMMENT	prompt						Comment:		
7	00 SPACER BOTH	dialog element					NO			> >
10	PEI 2 SESSION NUMBER GP	dialog group	Session Number:	YES	2					
	PEI SESSION NUMBER 2	dialog element				PEI SESSION NUMBER 2			Session Number: 2	
	PEI SESSION NUMBER 3	dialog element				PEI SESSION NUMBER 3			Session Number: 3	
12	00 SPACER BOTH	dialog element					NO			> >
15	PEI SESSION FORMAT GP	dialog group	Session Format:	YES	2				SESSION FORMAT: Prolonged Exposure Therapy Individual	
	PEI SESSION FACE TO FACE	dialog element				PEI SESSION FACE TO FACE			Face-to-Face Session	
	PEI SESSION TELEPHONE	dialog element				PEI SESSION TELEPHONE			Telephone Session	
	PEI SESSION VIDEO TELEHEALTH	dialog element				PEI SESSION VIDEO TELEHEALTH			Telehealth Session	
	PEI SESSION OTHER	dialog element				PEI SESSION OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
16	00 SPACER BOTH	dialog element					NO			> >

TABLE 3 - PEI 2 TEMPLATE DETAIL

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
17	PEI SESSION LOCATION	dialog group	Prolonged Exposure		2	PEI SESSION LOCATION			SESSION LOCATION	
	PEI LOCATION CLC	dialog element				PEI LOCATION CLC			Community Living Center	
	PEI LOCATION CBOC	dialog element				PEI LOCATION CBOC			CBOC	
	PEI LOCATION DOM	dialog element				PEI LOCATION DOM			Domiciliary	
	PEI LOCATION HBPC	dialog element				PEI LOCATION HBPC			Home Based Primary Care	
	PEI LOCATION INPT MH	dialog element				PEI LOCATION INPT MH			Inpatient Mental Health	
	PEI LOCATION OEF/OIF	dialog element				PEI LOCATION OEF/OIF			OEF/OIF Clinic	
	PEI LOCATION MHC	dialog element				PEI LOCATION MHC			Mental Health Clinic	
	PEI LOCATION RRTP	dialog element				PEI LOCATION RRTP			MH Residential Rehabilitation Treatment Program (RRTP)	
	PEI LOCATION PCT	dialog element				PEI LOCATION PCT			PTSD Clinical Team	
	PEI LOCATION PC	dialog element				PEI LOCATION PC			Primary Care	
	PEI LOCATION SUD	dialog element				PEI LOCATION SUD			Substance Use Disorder Clinic	
	PEI LOCATION PRRC	dialog element				PEI LOCATION PRRC			PRRC/Day Treatment	
	PEI LOCATION COMMUNITY	dialog element				PEI LOCATION COMMUNITY			Community/Non-VA Setting	
	PEI LOCATION OTHER	dialog element				PEI LOCATION OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
20	PEI DIAGNOSIS GP	dialog group	DIAGNOSIS	YES	2				Primary (focus of treatment) or Secondary (if applicable)	Diagnosis:
	PEI DIAGNOSIS PRIMARY	dialog element							Primary Diagnosis:{FLD:EBOX40}	
	PEI DIAGNOSIS SECONDARY	dialog element							Secondary Diagnosis:{FLD:EBOX40}	
22	00 SPACER BOTH	dialog					NO			>

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
		element								
25	PEI ASSESSMENT GP	dialog group		YES	2				ASSESSMENT	
	TEXT PTSD EVAL DISPLAY PCLC	dialog element					YES		PC-PTSD PCL	
	TEXT PTSD EVAL DISPLAY PCLC PLACE IN NOTE	dialog element					NO		Check here to place scores in note.	
	PEI MH PCLC	dialog element dialog				PCLC	NO		PCL-C	
	PEI ASSESS BDI-II	dialog				BDI2			BDI - II RISK INFORMATION: Please note any indication of SI/HI and any other relevant risk information and complete local suicide note template if appropriate {FLD:BLANK WORD	
	PEI ASSESS RISK PEI ASSESS MSE	element dialog element							PROCESSING} MENTAL STATUS/BEHAVIORAL OBSERVATION: Please note any relevant mental status factors and/or behavioral observations {FLD:BLANK WORD PROCESSING}	
	PEI ASSESS OTHER	dialog element							OTHER RELEVANT OBSERVATION: Please note any additional structured or clinical assessment information relevant to this session (e.g., cultural/spiritual influences, substance use, etc.) {FLD:BLANK WORD PROCESSING}	
26	00 SPACER BOTH	dialog element					NO			> >

SEO	NANT	(INDE	CLETION	DOV	NUMBER OF		EXCLUDE FROM PROGRESS	PROMPT	DIALOG/PROGRESS	ALTERNATE PROGRESS NOTE
SEQ	NAME	TYPE	CAPTION	BOX	INDENTS	FINDING ITEM	NOTE	CAPTION	NOTE TEXT Patient completed Session 2 of	TEXT
									PE protocol. If you have	
									broken session 2 up into 2	
									sessions, just indicate this and	
									mark only those things you have done for this particular	Patient completed Session
									session. The following	2 of PE protocol. The
	PEI 2 CONTENT	dialog							occurred during the session:	following occurred during
30	SESSION GP	group	Session involved:	YES	2				(Check if completed) Reviewed homework and gave	the session:
									feedback and praise/positive	
									reinforcement. Patient	
									completed the following	
	PEI 2 CONTENT	dialog				PEI 2 CONTENT			homework assignments from last session (check all that	
	HMWRK REVIEW	group			2	HMWRK			apply)	
	PEI 2 CONTENT					PEI 2 CONTENT				
	HMWRK	dialog				HMWRK			Breathing Retraining practice:	
	BREATHING	element				BREATHING			{FLD:00 EDIT BOX 4} times	
	PEI 2 CONTENT					PEI 2 CONTENT				
	HMWRK	dialog				HMWRK			Listening to session tape one	
	LISTENING	element				LISTENING			time.	
	PEI 2 CONTENT	dialog				PEI 2 CONTENT HMWRK			Reading Rationale for	
	HMWRK READING	element				READING			Treatment" handout "	
	PEI 2 CONTENT	dialog				PEI 2 CONTENT			Other {FLD:BLANK WORD	
	HMWRK OTHER	element				HMWRK OTHER			PROCESSING}	
1						PEI 2 CONTENT			If homework was not completed, please indicate	
1	PEI 2 CONTENT	dialog				HMWRK NOT			why, focusing on possible role	
	HMWRK NOT DONE	group				DONE			of avoidance	
1									Discussed Common Reactions	
1									to Trauma. Patient's response	
1	PEI 2 CONTENT								to Common Reactions discussion involved	
	COMMON	dialog				PEI 2 CONTENT			FLD:BLANK WORD	
	REACTIONS	element				REACTIONS			PROCESSING}\\\	

					NUMBER OF		EXCLUDE FROM PROGRESS	PROMPT	DIALOG/PROGRESS	ALTERNATE PROGRESS NOTE
SEQ	NAME	TYPE	CAPTION	BOX	INDENTS	FINDING ITEM	NOTE	CAPTION	NOTE TEXT	TEXT
	PEI 2 CONTENT VIEWING DVD	dialog element				PEI 2 CONTENT VIEWING DVD			Viewed education tape (e.g., PE DVD or dateline) and discussed with patient. Patient's response to viewing DVD discussion involved {FLD:BLANK WORD PROCESSING} 	
	PEI 2 CONTENT EXPOSURE	dialog element				PEI 2 CONTENT EXPOSURE			Presented rationale for in vivo exposure (including providing metaphor). Patient's response to in-vivo rationale involved {FLD:BLANK WORD PROCESSING}\\	
	PEI 2 CONTENT SUDS	dialog element				PEI 2 CONTENT SUDS			Established SUDS scale, including anchor points.	
	PEI 2 CONTENT HIERARCHY	dialog element				PEI 2 CONTENT HIERARCHY			Developed in vivo hierarchy. The primary themes of patient's in-vivo hierarchy include {FLD:BLANK WORD PROCESSING}\\	
36	00 SPACER BOTH	dialog element					NO			>
38	PEI COLLABORATION GP PEI COLLABORATION	dialog group		YES	2	PEI			DEGREE OF COLLABORATION: The degree of collaboration between the patient and the therapist in the current session was:	
	COLLABORATION LOW	dialog element				COLLABORATION LOW			Low	
	PXRM COMMENT	prompt						Comment:		
	PEI COLLABORATION MED	dialog element				PEI COLLABORATION MED			Medium	
	PEI COLLABORATION HIGH	dialog element				PEI COLLABORATION HIGH			High	
	PEI COLLABORATION THERAPEUT ALLIANCE	dialog element				PEI COLLABORATION THERA ALLIANCE GIVEN			If therapeutic alliance measure was given, please report results here.	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PXRM COMMENT	prompt						Comment:		
40	00 SPACER BOTH	dialog element					NO			> >
50	PEI MOTIVATION ASSESSED GP	dialog group	MOTIVATIONAL ASSESSMENT	YES	2					MOTIVATIONAL ASSESSMENT:
	PEI MOTIVATION ASSESSED	dialog element				PEI MOTIVATION ASSESSED			If therapist assessed motivation and/or applied motivational enhancement strategies please indicate and describe below:	
	PXRM COMMENT	prompt						Comment:		
51	00 SPACER BOTH	dialog element					NO			> >
55	PEI 2 HOMEWORK GP	dialog group		YES	2	PEI 2 HOMEWORK			Homework:	
	PEI 2 HOMEWORK PRACTICE GP	dialog group		NO	2	PEI 2 HOMEWORK PRACTICE			Patient is to complete the following practice items in between sessions:	
	PEI 2 HOMEWORK PRACTICE HANDOUT	dialog element				PEI 2 HOMEWORK PRACTICE HANDOUT			Read Common Reactions to Trauma Handout and share with an individual in support network	
	PEI 2 HOMEWORK PRACTICE BREATHING	dialog element				PEI 2 HOMEWORK PRACTICE BREATHING			Continue to practice breathing retraining	
	PEI 2 HOMEWORK PRACTICE IN VIVO	dialog element				PEI 2 HOMEWORK PRACTICE IN VIVO			Complete in-vivo exercises. Exercises for this week will address the following themes {FLD:BLANK WORD PROCESSING}	
	PEI 2 HOMEWORK PRACTICE AUDIO	dialog element				PEI 2 HOMEWORK PRACTICE AUDIO			Listen to audiotape of entire session at least one time.	
60	00 SPACER BOTH	dialog element					NO			> >
65	PEI ADDITIONAL SESSION INFO GP	dialog group	ADDITIONAL SESSION INFORMATION	YES	2		110			ADDITIONAL SESSION INFORMATION:
	PEI ADD ASSESS SESSION INFO	dialog element				PEI 1 ADD'L SSN INFO	YES		Additional Information about session content and/or behavioral observations, including information about what the patient learned and level of engagement	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PXRM COMMENT	prompt						Comment:		
67	00 SPACER BOTH	dialog element					NO			>
75	PEI 1 PLAN GP	dialog group		YES	2				PLAN:	
	PEI SCED NEXT SESSION	dialog group		YES	3				Next session is scheduled or will be scheduled	
	PEI 1 PLAN NEXT APPT	dialog element				PEI 1 PLAN NEXT APPT			Next appointment date: {FLD:VA-EDIT BOX 30/80}	
	PEI NEXT APPT DATE	dialog element							Date and time of next session:	
	PEI 1 FINAL SESSION	dialog group			3				Final Session-Early Termination	
	PEI 1 PLAN REMIT	dialog element							Early completer/symptoms remitted - Veteran and clinician agree that Veteran has achieved a clinically significant drop in symptoms related to the target diagnosis and that additional sessions are not needed at this time.	
	PEI 1 PLAN DROP	dialog element							Dropped out/discontinued treatment.	

PEI 3 Individual Session Template Detail:

The below table details the content requirements to develop the PEI 3 templates.

						BLE 4 - PEI 3 TEMPLAT	EXCLUDE			
					NUMBER		FROM	DD OL (D)		
SEO	NAME	ТҮРЕ	CAPTION	BOX	OF INDENTS	FINDING ITEM	PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
SEQ	INAMIL	IIIE	CAPTION	DUA	INDENIS	PEI 3	NOIE	CAFIION	IEAI	FROGRESS NOTE TEAT
						PROLONGED			PROLONGED EXPOSURE	
	PEI 3 TITLE	dialog				EXPOSURE			INDIVIDUAL: THIRD	
1	HEADER	element				INDIVIDUAL 3			SESSION	
		dialog								
2	00 SPACER BOTH	element					NO			>
	PEI TIME IN	dialog								
5	SESSION	element							TIME IN SESSION	
	PXRM COMMENT	prompt						Comment:		
		dialog						Comment.		
7	00 SPACER BOTH	element					NO			> >
	PEI 3 SESSION	dialog					· · · ·			
10	NUMBER GP (1)	group	Session Number:	YES	2					
	PEI SESSION	dialog				PEI SESSION				
	NUMBER 3	element				NUMBER 3			Session Number: 3	
	PEI SESSION	dialog				PEI SESSION				
	NUMBER 4	element				NUMBER 4			Session Number: 4	
10		dialog					NO		1	
12	00 SPACER BOTH	element					NO		SESSION FORMAT:	
	PEI SESSION	dialog							Prolonged Exposure Therapy	
15	FORMAT GP	group	Session Format:	YES	2				Individual	
15	PEI SESSION FACE	dialog	Bession Format.	TLS	2	PEI SESSION			Individual	
	TO FACE	element				FACE TO FACE			Face-to-Face Session	
	PEI SESSION					PEI SESSION				
	TELEPHONE	dialog element				TELEPHONE			Telephone Session	
	TELETHONE	ciciliciti								
	DEL GEGGION VIDEO	11. 1				PEI SESSION				
	PEI SESSION VIDEO TELEHEALTH	dialog element				VIDEO TELEHEALTH			Telehealth Session	
									Teleneaturi Session	
	PEI SESSION	dialog				PEI SESSION				
	OTHER	element				OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
		dialog								
16	00 SPACER BOTH	element					NO			
	PEI SESSION	dialog	Prolonged			PEI SESSION				
17	LOCATION	group	Exposure		2	LOCATION			SESSION LOCATION	

TABLE 4 - PEI 3 TEMPLATE DETAIL

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PEI LOCATION CLC	dialog element				PEI LOCATION CLC			Community Living Center	
	PEI LOCATION CBOC	dialog element				PEI LOCATION CBOC			СВОС	
	PEI LOCATION DOM	dialog element				PEI LOCATION DOM			Domiciliary	
	PEI LOCATION HBPC	dialog element				PEI LOCATION HBPC			Home Based Primary Care	
	PEI LOCATION INPT MH	dialog element				PEI LOCATION INPT MH			Inpatient Mental Health	
	PEI LOCATION OEF/OIF	dialog element				PEI LOCATION OEF/OIF			OEF/OIF Clinic	
	PEI LOCATION MHC	dialog element				PEI LOCATION MHC			Mental Health Clinic	
	PEI LOCATION RRTP	dialog element				PEI LOCATION RRTP			MH Residential Rehabilitation Treatment Program (RRTP)	
	PEI LOCATION PCT	dialog element				PEI LOCATION PCT			PTSD Clinical Team	
	PEI LOCATION PC	dialog element				PEI LOCATION PC			Primary Care	
	PEI LOCATION SUD	dialog element				PEI LOCATION SUD			Substance Use Disorder Clinic	
	PEI LOCATION PRRC	dialog element				PEI LOCATION PRRC			PRRC/Day Treatment	
	PEI LOCATION COMMUNITY	dialog element				PEI LOCATION COMMUNITY			Community/Non-VA Setting	
	PEI LOCATION OTHER	dialog element				PEI LOCATION OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
20	PEI DIAGNOSIS GP	dialog group	DIAGNOSIS	YES	2				Primary (focus of treatment) or Secondary (if applicable)	Diagnosis:
	PEI DIAGNOSIS PRIMARY	dialog element							Primary Diagnosis:{FLD:EBOX40}	
	PEI DIAGNOSIS SECONDARY	dialog element							Secondary Diagnosis:{FLD:EBOX40}	
22	00 SPACER BOTH	dialog element					NO			> >
25	PEI ASSESSMENT GP	dialog group		YES	2				ASSESSMENT	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	TEXT PTSD EVAL	dialog								
	DISPLAY PCLC	element					YES		PC-PTSD PCL	
	TEXT PTSD EVAL	1. 1								
	DISPLAY PCLC PLACE IN NOTE	dialog element					NO		Check here to place scores in note.	
	TLACE IN NOTE	dialog					NO		note.	
	PEI MH PCLC	element				PCLC	NO		PCL-C	
-		dialog								
	PEI ASSESS BDI-II	element				BDI2			BDI - II	
	PEI ASSESS RISK	dialog element							RISK INFORMATION: Please note any indication of SI/HI and any other relevant risk information and complete local suicide note template if appropriate {FLD:BLANK WORD PROCESSING}	
	PEI ASSESS MSE	dialog element							MENTAL STATUS/BEHAVIORAL OBSERVATION: Please note any relevant mental status factors and/or behavioral observations {FLD:BLANK WORD PROCESSING}	
	PEI ASSESS OTHER	dialog element							OTHER RELEVANT OBSERVATION: Please note any additional structured or clinical assessment information relevant to this session (e.g., cultural/spiritual influences, substance use, etc.) {FLD:BLANK WORD PROCESSING}	
		dialog								
26	00 SPACER BOTH	element					NO			
30	PEI 3 CONTENT SESSION GP	dialog group		YES	2				SESSION CONTENT: The following occurred during the session:	
	PEI 3 CONTENT SESSION GP INTRO	dialog element					YES		CHECK IF COMPLETED AND PROVIDE EXPLANATION FOR ITEMS WITH TEXT BOXES	

					NUMBER		EXCLUDE FROM			
SEQ	NAME	ТҮРЕ	CAPTION	BOX	OF INDENTS	FINDING ITEM	PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PEI 3 CONTENT	dialog		VEC	2					
	HOMEWORK	group		YES	2				Review of Homework: Reviewed homework and gave	
									feedback and praise/positive	
									reinforcement. Patient	
									completed the following	
	PEI 3 CONTENT	dialog				PEI 3 CONTENT			homework assignments from last session (check all that	
	HMWRK REVIEW	group			2	HMWRK			apply)	
									If homework was not	
	PEI 3 CONTENT					PEI 3 CONTENT			completed, please indicate why,	
	HMWRK NOT DONE	dialog				HMWRK NOT DONE			focusing on possible role of avoidance	
		group				DONE			avoidance	
	00 SPACER NOTE	dialog								
	ONLY EL	element							Presented rational for Imaginal	
									exposure, including metaphor.	
									Patient's response to Imaginal	
	PEI 3 CONTENT	11. 1				PEI 3 CONTENT			exposure rationale involved {FLD:BLANK WORD	
	REACTIONS	dialog element				REACTIONS			{FLD:BLANK WORD PROCESSING}	
	PEI 3 CONTENT	dialog				PEI 3 CONTENT			Provided clear instructions on	
	IMAGINAL	element				IMAGINAL			how to do Imaginal exposure Completed first Imaginal	
									exposure, with {FLD:00 EDIT	
									BOX 4} repetitions for	
									approximately 60 minutes.	
									Patient's response to Imaginal exposure involved	
	PEI 3 CONTENT	dialog				PEI 3 CONTENT			{FLD:BLANK WORD	
	EXPOSURE	element				EXPOSURE			PROCESSING}	
									Processed Imaginal exposure.	
									Focus of processing, and patient's response involved	
	PEI 3 CONTENT	dialog				PEI 3 CONTENT			{FLD:BLANK WORD	
	PROCESS	element				PROCESS			PROCESSING}	
	00 SPACER NOTE	dialog								
	ONLY EL	element dialog								
36	00 SPACER BOTH	element					NO			
							1		DEGREE OF	
	PEI								COLLABORATION: br> The	
20	COLLABORATION GP	dialog		YES	2				degree of collaboration between	
38	Ur	group		165	2	l			the patient and the therapist in	

SEO	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
SEQ	NAME	TIL	CAFIION	DUA	INDENIS	FINDING ITEM	NOIL	CAFIION	the current session was:	TRUGRESS NOTE TEAT
	PEI	1. 1				PEI				
	COLLABORATION LOW	dialog element				COLLABORATION LOW			Low	
						2011		G		
	PXRM COMMENT PEI	prompt				PEI		Comment:		
	COLLABORATION	dialog				COLLABORATION				
	MED	element				MED			Medium	
	PEI	1:-1				PEI				
	COLLABORATION HIGH	dialog element				COLLABORATION HIGH			High	
	PEI	crement				PEI				
	COLLABORATION					COLLABORATION			If therapeutic alliance measure	
	THERAPEUT ALLIANCE	dialog element				THERA ALLIANCE GIVEN			was given, please report results here.	
						ALLIANCE OIVEN			nere.	
	PXRM COMMENT	prompt dialog						Comment:		
40	00 SPACER BOTH	element					NO			>
	PEI MOTIVATION	dialog	MOTIVATIONAL							MOTIVATIONAL
50	ASSESSED GP	group	ASSESSMENT	YES	2					ASSESSMENT:
									If therapist assessed motivation	
	PEI MOTIVATION	dialog				PEI MOTIVATION			and/or applied motivational enhancement strategies please	
	ASSESSED	element				ASSESSED			indicate and describe below:	
	PXRM COMMENT	prompt						Comment:		
	FARM COMMENT	dialog						Comment.		
51	00 SPACER BOTH	element					NO			>
50	PEI 3 HOMEWORK	dialog		VEC		DEL 2 HOMEWORK			II	
55	GP	group		YES	2	PEI 3 HOMEWORK			Homework: Patient is to complete the	
	PEI 3 HOMEWORK	dialog				PEI 3 HOMEWORK			following practice items in	
	PRACTICE GP	group		NO	2	PRACTICE			between sessions:	
									Complete in-vivo exercises. Exercises for this week will	
						PEI 3 HOMEWORK			address the following themes	
	PEI 3 HOMEWORK	dialog				PRACTICE IN			{FLD:BLANK WORD	
	PRACTICE IN VIVO	element				VIVO			PROCESSING}	
	PEI 3 HOMEWORK					PEI 3 HOMEWORK				
	PRACTICE	dialog				PRACTICE			Continue to practice breathing	
	BREATHING	element				BREATHING			retraining	I]

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PEI 3 HOMEWORK PRACTICE AUDIO	dialog element				PEI 3 HOMEWORK PRACTICE AUDIO			Listen to audiotape of entire session at least one time.	
	PEI 3 HOMEWORK PRACTICE IMAGINAL	dialog element				PEI 3 HOMEWORK PRACTICE IMAGINAL			Listen to audiotape of Imaginal exposure daily	
60	00 SPACER BOTH	dialog element					NO			>
65	PEI ADDITIONAL SESSION INFO GP	dialog group	ADDITIONAL SESSION INFORMATION	YES	2					ADDITIONAL SESSION INFORMATION:
	PEI ADD ASSESS SESSION INFO	dialog element				PEI 1 ADD'L SSN INFO	YES		Additional Information about session content and/or behavioral observations, including information about what the patient learned and level of engagement	
	PXRM COMMENT	prompt						Comment:		
67	00 SPACER BOTH	dialog element					NO			>
75	PEI 1 PLAN GP PEI SCED NEXT SESSION	dialog group dialog group		YES YES	2				PLAN: Next session is scheduled or will be scheduled	
	PEI 1 PLAN NEXT APPT	dialog element				PEI 1 PLAN NEXT APPT			Next appointment date: {FLD:VA-EDIT BOX 30/80}	
	PEI NEXT APPT DATE	dialog element							Date and time of next session:	
	PEI 1 FINAL SESSION	dialog group			3				Final Session-Early Termination	
	PEI 1 PLAN REMIT	dialog							Early completer/symptoms remitted - Veteran and clinician agree that Veteran has achieved a clinically significant drop in symptoms related to the target diagnosis and that additional sessions are not needed at this time.	
	PEI 1 PLAN REMIT	element dialog element							Dropped out/discontinued treatment.	

PEI 4 Template Details:

The below table details the content requirements to develop the PEI 4 template.

							EXCLUDE			
					NUMBER OF		FROM PROGRESS	PROMPT	DIALOG/PROGRESS	ALTERNATE PROGRESS NOTE
SEQ	NAME	ТҮРЕ	CAPTION	BOX	INDENTS	FINDING ITEM	NOTE	CAPTION	NOTE TEXT	TEXT
1	PEI 4 TITLE HEADER	dialog element				PEI 4 PROLONGED EXPOSURE IND IMAGINAL			PROLONGED EXPOSURE INDIVIDUAL: IMAGINAL EXPOSURE SESSION	
2	00 SPACER BOTH	dialog element					NO			>
5	PEI TIME IN SESSION	dialog element							TIME IN SESSION	
	PXRM COMMENT	prompt						Comment:		
7	00 SPACER BOTH	dialog element					NO			>
10	PEI 4 SESSION NUMBER GP	dialog group		YES	2				Session Number	
	PEI SESSION NUMBER 3	dialog element				PEI SESSION NUMBER 3			Session Number: 3	
	PEI SESSION NUMBER 4	dialog element				PEI SESSION NUMBER 4			Session Number: 4	
	PEI SESSION NUMBER 5	dialog element				PEI SESSION NUMBER 5			Session Number: 5	
	PEI SESSION NUMBER 6	dialog element				PEI SESSION NUMBER 6			Session Number: 6	
	PEI SESSION NUMBER 7	dialog element				PEI SESSION NUMBER 7			Session Number: 7	
	PEI SESSION NUMBER 8	dialog element				PEI SESSION NUMBER 8			Session Number: 8	
	PEI SESSION NUMBER 9	dialog element				PEI SESSION NUMBER 9			Session Number: 9	
	PEI SESSION NUMBER 10	dialog element				PEI SESSION NUMBER 10			Session Number: 10	
	PEI SESSION NUMBER 11	dialog element				PEI SESSION NUMBER 11			Session Number: 11	

TABLE 5 - PEI 4 TEMPLATE DETAIL

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PEI SESSION NUMBER	dialog				PEI SESSION				
	12 PEI SESSION NUMBER	element dialog				NUMBER 12 PEI SESSION			Session Number: 12	
	13	element				NUMBER 13			Session Number: 13	
	PEI SESSION NUMBER 14	dialog element				PEI SESSION NUMBER 14			Session Number: 14	
	PEI SESSION NUMBER 15	dialog element				PEI SESSION NUMBER 15			Session Number: 15	
	PEI SESSION NUMBER 16	dialog element				PEI SESSION NUMBER 16			Session Number: 16	
	PEI SESSION NUMBER 17	dialog element				PEI SESSION NUMBER 17			Session Number: 17	
	PEI SESSION NUMBER 18	dialog element				PEI SESSION NUMBER 18			Session Number: 18	
	PEI SESSION NUMBER 19	dialog element				PEI SESSION NUMBER 19			Session Number: 19	
	PEI SESSION NUMBER 20	dialog element				PEI SESSION NUMBER 20			Session Number: 20	
12	00 SPACER BOTH	dialog element					NO		 	>
15	PEI SESSION FORMAT GP	dialog group	Session Format:	YES	2				SESSION FORMAT: Prolonged Exposure Therapy Individual	
	PEI SESSION FACE TO FACE	dialog element				PEI SESSION FACE TO FACE			Face-to-Face Session	
	PEI SESSION TELEPHONE	dialog element				PEI SESSION TELEPHONE			Telephone Session	
	PEI SESSION VIDEO TELEHEALTH	dialog element				PEI SESSION VIDEO TELEHEALTH			Telehealth Session	
	PEI SESSION OTHER	dialog element				PEI SESSION OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
16	00 SPACER BOTH	dialog element					NO			>
17	PEI SESSION LOCATION	dialog group	Prolonged Exposure		2	PEI SESSION LOCATION			SESSION LOCATION	
	PEI LOCATION CLC	dialog element				PEI LOCATION CLC			Community Living Center	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PEI LOCATION CBOC	dialog element				PEI LOCATION CBOC			СВОС	
	PEI LOCATION DOM	dialog element				PEI LOCATION DOM			Domiciliary	
	PEI LOCATION HBPC	dialog element				PEI LOCATION HBPC			Home Based Primary Care	
	PEI LOCATION INPT MH	dialog element				PEI LOCATION INPT MH			Inpatient Mental Health	
	PEI LOCATION OEF/OIF	dialog element				PEI LOCATION OEF/OIF			OEF/OIF Clinic	
	PEI LOCATION MHC	dialog element				PEI LOCATION MHC			Mental Health Clinic	
	PEI LOCATION RRTP	dialog element				PEI LOCATION RRTP			MH Residential Rehabilitation Treatment Program (RRTP)	
	PEI LOCATION PCT	dialog element				PEI LOCATION PCT			PTSD Clinical Team	
	PEI LOCATION PC	dialog element				PEI LOCATION PC			Primary Care	
	PEI LOCATION SUD	dialog element				PEI LOCATION SUD			Substance Use Disorder Clinic	
	PEI LOCATION PRRC	dialog element				PEI LOCATION PRRC			PRRC/Day Treatment	
	PEI LOCATION COMMUNITY	dialog element				PEI LOCATION COMMUNITY			Community/Non-VA Setting	
	PEI LOCATION OTHER	dialog element				PEI LOCATION OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
20	PEI DIAGNOSIS GP	dialog group	DIAGNOSIS	YES	2				Primary (focus of treatment) or Secondary (if applicable)	Diagnosis:
	PEI DIAGNOSIS PRIMARY	dialog element							Primary Diagnosis:{FLD:EBOX40}	
	PEI DIAGNOSIS SECONDARY	dialog element							Secondary Diagnosis:{FLD:EBOX40}	
22	00 SPACER BOTH	dialog element					NO			>
25	PEI ASSESSMENT GP	dialog group		YES	2				ASSESSMENT	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	TEXT PTSD EVAL	dialog								
	DISPLAY PCLC	element					YES		PC-PTSD PCL	
	TEXT PTSD EVAL DISPLAY PCLC PLACE IN NOTE	dialog element					NO		Check here to place scores in note.	
	PEI MH PCLC	dialog element				PCLC	NO		PCL-C	
	PEI ASSESS BDI-II	dialog element				BDI2			BDI - II	
	PEI ASSESS RISK	dialog element							RISK INFORMATION: Please note any indication of SI/HI and any other relevant risk information and complete local suicide note template if appropriate {FLD:BLANK WORD PROCESSING}	
	PEI ASSESS MSE	dialog element							MENTAL STATUS/BEHAVIORAL OBSERVATION: Please note any relevant mental status factors and/or behavioral observations {FLD:BLANK WORD PROCESSING}	
	PEI ASSESS OTHER	dialog element							OTHER RELEVANT OBSERVATION: Please note any additional structured or clinical assessment information relevant to this session (e.g., cultural/spiritual influences, substance use, etc.) {FLD:BLANK WORD PROCESSING}	
26	00 SPACER BOTH	dialog element					NO			> >
30	PEI 4 CONTENT SESSION GP	dialog group		YES	2				SESSION CONTENT: The following occurred during the session:	
	PEI 4 CONTENT SESSION GP INTRO	dialog element					YES		CHECK IF COMPLETED AND PROVIDE EXPLANATION FOR ITEMS WITH TEXT BOXES	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PEI 4 CONTENT	dialog		VEC	2					
	PEI 4 CONTENT	group dialog		YES	2	PEI 4 CONTENT			Review of Homework Reviewed homework and gave feedback and praise/positive reinforcement. Patient completed the following homework assignments from last session (check all that	
	HMWRK REVIEW PEI 4 CONTENT HMWRK NOT DONE 00 SPACER NOTE ONLY	group dialog group dialog			2	HMWRK PEI 4 CONTENT HMWRK NOT DONE			apply) If homework was not completed, please indicate why, focusing on possible role of avoidance	
	PEI 4 CONTENT REVISIT	dialog element				PEI 4 CONTENT REVISIT			Re-visited the traumatic experience through Imaginal exposure for 40-45 minutes and making a separate recording. Patient completed {FLD:00 EDIT BOX 4} repetitions of the memory.	
	PEI 4 CONTENT PROCESS RATIONALE	dialog element				PEI 4 CONTENT PROCESS RATIONALE			Referred back to rationale as needed	
	PEI 4 CONTENT PROCESS HOT SPOTS	dialog element				PEI 4 CONTENT PROCESS HOT SPOTS			Worked towards hot spots. Patient identified {FLD:00 EDIT BOX 4} number of hot spots	
	PEI 4 CONTENT HOT SPOTS RESPONSE	dialog element				PEI 4 CONTENT HOT SPOTS RESPONSE			Worked on hot spots	
	PXRM COMMENT	prompt						Comment:		
	00 SPACER NOTE ONLY EL	dialog element								
36	00 SPACER BOTH	dialog element					NO			> >
38	PEI COLLABORATION GP	dialog group		YES	2				DEGREE OF COLLABORATION: The degree of collaboration between the patient and the therapist in the current session was:	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PEI COLLABORATION LOW	dialog element				PEI COLLABORATION LOW			Low	
	PXRM COMMENT	prompt						Comment:		
	PEI COLLABORATION MED	dialog element				PEI COLLABORATION MED			Medium	
	PEI COLLABORATION HIGH	dialog element				PEI COLLABORATION HIGH			High	
	PEI COLLABORATION THERAPEUT ALLIANCE	dialog element				PEI COLLABORATION THERA ALLIANCE GIVEN			If therapeutic alliance measure was given, please report results here.	
	PXRM COMMENT	prompt						Comment:		
40	00 SPACER BOTH	dialog element					NO			>
50	PEI MOTIVATION ASSESSED GP	dialog group	MOTIVATIONAL ASSESSMENT	YES	2					MOTIVATIONAL ASSESSMENT:
	PEI MOTIVATION ASSESSED	dialog element				PEI MOTIVATION ASSESSED			If therapist assessed motivation and/or applied motivational enhancement strategies please indicate and describe below:	
	PXRM COMMENT	prompt						Comment:		
51	00 SPACER BOTH	dialog element					NO			>
55	PEI 4 HOMEWORK GP (1)	dialog group		YES	2	PEI 4 HOMEWORK			Homework:	
	PEI 4 HOMEWORK PRACTICE GP (1)	dialog group		NO	2	PEI 4 HOMEWORK PRACTICE			Patient is to complete the following practice items in between sessions:	
	PEI 4 HOMEWORK PRACTICE IN VIVO (1)	dialog element				PEI 4 HOMEWORK PRACTICE IN VIVO			Complete in-vivo exercises. Exercises for this week will address the following themes {FLD:WP-2LINES}	
	PEI 4 HOMEWORK PRACTICE BREATHING (1)	dialog element				PEI 4 HOMEWORK PRACTICE BREATHING			Continue to practice breathing retraining	
	PEI 4 HOMEWORK PRACTICE AUDIO (1)	dialog element				PEI 4 HOMEWORK PRACTICE AUDIO			Listen to audiotape of entire session at least one time.	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PEI 4 HOMEWORK PRACTICE IMAGINAL (1)	dialog element				PEI 4 HOMEWORK PRACTICE IMAGINAL			Listen to audiotape of Imaginal exposure daily	
60	00 SPACER BOTH	dialog element					NO			> >
65	PEI ADDITIONAL SESSION INFO GP	dialog group	ADDITIONAL SESSION INFORMATION	YES	2					ADDITIONAL SESSION INFORMATION:
	PEI ADD ASSESS SESSION INFO	dialog element				PEI 1 ADD'L SSN INFO	YES		Additional Information about session content and/or behavioral observations, including information about what the patient learned and level of engagement	
	PXRM COMMENT	prompt						Comment:		
67	00 SPACER BOTH	dialog element					NO			
75	PEI 1 PLAN GP	dialog group		YES	2				PLAN:	
	PEI SCED NEXT SESSION	dialog group		YES	3				Next session is scheduled or will be scheduled	
	PEI 1 PLAN NEXT APPT	dialog element				PEI 1 PLAN NEXT APPT			Next appointment date: {FLD:VA-EDIT BOX 30/80}	
	PEI NEXT APPT DATE	dialog element							Date and time of next session:	
	PEI 1 FINAL SESSION	dialog group			3				Final Session-Early Termination Early completer/symptoms	
		dialog							remitted - Veteran and clinician agree that Veteran has achieved a clinically significant drop in symptoms related to the target diagnosis and that additional sessions are	
	PEI 1 PLAN REMIT PEI 1 PLAN DROP	element dialog element							not needed at this time. Dropped out/discontinued treatment.	
		element								

PEI 5 Template Detail:

The below table details the content requirements to develop the PEI 5 template.

			-		Тав	LE 6 - PEI 5 TEMPLATE				
SEQ	NAME	ТУРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
1	PEI 5 TITLE HEADER	dialog element				PEI 5 PROLONGED EXPOSURE IND FINAL			PROLONGED EXPOSURE INDIVIDUAL: FINAL SESSION	
2	00 SPACER BOTH	dialog element					NO			> >
5	PEI TIME IN SESSION	dialog element							TIME IN SESSION	
	PXRM COMMENT	prompt						Comment:		
7	00 SPACER BOTH	dialog element					NO			> >
10	PEI 5 SESSION NUMBER GP EXPANDED	dialog group		YES	2				Session Number	
	PEI SESSION NUMBER 7	dialog element				PEI SESSION NUMBER 7			Session Number: 7	
	PEI SESSION NUMBER 8	dialog element				PEI SESSION NUMBER 8			Session Number: 8	
	PEI SESSION NUMBER 9	dialog element				PEI SESSION NUMBER 9			Session Number: 9	
	PEI SESSION NUMBER 10	dialog element				PEI SESSION NUMBER 10			Session Number: 10	
	PEI SESSION NUMBER 11	dialog element				PEI SESSION NUMBER 11			Session Number: 11	
	PEI SESSION NUMBER 12	dialog element				PEI SESSION NUMBER 12			Session Number: 12	
	PEI SESSION NUMBER 13	dialog element				PEI SESSION NUMBER 13			Session Number: 13	
	PEI SESSION NUMBER 14 PEI SESSION	dialog element				PEI SESSION NUMBER 14 PEI SESSION			Session Number: 14	
	NUMBER 15	dialog element				NUMBER 15			Session Number: 15	
	PEI SESSION NUMBER 16	dialog element				PEI SESSION NUMBER 16			Session Number: 16	
	PEI SESSION NUMBER 17	dialog element				PEI SESSION NUMBER 17			Session Number: 17	
	PEI SESSION NUMBER 18	dialog element				PEI SESSION NUMBER 18			Session Number: 18	
	PEI SESSION NUMBER 19	dialog element				PEI SESSION NUMBER 19			Session Number: 19	

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SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PEI SESSION	dialog				PEI SESSION				
	NUMBER 20 PEI SESSION	element				NUMBER 20 PEI SESSION			Session Number: 20	
	NUMBER >20	dialog element				NUMBER>20			Session Number: >20	
12	00 SPACER BOTH	dialog element					NO			>
15	PEI SESSION FORMAT GP	dialog group	Session Format:	YES	2				SESSION FORMAT: Prolonged Exposure Therapy Individual	
	PEI SESSION FACE	dialog				PEI SESSION FACE				
	TO FACE	element				TO FACE			Face-to-Face Session	
	PEI SESSION	dialog				PEI SESSION				
	TELEPHONE	element				TELEPHONE			Telephone Session	
	PEI SESSION VIDEO TELEHEALTH	dialog element				PEI SESSION VIDEO TELEHEALTH			Telehealth Session	
	PEI SESSION	dialog				PEI SESSION			Telenealth Session	
	OTHER	element				OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
16	00 SPACER BOTH	dialog element					NO			>
1.5	PEI SESSION	dialog	Prolonged			PEI SESSION				
17	LOCATION	group	Exposure		2	LOCATION PEI LOCATION			SESSION LOCATION	
	PEI LOCATION CLC	dialog element				CLC			Community Living Center	
	PEILOCATION	dialog				PEILOCATION				
	CBOC	element				CBOC			СВОС	
	PEILOCATION	dialog				PEILOCATION				
	DOM	element				DOM			Domiciliary	
	PEI LOCATION	dialog				PEI LOCATION				
	HBPC	element				HBPC			Home Based Primary Care	
	PEI LOCATION INPT	dialog				PEI LOCATION				
	MH PEI LOCATION	element				INPT MH PEI LOCATION	+		Inpatient Mental Health	
	OEF/OIF	dialog element				OEF/OIF			OEF/OIF Clinic	
	PEI LOCATION	dialog				PEI LOCATION	1			
	MHC	element				MHC			Mental Health Clinic	
	PEI LOCATION RRTP	dialog element				PEI LOCATION RRTP			MH Residential Rehabilitation Treatment Program (RRTP)	
	PEI LOCATION PCT	dialog element				PEI LOCATION PCT			PTSD Clinical Team	
	PEI LOCATION PC	dialog element				PEI LOCATION PC			Primary Care	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	DELLOCATION GUD	dialog				PEI LOCATION SUD			Substance Use Disorder Clinic	
	PEI LOCATION SUD PEI LOCATION	element dialog				PEI LOCATION			Clinic	
	PRRC	element				PRRC			PRRC/Day Treatment	
	PEILOCATION	dialog				PEILOCATION				
	COMMUNITY	element				COMMUNITY			Community/Non-VA Setting	
	PEI LOCATION	dialog				PEI LOCATION				
	OTHER	element				OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
		dialog							Primary (focus of treatment)	
20	PEI DIAGNOSIS GP	group	DIAGNOSIS	YES	2				or Secondary (if applicable)	Diagnosis:
	PEI DIAGNOSIS	dialog							Primary	
	PRIMARY	element							Diagnosis:{FLD:EBOX40}	
	PEI DIAGNOSIS	dialog							Secondary	
	SECONDARY	element							Diagnosis:{FLD:EBOX40}	
22	00 SPACER BOTH	dialog element					NO			>
22	PEI ASSESSMENT	dialog		-			NO		<01>	<01><01>
25	GP	group		YES	2				ASSESSMENT	
	TEXT PTSD EVAL	dialog								
	DISPLAY PCLC	element					YES		PC-PTSD PCL	
	TEXT PTSD EVAL									
	DISPLAY PCLC	dialog							Check here to place scores in	
-	PLACE IN NOTE	element					NO		note.	
	PEI MH PCLC	dialog element				PCLC	NO		PCL-C	
	PEIMHPULU	dialog				PCLU	NO		PCL-C	
	PEI ASSESS BDI-II	element				BDI2			BDI - II	
	1211.002.00 2.01 11	erennenn				2012			RISK INFORMATION:	
									Please note any indication of	
									SI/HI and any other relevant	
									risk information and complete	
									local suicide note template if	
		41-1						1	appropriate	
	PEI ASSESS RISK	dialog							{FLD:BLANK WORD PROCESSING}	
	LEI VOSEOO KIOK	element	+	-				1	MENTAL	
								1	STATUS/BEHAVIORAL	
									OBSERVATION: Please note	
									any relevant mental status	
									factors and/or behavioral	
									observations	
		dialog							(FLD:BLANK WORD	
	PEI ASSESS MSE	element							PROCESSING}	

					NUMBER		EXCLUDE FROM			ALTERNATE
SEQ	NAME	ТҮРЕ	CAPTION	BOX	OF INDENTS	FINDING ITEM	PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	PROGRESS NOTE TEXT
BEQ	INAME		CALITON	DUA	INDENIS	FINDINGTIEM	NOIL	CALITON	OTHER RELEVANT	
									OBSERVATION: Please note	
									any additional structured or	
									clinical assessment	
									information relevant to this	
									session (e.g., cultural/spiritual	
		-11-1							influences, substance use, etc.) {FLD:BLANK	
	PEI ASSESS OTHER	dialog element							WORD PROCESSING}	
	TELASSESS OTHER	dialog							word i rocessiivo}	
26	00 SPACER BOTH	element					NO			>
									Patient completed final	
									session of PE protocol. The	Patient completed final
									following occurred during	session of PE protocol.
	PEI 5 CONTENT	dialog	Session			PEI 5 CONTENT			the session: (Check if	The following occurred
30	SESSION GP	group	involved:	YES	2	SESSION			completed)	during the session:
									Reviewed homework and gave feedback and	
									praise/positive reinforcement.	
									Patient completed the	
									following homework	
	PEI 5 CONTENT	dialog				PEI 5 CONTENT			assignments from last session	
	HMWRK GP	group		YES	2	HMWRK			(check all that apply)	
	PEI 5 CONTENT					PEI 5 CONTENT			Breathing Retraining practice	
	HMWRK	dialog				HMWRK			{FLD:00 EDIT BOX 4}	
	BREATHING	element				BREATHING			times	
	PEI 5 CONTENT					PEI 5 CONTENT				
	HMWRK	dialog				HMWRK			Listening to session tape of	
	LISTENING	element				LISTENING PEI 5 CONTENT			full session one time	
	PEI 5 CONTENT	dialog				HMWRK			Listening to Imaginal session	
	HMWRK IMAGINAL	element				IMAGINAL			tape daily	
									In-vivo homework exercises.	
									**If all assignments were not	
									completed, please indicate	
									which assignments were	
	PEI 5 CONTENT	dialog				PEI 5 CONTENT			completed and which were	
	HMWRK IN VIVO	element				HMWRK IN VIVO			not.**	
	PEI 5 CONTENT	dialog				PEI 5 CONTENT			Othom	
	HMWRK OTHER	element				HMWRK OTHER			Other: If homework was not	
	PEI 5 CONTENT					PEI 5 CONTENT			completed please indicate	
	HMWRK NOT DONE	dialog				HMWRK NOT			why, focusing on possible	
	GP	group			2	DONE			role of avoidance.	

					NUMBER OF		EXCLUDE FROM PROGRESS	PROMPT	DIALOG/PROGRESS	ALTERNATE PROGRESS NOTE
SEQ	NAME	TYPE	CAPTION	BOX	INDENTS	FINDING ITEM	NOTE	CAPTION	NOTE TEXT	TEXT
									Gave instructions for	
									Imaginal exposure as needed,	
	PEI 5 CONTENT	dialog				PEI 5 CONTENT			going back for full memory for final exposure session	
	FULL MEMORY	element				FULL MEMORY			Revisited the traumatic	
									experience through Imaginal	
									exposure for 30 minutes and	
									making a separate recording.	
									Patient completed {FLD:00	
	PEI 5 CONTENT	dialog				PEI 5 CONTENT			EDIT BOX 4}repetitions of	
	REVISIT	element				REVISIT			the memory	
									Processed Imaginal exposure	
									for that session as well as discussing how memory has	
									changed over the course of	
									treatment. Patient response to	
									Imaginal exposure	
	PEI 5 CONTENT	dialog				PEI 5 CONTENT			processing: {FLD:BLANK	
	MEMORY CHANGE	element				MEMORY CHANGE			WORD PROCESSING}\\	
									Reviewed in vivo hierarchy	
	PEI 5 CONTENT IN VIVO HIERARCHY	dialog element				PEI 5 CONTENT IN VIVO HIERARCHY			from session 2, re-assessing SUDS at present.	
	VIVO HIEKAKCH I	element				PEI 5 CONTENT			SODS at present.	
	PEI 5 CONTENT	dialog				RELAPSE			Reviewed relapse prevention	
	RELAPSE PREVENT	element				PREVENT			skills	
		dialog								
36	00 SPACER BOTH	element					NO			>
									DEGREE OF	
									COLLABORATION: br>	
	PEI								The degree of collaboration between the patient and the	
	COLLABORATION	dialog							therapist in the current	
38	GP	group		YES	2				session was:	
	PEI					PEI				
	COLLABORATION	dialog				COLLABORATION				
	LOW	element				LOW			Low	
	PXRM COMMENT	prompt						Comment:		
	PEI					PEI				
	COLLABORATION	dialog				COLLABORATION				
	MED	element				MED			Medium	
	PEI COLLABORATION	dials -				PEI COLLABORATION				
	COLLABORATION HIGH	dialog element				COLLABORATION HIGH			High	
	PEI	dialog				PEI			If therapeutic alliance	
	COLLABORATION	element				COLLABORATION			measure was given, please	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	THERAPEUT ALLIANCE					THERA ALLIANCE GIVEN			report results here.	
	PXRM COMMENT	prompt						Comment:		
40	00 SPACER BOTH	dialog element					NO		br>REVIEW OF PROGRESS	>
50	PEI 5 FINAL GP	dialog group		YES	2	PEI 5 FINAL GP			DURING TREATMENT	
	PEI 5 FINAL PROGRESS	dialog element				PEI 5 FINAL PROGRESS			Patient progress in relation to treatment goals for Prolonged Exposure: {FLD:BLANK WORD PROCESSING}\\	
	PEI 5 FINAL IMPACT	dialog element				PEI 5 FINAL IMPACT			Impact of therapy on patient's functioning: {FLD:BLANK WORD PROCESSING}\\	
51	00 SPACER BOTH	dialog element					NO			>
65	PEI ADDITIONAL SESSION INFO GP	dialog group	ADDITIONAL SESSION INFORMATIO N	YES	2					ADDITIONAL SESSION INFORMATION:
	PEI ADD ASSESS SESSION INFO	dialog element				PEI 1 ADD'L SSN INFO	YES		Additional Information about session content and/or behavioral observations, including information about what the patient learned and level of engagement	
	PXRM COMMENT	prompt						Comment:		
67	00 SPACER BOTH	dialog element					NO			>
75	PEI 5 PLAN GP	dialog group		YES	2	PEI 5 PLAN			PLAN: TREATMENT	
	PEI 5 PLAN COMPLETE	dialog element				PEI 5 PLAN COMPLETE			COMPLETED\\ (Describe the reason for termination of treatment)	
	PXRM COMMENT	prompt						Comment:		
	PEI 5 PLAN BOOSTER SSN	dialog element				PEI 5 PLAN BOOSTER SSN			BOOSTER SESSIONS\\ (Describe the reason for booster sessions and if the sessions were scheduled or will be scheduled in the future)	
	PXRM COMMENT	prompt						Comment:		

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PEI 5 PLAN POST ASSESS	dialog element				PEI 5 PLAN POST ASSESS			SCHEDULED POST ASSESSMENT SESSION(S) (Describe the reason for additional assessment sessions)	
	PXRM COMMENT	prompt						Comment:		
	PEI 5 PLAN REFERRAL	dialog element				PEI 5 PLAN REFERRAL			REFERRED FOR FURTHER EVALUATION, TREATMENT OR OTHER SERVICES\\ (Describe the referral and reason for referral)	
	PXRM COMMENT	prompt						Comment:		
	PEI 5 PLAN NEXT APPT	dialog element							Next appointment date: {FLD:VA-EDIT BOX 30/80}	
	PEI 5 PLAN PT AGREE	dialog element				PEI 5 PLAN PT AGREE			Patient agreed with the above plan	
	PEI 5 PLAN ADDL INFO	dialog element				PEI 5 PLAN ADDL INFO			Additional information regarding plan {FLD:BLANK WORD PROCESSING}\\	

2.6.2. Cognitive Processing Individual Therapy (CPT)

The Cognitive Processing Therapy (CPT) templates document the results of the evidence-based form of Cognitive Behavioral Therapy (CBT) used to treat PTSD.

The clinician uses one of twelve available Dialog Reminder Templates from the *Cognitive Processing Individual Therapy* Clinical Reminder template drawer.

The twelve templates available are:

- 1. CPT 1 INTIAL PHASE
- 2. CPT 2 MEANING PHASE
- 3. CPT 3 ABC PHASE
- 4. CPT 4 TRAUMA PHASE
- 5. CPT 5 REWRITE PHASE
- 6. CPT 6 CHALLENGING PHASE
- 7. CPT 7 PROBLEMATIC PHASE
- 8. CPT 8 SAFETY PHASE
- **9.** *CPT* **9** *TRUST PHASE*
- 10. CPT 10 POWER PHASE
- 11. CPT 11 ESTEEM PHASE
- 12. CPT 12 FINAL PHASE

Health Factors created by session have been detailed in the table below. When creating the Dialog Element, use the Finding Item or Additional Finding field for 1) automatic ordering, 2) adding vital measurements, 3) stuffing Education Topics, 4) including immunizations and 5) documenting CPT codes into the PCE.

Refer to Appendix B *Cognitive Processing Individual Therapy Screenshots* for samples of the screenshots.

TABLE 7 - COGNITIVE PROCESSING THERAPY FINDING ITEMS TABLE												
Component	CPT 1 HF	CPT 2 HF	CPT 3 HF	CPT 4 HF	CPT 5 HF	CPT 6 HF	CPT 7 HF	CPT 8 HF	CPT 9 HF	CPT 10 HF	CPT 11 HF	CPT 12 HF
Time in Session -	- All of the below Health H	factors are the same acr	oss all of the templates			TIME IN SESSION						
						TIME IN SESSION						
Session Number	CPT SESSION NUMBER 1 and /or	CPT SESSION NUMBER 2 and/or	CPT SESSION NUMBER 2 through	CPT SESSION NUMBER 3 through	CPT SESSION NUMBER 4 through	CPT SESSION NUMBER 5 through	CPT SESSION NUMBER 6 through	CPT SESSION NUMBER 7 through	CPT SESSION NUMBER 8 through	CPT SESSION NUMBER 9 through	CPT SESSION NUMBER 10 through	CPT SESSION NUMBER 11 through
	CPT SESSION NUMBER 2	CPT SESSION NUMBER 3	CPT SESSION NUMBER 4	CPT SESSION NUMBER 5	CPT SESSION NUMBER 6	CPT SESSION NUMBER 7	CPT SESSION NUMBER 8	CPT SESSION NUMBER 9	CPT SESSION NUMBER 10	CPT SESSION NUMBER 11	CPT SESSION NUMBER 12	CPT SESSION NUMBER 15
Session Format -	All of the below Health F	actors are the same acro	oss all of the templates									
	CPT SESSION FACE TO CPT SESSION OTHER	FACE		•	CPT TELEPHONE SI	ESSION			CPT SESSION VI	DEO TELEHEALTH		
Session Location	- All of the below Health	Factors are the same ac	ross all of the templates									
• • •	CPT SESSION LOCATIO CPT LOCATION DOM CPT LOCATION MHC CPT LOCATION HBPC CPT LOCATION PRRC CPT LOCATION COMM			• • • •	CPT LOCATION CLC CPT LOCATION INP CPT LOCATION RRT CPT LOCATION PT F CPT LOCATION PC CPT LOCATION OTF	T MH P RESIDENCE			CPT LOCATION CPT LOCATION CPT LOCATION CPT LOCATION CPT LOCATION	DEF/OIF MHICM PCT		
Diagnosis - All o	of the below Health Factor	s are the same across all	of the templates									
			• • • • •			CPT DIAGNOSIS GI	,					
					CP	T DIAGNOSIS PRIM	ARY					
					CPT	DIAGNOSIS SECON	DARY					
Assessment	CPT ASSESSMENT GP											
Session Content	CPT 1 SESSION CONTENT GP CPT 1 CONTENT GENERAL INFO CPT 1 CONTENT FACILITATE GP CPT 1 CONTENT CONSENT SIGNED CPT 1 CONTENT RATIONALE CPT 1 CONTENT OVERVIEW CPT 1 CONTENT ASSESS READINESS	CPT 2 CONTENT REVIEW STUCK CPT 2 CONTENT READ IMPACT STATEMENT CPT 2 CONTENT DISCUSSED MEANING CPT 2 CONTENT COLLECT STATEMENT CPT 2 CONTENT INTRODUCED RELATIONSHIP CPT 2 CONTENT ASSIGNED PRACTICE	CPT 3 CONTENT REVIEWED HOMEWORK CPT 3 CONTENT NO SHEETS CPT 3 COTENT IDENTIFY STUCK POINTS CPT 3 CONTENT SOCRATIC CPT 3 CONTENT WRITE TRAUMATIC EVENT	CPT 4 CONTENT REVIEWED HOMEWORK (ABC) CPT 4 CONTENT TRAUMA ACCOUNT READ CPT 4 CONTENT TRAUMA RECOUNT IN SESSION CPT 4 CONTENT SOCRATIC CPT 4 CONTENT FEEL THOUGHT CONNECT CPT 4 CONTENT	CPT 5 CONTENT REVIEWED CPT 5 CONTENT TRAUMA ACCOUNT READ CPT 5 CONTENT SOCRATIC CPT 5 CONTENT CHALLENGING QUESTIONS CPT 5 CONTENT TRAUMA CCOUNT ADDL	CPT 6 CONTENT REVIEWED HOMEWORK (CQS) CPT CONTENT TRAUMA ACCOUNT READ CPT 6 ACCOUNT REMIND CPT 6 CONTENT STUCK POINT FOCUS CPT 6 CONTENT	CPT 7 CONTENT REVIEWED HOMEWORK PROB PAT CPT 7 CONTENT TRAUMA ACCOUNT REMIND CPT 7 CONTENT CHALLENGING BELIEFS WORK CPT 7 CONTENT STUCK POINT EXAMPLE CPT 7 CONTENT SAFETY MODULE INTRO	CPT 8 CONTENT CHALLENGING BELIEFS REVIEW CPT 8 CONTENT SAFETY REVIEW CPT 8 CONTENT CHALLENGING BELEIFS WORK CPT 8 CONTENT TRUST INFO CPT 8 CONTENT CHALLENGING BELEIFS HMWRK	CPT 9 CONTENT CHALLENGING BELEIFS REVIEW CPT 9 CONTENT TRUST REVIEW CPT 9 CONTENT CHALLENGING BELEIFS WORK CPT 9 CONTENT POWER/CONTROL INFO CPT 9 CONTENT CHALLENGING BELIEFS HMWRK	CPT 10 CONTENT CHALLENGING BELIEF REVIEW CPT 10 CONTENT POWER/CONTRO L REVIEW CPT 10 CONTENT WAYS OF GIVING CPT 10 CONTENT CHALLENGING BELEIFS WORK CPT 10 COTNENT ESTEEM INTRO COT 10 COTENT CHALLENGING BELEIFS HMWRK	CPT11 CONTENT CHALLENGING BELEIFS REVIEW CPT 11 CONTENT ESTEEM REVIEW CPT 11 CONTENT CHALLENGING BELEIFS WORK CPT 11 CONTENT INTIMACY INTRO	CPT 12 CONTENT CHALLENGIN G BELIEF REVIEW CPT 12 CONTENT INTIMACY REVIEW CPT 12 CONTENT IMPACT STATEMENT NEW CPT 12 CONTENT IMPACT STATEMENT

TABLE 7 - COGNITIVE PROCESSING THERAPY FINDING ITEMS TABLE

Distribution of Mental Health Clinical Reminders Requirements Specification Document

Component	CPT 1 HF	CPT 2 HF	CPT 3 HF	CPT 4 HF	CPT 5 HF	CPT 6 HF	CPT 7 HF	CPT 8 HF	CPT 9 HF	CPT 10 HF	CPT 11 HF	CPT 12 HF	
	CPT 1 CONTENT DESCRIBE TRAUMA CPT 1 CONTENT STUCK POINT CPT 1 CONTENT IMPACT STAEMENT			TRAUMA ACCOUNT REWRITE		PROB PATTERN WORKSHEET	CPT 7 CONTENT CHALLENGING BELEIFS HMWRK			CPT 10 CONTENT COMPLIMENTS HMWRK	CPT 11 COTENT CHALLENGING BELEIFS HMWRK CPT 11 CONTENT IMPACT REWRITE	COMPARE CPT 12 CONTENT SKILL FOCUS	
Mating	All -64-1-1-			l							HMWRK		
	Enhancement - All of the below Health Factors are the same across all of the templates CPT 1 MOTIVATIONAL ENHANCEMENT GP • CPT 1 MOTIVATION ENHANCE GOALS • CPT 1 MOTIVATION ENHANCE CONSEQUENCES												
•													
Collaboration - A	All of the below Health Fa	ctors are the same acros	s all of the templates										
•	CPT COLLABORATION	GP		•	CPT DEGREE OF CO	DLLABORATION TE	XT		CPT COLLABOR	ATOION LOW			
•	CPT COLLABORATION	MEDIUM		•	CPT COLLABORAT	ION HIGH			CPT COLLABOR	ATION THERAPEUTIC	ALLIANCE GIVEN		
Additional Sessio	on Info - All of the below I	Health Factors are the sa	me across all of the tem	plates									
CPT ADDION	IAL SESSION INFO GP			CPT ASSESS	OTHER DESCRIPTIO	N		CPT A	DDITIONAL SESSION IN	NFO CONTENT			
CPT ASSESS	OTHER LEVEL OF ENG	AGEMENT		CPT ASSESS	OTHER MS FACTORS			CPT A	SSESS OTHER SI/HI				
CPT ASSESS	OTHER SUD			CPT ASSESS	OTHER CULTURAL			CPT A	SSESS OTHER SPIRITUA	AL			
Plan - All of the	below Health Factors are	the same across all of th	e templates									NA	
CPT PLAN DT NEXT SESSION GP													
					CPT PLAN DT	NEXT SESSION							

CPT 1 Initial Phase Template Details

The below table details the content requirements to develop the CPT 1 templates.

SEQ	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
1	CPT 1 TITLE HEADER	dialog element				CPT 1 COGNITIVE PROCESSING INITIAL			Cognitive Processing Therapy: Individual Initial	
5	CPT TIME IN SESSION	dialog element							TIME IN SESSION	TIME IN SESSION:
	PXRM COMMENT	prompt						Comment:		
10	CPT 1 SESSION NUMBER GROUP	dialog group	SESSION NUMBER:	YES	2					SESSION NUMBER:
	CPT SESSION NUMBER 1	dialog element				CPT SESSION NUMBER 1			1	
	CPT SESSION NUMBER 2	dialog element				CPT SESSION NUMBER 2			2	
15	CPT SESSION FORMAT GP	dialog group	SESSION FORMAT	YES	2					SESSION FORMAT:
	CPT SESSION FACE TO FACE	dialog element				CPT SESSION FACE TO FACE			Face-to-Face Session	
	CPT SESSION TELEPHONE	dialog element				CPT SESSION TELEPHONE			Telephone Session	
	CPT SESSION VIDEO TELEHEALTH	dialog element				CPT SESSION VIDEO TELEHEALTH			Video Telehealth Session	
	CPT SESSION OTHER	dialog element				CPT SESSION OTHER			Other Session type	
	PXRM COMMENT	prompt						Comment:		
17	CPT SESSION LOCATION GP	dialog group	SESSION LOCATION:	YES	2					SESSION LOCATION:

TABLE 8 - CPT 1 TEMPLATE DETAIL

SEQ	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT LOCATION CLC	dialog element				CPT LOCATION CLC			Community Living Center	
	CPT LOCATION CBOC	dialog element				CPT LOCATION CBOC			СВОС	
	CPT LOCATION DOM	dialog element				CPT LOCATION DOM			Domiciliary	
	CPT LOCATION INPT MH	dialog element				CPT LOCATION INPT MH			Inpatient Mental Health	
	CPT LOCATION OEF/OIF	dialog element				CPT LOCATION OEF/OIF			OEF/OIF Clinic	
	CPT LOCATION MHC	dialog element				CPT LOCATION MHC			Mental Health Clinic	
	CPT LOCATION RRTP	dialog element				CPT LOCATION RRTP			MH Residential Rehabilitation Treatment Program (RRTP)	
	CPT LOCATION MHICM	dialog element				CPT LOCATION MHICM			MHICM	
	CPT LOCATION HBPC	dialog element				CPT LOCATION HBPC			Patient Residence - Home Based Primary Care	
	CPT LOCATION PT RESIDENCE	dialog element				CPT LOCATION PT RESIDENCE			Patient Residence - Other	
	CPT LOCATION PCT	dialog element				CPT LOCATION PCT			PTSD Clinical Team	
	CPT LOCATION PC	dialog element				CPT LOCATION PC			Primary Care	
	CPT LOCATION SUD	dialog element				CPT LOCATION SUD			Substance Use Disorder Clinic	
	CPT LOCATION PRRC	dialog element				CPT LOCATION PRRC			PRRC/Day Treatment	
	CPT LOCATION COMMUNITY	dialog element				CPT LOCATION COMMUNITY			Community/Non-VA	

SEQ	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT LOCATION OTHER	dialog element				CPT LOCATION OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
20	CPT DIAGNOSIS GP	dialog group	DIAGNOSIS	YES	2					DIAGNOSIS:
	CPT DIAGNOSIS PRIMARY	dialog element							Primary Diagnosis (focus of visit): PTSD	
	CPT DIAGNOSIS PRIMARY OTHER THAN PTSD	dialog element							Primary Diagnosis (if not PTSD):	
	PXRM COMMENT	prompt						Comment:		
	CPT DIAGNOSIS SECONDARY	dialog element							Secondary Diagnosis (if applicable):	
	PXRM COMMENT	prompt						Comment:		
23	CPT ASSESSMENT GP	dialog group	ASSESSMENT:	YES	2					ASSESSMENT:
	TEXT PTSD EVAL DISPLAY PCLC	dialog element					YES		PC-PTSD PCL	
	TEXT PTSD EVAL DISPLAY PCLC PLACE IN NOTE	dialog element					NO		Check here to place scores in note.	
	CPT MH PCLC	dialog element				PCLC	NO		PCL-C	
27	CPT 1 CONTENT GP	dialog group	SESSION CONTENT:	YES	2					SESSION CONTENT:
	CPT 1 CONTENT GENERAL INFO	dialog element							The veteran completed the first session of the Cognitive Processing Therapy (CPT) protocol and the following therapeutic components were completed:\\ (Check all that apply to your session and provide explanation for items	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
									with text boxes. If items were skipped in session or if patient did not complete the assignment please discuss a plan for addressing these elements in the following session).	
	CPT 1 CONTENT FACILITATE GP	dialog group		NO	2	CPT 1 CONTENT FACILITATE	NO		The therapist facilitated a good therapeutic relationship. The following elements were utilized to help establish a collaborative, positive working relationship with the patient:{FLD:BLANK WORD PROCESSING}\\	
	CPT 1 CONTENT CONSENT SIGNED	dialog element				CPT 1 CONTENT CONSENT SIGNED			Reviewed and signed treatment agreement consent form	
	CPT 1 CONTENT RATIONALE	dialog element				CPT 1 CONTENT RATIONALE			Provided an overview of PTSD symptoms, a cognitive explanation of the development and maintenance of PTSD, and a rationale of CPT.	
	PXRM COMMENT	prompt						Comment:		
	CPT 1 CONTENT OVERVIEW	dialog element				CPT 1 CONTENT OVERVIEW			Presented the patient with an overview of the 12-session treatment.	
	CPT 1 CONTENT ASSESS READINESS	dialog element				CPT 1 CONTENT ASSESS READINESS			Discussed patient's readiness to engage in treatment.\\	
	CPT 1 CONTENT ASSESS QUESTIONS	dialog element				CPT 1 CONTENT ASSESS QUESTIONS			Discussed and addressed patient's questions or concerns about treatment: {FLD:BLANK WORD PROCESSING}\\	
	CPT 1 CONTENT DESCRIBE TRAUMA	dialog element				CPT 1 CONTENT DESCRIBE TRAUMA			Asked the patient to describe a brief account of their most traumatic event. {FLD:BLANK WORD PROCESSING \\\	
	CPT 1 CONTENT STUCK POINT	dialog element				CPT 1 CONTENT STUCK POINT			Introduced the concept of stuck points and began creating a	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
									stuck point log.	
	PXRM COMMENT	prompt						Comment:		
	CPT 1 CONTENT IMPACT STATEMENT	dialog element				CPT 1 CONTENT IMPACT STATEMNT			Asked patient to write one page Impact Statement" and create stuck point log for practice assignment. "	
	PXRM COMMENT	prompt						Comment:		
30	CPT 1 MOTIVATIONAL ENHANCEMENT GP	dialog group	MOTIVATIONAL ENHANCEMENT	YES	2					
	CPT 1 MOTIVATION ENHANCE GOALS	dialog element				CPT 1 MOTIVATION ENHANCE GOALS			Identified short-term goals in several areas of functioning.	
	PXRM COMMENT	prompt						Comment:		
	CPT 1 MOTIVATON ENHANCE CONSEQUENCES	dialog element				CPT 1 MOTIVATION ENHANCE CONSEQUENCES			Identified the consequences or impact of PTSD (or other symptoms).	
	PXRM COMMENT	prompt						Comment:		
	CPT 1 MOTIVATION ENHANCE BENEFITS	dialog element				CPT 1 MOTIVATION ENHANCE BENEFITS			Identified the benefits of reducing the severity of the PTSD.	
	PXRM COMMENT	prompt						Comment:		
	CPT 1 MOTIVATION ENHANCE ATTITUDES	dialog element				CPT 1 MOTIVATION ENHANCE ATTITUDES			Assessed attitudes and expectations for therapy.	
	PXRM COMMENT	prompt						Comment:		
	CPT 1 MOTIVATION ENHANCE BARRIERS	dialog element				CPT 1 MOTIVATION ENHANCE BARRIERS			Assessed any barriers to attending therapy and assisted the patient in problem-solving these barriers.	

NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
PXRM COMMENT	prompt						Comment:		
CPT COLLABORATION GP	dialog group	COLLABORATION:	YES	2					COLLABORATION:
CPT DEGREE OF COLLABORATION TEXT	dialog element					NO		The degree of collaboration between the patient and the therapist in the current session was:	
CPT COLLABORATION LOW	dialog element				CPT COLLABORATION LOW			Low	
CPT COLLABORATION MEDIUM	dialog element				CPT COLLABORATION MEDIUM			Medium	
CPT COLLABORATION HIGH	dialog element				CPT COLLABORATION HIGH			High	
CPT COLLABORATION THERAPEUTIC ALLIANCE GIVEN	dialog element				CPT COLLABORATION THERAPEUTIC ALLIANCE			If a therapeutic alliance measure was given, please report results here.	
PXRM COMMENT	prompt						Comment:		
CPT ADDITIONAL SESSION INFO GP	dialog group	ADDITIONAL SESSION INFORMATION	YES	2		NO			ADDITIONAL SESSION INFORMATION
CPT ASSESS OTHER DESCRIPTION CPT ADDITIONAL	dialog element					YES		Check to add information regarding: session content and reactions; level of engagement; MSE factors; SI/HI evaluation; SUD; cultural and spiritual influences. Reactions to Session Content:	
	PXRM COMMENT CPT COLLABORATION GP CPT DEGREE OF COLLABORATION TEXT CPT COLLABORATION LOW CPT COLLABORATION MEDIUM CPT COLLABORATION HIGH CPT COLLABORATION HIGH CPT COLLABORATION THERAPEUTIC ALLIANCE GIVEN PXRM COMMENT CPT ADDITIONAL SESSION INFO GP CPT ASSESS OTHER DESCRIPTION	PXRM COMMENTpromptCPT COLLABORATION GPdialog groupCPT DEGREE OF COLLABORATION TEXTdialog elementCPT COLLABORATION LOWdialog elementCPT COLLABORATION MEDIUMdialog elementCPT COLLABORATION MEDIUMdialog elementCPT COLLABORATION MEDIUMdialog elementCPT COLLABORATION HIGHdialog elementCPT COLLABORATION HIGHdialog elementCPT COLLABORATION HIGHdialog elementCPT COLLABORATION HIGHdialog elementCPT COLLABORATION THERAPEUTIC ALLIANCE GIVENdialog groupPXRM COMMENT SESSION INFO GPpromptCPT ADDITIONAL SESSION INFO GPdialog elementCPT ADDITIONAL SESSION INFOdialog element	PXRM COMMENTpromptCPT COLLABORATIONdialog groupCOLLABORATION:CPT DEGREE OF COLLABORATIONdialog elementCOLLABORATION:CPT COLLABORATIONdialog element	PXRM COMMENTpromptImage: constraint of the second se	NAMETYPECAPTIONBOXOF INDENTSPXRM COMMENTprompt	NAMETYPECAPTIONBOXOF INDENTSFINDING ITEMPXRM COMMENTpromptCPT COLLABORATIONdialog groupcolLABORATION:YES2-CPT DEGREE OF COLLABORATIONdialog elementCPT DEGREE OF COLLABORATIONdialog elementCPT DEGREE OF COLLABORATIONdialog elementCPT COLLABORATIONdialog elementCPT COLLABORATION LOWCPT COLLABORATIONdialog elementCPT COLLABORATION MEDIUMCPT COLLABORATION dialog elementCPT COLLABORATION MEDIUMCPT COLLABORATION HIGHdialog elementCPT COLLABORATION HIGHCPT COLLABORATION HIGH-CPT COLLABORATION HIGHCPT COLLABORATION HIGHdialog elementCPT ADDITIONAL SESSION INFO GPadDITIONAL sESSION INFORMATIONADDITIONAL SESSION YES2-CPT ADDITIONAL SESSION INFO GPdialog elementCPT ADDITIONAL SESSION INFO DIFIER DESCRIPTIONdialog elementCPT ADDITIONAL SESSION INFO dialogCPT ADDITIONAL SESSION INFOCPT ADDITI	NAMETYPECAPTIONBOXNUMER OF OF INDENTSPROM PRORESSPXRM COMMENTpromptccccCPT COLLABORATION GPdialog groupCOLLABORATION: VESYES2cCPT DEGREE OF COLLABORATION TEXTdialog elementccccCPT DEGREE OF COLLABORATION tEXTdialog elementccCPT cOLLABORATION LOWccCPT COLLABORATION LOWdialog elementccCPT cOLLABORATION LOWccCPT COLLABORATION dialog elementccCPT cOLLABORATION LOWccCPT COLLABORATION dialog elementccCPT cOLLABORATION HGHccCPT COLLABORATION dialog elementccCPT cOLLABORATION HGHccCPT COLLABORATION HEBUWdialog elementccCPT cOLLABORATION HIGHcCPT COLLABORATION HIGHdialog elementccCPT cOLLABORATION HIGHcCPT COLLABORATION HIGHdialog elementccccPXRM COMMENT PORTpromptcccccCPT ASDESS OTHER DESCION INFO GFdialog elementADDITIONAL SESSION INFORMATIONccccCPT ASDESS OTHER DESCION INFO elementADDITIONAL SESSION INFORMATIONcccc </td <td>NAMETYPECAPTIONNUMBER OF INDENTSFINDING ITEMFROM PROGRESSROMPT CAPTIONPXRM COMMENTpromptComment:CPTdialog groupcollABORATION:YES2Comment:CPT DEGREE OF COLLABORATIONdialog elementComment:CPT DEGREE OF COLLABORATIONdialog element<!--</td--><td>NAMETYPECAPTIONNUMBER BOXNUMBER OF PINDENTSFINDING ITEMFROM PROMEN NOTEPROMENT CAPTIONDIALOGPROGRESS NOTE TEXTPXRM COMMENT COLLABORATION GPgoupCOLLABORATION: TEXTYES2Comment:Comment:CPT COLLABORATION GPdialog goupCOLLABORATION: YESYES2Comment:Comment:CPT DECREE OF COLLABORATION TEXTcollaboration billingThe degree of collaboration between the patient and the therapist in the current session was:The degree of collaboration between the patient and the therapist in the current session was:CPT COLLABORATION LOWdialog elementCPT COLLABORATION LOWCPT COLLABORATION MEDIUMCPT collaboration between the patient and the therapist in the current session was:CPT COLLABORATION MEDIUMdialog elementCPT collaboration between the patient and the therapist in the current session was:CPT COLLABORATION MEDIUMdialog elementCPT collaboration between the patient and the therapist in the current session was:CPT COLLABORATION HIGHdialog elementCPT collaboration therapist collaboration therapist collaboration<br< td=""></br<></td></td>	NAMETYPECAPTIONNUMBER OF INDENTSFINDING ITEMFROM PROGRESSROMPT CAPTIONPXRM COMMENTpromptComment:CPTdialog groupcollABORATION:YES2Comment:CPT DEGREE OF COLLABORATIONdialog elementComment:CPT DEGREE OF COLLABORATIONdialog element </td <td>NAMETYPECAPTIONNUMBER BOXNUMBER OF PINDENTSFINDING ITEMFROM PROMEN NOTEPROMENT CAPTIONDIALOGPROGRESS NOTE TEXTPXRM COMMENT COLLABORATION GPgoupCOLLABORATION: TEXTYES2Comment:Comment:CPT COLLABORATION GPdialog goupCOLLABORATION: YESYES2Comment:Comment:CPT DECREE OF COLLABORATION TEXTcollaboration billingThe degree of collaboration between the patient and the therapist in the current session was:The degree of collaboration between the patient and the therapist in the current session was:CPT COLLABORATION LOWdialog elementCPT COLLABORATION LOWCPT COLLABORATION MEDIUMCPT collaboration between the patient and the therapist in the current session was:CPT COLLABORATION MEDIUMdialog elementCPT collaboration between the patient and the therapist in the current session was:CPT COLLABORATION MEDIUMdialog elementCPT collaboration between the patient and the therapist in the current session was:CPT COLLABORATION HIGHdialog elementCPT collaboration therapist collaboration therapist collaboration<br< td=""></br<></td>	NAMETYPECAPTIONNUMBER BOXNUMBER OF PINDENTSFINDING ITEMFROM PROMEN NOTEPROMENT CAPTIONDIALOGPROGRESS NOTE TEXTPXRM COMMENT COLLABORATION GPgoupCOLLABORATION: TEXTYES2Comment:Comment:CPT COLLABORATION GPdialog goupCOLLABORATION: YESYES2Comment:Comment:CPT DECREE OF COLLABORATION TEXTcollaboration billingThe degree of collaboration between the patient and the therapist in the current session was:The degree of collaboration between the patient and the therapist in the current session was:CPT COLLABORATION LOWdialog elementCPT COLLABORATION LOWCPT COLLABORATION MEDIUMCPT collaboration between the patient and the therapist in the current session was:CPT COLLABORATION MEDIUMdialog elementCPT collaboration between the patient and the therapist in the current session was:CPT COLLABORATION MEDIUMdialog elementCPT collaboration between the patient and the therapist in the current session was:CPT COLLABORATION HIGHdialog elementCPT collaboration therapist collaboration therapist collaboration <br< td=""></br<>

SEQ	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT ASSESS OTHER LEVEL OF ENGAGEMENT	dialog element							Level of Engagement: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER MS FACTORS	dialog element							Mental Status Factors: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SI/HI	dialog element							Suicidal/Homicidal Ideation Evaluation: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SUD	dialog element							Substance Abuse: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER CULTURAL	dialog element							Cultural Influences: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SPIRITUAL	dialog element							Spiritual Influences: {FLD:BLANK WORD PROCESSING} \\	
70	CPT PLAN DT NEXT SESSION GP	dialog group	ENTER TIME/DATE NEXT SESSION	YES	2					
	CPT PLAN DT NEXT SESSION	dialog element							Next session scheduled for: {FLD:WP-2VSHORT}	

CPT 2 Meaning Phase Template Details

The below table details the content requirements to develop the CPT 2 templates.

					TABLE 5 - OI					
SEQ	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
						CPT 2 COGNITIVE			Cognitive Processing	
		dialog				PROCESSING			Therapy: Meaning	
1	CPT 2 TITLE HEADER	element				MEANING			Session - Individual	
		dialog							Session marriedan	
5	CPT TIME IN SESSION	element							TIME IN SESSION	TIME IN SESSION:
5		element								TIME IN DEDDICIN.
	PXRM COMMENT	prompt						Comment:		
	CPT 2 SESSION	dialog								
10	NUMBER GP	group	SESSION NUMBER	YES	2					
	CPT SESSION	dialog				CPT SESSION				
	NUMBER 2	element				NUMBER 2			2	
	CPT SESSION	dialog				CPT SESSION				
	NUMBER 3	element				NUMBER 3			3	
	CPT SESSION	dialog								
15	FORMAT GP	group	SESSION FORMAT	YES	2					SESSION FORMAT:
	CPT SESSION FACE	dialog				CPT SESSION FACE				
	TO FACE	element				TO FACE			Face-to-Face Session	
	CPT SESSION	dialog				CPT SESSION				
	TELEPHONE	element				TELEPHONE			Telephone Session	
									1	
	CPT SESSION VIDEO TELEHEALTH	dialog element				CPT SESSION VIDEO TELEHEALTH			Video Telehealth Session	
	CPT SESSION OTHER	dialog element				CPT SESSION OTHER			Other Session type	
	PXRM COMMENT	prompt						Comment:		
	CPT SESSION	dialog	SESSION							SESSION
17	LOCATION GP	group	LOCATION:	YES	2					LOCATION:
		dialog							Community Living	
1	CPT LOCATION CLC	element				CPT LOCATION CLC			Center	
		dialog								
	CPT LOCATION CBOC	element				CPT LOCATION CBOC			CBOC	
		dialog								
	CPT LOCATION DOM	element				CPT LOCATION DOM			Domiciliary	
	CPT LOCATION INPT	dialog				CPT LOCATION INPT				
	MH	element				MH			Inpatient Mental Health	

TABLE 9 - CPT 2 TEMPLATE DETAIL

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT LOCATION OEF/OIF	dialog element				CPT LOCATION OEF/OIF			OEF/OIF Clinic	
	CPT LOCATION MHC	dialog element				CPT LOCATION MHC			Mental Health Clinic	
	CPT LOCATION RRTP	dialog element				CPT LOCATION RRTP			MH Residential Rehabilitation Treatment Program (RRTP)	
	CPT LOCATION MHICM	dialog element				CPT LOCATION MHICM			MHICM	
	CPT LOCATION HBPC	dialog element				CPT LOCATION HBPC			Patient Residence - Home Based Primary Care	
	CPT LOCATION PT RESIDENCE	dialog element				CPT LOCATION PT RESIDENCE			Patient Residence - Other	
	CPT LOCATION PCT	dialog element				CPT LOCATION PCT			PTSD Clinical Team	
	CPT LOCATION PC	dialog element				CPT LOCATION PC			Primary Care	
	CPT LOCATION SUD	dialog element				CPT LOCATION SUD			Substance Use Disorder Clinic	
	CPT LOCATION PRRC	dialog element				CPT LOCATION PRRC			PRRC/Day Treatment	
	CPT LOCATION COMMUNITY	dialog element				CPT LOCATION COMMUNITY			Community/Non-VA	
	CPT LOCATION OTHER	dialog element				CPT LOCATION OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
20	CPT DIAGNOSIS GP	dialog group	DIAGNOSIS	YES	2					DIAGNOSIS:
	CPT DIAGNOSIS PRIMARY	dialog element							Primary Diagnosis (focus of visit): PTSD	
	CPT DIAGNOSIS PRIMARY OTHER THAN PTSD	dialog element							Primary Diagnosis (if not PTSD):	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PXRM COMMENT	prompt						Comment:		
	CPT DIAGNOSIS SECONDARY	dialog element							Secondary Diagnosis (if applicable):	
	PXRM COMMENT	prompt						Comment:		
23	CPT ASSESSMENT GP	dialog group	ASSESSMENT:	YES	2					ASSESSMENT:
	TEXT PTSD EVAL DISPLAY PCLC	dialog element					YES		PC-PTSD PCL	
	TEXT PTSD EVAL DISPLAY PCLC PLACE IN NOTE	dialog element					NO		Check here to place scores in note.	
	CPT MH PCLC	dialog element				PCLC	NO		PCL-C	
30	CPT 2 CONTENT GP	dialog group	SESSION CONTENT	YES	2		NO			SESSION CONTENT:
	CPT 2 CONTENT SESSION COMPLETION TEXT	dialog element							The veteran completed the Meaning of the Event session of the Cognitive Processing Therapy (CPT) protocol. The following therapeutic components were completed:\\ (Check all that apply, provide explanation as needed. If items skipped/not completed, discuss how will be addressed)	
	CPT 2 CONTENT REVIEW STUCK LOG	dialog element				CPT 2 CONTENT REVIEW STUCK LOG			The patient and therapist reviewed the stuck point log.	
	PXRM COMMENT	prompt						Comment:		

SEQ	NAME	TYPE	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT 2 CONTENT READ IMPACT STATEMENT	dialog element				CPT 2 CONTENT READ IMPACT STATEMENT			Therapist had patient read their impact statement.	
	PXRM COMMENT	prompt						Comment:		
	CPT 2 CONTENT DISCUSSED MEANING	dialog element				CPT 2 CONTENT DISCUSSED MEANING			Discussed the meaning of the impact statement with the patient with a focus on identifying stuck points". "	
	PXRM COMMENT	prompt						Comment:		
	CPT 2 CONTENT COLLECT STATEMENT	dialog element				CPT 2 CONTENT COLLECT STATEMENT			Therapist collected impact statement from patient.	
	CPT 2 CONTENT INTRODUCED RELATIONSHIPS	dialog element				CPT 2 CONTENT INTRODUCED RELATIONSHIPS			Therapist introduced relationships between thoughts, feelings, and behaviors.	
	CPT 2 CONTENT ASSIGN PRACTICE	dialog element				CPT 2 CONTENT ASSIGN PRACTICE			Therapist assigned practice assignment to complete A-B-C sheets and demonstrated how to complete them in session.	
	СРТ	dialog								
35	COLLABORATION GP	group	COLLABORATION:	YES	2				The degree of	COLLABORATION:
	CPT DEGREE OF COLLABORATION TEXT	dialog element					NO		collaboration between the patient and the therapist in the current session was:	
	CPT COLLABORATION LOW	dialog element				CPT COLLABORATION LOW			Low	

SEQ	NAME	TYPE	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT COLLABORATION MEDIUM	dialog element				CPT COLLABORATION MEDIUM			Medium	
	CPT COLLABORATION HIGH	dialog element				CPT COLLABORATION HIGH			High	
	CPT COLLABORATION THERAPEUTIC ALLIANCE GIVEN	dialog element				CPT COLLABORATION THERAPEUTIC ALLIANCE			If a therapeutic alliance measure was given, please report results here.	
	PXRM COMMENT	prompt						Comment:		
40	CPT MOTIVATION ASSESSED GP	dialog group	MOTIVATIONAL ASSESSMENT	YES	2					MOTIVATIONAL ASSESSMENT:
	CPT MOTIVATION ASSESSED	dialog element				CPT MOTIVATION ASSESSED			If therapist assessed motivation and/or applied motivational enhancement strategies please indicate and describe below:	
	PXRM COMMENT	prompt						Comment:		
43	CPT ADDITIONAL SESSION INFO GP	dialog group	ADDITIONAL SESSION INFORMATION	YES	2		NO			ADDITIONAL SESSION INFORMATION
	CPT ASSESS OTHER DESCRIPTION	dialog element					YES		Check to add information regarding: session content and reactions; level of engagement; MSE factors; SI/HI evaluation; SUD; cultural and spiritual influences.	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT ADDITIONAL SESSION INFO CONTENT	dialog element							Reactions to Session Content: {FLD:BLANK WORD PROCESSING}	
	CPT ASSESS OTHER LEVEL OF ENGAGEMENT	dialog element							Level of Engagement: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER MS FACTORS	dialog element							Mental Status Factors: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SI/HI	dialog element							Suicidal/Homicidal Ideation Evaluation: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SUD	dialog element							Substance Abuse: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER CULTURAL	dialog element							Cultural Influences: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SPIRITUAL	dialog element							Spiritual Influences: {FLD:BLANK WORD PROCESSING} \\\	
60	CPT PLAN DT NEXT SESSION GP	dialog group	ENTER TIME/DATE NEXT SESSION	YES	2					
	CPT PLAN DT NEXT SESSION	dialog element							Next session scheduled for: {FLD:WP- 2VSHORT}	

CPT 3 ABC Phase Template Details

The below table details the content requirements to develop the CPT 3 templates.

						BLE 10 - CP I 3 TEMPLATE				
SEQ	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
1	CPT 3 TITLE HEADER	dialog element				CPT 3 COGNITIVE PROCESSING ABC SHEET			Cognitive Processing Therapy: ABC Sheet Session - Individual	
5	CPT TIME IN SESSION	dialog element							TIME IN SESSION	TIME IN SESSION:
	PXRM COMMENT	prompt						Comment:		
10	CPT 3 SESSION NUMBER GP	dialog group	SESSION NUMBER:	YES	2					SESSION NUMBER:
	CPT SESSION NUMBER 2	dialog element				CPT SESSION NUMBER 2			2	
	CPT SESSION NUMBER 3	dialog element				CPT SESSION NUMBER 3			3	
	CPT SESSION NUMBER 4	dialog element				CPT SESSION NUMBER 4			4	
15	CPT SESSION FORMAT GP	dialog group	SESSION FORMAT	YES	2					SESSION FORMAT:
	CPT SESSION FACE TO FACE	dialog element				CPT SESSION FACE TO FACE			Face-to-Face Session	
	CPT SESSION TELEPHONE	dialog element				CPT SESSION TELEPHONE			Telephone Session	
	CPT SESSION VIDEO TELEHEALTH	dialog element				CPT SESSION VIDEO TELEHEALTH			Video Telehealth Session	
	CPT SESSION OTHER	dialog element				CPT SESSION OTHER			Other Session type	
	PXRM COMMENT	prompt						Comment:		
17	CPT SESSION LOCATION GP	dialog group	SESSION LOCATION:	YES	2					SESSION LOCATION:
	CPT LOCATION CLC	dialog element				CPT LOCATION CLC			Community Living Center	
	CPT LOCATION	dialog				CPT LOCATION			CBOC	

TABLE 10 - CPT 3 TEMPLATE DETAIL

Distribution of Mental Health Clinical Reminders Requirements Specification Document

SEO	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
DEQ	CBOC	element		DOA		CBOC				
	CPT LOCATION DOM	dialog element				CPT LOCATION DOM			Domiciliary	
	CPT LOCATION INPT MH	dialog element				CPT LOCATION INPT MH			Inpatient Mental Health	
	CPT LOCATION OEF/OIF	dialog element				CPT LOCATION OEF/OIF			OEF/OIF Clinic	
	CPT LOCATION MHC	dialog element				CPT LOCATION MHC			Mental Health Clinic	
	CPT LOCATION RRTP	dialog element				CPT LOCATION RRTP			MH Residential Rehabilitation Treatment Program (RRTP)	
	CPT LOCATION MHICM	dialog element				CPT LOCATION MHICM			MHICM	
	CPT LOCATION HBPC	dialog element				CPT LOCATION HBPC			Patient Residence - Home Based Primary Care	
	CPT LOCATION PT RESIDENCE	dialog element				CPT LOCATION PT RESIDENCE			Patient Residence - Other	
	CPT LOCATION PCT	dialog element dialog				CPT LOCATION PCT			PTSD Clinical Team	
	CPT LOCATION PC	element				CPT LOCATION PC			Primary Care	
	CPT LOCATION SUD	dialog element				CPT LOCATION SUD			Substance Use Disorder Clinic	
	CPT LOCATION PRRC	dialog element				CPT LOCATION PRRC			PRRC/Day Treatment	
	CPT LOCATION COMMUNITY	dialog element				CPT LOCATION COMMUNITY			Community/Non-VA	
	CPT LOCATION OTHER	dialog element				CPT LOCATION OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
20	CPT DIAGNOSIS GP	dialog group	DIAGNOSIS	YES	2					DIAGNOSIS:

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT DIAGNOSIS PRIMARY	dialog element							Primary Diagnosis (focus of visit): PTSD	
	CPT DIAGNOSIS PRIMARY OTHER THAN PTSD	dialog element							Primary Diagnosis (if not PTSD):	
	PXRM COMMENT	prompt						Comment:		
	CPT DIAGNOSIS SECONDARY	dialog element							Secondary Diagnosis (if applicable):	
	PXRM COMMENT	prompt						Comment:		
23	CPT ASSESSMENT GP	dialog group	ASSESSME NT:	YES	2					ASSESSMENT:
	TEXT PTSD EVAL DISPLAY PCLC	dialog element					YES		PC-PTSD PCL	
	TEXT PTSD EVAL DISPLAY PCLC PLACE IN NOTE	dialog element					NO		Check here to place scores in note.	
	CPT MH PCLC	dialog element				PCLC	NO		PCL-C	
30	CPT 3 CONTENT GP	dialog group	SESSION CONTENT	YES	2		NO			SESSION CONTENT:
	CPT 3 CONTENT SESSION COMPLETION TEXT	dialog element							The Veteran completed the Thoughts and Feelings Session of the Cognitive Processing Therapy (CPT) protocol. The following therapeutic components were completed:\\ (Check all that apply, provide explanation as needed. If items skipped/not completed, discuss how will be addressed)	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT 3 CONTENT REVIEWED HOMEWORK (ABC)	dialog element				CPT 3 CONTENT REVIEWED HOMEWORK			Therapist reviewed homework (ABC sheets) with patient, and helped further differentiate between thoughts and feelings.	
	PXRM COMMENT	prompt						Comment:		
	CPT 3 CONTENT NO SHEETS (ABC)	dialog element				CPT 3 CONTENT NO SHEETS			If patient did not do any sheets, therapist asked patient to complete some in session.	
	CPT 3 CONTENT IDENTIFY STUCK POINTS	dialog element				CPT 3 CONTENT IDENTIFY STUCK POINTS			Therapist helped patient identify stuck points and add them to the Stuck point log.	
	PXRM COMMENT	prompt						Comment:		
	CPT 3 CONTENT SOCRATIC	dialog element				CPT 3 CONTENT SOCRATIC			Therapist helped the patient with some initial challenging of problematic thoughts using Socratic Questions.	
	PXRM COMMENT	prompt						Comment:		
	CPT 3 CONTENT WRITE TRAUMATIC EVENT	dialog element				CPT 3 CONTENT WRITE TRAUMATIC EVENT			Therapist asked patient to write an account of their most traumatic event, with full details. The therapist discussed avoidance and helped the patient challenge inaccurate thoughts about completing the assignment.	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
35	CPT COLLABORATION GP	dialog group	COLLABOR ATION:	YES	2	FINDING ITEM	NOIE	CAFIION		COLLABORATION
	CPT DEGREE OF COLLABORATION TEXT	dialog element			~		NO		The degree of collaboration between the patient and the therapist in the current session was:	
	CPT COLLABORATION LOW	dialog element				CPT COLLABORATION LOW			Low	
	CPT COLLABORATION MEDIUM	dialog element				CPT COLLABORATION MEDIUM			Medium	
	CPT COLLABORATION HIGH	dialog element				CPT COLLABORATION HIGH			High	
	CPT COLLABORATION THERAPEUTIC ALLIANCE GIVEN	dialog element				CPT COLLABORATION THERAPEUTIC ALLIANCE			If a therapeutic alliance measure was given, please report results here.	
	PXRM COMMENT	prompt						Comment:		
40	CPT MOTIVATION ASSESSED GP	dialog group	MOTIVATI ONAL ASSESSME NT	YES	2					MOTIVATIONAL ASSESSMENT:
	CPT MOTIVATION ASSESSED	dialog element				CPT MOTIVATION ASSESSED			If therapist assessed motivation and/or applied motivational enhancement strategies please indicate and describe below:	
	PXRM COMMENT	prompt						Comment:		
43	CPT ADDITIONAL SESSION INFO GP	dialog group	ADDITION AL SESSION INFORMAT ION	YES	2		NO			ADDITIONAL SESSION INFORMATION

					NUMBER OF		EXCLUDE FROM PROGRESS	PROMPT	DIALOG/PROGRESS	ALTERNATE PROGRESS NOTE
SEQ	NAME	TYPE	CAPTION	BOX	INDENTS	FINDING ITEM	NOTE	CAPTION	NOTE TEXT	TEXT
	CPT ASSESS OTHER DESCRIPTION	dialog element					YES		Check to add information regarding: session content and reactions; level of engagement; MSE factors; SI/HI evaluation; SUD; cultural and spiritual influences.	
	CPT ADDITIONAL SESSION INFO CONTENT	dialog element							Reactions to Session Content: {FLD:BLANK WORD PROCESSING}	
	CPT ASSESS OTHER LEVEL OF ENGAGEMENT	dialog element							Level of Engagement: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER MS FACTORS	dialog element							Mental Status Factors: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SI/HI	dialog element							Suicidal/Homicidal Ideation Evaluation: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SUD	dialog element							Substance Abuse: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER CULTURAL	dialog element							Cultural Influences: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SPIRITUAL	dialog element							Spiritual Influences: {FLD:BLANK WORD PROCESSING} \\	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
44	00 SPACER NOTE ONLY EL	dialog element								>
		erennenn	ENTED							
			ENTER TIME/DATE							
45	CPT PLAN DT NEXT SESSION GP	dialog group	NEXT SESSION	YES	2					
	CPT PLAN DT NEXT	dialog							Next session scheduled for: {FLD:WP-	
	SESSION	element							2VSHORT}	

CPT 4 Trauma Phase Template Details

The below table details the content requirements to develop the CPT 4 templates.

SEO	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
1	CPT 4 TITLE HEADER	dialog element		DUA		CPT 4 COGNITIVE PROCESSING TRAUMA EVENT	NOIL		Cognitive Processing Therapy: Trauma Event Session - Individual	
5	CPT TIME IN SESSION	dialog element							TIME IN SESSION	TIME IN SESSION:
10	PXRM COMMENT CPT 4 SESSION NUMBER GP	prompt dialog group	SESSION NUMBER:	YES	2			Comment:		SESSION NUMBER:
	CPT SESSION NUMBER 3	dialog element				CPT SESSION NUMBER 3			3	
	CPT SESSION NUMBER 4	dialog element				CPT SESSION NUMBER 4			4	
	CPT SESSION NUMBER 5	dialog element				CPT SESSION NUMBER 5			5	
15	CPT SESSION FORMAT GP	dialog group	SESSION FORMAT	YES	2					SESSION FORMAT:
	CPT SESSION FACE TO FACE	dialog element				CPT SESSION FACE TO FACE			Face-to-Face Session	
	CPT SESSION TELEPHONE	dialog element				CPT SESSION TELEPHONE			Telephone Session	
	CPT SESSION VIDEO TELEHEALTH	dialog element				CPT SESSION VIDEO TELEHEALTH			Video Telehealth Session	
	CPT SESSION OTHER	dialog element				CPT SESSION OTHER			Other Session type	
	PXRM COMMENT	prompt						Comment:		
17	CPT SESSION LOCATION GP	dialog group	SESSION LOCATION:	YES	2					SESSION LOCATION:
	CPT LOCATION CLC	dialog element				CPT LOCATION CLC			Community Living Center	
	CPT LOCATION CBOC	dialog element				CPT LOCATION CBOC			СВОС	

TABLE 11 - CPT 4 TEMPLATE DETAIL

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT LOCATION DOM	dialog element				CPT LOCATION DOM			Domiciliary	
	CPT LOCATION INPT MH	dialog element				CPT LOCATION INPT MH			Inpatient Mental Health	
	CPT LOCATION OEF/OIF	dialog element				CPT LOCATION OEF/OIF			OEF/OIF Clinic	
	CPT LOCATION MHC	dialog element				CPT LOCATION MHC			Mental Health Clinic	
	CPT LOCATION RRTP	dialog element				CPT LOCATION RRTP			MH Residential Rehabilitation Treatment Program (RRTP)	
	CPT LOCATION MHICM	dialog element				CPT LOCATION MHICM			MHICM	
	CPT LOCATION HBPC	dialog element				CPT LOCATION HBPC			Patient Residence - Home Based Primary Care	
	CPT LOCATION PT RESIDENCE	dialog element				CPT LOCATION PT RESIDENCE			Patient Residence - Other	
	CPT LOCATION PCT	dialog element dialog				CPT LOCATION PCT			PTSD Clinical Team	
	CPT LOCATION PC	element dialog element				CPT LOCATION PC CPT LOCATION SUD			Primary Care Substance Use Disorder Clinic	
	CPT LOCATION PRRC	dialog element				CPT LOCATION PRRC			PRRC/Day Treatment	
	CPT LOCATION COMMUNITY	dialog element				CPT LOCATION COMMUNITY			Community/Non-VA	
	CPT LOCATION OTHER	dialog element				CPT LOCATION OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
20	CPT DIAGNOSIS GP	dialog group	DIAGNOSIS	YES	2					DIAGNOSIS:
	CPT DIAGNOSIS PRIMARY	dialog element							Primary Diagnosis (focus of visit): PTSD	
	CPT DIAGNOSIS PRIMARY OTHER THAN PTSD	dialog element							Primary Diagnosis (if not PTSD):	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PXRM COMMENT	prompt						Comment:		
	CPT DIAGNOSIS SECONDARY	dialog element							Secondary Diagnosis (if applicable):	
	PXRM COMMENT	prompt						Comment:		
23	CPT ASSESSMENT GP	dialog group	ASSESSMENT:	YES	2					ASSESSMENT:
	TEXT PTSD EVAL DISPLAY PCLC	dialog element					YES		PC-PTSD PCL	
	TEXT PTSD EVAL DISPLAY PCLC PLACE IN NOTE	dialog element					NO		Check here to place scores in note.	
	CPT MH PCLC	dialog element				PCLC	NO		PCL-C	
30	CPT 4 CONTENT GP	dialog group	SESSION CONTENT	YES	2		NO			SESSION CONTENT:
	CPT 4 CONTENT SESSION COMPLETION TEXT	dialog element							The veteran completed the Trauma Event session of the Cognitive Processing Therapy (CPT) protocol. The following therapeutic components were completed:\\ (Check all that apply, provide explanation as needed. If items skipped/not completed, discuss how will be addressed)	
	CPT 4 CONTENT REVIEWED HOMEWORK (ABC)	dialog element				CPT 4 CONTENT REVIEWED HOMEWORK (ABC)			Therapist reviewed completed ABC sheets with patient.	
	CPT 4 CONTENT TRAUMA ACCOUNT READ	dialog element				CPT 4 CONTENT TRAUMA ACCOUNT READ			Therapist had patient read the trauma account aloud.	
	PXRM COMMENT	prompt						Comment:		

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT 4 CONTENT TRAUMA RECOUNT IN SESSION	dialog element				CPT 4 CONTENT TRAUMA RECOUNT IN SESSION			If patient did not write the trauma account, therapist asked patient to recount the trauma during the session and did an A-B-C sheet on avoidance.	
	CPT 4 CONTENT SOCRATIC	dialog element				CPT 4 CONTENT SOCRATIC			Therapist helped the patient go through account to identify stuck points using Socratic Questioning.	
	PXRM COMMENT	prompt						Comment:		
	CPT 4 CONTENT FEEL THOUGHT CONNECT	dialog element				CPT 4 CONTENT FEEL THOUGHT CONNECT			Therapist helped patient connect feelings to thoughts.	
	PXRM COMMENT	prompt						Comment:		
	CPT 4 CONTENT TRAUMA ACCOUNT COLLECT	dialog element				CPT 4 CONTENT TRAUMA ACCOUNT COLLECT			Therapist collected trauma account from patient.	
	CPT 4 CONTENT TRAUMA ACCOUNT REWRITE	dialog element				CPT 4 CONTENT TRAUMA ACCOUNT REWRITE			Therapist asked patient to rewrite the trauma account and complete daily A-B-C sheets for their practice assignment.	
35	CPT COLLABORATION GP	dialog group	COLLABORATI ON:	YES	2					COLLABORATION :
	CPT DEGREE OF COLLABORATION TEXT	dialog element					NO		The degree of collaboration between the patient and the therapist in the current session was:	
	CPT COLLABORATION LOW	dialog element				CPT COLLABORATION LOW			Low	
	CPT COLLABORATION MEDIUM	dialog element				CPT COLLABORATION MEDIUM			Medium	
	CPT COLLABORATION HIGH	dialog element				CPT COLLABORATION HIGH			High	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT COLLABORATION THERAPEUTIC ALLIANCE GIVEN	dialog element				CPT COLLABORATION THERAPEUTIC ALLIANCE			If a therapeutic alliance measure was given, please report results here.	
	PXRM COMMENT	prompt						Comment:		
40	CPT MOTIVATION ASSESSED GP	dialog group	MOTIVATIONA L ASSESSMENT	YES	2					MOTIVATIONAL ASSESSMENT:
	CPT MOTIVATION ASSESSED	dialog element				CPT MOTIVATION ASSESSED			If therapist assessed motivation and/or applied motivational enhancement strategies please indicate and describe below:	
	PXRM COMMENT	prompt						Comment:		
43	CPT ADDITIONAL SESSION INFO GP	dialog group	ADDITIONAL SESSION INFORMATION	YES	2		NO			ADDITIONAL SESSION INFORMATION
	CPT ASSESS OTHER DESCRIPTION	dialog element					YES		Check to add information regarding: session content and reactions; level of engagement; MSE factors; SI/HI evaluation; SUD; cultural and spiritual influences.	
	CPT ADDITIONAL SESSION INFO CONTENT	dialog element							Reactions to Session Content: {FLD:BLANK WORD PROCESSING} \\\	
	CPT ASSESS OTHER LEVEL OF ENGAGEMENT	dialog element							Level of Engagement: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER MS FACTORS	dialog element							Mental Status Factors: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SI/HI	dialog element							Suicidal/Homicidal Ideation Evaluation: {FLD:BLANK WORD PROCESSING} \\\	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT ASSESS OTHER SUD	dialog element							Substance Abuse: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER CULTURAL	dialog element							Cultural Influences: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SPIRITUAL	dialog element							Spiritual Influences: {FLD:BLANK WORD PROCESSING} \\	
44	00 SPACER NOTE ONLY EL	dialog element								> >
45	CPT PLAN DT NEXT SESSION GP	dialog group	ENTER TIME/DATE NEXT SESSION	YES	2					
	CPT PLAN DT NEXT SESSION	dialog element							Next session scheduled for: {FLD:WP- 2VSHORT}	

CPT 5 Rewrite Phase Template Details

The below table details the content requirements to develop the CPT 5 templates.

					TABLE 12 - CI	T 5 TEMPLATE DETAIL				
SEQ	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
1	CPT 5 TITLE HEADER	dialog element				CPT 5 COGNITIVE PROCESSING REWRITE EVENT			Cognitive Processing Therapy: Re-write Event Session - Individual	
5	CPT TIME IN SESSION	dialog element							TIME IN SESSION	TIME IN SESSION:
	PXRM COMMENT	prompt						Comment:		
10	CPT 5 SESSION NUMBER GP	dialog group	SESSION NUMBER:	YES	2					SESSION NUMBER:
	CPT SESSION NUMBER 4	dialog element				CPT SESSION NUMBER 4			4	
	CPT SESSION NUMBER 5	dialog element				CPT SESSION NUMBER 5			5	
	CPT SESSION NUMBER 6	dialog element				CPT SESSION NUMBER 6			6	
15	CPT SESSION FORMAT GP	dialog group	SESSION FORMAT	YES	2					SESSION FORMAT:
	CPT SESSION FACE TO FACE	dialog element				CPT SESSION FACE TO FACE			Face-to-Face Session	
	CPT SESSION TELEPHONE	dialog element				CPT SESSION TELEPHONE			Telephone Session	
	CPT SESSION VIDEO TELEHEALTH	dialog element				CPT SESSION VIDEO TELEHEALTH			Video Telehealth Session	
	CPT SESSION OTHER	dialog element				CPT SESSION OTHER			Other Session type	
	PXRM COMMENT	prompt						Comment:		
17	CPT SESSION LOCATION GP	dialog group	SESSION LOCATION:	YES	2					SESSION LOCATION:
	CPT LOCATION CLC	dialog element				CPT LOCATION CLC			Community Living Center	
	CPT LOCATION CBOC	dialog element				CPT LOCATION CBOC			СВОС	

TABLE 12 - CPT 5 TEMPLATE DETAIL

Distribution of Mental Health Clinical Reminders Requirements Specification Document

							EXCLUDE			
					NUMBER OF		FROM PROGRESS	PROMPT	DIALOG/PROGRESS	ALTERNATE PROGRESS NOTE
SEQ	NAME	TYPE	CAPTION	BOX	INDENTS	FINDING ITEM	NOTE	CAPTION	NOTE TEXT	TEXT
		dialog								
	CPT LOCATION DOM	element				CPT LOCATION DOM			Domiciliary	
	CPT LOCATION INPT	dialog				CPT LOCATION INPT			T	
	MH CPT LOCATION	element				MH CPT LOCATION			Inpatient Mental Health	
	OEF/OIF	dialog element				OEF/OIF			OEF/OIF Clinic	
	OLIYOII	dialog				OEI/OII			OEI70II CIIIIC	
1	CPT LOCATION MHC	element				CPT LOCATION MHC			Mental Health Clinic	
									MH Residential	
									Rehabilitation	
1		dialog				CPT LOCATION			Treatment Program	
	CPT LOCATION RRTP	element				RRTP			(RRTP)	
1	CPT LOCATION	dialog				CPT LOCATION			MILICM	
	MHICM	element				MHICM			MHICM	
1						CDT I O C I TION			Patient Residence -	
	CPT LOCATION HBPC	dialog element				CPT LOCATION HBPC			Home Based Primary	
	CPT LOCATION HDPC	element				IDPC			Care	
1	CPT LOCATION PT					CPT LOCATION PT			Patient Residence -	
1	RESIDENCE	dialog element				RESIDENCE			Other	
	RESIDENCE	dialog				RESIDENCE			Ould	
	CPT LOCATION PCT	element				CPT LOCATION PCT			PTSD Clinical Team	
		dialog								
	CPT LOCATION PC	element				CPT LOCATION PC			Primary Care	
		dialog							Substance Use Disorder	
	CPT LOCATION SUD	element				CPT LOCATION SUD			Clinic	
	CDT LOCATION DDDC	dialog				CPT LOCATION				
	CPT LOCATION PRRC	element				PRRC			PRRC/Day Treatment	
	OPT LOCATION									
	CPT LOCATION COMMUNITY	dialog element				CPT LOCATION COMMUNITY			Community/Non-VA	
									Community/Non-VA	
									Other	
								~		
	PXRM COMMENT	prompt						Comment:		
20	CPT DIACNOSIS CP		DIACNOSIS	VES	2					DIAGNOSIS:
20	CET DIAGNOSIS OP	group	DIAGNOSIS	IES	2					DIAGNOSIS:
	CDT DIACNOSIS	dialog							Drimorry Diagnosia	
		element							(IOCUS OI VISIL). FISD	
		dialog							Drimary Diagnosis (if	
	_								not PTSD).	
20	CPT LOCATION OTHER PXRM COMMENT CPT DIAGNOSIS GP CPT DIAGNOSIS PRIMARY CPT DIAGNOSIS PRIMARY OTHER THAN PTSD	dialog element dialog group dialog element dialog element	DIAGNOSIS	YES	2	CPT LOCATION OTHER		Comment:	Other Primary Diagnosis (focus of visit): PTSE Primary Diagnosis (if not PTSD):	

SEQ	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PXRM COMMENT	prompt						Comment:		
	CPT DIAGNOSIS SECONDARY	dialog element							Secondary Diagnosis (if applicable):	
	PXRM COMMENT	prompt						Comment:		
23	CPT ASSESSMENT GP	dialog group	ASSESSMENT:	YES	2					ASSESSMENT:
	TEXT PTSD EVAL DISPLAY PCLC	dialog element					YES		PC-PTSD PCL	
	TEXT PTSD EVAL DISPLAY PCLC PLACE IN NOTE	dialog element					NO		Check here to place scores in note.	
	CPT MH PCLC	dialog element				PCLC	NO		PCL-C	
30	CPT 5 CONTENT GP	dialog group	SESSION CONTENT	YES	2		NO			SESSION CONTENT:
	CPT 5 CONTENT SESSION COMPLETION TEXT	dialog element							The veteran completed the Re-write of Trauma Event session of the Cognitive Processing Therapy (CPT) protocol. The following therapeutic components were completed:\\ (Check all that apply, provide explanation as needed. If items skipped/not completed, discuss how will be addressed)	
	CPT 5 CONTENT REVIEWED HOMEWORK (ABC)	dialog element				CPT 5 CONTENT REVIEWED HOMEWORK (ABC)			Therapist reviewed completed ABC sheets with patient and helped the patient challenge distorted beliefs.	
	PXRM COMMENT	prompt						Comment:		

SEQ	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT 5 CONTENT TRAUMA ACCOUNT READ	dialog element				CPT 5 CONTENT TRAUMA ACCOUNT READ			Therapist had patient read the re-writing of the trauma account and helped the patient review the account for additional stuck points.	
	PXRM COMMENT	prompt						Comment:		
	CPT 5 CONTENT SOCRATIC	dialog element				CPT 5 CONTENT SOCRATIC			Therapist targeted cognitions about blame and/or guilt for cognitive restructuring using Socratic Questions.	
	PXRM COMMENT	prompt						Comment:		
	CPT 5 CONTENT CHALLENGING QUESTIONS	dialog element				CPT 5 CONTENT CHALLENGING QUESTIONS			Therapist introduced the Challenging Questions to aid in challenging stuck points and assigned stuck points to be challenged off of the Stuck Point Log. Patient was asked to complete one sheet a day.	
	PXRM COMMENT	prompt						Comment:		
	CPT 5 CONTENT TRAUMA ACCOUNT ADDL	dialog element				CPT 5 CONTENT TRAUMA ACCOUNT ADDL			Therapist asked patient to write an additional trauma account if patient felt there was another trauma that needed to be discussed.	
35	CPT COLLABORATION GP	dialog group	COLLABORATION:	YES	2					COLLABORATION:

SEQ	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT DEGREE OF COLLABORATION TEXT	dialog element					NO		The degree of collaboration between the patient and the therapist in the current session was:	
	CPT COLLABORATION LOW	dialog element				CPT COLLABORATION LOW			Low	
	CPT COLLABORATION MEDIUM	dialog element				CPT COLLABORATION MEDIUM			Medium	
	CPT COLLABORATION HIGH	dialog element				CPT COLLABORATION HIGH			High	
	CPT COLLABORATION THERAPEUTIC ALLIANCE GIVEN	dialog element				CPT COLLABORATION THERAPEUTIC ALLIANCE			If a therapeutic alliance measure was given, please report results here.	
	PXRM COMMENT	prompt						Comment:		
40	CPT MOTIVATION ASSESSED GP	dialog group	MOTIVATIONAL ASSESSMENT	YES	2					MOTIVATIONAL ASSESSMENT:
	CPT MOTIVATION ASSESSED	dialog element				CPT MOTIVATION ASSESSED			If therapist assessed motivation and/or applied motivational enhancement strategies please indicate and describe below:	
	PXRM COMMENT	prompt						Comment:		
43	CPT ADDITIONAL SESSION INFO GP	dialog group	ADDITIONAL SESSION INFORMATION	YES	2		NO			ADDITIONAL SESSION INFORMATION

					NUMBER OF		EXCLUDE FROM PROGRESS	PROMPT	DIALOG/PROGRESS	ALTERNATE PROGRESS NOTE
SEQ	NAME	ТҮРЕ	CAPTION	BOX	INDENTS	FINDING ITEM	NOTE	CAPTION	NOTE TEXT	TEXT
	CPT ASSESS OTHER DESCRIPTION	dialog element					YES		Check to add information regarding: session content and reactions; level of engagement; MSE factors; SI/HI evaluation; SUD; cultural and spiritual influences.	
	CPT ADDITIONAL SESSION INFO CONTENT	dialog element							Reactions to Session Content: {FLD:BLANK WORD PROCESSING}	
	CPT ASSESS OTHER LEVEL OF ENGAGEMENT	dialog element							Level of Engagement: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER MS FACTORS	dialog element							Mental Status Factors: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SI/HI	dialog element							Suicidal/Homicidal Ideation Evaluation: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SUD	dialog element							Substance Abuse: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER CULTURAL	dialog element							Cultural Influences: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SPIRITUAL	dialog element							Spiritual Influences: {FLD:BLANK WORD PROCESSING} \\	
44	00 SPACER NOTE ONLY EL	dialog element								>
45	CPT PLAN DT NEXT SESSION GP	dialog group	ENTER TIME/DATE NEXT SESSION	YES	2					

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT PLAN DT NEXT SESSION	dialog element							Next session scheduled for: {FLD:WP- 2VSHORT}	

CPT 6 Rewrite Phase Template Details

The below table details the content requirements to develop the CPT 6 templates.

SEQ	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRES S NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
1	CPT 6 TITLE HEADER	dialog element				CPT 6 COGNITIVE PROCESSING CHALLENGING			Cognitive Processing Therapy: Challenging Questions Session - Individual	
5	CPT TIME IN SESSION	dialog element							TIME IN SESSION	TIME IN SESSION:
10	PXRM COMMENT CPT 6 SESSION NUMBER GP	prompt dialog group dialog	SESSION NUMBER:	YES	2	CPT SESSION NUMBER		Comment:		SESSION NUMBER:
	CPT SESSION NUMBER 5 CPT SESSION NUMBER 6	element dialog element dialog				5 CPT SESSION NUMBER 6 CPT SESSION NUMBER			5	
15	CPT SESSION NUMBER 7	element dialog	SESSION FORMAT	YES	2	7			7	SESSION FORMAT:
15	CPT SESSION FORMAT GP CPT SESSION FACE TO FACE	group dialog element	SESSION FORMAT	IES	2	CPT SESSION FACE TO FACE			Face-to-Face Session	
	CPT SESSION TELEPHONE	dialog element				CPT SESSION TELEPHONE			Telephone Session	
	CPT SESSION VIDEO TELEHEALTH	dialog element				CPT SESSION VIDEO TELEHEALTH			Video Telehealth Session	
	CPT SESSION OTHER	dialog element				CPT SESSION OTHER			Other Session type	
	PXRM COMMENT	prompt						Comment:		
17	CPT SESSION LOCATION GP	dialog group	SESSION LOCATION:	YES	2				Community I : 1	SESSION LOCATION:
	CPT LOCATION CLC	dialog element dialog				CPT LOCATION CLC			Community Living Center	
	CPT LOCATION CBOC	element dialog				CPT LOCATION CBOC			СВОС	
	CPT LOCATION DOM	element				CPT LOCATION DOM			Domiciliary	

TABLE 13 - CPT 6 TEMPLATE DETAIL

Distribution of Mental Health Clinical Reminders Requirements Specification Document

					NUMBER		EXCLUDE FROM			ALTERNATE
					OF		PROGRESS	PROMPT	DIALOG/PROGRES	PROGRESS
SEQ	NAME	ТҮРЕ	CAPTION	BOX	INDENTS	FINDING ITEM	NOTE	CAPTION	S NOTE TEXT	NOTE TEXT
	OPT LOCATION INDT MU	dialog				CPT LOCATION INPT			Inpatient Mental	
	CPT LOCATION INPT MH	element dialog				MH CPT LOCATION			Health	
	CPT LOCATION OEF/OIF	element				OEF/OIF			OEF/OIF Clinic	
	CITEOCATION OLI/OII	dialog				OLI/OII				
	CPT LOCATION MHC	element				CPT LOCATION MHC			Mental Health Clinic	
	CPT LOCATION RRTP	dialog				CPT LOCATION RRTP			MH Residential Rehabilitation Treatment Program (RRTP)	
		dialog								
	CPT LOCATION MHICM	element				CPT LOCATION MHICM			MHICM	
	CPT LOCATION HBPC	dialog element				CPT LOCATION HBPC			Patient Residence - Home Based Primary Care	
	CPT LOCATION PT	dialog				CPT LOCATION PT			Patient Residence -	
	RESIDENCE	element				RESIDENCE			Other	
	CPT LOCATION PCT	dialog element dialog				CPT LOCATION PCT			PTSD Clinical Team	
	CPT LOCATION PC	element				CPT LOCATION PC			Primary Care	
	CPT LOCATION SUD	dialog element				CPT LOCATION SUD			Substance Use Disorder Clinic	
	CPT LOCATION PRRC	dialog element				CPT LOCATION PRRC			PRRC/Day Treatment	
	CPT LOCATION	dialog				CPT LOCATION				
	COMMUNITY	element				COMMUNITY			Community/Non-VA	
		dialog								
	CPT LOCATION OTHER	element				CPT LOCATION OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
20	CPT DIAGNOSIS GP	dialog group	DIAGNOSIS	YES	2					DIAGNOSIS:
	CPT DIAGNOSIS PRIMARY	dialog element							Primary Diagnosis (focus of visit): PTSD	
	CPT DIAGNOSIS PRIMARY OTHER THAN PTSD	dialog element							Primary Diagnosis (if not PTSD):	
	PXRM COMMENT	prompt						Comment:		
	CPT DIAGNOSIS SECONDARY	dialog element							Secondary Diagnosis (if applicable):	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRES S NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PXRM COMMENT	prompt						Comment:		
23	CPT ASSESSMENT GP	dialog group	ASSESSMENT:	YES	2					ASSESSMENT:
	TEXT PTSD EVAL DISPLAY PCLC	dialog element		TES			YES		PC-PTSD PCL	
	TEXT PTSD EVAL DISPLAY PCLC PLACE IN NOTE	dialog element					NO		Check here to place scores in note.	
	CPT MH PCLC	dialog element				PCLC	NO		PCL-C	
30	CPT 6 CONTENT GP	dialog group	SESSION CONTENT	YES	2		NO			SESSION CONTENT:
	CPT 6 CONTENT SESSION COMPLETION TEXT	dialog element							The veteran completed the Challenging Questions Session of the Cognitive Processing Therapy (CPT) protocol. The following therapeutic components were completed:\\ (Check all that apply, provide explanation as needed. If items skipped/not completed, discuss how will be addressed)	
	CPT 6 CONTENT REVIEWED HOMEWORK (CQS)	dialog element				CPT 6 CONTENT REVIEWED HOMEWORK (CQS)			Therapist and patient reviewed the patient's completed Challenging Questions Sheets (CQS).	
	PXRM COMMENT	prompt						Comment:		
	CPT 6 CONTENT TRAUMA ACCOUNT READ	dialog element				CPT 6 CONTENT TRAUMA ACCOUNT READ			Therapist had patient read the trauma account if the patient wrote an additional one.	
	PXRM COMMENT	prompt						Comment:		

							EXCLUDE			
					NUMBER OF		FROM PROGRESS	PROMPT	DIALOG/PROGRES	ALTERNATE PROGRESS
SEQ	NAME	TYPE	CAPTION	BOX	INDENTS	FINDING ITEM	NOTE	CAPTION	S NOTE TEXT	NOTE TEXT
									Therapist reminded the patient to continue	
									reading all trauma	
									accounts if they were	
	CPT 6 CONTENT TRAUMA	dialog				CPT 6 CONTENT TRAUMA ACCOUNT			still leading to strong negative thoughts or	
	ACCOUNT REMIND	element				REMIND			feelings.	
									Therapist helped	
									patient focus on stuck points related to self-	
	CPT 6 CONTENT STUCK	dialog				CPT 6 CONTENT			blame and hindsight	
	POINT FOCUS	element				STUCK POINT FOCUS			bias.	
	PXRM COMMENT	prompt						Comment:		
									Therapist introduced	
									Problematic Thinking	
									Patterns Worksheet	
									(e.g., minimization/exaggera	
									tion, all-or-none	
									thinking) and examples from the	
									patient's thinking	
									about the traumatic	
									event and life in general were used to	
									illustrate these	
									patterns. Patient was	
	CPT 6 CONTENT PROB	dialog				CPT 6 CONTENT PROB			asked to complete one a day for the practice	
	PATTERN WORKSHEET	element				PATTERN WORKSHEET			a day for the practice assignment.	
	PXRM COMMENT	prompt						Comment:		
35	CPT COLLABORATION GP	dialog group	COLLABORATION:	YES	2					COLLABORATIO N:
		- Charle							The degree of	
									collaboration between the patient and the	
	CPT DEGREE OF	dialog							therapist in the current	
	COLLABORATION TEXT	element					NO		session was:	
	CPT COLLABORATION	dialog				CPT COLLABORATION				
	LOW	element				LOW			Low	

					NUMBER		EXCLUDE FROM			ALTERNATE
SEQ	NAME	ТҮРЕ	CAPTION	BOX	OF INDENTS	FINDING ITEM	PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRES S NOTE TEXT	PROGRESS NOTE TEXT
	CPT COLLABORATION MEDIUM	dialog element				CPT COLLABORATION MEDIUM			Medium	
	CPT COLLABORATION HIGH	dialog element				CPT COLLABORATION HIGH			High	
	CPT COLLABORATION THERAPEUTIC ALLIANCE GIVEN	dialog element				CPT COLLABORATION THERAPEUTIC ALLIANCE			If a therapeutic alliance measure was given, please report results here.	
	PXRM COMMENT	prompt						Comment:		
40	CPT MOTIVATION ASSESSED GP	dialog group	MOTIVATIONAL ASSESSMENT	YES	2					MOTIVATIONAL ASSESSMENT:
	CPT MOTIVATION ASSESSED	dialog element				CPT MOTIVATION ASSESSED			If therapist assessed motivation and/or applied motivational enhancement strategies please indicate and describe below:	
	PXRM COMMENT	prompt						Comment:		
43	CPT ADDITIONAL SESSION INFO GP	dialog group	ADDITIONAL SESSION INFORMATION	YES	2		NO			ADDITIONAL SESSION INFORMATION
	CPT ASSESS OTHER DESCRIPTION	dialog element					YES		Check to add information regarding: session content and reactions; level of engagement; MSE factors; SI/HI evaluation; SUD; cultural and spiritual influences.	
	CPT ADDITIONAL SESSION INFO CONTENT	dialog element							Reactions to Session Content: {FLD:BLANK WORD PROCESSING} \\	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRES S NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT ASSESS OTHER LEVEL OF ENGAGEMENT	dialog element							Level of Engagement: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER MS FACTORS	dialog element							Mental Status Factors: {FLD:BLANK WORD PROCESSING} \\\	
	CPT ASSESS OTHER SI/HI	dialog element							Suicidal/Homicidal Ideation Evaluation: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SUD	dialog element							Substance Abuse: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER CULTURAL	dialog element							Cultural Influences: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SPIRITUAL	dialog element							Spiritual Influences: {FLD:BLANK WORD PROCESSING} \\	
44	00 SPACER NOTE ONLY EL	dialog element								
45	CPT PLAN DT NEXT SESSION GP	dialog group	ENTER TIME/DATE NEXT SESSION	YES	2					
	CPT PLAN DT NEXT SESSION	dialog element							Next session scheduled for: {FLD:WP- 2VSHORT}	

CPT 7 Problematic Thinking Session Phase Template Details

The below table details the content requirements to develop the CPT 7 templates.

							EXCLUDE			
					NUMBER		FROM			ALTERNATE
SEO	NAME	ТҮРЕ	CAPTION	вох	OF INDENTS	FINDING ITEM	PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	PROGRESS NOTE TEXT
SEQ	NAME	ITE	CAPTION	вох	INDENIS		NOIE	CAPTION		IEAI
	CPT 7 TITLE	dialog				CPT 7 COGNITIVE PROCESSING			Cognitive Processing Therapy: Problematic	
1	HEADER	element				PROBLEMATIC			Thinking Session - Individual	
	CPT TIME IN	dialog							8 10 10 10 10 10 10 10 10 10 10 10 10 10	
5	SESSION	element							TIME IN SESSION	TIME IN SESSION:
	PXRM COMMENT	prompt						Comment:		
	CPT 7 SESSION	dialog	SESSION							SESSION
10	NUMBER GP	group	NUMBER:	YES	2					NUMBER:
	CPT SESSION	dialog				CPT SESSION				
	NUMBER 6	element				NUMBER 6			6	
	CPT SESSION	dialog				CPT SESSION				
	NUMBER 7	element				NUMBER 7			7	
	CPT SESSION	dialog				CPT SESSION				
	NUMBER 8	element				NUMBER 8			8	
	CPT SESSION	dialog								
15	FORMAT GP	group	SESSION FORMAT	YES	2					SESSION FORMAT:
	CPT SESSION FACE TO FACE	dialog				CPT SESSION FACE TO FACE			Face-to-Face Session	
-		element							Face-to-Face Session	
	CPT SESSION	dialog				CPT SESSION				
	TELEPHONE	element				TELEPHONE			Telephone Session	
	CPT SESSION VIDEO	dialog				CPT SESSION VIDEO				
	TELEHEALTH	element				TELEHEALTH			Video Telehealth Session	
	CPT SESSION	dialog								
	OTHER	element				CPT SESSION OTHER			Other Session type	
	PXRM COMMENT	prompt						Comment:		
	CPT SESSION	dialog	SESSION							SESSION
17	LOCATION GP	group	LOCATION:	YES	2					LOCATION:
	CPT LOCATION	dialog								
	CLC	element				CPT LOCATION CLC			Community Living Center	
	CPT LOCATION	dialog				CPT LOCATION				
	CBOC	element				CBOC			CBOC	
1	CPT LOCATION	dialog				CPT LOCATION				
	DOM	element				DOM			Domiciliary	

TABLE 14 - CPT 7 TEMPLATE DETAIL

SEO	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
~- 🕻	CPT LOCATION	dialog				CPT LOCATION INPT				
	INPT MH	element				МН			Inpatient Mental Health	
	CPT LOCATION	dialog				CPT LOCATION				
	OEF/OIF	element				OEF/OIF			OEF/OIF Clinic	
	CPT LOCATION MHC	dialog element				CPT LOCATION MHC			Mental Health Clinic	
	CPT LOCATION RRTP	dialog element				CPT LOCATION RRTP			MH Residential Rehabilitation Treatment Program (RRTP)	
	CPT LOCATION MHICM	dialog element				CPT LOCATION MHICM			MHICM	
	IVITICIVI	cicilient				MINCM			MINCW	
	CPT LOCATION	dialog				CPT LOCATION			Patient Residence - Home	
	HBPC	element				НВРС			Based Primary Care	
	CPT LOCATION PT RESIDENCE	dialog element				CPT LOCATION PT RESIDENCE			Patient Residence - Other	
	CPT LOCATION PCT	dialog element				CPT LOCATION PCT			PTSD Clinical Team	
	CPT LOCATION PC	dialog element				CPT LOCATION PC			Primary Care	
	CPT LOCATION SUD	dialog element				CPT LOCATION SUD			Substance Use Disorder Clinic	
	CPT LOCATION PRRC	dialog element				CPT LOCATION PRRC			PRRC/Day Treatment	
	CPT LOCATION COMMUNITY	dialog element				CPT LOCATION COMMUNITY			Community/Non-VA	
	CPT LOCATION OTHER	dialog element				CPT LOCATION OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
	CPT DIAGNOSIS	dialog								
20	GP	group	DIAGNOSIS	YES	2					DIAGNOSIS:
	CPT DIAGNOSIS PRIMARY	dialog element							Primary Diagnosis (focus of visit): PTSD	
	CPT DIAGNOSIS PRIMARY OTHER THAN PTSD	dialog element							Primary Diagnosis (if not PTSD):	
	PXRM COMMENT	prompt						Comment:		
	CPT DIAGNOSIS SECONDARY	dialog element							Secondary Diagnosis (if applicable):	

					NUMBER		EXCLUDE FROM			ALTERNATE
SEQ	NAME	ТҮРЕ	CAPTION	BOX	OF INDENTS	FINDING ITEM	PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	PROGRESS NOTE TEXT
~- ₹	PXRM COMMENT	prompt						Comment:		
	CPT ASSESSMENT	dialog						Comment.		
23	GP	group	ASSESSMENT:	YES	2					ASSESSMENT:
	TEXT PTSD EVAL	dialog								
	DISPLAY PCLC	element					YES		PC-PTSD PCL	
	TEXT PTSD EVAL									
	DISPLAY PCLC PLACE IN NOTE	dialog element					NO		Check here to place scores in note.	
	FLACE IN NOTE	dialog					NO		note.	
	CPT MH PCLC	element				PCLC	NO		PCL-C	
-	CPT 7 CONTENT	dialog	SESSION							SESSION
30	GP	group	CONTENT	YES	2		NO			CONTENT:
	CPT 7 CONTENT SESSION COMPLETION TEXT	dialog element							The veteran completed the Problematic Thinking Patterns Session of the Cognitive Processing Therapy (CPT) protocol. The following therapeutic components were completed:\\ (Check all that apply, provide explanation as needed. If items skipped/not completed, discuss how will be addressed)	
	CPT 7 CONTENT REVIEWED HOMEWORK PROB PATTERN	dialog element				CPT 7 CONTENT REVIEWED HOMEWORK PROB PAT			Therapist and patient reviewed patient's completed Problematic Thinking Patterns sheet.	
	PXRM COMMENT	prompt						Comment:		
	CPT 7 CONTENT TRAUMA ACCOUNT REMIND	dialog element				CPT 7 CONTENT TRAUMA ACCOUNT REMIND			Therapist reminded the patient to continue reading all trauma accounts Therapist introduced the	
	CPT 7 CONTENT CHALLENGING BELIEFS WORK	dialog element				CPT 7 CONTENT CHALLENGING BELIEFS WORK			Challenging Beliefs worksheet as a method of self-guided cognitive restructuring.	
	PXRM COMMENT	prompt						Comment:		

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT 7 CONTENT STUCK POINT EXAMPLE	dialog element				CPT 7 CONTENT STUCK POINT EXAMPLE			An example stuck point was used to illustrate the use of the worksheet.	
	PXRM COMMENT	prompt						Comment:		
	CPT 7 CONTENT SAFETY MODULE INTRO	dialog element				CPT 7 CONTENT SAFETY MODULE INTRO			Therapist introduced the Safety module and the patient was asked to review the handout before the next session.	
	CPT 7 CONTENT CHALLENGING BELIEFS HMWRK	dialog element				CPT 7 CONTENT CHALLENGING BELIEFS HMWRK			Patient was asked to complete one Challenging Beliefs worksheet each day, with at least one sheet on Safety.	
35	CPT COLLABORATION GP	dialog group	COLLABORATION:	YES	2					COLLABORATION:
	CPT DEGREE OF COLLABORATION TEXT	dialog element					NO		The degree of collaboration between the patient and the therapist in the current session was:	
	CPT COLLABORATION LOW	dialog element				CPT COLLABORATION LOW			Low	
	CPT COLLABORATION MEDIUM	dialog element				CPT COLLABORATION MEDIUM			Medium	
	CPT COLLABORATION HIGH	dialog element				CPT COLLABORATION HIGH			High	
	CPT COLLABORATION THERAPEUTIC ALLIANCE GIVEN	dialog element				CPT COLLABORATION THERAPEUTIC ALLIANCE			If a therapeutic alliance measure was given, please report results here.	
	PXRM COMMENT	prompt						Comment:		
40	CPT MOTIVATION ASSESSED GP	dialog group	MOTIVATIONAL ASSESSMENT	YES	2					MOTIVATIONAL ASSESSMENT:

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT MOTIVATION ASSESSED	dialog element				CPT MOTIVATION ASSESSED			If therapist assessed motivation and/or applied motivational enhancement strategies please indicate and describe below:	
	PXRM COMMENT	prompt						Comment:		
43	CPT ADDITIONAL SESSION INFO GP	dialog group	ADDITIONAL SESSION INFORMATION	YES	2		NO			ADDITIONAL SESSION INFORMATION
	CPT ASSESS OTHER DESCRIPTION	dialog element					YES		Check to add information regarding: session content and reactions; level of engagement; MSE factors; SI/HI evaluation; SUD; cultural and spiritual influences.	
	CPT ADDITIONAL SESSION INFO CONTENT	dialog element							Reactions to Session Content: {FLD:BLANK WORD PROCESSING} \\\	
	CPT ASSESS OTHER LEVEL OF ENGAGEMENT	dialog element							Level of Engagement: {FLD:BLANK WORD PROCESSING} \\\	
	CPT ASSESS OTHER MS FACTORS	dialog element							Mental Status Factors: {FLD:BLANK WORD PROCESSING} \\\	
	CPT ASSESS OTHER SI/HI	dialog element							Suicidal/Homicidal Ideation Evaluation: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SUD	dialog element							Substance Abuse: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER CULTURAL	dialog element							Cultural Influences: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SPIRITUAL	dialog element							Spiritual Influences: {FLD:BLANK WORD PROCESSING} \\	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	00 SPACER NOTE	dialog								
44	ONLY EL	element								>
45	CPT PLAN DT NEXT SESSION GP	dialog group	ENTER TIME/DATE NEXT SESSION	YES	2					
	CPT PLAN DT NEXT SESSION	dialog element							Next session scheduled for: {FLD:WP-2VSHORT}	

CPT 8 Safety Phase Template Details

The below table details the content requirements to develop the CPT 8 templates.

						ST TO TEMPLATE DETAIL				
SEQ	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
1	CPT 8 TITLE HEADER	dialog element				CPT 8 COGNITIVE PROCESSING SAFETY			Cognitive Processing Therapy: Safety Session - Individual	
5	CPT TIME IN SESSION	dialog element							TIME IN SESSION	TIME IN SESSION:
	PXRM COMMENT	prompt						Comment:		
10	CPT 8 SESSION NUMBER GP	dialog group	SESSION NUMBER:	YES	2					SESSION NUMBER:
	CPT SESSION NUMBER 7	dialog element				CPT SESSION NUMBER 7			7	
	CPT SESSION NUMBER 8	dialog element				CPT SESSION NUMBER 8			8	
	CPT SESSION NUMBER 9	dialog element				CPT SESSION NUMBER 9			9	
15	CPT SESSION FORMAT GP	dialog group	SESSION FORMAT	YES	2					SESSION FORMAT:
	CPT SESSION FACE TO FACE	dialog element				CPT SESSION FACE TO FACE			Face-to-Face Session	
	CPT SESSION TELEPHONE	dialog element				CPT SESSION TELEPHONE			Telephone Session	
	CPT SESSION VIDEO TELEHEALTH	dialog element				CPT SESSION VIDEO TELEHEALTH			Video Telehealth Session	
	CPT SESSION OTHER	dialog element				CPT SESSION OTHER			Other Session type	
	PXRM COMMENT	prompt						Comment:		
17	CPT SESSION LOCATION GP	dialog group	SESSION LOCATION:	YES	2					SESSION LOCATION:
	CPT LOCATION CLC	dialog element				CPT LOCATION CLC			Community Living Center	

TABLE 15 - CPT 8 TEMPLATE DETAIL

СР СР СР МН СР ОЕ СР СР	AME PT LOCATION CBOC PT LOCATION DOM PT LOCATION INPT IH PT LOCATION EF/OIF PT LOCATION MHC PT LOCATION RRTP PT LOCATION HICM	TYPE dialog element dialog element dialog element dialog element dialog element	CAPTION	BOX	OF INDENTS	FINDING ITEM CPT LOCATION CBOC CPT LOCATION DOM CPT LOCATION INPT MH CPT LOCATION OEF/OIF CPT LOCATION MHC	PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT CBOC Domiciliary Inpatient Mental Health OEF/OIF Clinic Mental Health Clinic	PROGRESS NOTE TEXT
СР СР СР МН СР ОЕ СР СР	PT LOCATION CBOC PT LOCATION DOM PT LOCATION INPT IH PT LOCATION EF/OIF PT LOCATION MHC PT LOCATION RRTP PT LOCATION	dialog element dialog element dialog element dialog element dialog element dialog				CPT LOCATION CBOC CPT LOCATION DOM CPT LOCATION INPT MH CPT LOCATION OEF/OIF			CBOC Domiciliary Inpatient Mental Health OEF/OIF Clinic	
CP CP MH CP OE CP CP	PT LOCATION DOM PT LOCATION INPT IH PT LOCATION EF/OIF PT LOCATION MHC PT LOCATION RRTP PT LOCATION	dialog element dialog element dialog element dialog element dialog				CPT LOCATION DOM CPT LOCATION INPT MH CPT LOCATION OEF/OIF			Domiciliary Inpatient Mental Health OEF/OIF Clinic	
CP MH CP OE CP CP	PT LOCATION INPT IH PT LOCATION EF/OIF PT LOCATION MHC PT LOCATION RRTP PT LOCATION	element dialog element dialog element dialog element dialog				CPT LOCATION INPT MH CPT LOCATION OEF/OIF			Inpatient Mental Health OEF/OIF Clinic	
CP MH CP OE CP CP	PT LOCATION INPT IH PT LOCATION EF/OIF PT LOCATION MHC PT LOCATION RRTP PT LOCATION	dialog element dialog element dialog element dialog element dialog				CPT LOCATION INPT MH CPT LOCATION OEF/OIF			Inpatient Mental Health OEF/OIF Clinic	
CP OE CP CP	IH PT LOCATION EF/OIF PT LOCATION MHC PT LOCATION RRTP PT LOCATION	element dialog element dialog element dialog element dialog				MH CPT LOCATION OEF/OIF			OEF/OIF Clinic	
CP OE CP CP	PT LOCATION EF/OIF PT LOCATION MHC PT LOCATION RRTP PT LOCATION	dialog element dialog element dialog element dialog				CPT LOCATION OEF/OIF			OEF/OIF Clinic	
CP CP CP	EF/OIF PT LOCATION MHC PT LOCATION RRTP PT LOCATION	element dialog element dialog element dialog				OEF/OIF				
СР	PT LOCATION MHC PT LOCATION RRTP PT LOCATION	dialog element dialog element dialog								
СРСРСР	PT LOCATION RRTP PT LOCATION	element dialog element dialog				CPT LOCATION MHC			Mental Health Clinic	
CP	PT LOCATION	element dialog								
CP	PT LOCATION	element dialog							MH Residential	
CP	PT LOCATION	dialog							Rehabilitation Treatment	
-						CPT LOCATION RRTP			Program (RRTP)	
MF	HICM					CPT LOCATION				
		element				MHICM			MHICM	
CD	DT LOCATION UDDC	dialog				CPT LOCATION UDDC			Patient Residence - Home	
CP	PT LOCATION HBPC	element				CPT LOCATION HBPC			Based Primary Care	
GD										
	PT LOCATION PT ESIDENCE	dialog				CPT LOCATION PT			Patient Residence Other	
KE	ESIDENCE	element dialog				RESIDENCE			Patient Residence - Other	
CP	PT LOCATION PCT	element				CPT LOCATION PCT			PTSD Clinical Team	
	IT LOCATION TO T	dialog				er i Ebernioivi ei				
CP	PT LOCATION PC	element				CPT LOCATION PC			Primary Care	
		dialog							Substance Use Disorder	
CP	PT LOCATION SUD	element				CPT LOCATION SUD			Clinic	
		dialog								
CP	PT LOCATION PRRC	element				CPT LOCATION PRRC			PRRC/Day Treatment	
CP	PT LOCATION	dialog				CPT LOCATION				
	OMMUNITY	element				COMMUNITY			Community/Non-VA	
	PT LOCATION	dialog				CPT LOCATION				
	THER	element				OTHER			Other	
PX	XRM COMMENT	prompt						Comment:		
		dialog								
20 CP	PT DIAGNOSIS GP	group	DIAGNOSIS	YES	2					DIAGNOSIS:
CP	DT DIACNOSIS	-11-1							Driver Discussion (f	
	PT DIAGNOSIS	dialog							Primary Diagnosis (focus	
	RIMARY	element							of visit): PTSD	
	PT DIAGNOSIS	11-1-								
	RIMARY OTHER HAN PTSD	dialog element							Primary Diagnosis (if not PTSD):	

P2 CC SI P2 23 CC TT D TT D IN CC	NAME PXRM COMMENT CPT DIAGNOSIS SECONDARY PXRM COMMENT CPT ASSESSMENT GP TEXT PTSD EVAL DISPLAY PCLC TEXT PTSD EVAL DISPLAY PCLC PLACE IN NOTE	TYPE prompt dialog element prompt dialog group dialog element	CAPTION ASSESSMENT:	BOX YES	INDENTS	FINDING ITEM	NOTE	CAPTION Comment:	Secondary Diagnosis (if	TEXT
CC SI P2 23 CC TI D TI D IN CC	CPT DIAGNOSIS SECONDARY PXRM COMMENT CPT ASSESSMENT GP TEXT PTSD EVAL DISPLAY PCLC TEXT PTSD EVAL DISPLAY PCLC PLACE	dialog element prompt dialog group dialog	ASSESSMENT:	YES				Comment:		
SI P2 23 Cl T1 D T1 D T1 Cl	SECONDARY PXRM COMMENT CPT ASSESSMENT GP TEXT PTSD EVAL DISPLAY PCLC TEXT PTSD EVAL DISPLAY PCLC PLACE	element prompt dialog group dialog	ASSESSMENT:	YES						
23 Cl TT D TT D IN Cl	CPT ASSESSMENT GP TEXT PTSD EVAL DISPLAY PCLC TEXT PTSD EVAL DISPLAY PCLC PLACE	dialog group dialog	ASSESSMENT:	YES					applicable):	
	TEXT PTSD EVAL DISPLAY PCLC TEXT PTSD EVAL DISPLAY PCLC PLACE	group dialog	ASSESSMENT:	YES				Comment:		
D TI D IN C	DISPLAY PCLC TEXT PTSD EVAL DISPLAY PCLC PLACE				2					ASSESSMENT:
	DISPLAY PCLC PLACE						YES		PC-PTSD PCL	
		dialog element					NO		Check here to place scores in note.	
30 C	CPT MH PCLC	dialog element				PCLC	NO		PCL-C	
	CPT 8 CONTENT GP	dialog group	SESSION CONTENT	YES	2		NO			SESSION CONTENT:
SI	CPT 8 CONTENT SESSION COMPLETION TEXT	dialog element							The veteran completed the Safety Session of the Cognitive Processing Therapy (CPT) protocol. The following therapeutic components were completed:\\ (Check all that apply, provide explanation as needed. If items skipped/not completed, discuss how will be addressed)	
		dialog				CPT 8 CONTENT CHALLENGING BELIEFS REVIEW		Comment:	Therapist and patient reviewed patient's completed Challenging Beliefs Worksheets to challenge stuck points and generate alternative beliefs.	

					NUMBER OF		EXCLUDE FROM PROGRESS	PROMPT	DIALOG/PROGRESS	ALTERNATE PROGRESS NOTE
SEQ	NAME CPT 8 CONTENT SAFETY REVIEW	TYPE dialog element	CAPTION	BOX	INDENTS	FINDING ITEM CPT 8 CONTENT SAFETY REVIEW	NOTE	CAPTION	NOTE TEXT Therapist and patient discussed the Safety handout and reviewed any Safety worksheets the patient did for their practice assignment.	TEXT
	PXRM COMMENT	prompt						Comment:		
	CPT 8 CONTENT CHALLENGING BELIEFS WORK	dialog element				CPT 8 CONTENT CHALLENGING BELIEFS WORK			Therapist assisted patient in challenging beliefs generated by patient in session using the Challenging Beliefs Worksheet.	
	CPT 8 CONTENT TRUST INTRO	dialog element				CPT 8 CONTENT TRUST INFO			Therapist introduced the Trust module and the patient was asked to review the handout before the next session.	
	CPT 8 CONTENT CHALLENGING BELIEFS HMWRK	dialog element				CPT 8 CONTENT CHALLENGING BELIEFS HMWRK			Patient was asked to complete one Challenging Beliefs worksheet each day, with at least one sheet on Trust.	
35	CPT COLLABORATION GP	dialog group	COLLABORATION:	YES	2					COLLABORATION:
	CPT DEGREE OF COLLABORATION TEXT	dialog element					NO		The degree of collaboration between the patient and the therapist in the current session was:	
	CPT COLLABORATION LOW	dialog element				CPT COLLABORATION LOW			Low	
	CPT COLLABORATION MEDIUM	dialog element				CPT COLLABORATION MEDIUM			Medium	

							EXCLUDE			
(TRO			G. PRIVON	DOM	NUMBER OF		FROM PROGRESS	PROMPT	DIALOG/PROGRESS	ALTERNATE PROGRESS NOTE
SEQ	NAME	TYPE	CAPTION	BOX	INDENTS	FINDING ITEM	NOTE	CAPTION	NOTE TEXT	TEXT
	CPT COLLABORATION	dialag				CPT COLLABORATION				
	HIGH	dialog element				HIGH			High	
	mon	element				mon			Ingn	
	CPT					CPT				
	COLLABORATION	12.1				COLLABORATION			If a therapeutic alliance	
	THERAPEUTIC ALLIANCE GIVEN	dialog element				THERAPEUTIC ALLIANCE			measure was given, please report results here.	
		element				ALLIANCE			please report results here.	
	PXRM COMMENT	prompt						Comment:		
	OPT MOTIVATION	distant.	MOTIVATIONAL							MOTIVATIONAL
40	CPT MOTIVATION ASSESSED GP	dialog group	MOTIVATIONAL ASSESSMENT	YES	2					MOTIVATIONAL ASSESSMENT:
+0	ABBEBBED OI	group	ASSESSIVILIVI	TLS					TC-1 1	ABBEBBINEI(I.
									If therapist assessed motivation and/or applied	
									motivational	
									enhancement strategies	
	CPT MOTIVATION	dialog				CPT MOTIVATION			please indicate and	
	ASSESSED	element				ASSESSED			describe below:	
	PXRM COMMENT	prompt						Comment:		
			ADDITIONAL							ADDITIONAL
	CPT ADDITIONAL	dialog	SESSION							SESSION
43	SESSION INFO GP	group	INFORMATION	YES	2		NO			INFORMATION
									Check to add information	
									regarding: session content and reactions; level of	
									engagement; MSE	
									factors; SI/HI evaluation;	
	CPT ASSESS OTHER	dialog							SUD; cultural and	
	DESCRIPTION	element					YES		spiritual influences.	
									Reactions to Session	
	CPT ADDITIONAL								Content: {FLD:BLANK	
	SESSION INFO	dialog							WORD PROCESSING}	
	CONTENT	element		l					//	
	CPT ASSESS OTHER								Level of Engagement:	
	LEVEL OF	dialog							{FLD:BLANK WORD	
	ENGAGEMENT	element				1			PROCESSING} \\	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT ASSESS OTHER MS FACTORS	dialog element							Mental Status Factors: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SI/HI	dialog element							Suicidal/Homicidal Ideation Evaluation: {FLD:BLANK WORD PROCESSING} \\\	
	CPT ASSESS OTHER SUD	dialog element							Substance Abuse: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER CULTURAL	dialog element							Cultural Influences: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SPIRITUAL	dialog element							Spiritual Influences: {FLD:BLANK WORD PROCESSING} \\	
44	00 SPACER NOTE ONLY EL	dialog element								>
45	CPT PLAN DT NEXT SESSION GP	dialog group	ENTER TIME/DATE NEXT SESSION	YES	2					
	CPT PLAN DT NEXT SESSION	dialog element							Next session scheduled for: {FLD:WP- 2VSHORT}	

CPT 9 Trust Phase Template Details

The below table details the content requirements to develop the CPT 9 templates.

					NUMBER	19 TEMPLATE DETAIL	EXCLUDE FROM			ALTERNATE
			C I DE ON	DOM	OF		PROGRESS	PROMPT	DIALOG/PROGRESS	PROGRESS NOTE
SEQ NA	AME	TYPE	CAPTION	BOX	INDENTS	FINDING ITEM	NOTE	CAPTION	NOTE TEXT	TEXT
		dialog				CPT 9 COGNITIVE			Cognitive Processing Therapy: Trust Session -	
1 CP7	PT 9 TITLE HEADER	element				PROCESSING TRUST			Individual	
		dialog				THE CLOSE (C THE DT				
5 CP1	PT TIME IN SESSION	element							TIME IN SESSION	TIME IN SESSION:
PXE	KRM COMMENT	prompt						Comment:		
	T 9 SESSION NUMBER	dialog								SESSION
10 GP)	group								NUMBER:
CD		dialog				CPT SESSION			0	
CPI	T SESSION NUMBER 8	element dialog				NUMBER 8 CPT SESSION			8	
CPT	T SESSION NUMBER 9	element				NUMBER 9			9	
	T SESSION NUMBER	dialog				CPT SESSION				
10		element				NUMBER 10			10	
15 GP	T SESSION FORMAT	dialog group	SESSION FORMAT	YES	2					SESSION FORMAT:
		č	SESSION FORWAT	1123	2					SESSION FORMAT.
	T SESSION FACE TO	dialog				CPT SESSION FACE				
FAG		element				TO FACE			Face-to-Face Session	
	PT SESSION ELEPHONE	dialog				CPT SESSION			T-1 C	
IEI	LEPHONE	element				TELEPHONE			Telephone Session	
CPT	T SESSION VIDEO	dialog				CPT SESSION VIDEO				
	ELEHEALTH	element				TELEHEALTH			Video Telehealth Session	
		dialog								
CPT	T SESSION OTHER	element				CPT SESSION OTHER			Other Session type	
PXI	KRM COMMENT	prompt						Comment:		
-	T SESSION LOCATION	dialog	SESSION							SESSION
17 GP)	group	LOCATION:	YES	2					LOCATION:
СРТ	T LOCATION CLC	dialog element				CPT LOCATION CLC			Community Living Center	
	I LOCATION CLC	dialog						<u> </u>	Community Living Celler	
CPT	T LOCATION CBOC	element				CPT LOCATION CBOC			CBOC	
		dialog								
СРТ	T LOCATION DOM								Domiciliary	
СРТ	T LOCATION INPT MH								Inpatient Mental Health	
	T LOCATION DOM	dialog element dialog element				CPT LOCATION DOM CPT LOCATION INPT MH			Domiciliary Inpatient Mental Health	

TABLE 16 - CPT 9 TEMPLATE DETAIL

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT LOCATION OEF/OIF	dialog element				CPT LOCATION OEF/OIF			OEF/OIF Clinic	
	CPT LOCATION MHC	dialog element				CPT LOCATION MHC			Mental Health Clinic	
	CPT LOCATION RRTP	dialog element				CPT LOCATION RRTP			MH Residential Rehabilitation Treatment Program (RRTP)	
	CPT LOCATION MHICM	dialog element				CPT LOCATION MHICM			MHICM	
	CPT LOCATION HBPC	dialog element				CPT LOCATION HBPC			Patient Residence - Home Based Primary Care	
	CPT LOCATION PT RESIDENCE	dialog element				CPT LOCATION PT RESIDENCE			Patient Residence - Other	
	CPT LOCATION PCT	dialog element				CPT LOCATION PCT			PTSD Clinical Team	
	CPT LOCATION PC	dialog element				CPT LOCATION PC			Primary Care	
	CPT LOCATION SUD	dialog element				CPT LOCATION SUD			Substance Use Disorder Clinic	
	CPT LOCATION PRRC	dialog element				CPT LOCATION PRRC			PRRC/Day Treatment	
	CPT LOCATION COMMUNITY	dialog element				CPT LOCATION COMMUNITY			Community/Non-VA	
	CPT LOCATION OTHER	dialog element				CPT LOCATION OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
20	CPT DIAGNOSIS GP	dialog group	DIAGNOSIS	YES	2					DIAGNOSIS:
	CPT DIAGNOSIS PRIMARY	dialog element							Primary Diagnosis (focus of visit): PTSD	
	CPT DIAGNOSIS PRIMARY OTHER THAN PTSD	dialog element							Primary Diagnosis (if not PTSD):	
	PXRM COMMENT	prompt						Comment:		
	CPT DIAGNOSIS SECONDARY	dialog element							Secondary Diagnosis (if applicable):	
	PXRM COMMENT	prompt						Comment:		

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
23	CPT ASSESSMENT GP	dialog group	ASSESSMENT:	YES	2					ASSESSMENT:
	TEXT PTSD EVAL DISPLAY PCLC	dialog element					YES		PC-PTSD PCL	
	TEXT PTSD EVAL DISPLAY PCLC PLACE IN NOTE	dialog element					NO		Check here to place scores in note.	
	CPT MH PCLC	dialog element				PCLC	NO		PCL-C	
30	CPT 9 CONTENT GP	dialog group	SESSION CONTENT	YES	2		NO			SESSION CONTENT:
	CPT 9 CONTENT SESSION COMPLETION TEXT	dialog element							The Veteran completed the Trust Session of the Cognitive Processing Therapy (CPT) protocol. The following therapeutic components were completed:\\ (Check all that apply, provide explanation as needed. If items skipped/not completed, discuss how will be addressed)	
	CPT 9 CONTENT CHALLENGING BELIEFS REVIEW	dialog element				CPT 9 CONTENT CHALLENGING BELIEFS REVIEW			Therapist and patient reviewed patient's completed Challenging Beliefs Worksheets to challenge stuck points and generate alternative beliefs.	
	PXRM COMMENT	prompt						Comment:		
	CPT 9 CONTENT TRUST REVIEW	dialog element				CPT 9 CONTENT TRUST REVIEW			Therapist and patient discussed the Trust handout and reviewed any Trust worksheets the patient did for their practice assignment.	
	PXRM COMMENT	prompt						Comment:		

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT 9 CONTENT CHALLENGING BELIEFS WORK	dialog element				CPT 9 CONTENT CHALLENGING BELIEFS WORK			Therapist assisted patient in challenging beliefs generated by patient in session using the Challenging Beliefs Worksheet.	
	CPT 9 CONTENT POWER/CONTROL INTRO	dialog element				CPT 9 CONTENT POWER/CONTROL INFO			Therapist introduced the Power/Control module and asked the patient to review the handout before the next session.	
	CPT 9 CONTENT CHALLENGING BELIEFS HMWRK	dialog element				CPT 9 CONTENT CHALLENGING BELIEFS HMWRK			Patient was asked to complete one Challenging Beliefs worksheet each day, with at least one sheet on Power/Control.	
35	CPT COLLABORATION GP	dialog group	COLLABORATION:	YES	2					COLLABORATION:
	CPT DEGREE OF COLLABORATION TEXT	dialog element					NO		The degree of collaboration between the patient and the therapist in the current session was:	
	CPT COLLABORATION LOW	dialog element				CPT COLLABORATION LOW			Low	
	CPT COLLABORATION MEDIUM	dialog element				CPT COLLABORATION MEDIUM			Medium	
	CPT COLLABORATION HIGH	dialog element				CPT COLLABORATION HIGH			High	
	CPT COLLABORATION THERAPEUTIC ALLIANCE GIVEN	dialog element				CPT COLLABORATION THERAPEUTIC ALLIANCE			If a therapeutic alliance measure was given, please report results here.	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PXRM COMMENT	prompt						Comment:		
40	CPT MOTIVATION ASSESSED GP	dialog group	MOTIVATIONAL ASSESSMENT	YES	2					MOTIVATIONAL ASSESSMENT:
	CPT MOTIVATION ASSESSED	dialog element				CPT MOTIVATION ASSESSED			If therapist assessed motivation and/or applied motivational enhancement strategies please indicate and describe below:	
	PXRM COMMENT	prompt						Comment:		
43	CPT ADDITIONAL SESSION INFO GP	dialog group	ADDITIONAL SESSION INFORMATION	YES	2		NO			ADDITIONAL SESSION INFORMATION
	CPT ASSESS OTHER DESCRIPTION	dialog element					YES		Check to add information regarding: session content and reactions; level of engagement; MSE factors; SI/HI evaluation; SUD; cultural and spiritual influences.	
	CPT ADDITIONAL SESSION INFO CONTENT	dialog element							Reactions to Session Content: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER LEVEL OF ENGAGEMENT	dialog element							Level of Engagement: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER MS FACTORS	dialog element							Mental Status Factors: {FLD:BLANK WORD PROCESSING} \\	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT ASSESS OTHER SI/HI	dialog element							Suicidal/Homicidal Ideation Evaluation: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SUD	dialog element							Substance Abuse: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER CULTURAL	dialog element							Cultural Influences: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SPIRITUAL	dialog element							Spiritual Influences: {FLD:BLANK WORD PROCESSING} \\	
44	00 SPACER NOTE ONLY EL	dialog element								> >
45	CPT PLAN DT NEXT SESSION GP	dialog group	ENTER TIME/DATE NEXT SESSION	YES	2					
	CPT PLAN DT NEXT SESSION	dialog element							Next session scheduled for: {FLD:WP- 2VSHORT}	

CPT 10 Power Phase Template Details

The below table details the content requirements to develop the CPT 10 templates.

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
1	CPT 10 TITLE HEADER	dialog element		DOA		CPT 10 COGNITIVE PROCESSING POWER	NOIL		Cognitive Processing Therapy: Power/Control Session - Individual	
5	CPT TIME IN SESSION	dialog element							TIME IN SESSION	TIME IN SESSION:
	PXRM COMMENT	prompt						Comment:		
10	CPT 10 SESSION NUMBER GP	dialog group	SESSION NUMBER:	YES	2					SESSION NUMBER:
	CPT SESSION NUMBER 9	dialog element				CPT SESSION NUMBER 9			9	
	CPT SESSION NUMBER 10	dialog element				CPT SESSION NUMBER 10			10	
	CPT SESSION NUMBER 11	dialog element				CPT SESSION NUMBER 11			11	
15	CPT SESSION FORMAT GP	dialog group	SESSION FORMAT	YES	2					SESSION FORMAT:
	CPT SESSION FACE TO FACE	dialog element				CPT SESSION FACE TO FACE			Face-to-Face Session	
	CPT SESSION TELEPHONE	dialog element				CPT SESSION TELEPHONE			Telephone Session	
	CPT SESSION VIDEO TELEHEALTH	dialog element				CPT SESSION VIDEO TELEHEALTH			Video Telehealth Session	
	CPT SESSION OTHER	dialog element				CPT SESSION OTHER			Other Session type	
	PXRM COMMENT	prompt						Comment:		

TABLE 17 - CPT 10 TEMPLATE DETAIL

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
17	CPT SESSION LOCATION GP	dialog group	SESSION LOCATION:	YES	2					SESSION LOCATION:
	CPT LOCATION CLC	dialog element				CPT LOCATION CLC			Community Living Center	
	CPT LOCATION CBOC	dialog element				CPT LOCATION CBOC			СВОС	
	CPT LOCATION DOM	dialog element				CPT LOCATION DOM			Domiciliary	
	CPT LOCATION INPT MH	dialog element				CPT LOCATION INPT MH			Inpatient Mental Health	
	CPT LOCATION OEF/OIF	dialog element				CPT LOCATION OEF/OIF			OEF/OIF Clinic	
	CPT LOCATION MHC	dialog element				CPT LOCATION MHC			Mental Health Clinic	
	CPT LOCATION RRTP	dialog element				CPT LOCATION RRTP			MH Residential Rehabilitation Treatment Program (RRTP)	
	CPT LOCATION MHICM	dialog element				CPT LOCATION MHICM			MHICM	
	CPT LOCATION HBPC	dialog element				CPT LOCATION HBPC			Patient Residence - Home Based Primary Care	
	CPT LOCATION PT RESIDENCE	dialog element				CPT LOCATION PT RESIDENCE			Patient Residence - Other	
	CPT LOCATION PCT	dialog element				CPT LOCATION PCT			PTSD Clinical Team	
	CPT LOCATION PC	dialog element				CPT LOCATION PC			Primary Care	
	CPT LOCATION SUD	dialog element				CPT LOCATION SUD			Substance Use Disorder Clinic	
	CPT LOCATION PRRC	dialog element				CPT LOCATION PRRC			PRRC/Day Treatment	
	CPT LOCATION COMMUNITY	dialog element				CPT LOCATION COMMUNITY			Community/Non-VA	
	CPT LOCATION OTHER	dialog element				CPT LOCATION OTHER			Other	
	PXRM COMMENT	prompt						Comment:		

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
20	CPT DIAGNOSIS GP	dialog group	DIAGNOSIS	YES	2					DIAGNOSIS:
	CPT DIAGNOSIS PRIMARY	dialog element							Primary Diagnosis (focus of visit): PTSD	
	CPT DIAGNOSIS PRIMARY OTHER THAN PTSD	dialog element							Primary Diagnosis (if not PTSD):	
	PXRM COMMENT	prompt						Comment:		
	CPT DIAGNOSIS SECONDARY	dialog element							Secondary Diagnosis (if applicable):	
	PXRM COMMENT	prompt						Comment:		
23	CPT ASSESSMENT GP	dialog group	ASSESSMENT:	YES	2					ASSESSMENT:
	TEXT PTSD EVAL DISPLAY PCLC	dialog element					YES		PC-PTSD PCL	
	TEXT PTSD EVAL DISPLAY PCLC PLACE IN NOTE	dialog element					NO		Check here to place scores in note.	
	CPT MH PCLC	dialog element				PCLC	NO		PCL-C	
30	CPT 10 CONTENT GP	dialog group	SESSION CONTENT	YES	2		NO			SESSION CONTENT:
	CPT 10 CONTENT SESSION COMPLETION TEXT	dialog element							The Veteran completed the Power and Control session of the Cognitive Processing Therapy (CPT) protocol. The following therapeutic components were completed:\\ (Check all that apply, provide explanation as needed. If items skipped/not completed, discuss how will be addressed)	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT 10 CONTENT CHALLENGING BELIEFS REVIEW	dialog element				CPT 10 CONTENT CHALLENGING BELIEF REVIEW			Therapist and patient reviewed patient's completed Challenging Beliefs Worksheets to challenge stuck points and generate alternative beliefs.	
	PXRM COMMENT	prompt						Comment:		
	CPT 10 CONTENT POWER/CONTROL REVIEW	dialog element				CPT 10 CONTENT POWER/CONTROL REVIEW			Therapist and patient discussed the Power/Control handout and reviewed any Power/Control worksheets the patient did for their practice assignment.	
	PXRM COMMENT	prompt						Comment:		
	CPT 10 CONTENT WAYS OF GIVING	dialog element				CPT 10 CONTENT WAYS OF GIVING			Therapist introduced Ways of Giving and Receiving Power handout and asked the patient to discuss the ways they may do both of these positively and negatively.	
	PXRM COMMENT	prompt						Comment:		
	CPT 10 CONTENT CHALLENGING BELIEFS WORK	dialog element				CPT 10 CONTENT CHALLENGING BELIEFS WORK			Therapist assisted patient in challenging beliefs generated by patient in session using the Challenging Beliefs Worksheet.	
	CPT 10 CONTENT ESTEEM INTRO	dialog element				CPT 10 CONTENT ESTEEM INTRO			Therapist introduced the Esteem module and asked the patient to review the handout before the next session.	
	CPT 10 CONTENT CHALLENGING BELIEFS HMWRK	dialog element				CPT 10 CONTENT CHALLENGING BELIEFS HMWRK			Patient was asked to complete one Challenging Beliefs worksheet each day, with at least one sheet on Esteem.	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT 10 CONTENT COMPLIMENTS HMWRK	dialog element				CPT 10 CONTENT COMPLIMENTS HMWRK			Patient was asked to practice giving and receiving compliments each day.	
35	CPT COLLABORATION GP	dialog group	COLLABORATION:	YES	2					COLLABORATION:
	CPT DEGREE OF COLLABORATION TEXT	dialog element					NO		The degree of collaboration between the patient and the therapist in the current session was:	
	CPT COLLABORATION LOW	dialog element				CPT COLLABORATION LOW			Low	
	CPT COLLABORATION MEDIUM	dialog element				CPT COLLABORATION MEDIUM			Medium	
	CPT COLLABORATION HIGH	dialog element				CPT COLLABORATION HIGH			High	
	CPT COLLABORATION THERAPEUTIC ALLIANCE GIVEN	dialog element				CPT COLLABORATION THERAPEUTIC ALLIANCE			If a therapeutic alliance measure was given, please report results here.	
	PXRM COMMENT	prompt						Comment:		
40	CPT MOTIVATION ASSESSED GP	dialog group	MOTIVATIONAL ASSESSMENT	YES	2					MOTIVATIONAL ASSESSMENT:
	CPT MOTIVATION ASSESSED	dialog element				CPT MOTIVATION ASSESSED			If therapist assessed motivation and/or applied motivational enhancement strategies please indicate and describe below:	
	PXRM COMMENT	prompt						Comment:		
43	CPT ADDITIONAL SESSION INFO GP	dialog group	ADDITIONAL SESSION INFORMATION	YES	2		NO			ADDITIONAL SESSION INFORMATION

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT ASSESS OTHER DESCRIPTION	dialog element					YES		Check to add information regarding: session content and reactions; level of engagement; MSE factors; SI/HI evaluation; SUD; cultural and spiritual influences.	
	CPT ADDITIONAL SESSION INFO CONTENT	dialog element							Reactions to Session Content: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER LEVEL OF ENGAGEMENT	dialog element							Level of Engagement: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER MS FACTORS	dialog element							Mental Status Factors: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SI/HI	dialog element							Suicidal/Homicidal Ideation Evaluation: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SUD	dialog element							Substance Abuse: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER CULTURAL	dialog element							Cultural Influences: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SPIRITUAL	dialog element							Spiritual Influences: {FLD:BLANK WORD PROCESSING} \\	
44	00 SPACER NOTE ONLY EL	dialog element								>
45	CPT PLAN DT NEXT SESSION GP	dialog group	ENTER TIME/DATE NEXT SESSION	YES	2				N	
	CPT PLAN DT NEXT SESSION	dialog element							Next session scheduled for: {FLD:WP-2VSHORT}	

CPT 11 Esteem Phase Template Details

The below table details the content requirements to develop the CPT 11 templates.

							EXCLUDE			
SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
BEQ	INAME		CALITON	DOA	INDENIS	CPT 11	NOIE	CALITON	NOIE IEAI	ILAI
						COGNITIVE			Cognitive Processing	
1	CPT 11 TITLE HEADER	dialog element				PROCESSING ESTEEM			Therapy: Esteem Session - Individual	
1	CPT TIME IN	dialog				ESTEEM			Session - Individual	
5	SESSION	element							TIME IN SESSION	TIME IN SESSION:
	PXRM COMMENT	prompt						Comment:		
	CPT 11 SESSION	d'ata a	SESSION							
10	NUMBER GP	dialog group	NUMBER:	YES	2					SESSION NUMBER:
	CPT SESSION NUMBER 10	dialog element				CPT SESSION NUMBER 10			10	
	NOWIDER 10			1		NOWIDER 10			10	
	CPT SESSION	dialog				CPT SESSION			11	
	NUMBER 11	element				NUMBER 11			11	
	CPT SESSION	dialog				CPT SESSION				
	NUMBER 12	element		ļ		NUMBER 12			12	
15	CPT SESSION FORMAT GP	dialog group	SESSION FORMAT	YES	2					SESSION FORMAT:
10			DEDDICITION	125						
	CPT SESSION FACE TO FACE	dialog element				CPT SESSION FACE TO FACE			Face-to-Face Session	
	CPT SESSION	dialog				CPT SESSION				
	TELEPHONE	element				TELEPHONE			Telephone Session	
	CPT SESSION					CPT SESSION				
	VIDEO	dialog				VIDEO			Video Telehealth	
	TELEHEALTH CPT SESSION	element				TELEHEALTH CPT SESSION			Session	
	OTHER	dialog element				OTHER			Other Session type	
	PXRM COMMENT	prompt						Comment:		
	CPT SESSION	dialog	SESSION							
17	LOCATION GP	group	LOCATION:	YES	2				~	SESSION LOCATION:
	CPT LOCATION CLC	dialog element				CPT LOCATION CLC			Community Living Center	
		element	1			CLL .			Center	

TABLE 18 - CPT 11 TEMPLATE DETAIL

					NUMBER		EXCLUDE			
					NUMBER OF		FROM PROGRESS	PROMPT	DIALOG/PROGRESS	ALTERNATE PROGRESS NOTE
SEQ	NAME	TYPE	CAPTION	BOX	INDENTS	FINDING ITEM	NOTE	CAPTION	NOTE TEXT	TEXT
	CPT LOCATION	dialog				CPT LOCATION				
	CBOC	element				CBOC			CBOC	
	CPT LOCATION	dialog				CPT LOCATION			D	
	DOM	element				DOM			Domiciliary	
	CPT LOCATION INPT MH	dialog				CPT LOCATION INPT MH			In a stimute Mandal II. alth	
	CPT LOCATION	element dialog				CPT LOCATION			Inpatient Mental Health	
	OEF/OIF	element				OEF/OIF			OEF/OIF Clinic	
	CPT LOCATION	dialog				CPT LOCATION			OEI/OII/Chille	
	MHC	element				MHC			Mental Health Clinic	
	MILE	clement				MILE			MH Residential	
									Rehabilitation	
	CPT LOCATION	dialog				CPT LOCATION			Treatment Program	
	RRTP	element				RRTP			(RRTP)	
	CPT LOCATION	dialog				CPT LOCATION				
	MHICM	element				MHICM			MHICM	
									Patient Residence -	
	CPT LOCATION	dialog				CPT LOCATION			Home Based Primary	
	HBPC	element				HBPC			Care	
	CPT LOCATION PT	dialog				CPT LOCATION PT			Patient Residence -	
	RESIDENCE	element				RESIDENCE			Other	
		dialog				CPT LOCATION				
	CPT LOCATION PCT	element				PCT			PTSD Clinical Team	
		dialog								
	CPT LOCATION PC	element				CPT LOCATION PC			Primary Care	
	CPT LOCATION	dialog				CPT LOCATION			Substance Use Disorder	
	SUD	element				SUD			Clinic	
	CPT LOCATION	dialog				CPT LOCATION				
	PRRC	element				PRRC			PRRC/Day Treatment	
1	CPT LOCATION	dialog				CPT LOCATION				
	COMMUNITY	element				COMMUNITY			Community/Non-VA	
	CPT LOCATION	dialog				CPT LOCATION				
	OTHER	element				OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
		dialog								
20	CPT DIAGNOSIS GP	group	DIAGNOSIS	YES	2					DIAGNOSIS:
1	CPT DIAGNOSIS	dialog							Primary Diagnosis	
	PRIMARY	element							(focus of visit): PTSD	

SEO	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
~_ <	CPT DIAGNOSIS PRIMARY OTHER THAN PTSD	dialog element							Primary Diagnosis (if not PTSD):	
	PXRM COMMENT	prompt						Comment:		
	CPT DIAGNOSIS SECONDARY	dialog element							Secondary Diagnosis (if applicable):	
23	PXRM COMMENT CPT ASSESSMENT GP	prompt dialog group	ASSESSMENT:	YES	2			Comment:		ASSESSMENT:
	TEXT PTSD EVAL DISPLAY PCLC TEXT PTSD EVAL	dialog element					YES		PC-PTSD PCL	
	DISPLAY PCLC PLACE IN NOTE	dialog element					NO		Check here to place scores in note.	
	CPT MH PCLC	dialog element				PCLC	NO		PCL-C	
30	CPT 11 CONTENT GP	dialog group	SESSION CONTENT	YES	2		NO			SESSION CONTENT:
	CPT 11 CONTENT SESSION COMPLETION TEXT	dialog element							The Veteran completed the Esteem Session of the Cognitive Processing Therapy (CPT) protocol. The following therapeutic components were completed:\\ (Check all that apply, provide explanation as needed. If items skipped/not completed, discuss how will be addressed)	
	CPT 11 CONTENT CHALLENGING BELIEFS REVIEW	dialog element				CPT 11 CONTENT CHALLENGING BELIEF REVIEW			Therapist and patient reviewed patient's completed Challenging Beliefs Worksheets to challenge stuck points and generate alternative beliefs.	

					NUMBER		EXCLUDE FROM			ALTERNATE
SEO	NAME	ТҮРЕ	CAPTION	BOX	OF INDENTS	FINDING ITEM	PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	PROGRESS NOTE TEXT
222	PXRM COMMENT	prompt		2011	1.021.10		11012	Comment:		
	CPT 11 CONTENT ESTEEM REVIEW	dialog element				CPT 11 CONTENT ESTEEM REVIEW			Therapist and patient discussed the Esteem handout and reviewed any Esteem worksheets the patient did for their practice assignment.	
	PXRM COMMENT	prompt						Comment:		
	CPT 11 CONTENT CHALLENGING BELIEFS WORK	dialog element				CPT 11 CONTENT CHALLENGING BELIEFS WORK			Therapist assisted patient in challenging beliefs generated by patient in session using the Challenging Beliefs Worksheet.	
	CPT 11 CONTENT INTIMACY INTRO	dialog element				CPT 11 CONTENT INTIMACY INTRO			Therapist introduced the Intimacy module and asked the patient to review the handout before the next session.	
	CPT 11 CONTENT CHALLENGING BELIEFS HMWRK	dialog element				CPT 11 CONTENT CHALLENGING BELIEFS HMWRK			Patient was asked to complete one Challenging Beliefs worksheet each day, with at least one sheet on Intimacy.	
	CPT 11 CONTENT IMPACT REWRITE HMWRK	dialog element				CPT 11 CONTENT IMPACT REWRITE HMWRK			Patient was asked to rewrite their Impact Statement with a focus on what they believe now.	
35	CPT COLLABORATION GP	dialog group	COLLABORATION:	YES	2					COLLABORATION:
	CPT DEGREE OF COLLABORATION TEXT	dialog element					NO		The degree of collaboration between the patient and the therapist in the current session was:	
	CPT COLLABORATION LOW	dialog element				CPT COLLABORATION LOW			Low	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT COLLABORATION MEDIUM	dialog element				CPT COLLABORATION MEDIUM			Medium	
	CPT COLLABORATION HIGH	dialog element				CPT COLLABORATION HIGH			High	
	CPT COLLABORATION THERAPEUTIC ALLIANCE GIVEN	dialog element				CPT COLLABORATION THERAPEUTIC ALLIANCE			If a therapeutic alliance measure was given, please report results here.	
	PXRM COMMENT	prompt						Comment:		
40	CPT MOTIVATION ASSESSED GP	dialog group	MOTIVATIONAL ASSESSMENT	YES	2					MOTIVATIONAL ASSESSMENT:
	CPT MOTIVATION ASSESSED	dialog element				CPT MOTIVATION ASSESSED			If therapist assessed motivation and/or applied motivational enhancement strategies please indicate and describe below:	
	PXRM COMMENT	prompt						Comment:		
43	CPT ADDITIONAL SESSION INFO GP	dialog group	ADDITIONAL SESSION INFORMATION	YES	2		NO			ADDITIONAL SESSION INFORMATION
	CPT ASSESS OTHER DESCRIPTION	dialog element					YES		Check to add information regarding: session content and reactions; level of engagement; MSE factors; SI/HI evaluation; SUD; cultural and spiritual influences.	
	CPT ADDITIONAL SESSION INFO CONTENT	dialog element							Reactions to Session Content: {FLD:BLANK WORD PROCESSING}	
	CPT ASSESS OTHER LEVEL OF ENGAGEMENT	dialog element							Level of Engagement: {FLD:BLANK WORD PROCESSING} \\	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT ASSESS OTHER MS FACTORS	dialog element							Mental Status Factors: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SI/HI	dialog element							Suicidal/Homicidal Ideation Evaluation: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SUD	dialog element							Substance Abuse: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER CULTURAL	dialog element							Cultural Influences: {FLD:BLANK WORD PROCESSING} \\\	
	CPT ASSESS OTHER SPIRITUAL	dialog element							Spiritual Influences: {FLD:BLANK WORD PROCESSING} \\	
44	00 SPACER NOTE ONLY EL	dialog element								>
45	CPT PLAN DT NEXT SESSION GP	dialog group	ENTER TIME/DATE NEXT SESSION	YES	2					
	CPT PLAN DT NEXT SESSION	dialog element							Next session scheduled for: {FLD:WP- 2VSHORT}	

CPT 12 Final Phase Template Details

The below table details the content requirements to develop the CPT 12 templates.

					TABLE 19-CF	1 12 TEMPLATE DETAIL	EVOLUDE			
SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
2	CPT 12 TITLE HEADER	dialog element				CPT 12 COGNITIVE PROCESSING FINAL			Cognitive Processing Therapy: Individual Final	
5	CPT TIME IN SESSION	dialog element							TIME IN SESSION	TIME IN SESSION:
	PXRM COMMENT CPT 12 SESSION	prompt dialog						Comment:		
10	NUMBER GP CPT SESSION NUMBER	group dialog	choose one	NO	2	CPT SESSION			Session number:	CPT session number:
	11	element				NUMBER 11			11	
	CPT SESSION NUMBER 12	dialog element				CPT SESSION NUMBER 12			12	
	CPT SESSION NUMBER 13	dialog element				CPT SESSION NUMBER 13			13	
	CPT SESSION NUMBER 14	dialog element				CPT SESSION NUMBER 14			14	
	CPT SESSION NUMBER 15	dialog element				CPT SESSION NUMBER 15			15	
15	CPT SESSION FORMAT GP	dialog group	SESSION FORMAT	YES	2				-	SESSION FORMAT:
	CPT SESSION FACE TO FACE	dialog element				CPT SESSION FACE TO FACE			Face-to-Face Session	
	CPT SESSION TELEPHONE	dialog element				CPT SESSION TELEPHONE			Telephone Session	
	CPT SESSION VIDEO TELEHEALTH	dialog element				CPT SESSION VIDEO TELEHEALTH			Video Telehealth Session	
	CPT SESSION OTHER	dialog element				CPT SESSION OTHER			Other Session type	
	PXRM COMMENT	prompt						Comment:		
17	CPT SESSION LOCATION GP	dialog group	SESSION LOCATION:	YES	2					SESSION LOCATION:
	CPT LOCATION CLC	dialog element				CPT LOCATION CLC			Community Living Center	
	CPT LOCATION CBOC	dialog				CPT LOCATION			CBOC	

TABLE 19 - CPT 12 TEMPLATE DETAIL

Distribution of Mental Health Clinical Reminders Requirements Specification Document

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
DLQ		element		Dom		CBOC	HOIL			
		dialog				CPT LOCATION				
	CPT LOCATION DOM	element				DOM			Domiciliary	
		dialog				CPT LOCATION				
	CPT LOCATION INPT MH	element				INPT MH CPT LOCATION			Inpatient Mental Health	
	CPT LOCATION OEF/OIF	dialog element				OEF/OIF			OEF/OIF Clinic	
	CITEDEATION OLIVOII	dialog				CPT LOCATION				
	CPT LOCATION MHC	element				MHC			Mental Health Clinic	
									MH Residential	
									Rehabilitation	
		dialog				CPT LOCATION RRTP			Treatment Program	
	CPT LOCATION RRTP	element dialog				CPT LOCATION			(RRTP)	
	CPT LOCATION MHICM	element				MHICM			MHICM	
		cicilient							Patient Residence -	
		dialog				CPT LOCATION			Home Based Primary	
	CPT LOCATION HBPC	element				HBPC			Care	
	CPT LOCATION PT	dialog				CPT LOCATION PT			Patient Residence -	
	RESIDENCE	element				RESIDENCE			Other	
		dialog								
	CPT LOCATION PCT	element				CPT LOCATION PCT		-	PTSD Clinical Team	
	CPT LOCATION PC	dialog element				CPT LOCATION PC			Primary Care	
-	CITEDEATIONTE	dialog				CPT LOCATION			Substance Use Disorder	
	CPT LOCATION SUD	element				SUD			Clinic	
		dialog				CPT LOCATION				
	CPT LOCATION PRRC	element				PRRC			PRRC/Day Treatment	
	CPT LOCATION	dialog				CPT LOCATION				
	COMMUNITY	element				COMMUNITY			Community/Non-VA	
	CPT LOCATION OTHER	dialog element				CPT LOCATION OTHER			Other	
		ciement				UTILIK				
	PXRM COMMENT	prompt						Comment:		
20	CPT DIAGNOSIS GP	dialog group	DIAGNOSIS	YES	2					DIAGNOSIS:
20	CPT DIAGNOSIS	dialog		1.20	2		1	1	Primary Diagnosis	
	PRIMARY	element							(focus of visit): PTSD	
	CPT DIAGNOSIS									
	PRIMARY OTHER THAN	dialog							Primary Diagnosis (if	
	PTSD	element							not PTSD):	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PXRM COMMENT	prompt						Comment:		
	CPT DIAGNOSIS SECONDARY	dialog element							Secondary Diagnosis (if applicable):	
	PXRM COMMENT	prompt						Comment:		
23	CPT ASSESSMENT GP	dialog group	ASSESSMENT:	YES	2					ASSESSMENT:
	TEXT PTSD EVAL DISPLAY PCLC	dialog element					YES		PC-PTSD PCL	
	TEXT PTSD EVAL DISPLAY PCLC PLACE IN NOTE	dialog element					NO		Check here to place scores in note.	
	CPT MH PCLC	dialog element				PCLC	NO		PCL-C	
30	CPT 12 CONTENT GP	dialog group	SESSION CONTENT	YES	2		NO			SESSION CONTENT:
	CPT 12 CONTENT SESSION COMPLETION TEXT	dialog element							The Veteran completed the Intimacy Session of the Cognitive Processing Therapy (CPT) protocol. The following therapeutic components were completed:\\ (Check all that apply, provide explanation as needed. If items skipped/not completed, discuss how will be addressed)	
	CPT 12 CONTENT CHALLENGING BELIEFS REVIEW	dialog element				CPT 12 CONTENT CHALLENGING BELIEF REVIEW			Therapist and patient reviewed patient's completed Challenging Beliefs Worksheets to challenge stuck points and generate alternative beliefs.	
	PXRM COMMENT	prompt						Comment:		

					NUMBER		EXCLUDE FROM			ALTERNATE
SEO	NAME	ТҮРЕ	CAPTION	BOX	OF INDENTS	FINDING ITEM	PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	PROGRESS NOTE TEXT
5520	CPT 12 CONTENT INTIMACY REVIEW	dialog element		DOA		CPT 12 CONTENT INTIMACY REVIEW			Therapist and patient discussed the Intimacy handout and reviewed any Intimacy worksheets the patient did for their practice assignment.	
	PXRM COMMENT	prompt						Comment:		
	CPT 12 CONTENT IMPACT STATEMENT NEW	dialog element				CPT 12 CONTENT IMPACT STATEMENT NEW			Patient read their new impact statement.	
	CPT 12 CONTENT IMPACT STATEMENT COMPARE	dialog element				CPT 12 CONTENT IMPACT STATEMENT COMPARE			Therapist read the old impact statement and patient and therapist discussed the difference between the two statements, noting changes in cognitions and feelings.	
	PXRM COMMENT	prompt						Comment:		
	CPT 12 CONTENT SKILL FOCUS	dialog element				CPT 12 CONTENT SKILL FOCUS			Patient was encouraged to continue using newly developed skills (e.g., what worked, how patient might use the skills in the future).	
	PXRM COMMENT	prompt						Comment:		
35	CPT COLLABORATION GP	dialog group	COLLABORATION:	YES	2					COLLABORATION:
	CPT DEGREE OF COLLABORATION TEXT	dialog element				CPT	NO		The degree of collaboration between the patient and the therapist in the current session was:	
	CPT COLLABORATION LOW	dialog element				COLLABORATION LOW			Low	
	CPT COLLABORATION MEDIUM	dialog element				CPT COLLABORATION MEDIUM			Medium	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT COLLABORATION HIGH	dialog element				CPT COLLABORATION HIGH			High	
	CPT COLLABORATION THERAPEUTIC ALLIANCE GIVEN	dialog element				CPT COLLABORATION THERAPEUTIC ALLIANCE			If a therapeutic alliance measure was given, please report results here.	
	PXRM COMMENT	prompt						Comment:		
40	CPT MOTIVATION ASSESSED GP	dialog group	MOTIVATIONAL ASSESSMENT	YES	2					MOTIVATIONAL ASSESSMENT:
	CPT MOTIVATION ASSESSED	dialog element				CPT MOTIVATION ASSESSED			If therapist assessed motivation and/or applied motivational enhancement strategies please indicate and describe below:	
	PXRM COMMENT	prompt						Comment:		
43	CPT ADDITIONAL SESSION INFO GP	dialog group	ADDITIONAL SESSION INFORMATION	YES	2		NO			ADDITIONAL SESSION INFORMATION
	CPT ASSESS OTHER DESCRIPTION	dialog element			~		YES		Check to add information regarding: session content and reactions; level of engagement; MSE factors; SI/HI evaluation; SUD; cultural and spiritual influences. Reactions to Session	
	CPT ADDITIONAL SESSION INFO CONTENT	dialog element							Content: {FLD:BLANK WORD PROCESSING}	
	CPT ASSESS OTHER LEVEL OF ENGAGEMENT	dialog element							Level of Engagement: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER MS FACTORS	dialog element							Mental Status Factors: {FLD:BLANK WORD PROCESSING} \\	

SEO	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT ASSESS OTHER SI/HI	dialog element		Dom					Suicidal/Homicidal Ideation Evaluation: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SUD	dialog element							Substance Abuse: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER CULTURAL	dialog element							Cultural Influences: {FLD:BLANK WORD PROCESSING} \\	
	CPT ASSESS OTHER SPIRITUAL	dialog element							Spiritual Influences: {FLD:BLANK WORD PROCESSING} \\	
44	00 SPACER NOTE ONLY EL	dialog element								>
50	CPT 12 PLAN GP	dialog group		YES	2				Plan:	
	CPT 12 PLAN TREATMENT COMPLETE	dialog element				CPT 12 PLAN TREATMENT COMPLETE			TREATMENT COMPLETED (Describe the reason for termination of treatment)	
	PXRM COMMENT	prompt						Comment:		
	CPT 12 PLAN BOOSTER SESSION	dialog element				CPT 12 PLAN BOOSTER SESSION			BOOSTER SESSIONS\\ (Describe the reason for booster sessions and if the sessions were scheduled or will be scheduled in the future)	
	PXRM COMMENT	prompt						Comment:		
	CPT 12 PLAN POST ASSESS	dialog element				CPT 12 PLAN POST ASSESS			SCHEDULED POST ASSESSMENT SESSION(S) (Describe the reason for additional assessment sessions)	
	PXRM COMMENT	prompt						Comment:		

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CPT 12 PLAN REFERRAL	dialog element				CPT 12 PLAN REFERRAL			REFERRED FOR FURTHER EVALUATION, TREATMENT OR OTHER SERVICES\\ (Describe the referral and reason for referral)	
	PXRM COMMENT	prompt						Comment:		
	CPT 12 PLAN NEXT APPT	dialog element							Next appointment date: {FLD:VA-EDIT BOX 30/80}	
	CPT 12 PLAN PT AGREE	dialog element				CPT 12 PLAN PT AGREE			Patient agreed with the above plan	

2.6.3. Cognitive Behavioral Therapy (CBT)

The Cognitive Behavioral Therapy (CBT) templates document the results of the problems concerning dysfunctional emotions, behaviors and cognitions.

The clinician uses one of three available Dialog Reminder Templates from the *Cognitive Behavioral Therapy* Clinical Reminder template drawer.

The three templates available are:

- 1. CBT 1 INITIAL PHASE
- 2. CBT 2 MIDDLE PHASE
- 3. CBT 3 FINAL PHASE

Health Factors created by session have been detailed in the table below. When creating the Dialog Element, use the Finding Item or Additional Finding field for 1) automatic ordering, 2) adding vital measurements, 3) stuffing Education Topics, 4) including immunizations and 5) documenting CBT codes into the PCE.

Refer to Appendix C Cognitive Behavioral Therapy Screenshots for samples of the screenshots.

TABLE 20 - COGNITIVE BEHAVIORAL THERAPY FINDING ITEMS TABLE									
Component	CBT 1 HF	CBT 2 HF	CBT 3 HF						
Time in Session - All of the below Health	a Factors are the same across all of the templates								
		CBT TIME IN SESSION							
Session Number	CBT 1 SESSION NUMBER 1	CBT 2 SESSION NUMBER 2	CBT 2 SESSION NUMBER 10						
	through	through	through						
	CBT SESSION NUMBER 3	CBT 2 SESSION NUMBER 19	CBT SESSION NUMBER 20						
Session Format - All of the below Health	Factors are the same across all of the templates								
CBT SESSION FORMA	r GP • CBT SE	SSION FACE TO FACE	CBT SESSION TELEPHONE						
CBT SESSION VIDEO 1	TELEHEALTH • CBT SE	SSION OTHER	•						
Session Location - All of the below Heal	th Factors are the same across all of the templates								
CBT SESSION LOCATI	ON GP • CBT LC	CATION CLC	CBT LOCATION CBOC						
CBT LOCATION DOM		CATION INPT MH	CBT LOCATION MHC						
CBT LOCATION RRTP	CBT LC	CATION MHICM	CBT LOCATION HBPC						
CBT LOCATION PT RE	SIDENCE • CBT LC	CATION PCT	CBT LOCATION PC						
CBT LOCATION SUD	CBT LC	CATION PRRC	CBT LOCATION COMMUNITY						
CBT LOCATION OTHE	R •		•						
Diagnosis - All of the below Health Facto	ors are the same across all of the templates								
CBT DIAGNOSIS GP	CBT DI	AGNOSIS PRIMARY	CBT DIAGNOSIS SECONDARY						
Assessment	CBT ASSESSMENT GP								
	CBT MH BDI-II								
	CBR ASSESS ADDL MEASURES								
Session Content	CBT 1 SESSION CONTENT	CBT 2 SESSION CONTENT	CBT 3 SESSION CONTENT						
	CBT 1 SESSION CONTENT SOCIALIZATION TO CBT GP	CBT 2 CONTENT BRIDGE GP	CBT 3 CONTENT BRIDGE GP						
	CBT 1 CONTENT DESCRIBE CBT 1 CONTENT EFFICACY	CBT 2 CONTENT BRIGE HELPFUL CBT 2 CONTENT BRIDGE HMWRK	CBT 3 CONTENT BRIDGE HELPFUL CBT 3 CONTENT BRIDGE HMWRK						
	CBT I CONTENT EFFICACI CBT I CONTENT AGENDA SETTING	CBT 2 CONTENT BRIDGE HWWRK CBT 2 CONTENT PRIORITIZED AGENDA GP	CBT 3 CONTENT BRIDGE HWWRK CBT 3 CONTENT PRIORITIZED AGENDA GP						
	CBT 1 CONTENT AGENDA SETTING CBT 1 CONTENT BDI DESCRIBE	CBT 2 CONTENT PRIORITIZED AGENDA GP CBT 2 CONTENT AGENDA	CBT 3 CONTENT PRIORITIZED AGENDA GP						
	CBT1 CONTENT BD1 DESCRIBE	CBT 2 CONTENT AGENDA CBT 2 CONTENT CPG/BEHAV STRATEGIESGP	CBT 3 CONTENT AGENDA CBT 3 CONTENT PROGRESS TOWARDS GOALS GP						
	CBT 1 CONTENT TREATMENT REVIEW	CBT 2 CONTENT BEHAV STRATEGIESGP	CBT 3 CONTENT PROGRESS						
	CBT 1 SESSION CONTENT TREATMENT GOALS GP	CBT 2 CONTENT COG STRATEGIES GP	CBT 3 CONTENT IMPACT						
	CBT 1 CONTENT PRESENTING PROBLEMS		CBT 3 CONTENTD EPRESSION LESSENED						
	CBT 1 CONTENT TREATMENT GOALS		CBT 3 CONTENT COG/BEHAV STRATEGIES						
	CBT 1 CONTENT CASE CONCEPTUALIZATION		CBT 3 CONTENT BEHAV STRATEGIES GP						
			CBT 3 CONTENT COG STRATEGIES GP						
Motivational Enhancement	CBT 1 MOTIVATINAL ENHANCEMENT GP								
	CBT 1 MOTIVIATION ENHANCE GOALS	All of the below Health F	actors are the same across all of the templates						
	CBT 1 MOTIVATION ENHANCE CONSEQUENCES	CBT M	OTIVATION ASSESSED GP						
	CBT 1 MOTIVATION BENEFITS								
	CBT 1 MOTIVATION ENHANCE ATTITUDES CBT 1 MOTIVATION ENHANCE BARRIERS	CBT	MOTIVATION ASSESSED						
	w Health Factors are the same across all of the templates								
CBT COLLABORATIO		GREE OF COLLABORATION GP	CBT COLLABORATION LOW						
CBT COLLABORATIO	N MEDIUM • CBT CO	LLABORATION HIGH	CBT COLLABORATION THERAPEUTIC ALLIANCE GIVEN						
Additional Session Information - All of t	he below Health Factors are the same across all of the templates								
CBT ADDITIONAL SES	SION INFO GP • CBT AS	SESS OTHER DESCRIPTION	CBT ADD'L SESSION REACTIONS GP						
		DD'L SESSION MS FACTORS GP	CBT ADD'L SESSION SI/HI GP						
CBT ADD'L SESSION 1		D'L SESSION CULTURAL GP	CBT ADD'L SESSION SPIRITUAL GP						

TABLE 20 - COGNITIVE BEHAVIORAL THERAPY FINDING ITEMS TABLE

Distribution of Mental Health Clinical Reminders Requirements Specification Document

Component	CBT 1 HF	CBT 2 HF	CBT 3 HF
Homework - All of the below Health Factors	are the same across all of the templates		(NA)
CBT HMWRK ASSIGNMEN CBT HMWRK WRITTEN CBT HMWRK LIKELIHOO	CBT HMWRI	K ASSIGNMENT DESCRIBE K UNDERSTOOD K CHALLENGES	
Plan - All of the below Health Factors are th	e same across all of the templates CBT PLAN DT NEXT SESSION GP		CBT 3 PLAN GP CBT 3 PLAN COMPLETE CBT 3 PLAN BOOSTER SESSION
	CBT PLAN DT NEXT SESSION OF		CBT 3 PLAN POST ASSES CBT 3 PLAN REFERRAL CBT 3 PLAN PT AGREE CBT PLAN DT NEXT SESSION GP CBT PLAN DT NEXT SESSION
Final Summary - All of the below Health Fa	ctors are the same across all of the templates		
	CBT FINAL SUMMARY GP		
	CBT FEEDBACK HELPFUL CBT FEEDBACK CONCERNS		

CBT 1 Initial Phase Template Details

The below table details the content requirements to develop the CBT 1 templates.

~~~~					NUMBER OF		EXCLUDE FROM PROGRESS	PROMPT	DIALOG/PROGRESS	ALTERNATE PROGRESS NOTE
SEQ 5	NAME CBT 1 TITLE HEADER	dialog element	CAPTION	BOX	INDENTS	FINDING ITEM CBT 1 COGNITIVE BEHAVIORAL INITIAL	NOTE	CAPTION	NOTE TEXT           Cognitive Behavioral           Therapy: Initial Phase -           Individual	TEXT COGNITIVE BEHAVIORAL THERAPY (CBT): INITIAL PHASE - INDIVIDUAL
10	CBT TIME IN SESSION	dialog element							TIME IN SESSION	\\TIME IN SESSION:
	PXRM COMMENT	prompt						Comment:		
15	CBT 1 SESSION NUMBER 1-3 GP	dialog group	SESSION NUMBER	YES	2					SESSION NUMBER:
	CBT SESSION NUMBER 1	dialog element				CBT SESSION NUMBER 1			1	
	CBT SESSION NUMBER 2	dialog element				CBT SESSION NUMBER 2			2	
	CBT SESSION NUMBER 3	dialog element				CBT SESSION NUMBER 3			3	
20	CBT SESSION FORMAT GP	dialog group	SESSION FORMAT	YES	2					SESSION FORMAT:
	CBT SESSION FACE TO FACE	dialog element				CBT SESSION FACE TO FACE			Face-to-face session	
	CBT SESSION TELEPHONE	dialog element				CBT SESSION TELEPHONE			Telephone session	
	CBT SESSION VIDEO TELEHEALTH	dialog element				CBT SESSION VIDEO TELEHEALTH			Video Telehealth session	
	CBT SESSION OTHER	dialog element				CBT SESSION OTHER			Other session type	
	PXRM COMMENT	prompt						Comment:		
25	CBT SESSION LOCATION GP	dialog group	SESSION LOCATION:	YES	2					SESSION LOCATION:
	CBT LOCATION CLC	dialog element				CBT LOCATION CLC			Community Living Center	
	CBT LOCATION CBOC	dialog element				CBT LOCATION CBOC			СВОС	

TABLE 21 - CBT 1 TEMPLATE DETAIL

Distribution of Mental Health Clinical Reminders Requirements Specification Document

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CBT LOCATION DOM	dialog element				CBT LOCATION DOM			Domiciliary	
	CBT LOCATION INPT MH	dialog element				CBT LOCATION INPT MH			Inpatient Mental Health	
	CBT LOCATION OEF/OIF	dialog element				CBT LOCATION OEF/OIF			OEF/OIF clinic	
	CBT LOCATION MHC	dialog element				CBT LOCATION MHC			Mental Health Clinic	
	CBT LOCATION RRTP	dialog element				CBT LOCATION RRTP			MH Residential Rehabilitation Treatment Program (RRTP)	
	CBT LOCATION MHICM	dialog element				CBT LOCATION MHICM			MHICM	
	CBT LOCATION HBPC	dialog element				CBT LOCATION HBPC			Patient residence - Hospital Based Home Care (HBHC)	
	CBT LOCATION PT RESIDENCE	dialog element				CBT LOCATION PT RESIDENCE			Patient residence - other	
	PXRM COMMENT	prompt						Comment:		
	CBT LOCATION PCT	dialog element				CBT LOCATION PCT			PTSD clinical team	
	CBT LOCATION PC	dialog element				CBT LOCATION PC			Primary Care	
	CBT LOCATION SUD	dialog element				CBT LOCATION SUD			Substance Use Disorder (SUD) clinic	
	CBT LOCATION PRRC	dialog element				CBT LOCATION PRRC			PRRC/Day Treatment	
	CBT LOCATION COMMUNITY	dialog element				CBT LOCATION COMMUNITY			Community/Non-VA	
	CBT LOCATION OTHER	dialog element				CBT LOCATION OTHER			Other location	
	PXRM COMMENT	prompt						Comment:		
30	CBT DIAGNOSIS GP	dialog group	DIAGNOSIS	YES	2					DIAGNOSIS:
	CBT DIAGNOSIS PRIMARY	dialog element							Primary Diagnosis (focus of visit):	

					NUMBER		EXCLUDE FROM			ALTERNATE
SEO	NAME	ТҮРЕ	CAPTION	BOX	OF INDENTS	FINDING ITEM	PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	PROGRESS NOTE TEXT
~- 🕻										
	PXRM COMMENT	prompt						Comment:		
	CBT DIAGNOSIS SECONDARY	dialog element							Secondary Diagnosis (if applicable):	
	PXRM COMMENT	prompt						Comment:		
35	CBT ASSESSMENT GP	dialog group	ASSESSMENT:	YES	2					ASSESSMENT:
	CBT MH BDI-II	dialog element				BDI2			BDI - II	
	CBT ASSESS ADDL MEASURES	dialog element							Enter name/results of any additional assessment measures done	
	PXRM COMMENT	prompt						Comment:		
45	CBT 1 SESSION CONTENT	dialog group	SESSION CONTENT	YES	2					SESSION CONTENT:
	CBT 1 SESSION CONTENT SOCIALIZATION TO CBT GP	dialog group			2				SOCIALIZATION TO CBT	
	CBT 1 CONTENT DESCRIBE	dialog element				CBT 1 CONTENT DESCRIBE			Provided a brief description of CBT and how CBT relates to the treatment goals.	
	CBT 1 CONTENT EFFICACY	dialog element				CBT 1 CONTENT EFFICACY			Provided information about the efficacy of CBT.	
	CBT 1 CONTENT AGENDA SETTING	dialog element				CBT 1 CONTENT AGENDA SETTING			Described prioritized agenda setting.	
	CBT 1 CONTENT BDI DESCRIBE	dialog element				CBT 1 CONTENT BDI DESCRIBE			Described how the BDI (Beck Depression Inventory)-II will be completed and scored	

					NUMBER OF		EXCLUDE FROM PROGRESS	PROMPT	DIALOG/PROGRESS	ALTERNATE PROGRESS NOTE
SEQ	NAME	TYPE	CAPTION	BOX	INDENTS	FINDING ITEM	NOTE	CAPTION	NOTE TEXT	TEXT
									for each session.	
	CBT 1 CONTENT HMWRK DESCRIBE	dialog element				CBT 1 CONTENT HMWRK DESCRIBE			Describe how homework will be assigned and discussed each session.	
	CBT 1 CONTENT TREATMENT REVIEW	dialog element				CBT 1 CONTENT TREATMENT REVIEW			Reviewed the length (16 sessions) and frequency (weekly or biweekly) of treatment.	
	CBT 1 SESSION CONTENT TREATMENT GOALS GP	dialog group			2				TREATMENT GOALS	
	CBT 1 CONTENT PRESENTING PROBLEM	dialog element				CBT 1 CONTENT PRESENTING PROBLEM			Patient's presenting problem:	
	CBT 1 CONTENT TREATMENT GOALS	dialog element				CBT 1 CONTENT TREATMENT GOALS			Treatment goals:	
	CBT 1 CONTENT CASE CONCEPTUALIZATION	dialog element				CBT 1 CONTENT CASE CONCEPTUALIZATION			Case conceptualization:	
80	CBT 1 MOTIVATIONAL ENHANCEMENT GP	dialog group	MOTIVATIONAL ENHANCEMENT	YES	2					
	CBT 1 MOTIVATION ENHANCE GOALS	dialog element				CBT 1 MOTIVATION ENHANCE GOALS			Identified short-term goals in several areas of functioning.	
	PXRM COMMENT	prompt						Comment:		
	CBT 1 MOTIVATION ENHANCE CONSEQUENCES	dialog element				CBT 1 MOTIVATION ENHANCE CONSEQUENCES			Identified the consequences or impact of depression (or other symptoms).	
	PXRM COMMENT	prompt						Comment:		
	CBT 1 MOTIVATION ENHANCE BENEFITS	dialog element				CBT 1 MOTIVATION ENHANCE BENEFITS			Identified the benefits of reducing the severity of the depression.	

SEQ	NAME	TYPE	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PXRM COMMENT	prompt						Comment:		
	CBT 1 MOTIVATION ENHANCE ATTITUDES	dialog element				CBT 1 MOTIVATION ENHANCE ATTITUDES			Assessed attitudes and expectations for therapy.	
	PXRM COMMENT	prompt						Comment:		
	CBT 1 MOTIVATION ENHANCE BARRIERS	dialog element				CBT 1 MOTIVATION ENHANCE BARRIERS			Assessed any barriers to attending therapy and assisted the patient in problem-solving these barriers.	
	PXRM COMMENT	prompt						Comment:		
90	CBT COLLABORATION GP	dialog group	COLLABORATION:	YES	2					COLLABORATION:
	CBT DEGREE OF COLLABORATION GP	dialog group			2				The degree of collaboration between the patient and the therapist in the current session was:	
	CBT COLLABORATION LOW	dialog element				CBT COLLABORATION LOW			Low	
	CBT COLLABORATION MEDIUM	dialog element				CBT COLLABORATION MEDIUM			Medium	
	CBT COLLABORATION HIGH	dialog element				CBT COLLABORATION HIGH			High	
	CBT COLLABORATION THERAPEUTIC ALLIANCE GIVEN	dialog element				CBT COLLABORATION THERAPEUTIC ALLIANCE			If a therapeutic alliance measure was given, please report results here.	
	PXRM COMMENT	prompt						Comment:		
100	CBT HMWRK ASSIGNMENT GP	dialog group	HOMEWORK ASSIGNENT	YES	2					COLLABORATIVE HOMEWORK ASSIGNMENT:
	CBT HMWRK ASSIGNMENT DESCRIBE	dialog element				CBT HMWRK ASSIGNMENT DESCRIBE			The homework assignment for this session was:	
	PXRM COMMENT	prompt						Comment:		

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CBT HMWRK WRITTEN	dialog element				CBT HMWRK WRITTEN			The homework assignment and goal of the assignment was written down.	
	CBT HMWRK UNDERSTOOD	dialog element				CBT HMWRK UNDERSTOOD			The therapist inquired about patient's understanding of the homework assignment and its rationale.	
	CBT HMWRK LIKELIHOOD	dialog element				CBT HMWRK LIKELIHOOD			Therapist and patient discussed the likelihood that the patient will do the homework.	
	CBT HMWRK CHALLENGES	dialog element				CBT HMWRK CHALLENGES			Specific roadblocks or challenges for doing the homework were discussed.	
	PXRM COMMENT	prompt						Comment:		
110	CBT ADDITIONAL SESSION INFO GP	dialog group	ADDITIONAL SESSION INFORMATION	YES	2		NO			ADDITIONAL SESSION INFORMATION:
	CBT ASSESS OTHER DESCRIPTION	dialog element					YES		Check to add information regarding: session content and reactions; level of engagement; MSE factors; SI/HI evaluation; SUD; cultural and spiritual influences.	
	CBT ADD'L SESSION REACTIONS GP	dialog group			2				Reactions to session content:	
	CBT WP-6LINES	dialog element							{FLD:W-P6LINES}	
	CBT ADD'L SESSION LEVEL OF ENGAGEMENT GP	dialog group			2				Level of engagement:	
	CBT WP-6LINES	dialog element							{FLD:W-P6LINES}	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CBT ADD'L SESSION	dialag								
	MS FACTORS GP	dialog group			2				Mental status factors:	
	CBT WP-6LINES	dialog element							{FLD:W-P6LINES}	
	CBT ADD'L SESSION SI/HI GP	dialog group			2				Suicidal/Homicidal ideation evaluation:	
	CBT WP-6LINES	dialog element							{FLD:W-P6LINES}	
	CBT ADD'L SESSION SUD GP	dialog group			2				Substance abuse:	
	CBT WP-6LINES	dialog element							{FLD:W-P6LINES}	
	CBT ADD'L SESSION CULTURAL GP	dialog group			2				Cultural influences:	
	CBT WP-6LINES	dialog element							{FLD:W-P6LINES}	
	CBT ADD'L SESSION SPIRITUAL GP	dialog group			2				Spiritual influences:	
	CBT WP-6LINES	dialog element							{FLD:W-P6LINES}	
113	CBT FINAL SUMMARY GP	dialog group	FINAL SUMMARY AND FEEDBACK	YES	2					FINAL SUMMARY AND FEEDBACK:
	CBT FEEDBACK HELPFUL	dialog element							Patient identified the following elements as helpful during the session:	
	PXRM COMMENT	prompt						Comment:		
	CBT FEEDBACK CONCERNS	dialog element							Patient expressed the following concerns about the session:	
	PXRM COMMENT	prompt						Comment:		
115	CBT PLAN DT NEXT SESSION GP	dialog group	ENTER TIME/DATE NEXT SESSION	YES	2					

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CBT PLAN DT NEXT SESSION	dialog element							Next session scheduled for:	
	PXRM COMMENT	prompt						Comment:		

## **CBT 2 Middle Phase Template Details**

The below table details the content requirements to develop the CBT 2 templates.

					NUMBER		EXCLUDE FROM			ALTERNATE
					OF		PROGRESS	PROMPT	DIALOG/PROGRESS	PROGRESS NOTE
SEQ	NAME	TYPE	CAPTION	BOX	INDENTS	FINDING ITEM	NOTE	CAPTION	NOTE TEXT	TEXT COGNITIVE
5	CBT 2 TITLE HEADER	dialog element				CBT 2 COGNITIVE BEHAVIORAL MIDDLE			Cognitive Behavioral Therapy: Middle Phase - Individual	BEHAVIORAL THERAPY (CBT): MIDDLE PHASE - INDIVIDUAL
10	CBT TIME IN SESSION	dialog element							TIME IN SESSION	\\TIME IN SESSION:
	PXRM COMMENT	prompt						Comment:		
15	CBT 2 SESSION NUMBER 2-19	dialog group	SESSION NUMBER	YES	2					SESSION NUMBER:
	CBT SESSION NUMBER 2	dialog element				CBT SESSION NUMBER 2			2	
	CBT SESSION NUMBER 3	dialog element				CBT SESSION NUMBER 3			3	
	CBT SESSION NUMBER 4	dialog element				CBT SESSION NUMBER 4			4	
	CBT SESSION NUMBER 5	dialog element				CBT SESSION NUMBER 5			5	
	CBT SESSION NUMBER 6	dialog element				CBT SESSION NUMBER 6			6	
	CBT SESSION NUMBER 7	dialog element				CBT SESSION NUMBER 7			7	
	CBT SESSION NUMBER 8	dialog element				CBT SESSION NUMBER 8			8	
	CBT SESSION NUMBER 9	dialog element				CBT SESSION NUMBER 9			9	
	CBT SESSION NUMBER 10	dialog element				CBT SESSION NUMBER 10			10	
	CBT SESSION NUMBER 11	dialog element				CBT SESSION NUMBER 11			11	

TABLE 22 - CBT 2 TEMPLATE DETAIL

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CBT SESSION NUMBER 12	dialog element				CBT SESSION NUMBER 12			12	
	CBT SESSION NUMBER 13	dialog element				CBT SESSION NUMBER 13			13	
	CBT SESSION NUMBER 14	dialog element				CBT SESSION NUMBER 14			14	
	CBT SESSION NUMBER 15	dialog element				CBT SESSION NUMBER 15			15	
	CBT SESSION NUMBER 16	dialog element				CBT SESSION NUMBER 16			16	
	CBT SESSION NUMBER 17	dialog element				CBT SESSION NUMBER 17			17	
	CBT SESSION NUMBER 18	dialog element				CBT SESSION NUMBER 18			18	
	CBT SESSION NUMBER 19	dialog element				CBT SESSION NUMBER 19			19	
20	CBT SESSION FORMAT GP	dialog group	SESSION FORMAT	YES	2					SESSION FORMAT:
	CBT SESSION FACE TO FACE	dialog element				CBT SESSION FACE TO FACE			Face-to-face session	
	CBT SESSION TELEPHONE	dialog element				CBT SESSION TELEPHONE			Telephone session	
	CBT SESSION VIDEO TELEHEALTH	dialog element				CBT SESSION VIDEO TELEHEALTH			Video Telehealth session	
	CBT SESSION OTHER	dialog element				CBT SESSION OTHER			Other session type	
	PXRM COMMENT	prompt						Comment:		
25	CBT SESSION LOCATION GP	dialog group	SESSION LOCATION:	YES	2					SESSION LOCATION:
	CBT LOCATION CLC	dialog element				CBT LOCATION CLC			Community Living Center	
	CBT LOCATION CBOC	dialog element				CBT LOCATION CBOC			СВОС	

SEO	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
		dialog		_						
	CBT LOCATION DOM	element				CBT LOCATION DOM			Domiciliary	
	CBT LOCATION INPT MH	dialog element				CBT LOCATION INPT MH			Inpatient Mental Health	
	CBT LOCATION OEF/OIF	dialog element				CBT LOCATION OEF/OIF			OEF/OIF clinic	
	CBT LOCATION MHC	dialog element				CBT LOCATION MHC			Mental Health Clinic	
	CBT LOCATION RRTP	dialog element				CBT LOCATION RRTP			MH Residential Rehabilitation Treatment Program (RRTP)	
	CBT LOCATION MHICM	dialog element				CBT LOCATION MHICM			MHICM	
	CBT LOCATION HBPC	dialog element				CBT LOCATION HBPC			Patient residence - Hospital Based Home Care (HBHC)	
	CBT LOCATION PT RESIDENCE	dialog element				CBT LOCATION PT RESIDENCE			Patient residence - other	
	PXRM COMMENT	prompt						Comment:		
	CBT LOCATION PCT	dialog element				CBT LOCATION PCT			PTSD clinical team	
	CBT LOCATION PC	dialog element				CBT LOCATION PC			Primary Care	
	CBT LOCATION SUD	dialog element				CBT LOCATION SUD			Substance Use Disorder (SUD) clinic	
	CBT LOCATION PRRC	dialog element				CBT LOCATION PRRC			PRRC/Day Treatment	
	CBT LOCATION COMMUNITY	dialog element				CBT LOCATION COMMUNITY			Community/Non-VA	
	CBT LOCATION OTHER	dialog element				CBT LOCATION OTHER			Other location	
	PXRM COMMENT	prompt						Comment:		
30	CBT DIAGNOSIS GP	dialog group	DIAGNOSIS	YES	2					DIAGNOSIS:

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CBT DIAGNOSIS PRIMARY	dialog element							Primary Diagnosis (focus of visit):	
	PXRM COMMENT	prompt						Comment:		
	CBT DIAGNOSIS SECONDARY	dialog element							Secondary Diagnosis (if applicable):	
	PXRM COMMENT	prompt						Comment:		
35	CBT ASSESSMENT GP	dialog group	ASSESSMENT:	YES	2					ASSESSMENT:
	CBT MH BDI-II	dialog element				BDI2			BDI - II	
	CBT ASSESS ADDL MEASURES	dialog element							Enter name/results of any additional assessment measures done	
	PXRM COMMENT	prompt						Comment:		
45	CBT 2 SESSION CONTENT	dialog group	SESSION CONTENT	YES	2					SESSION CONTENT:
	CBT CONTENT BRIDGE GP	dialog group		NO	2		NO		BRIDGE FROM LAST SESSION	
	CBT CONTENT BRIDGE HELPFUL	dialog element				CBT CONTENT BRIDGE HELPFUL			Therapist inquired about what the patient found important or helpful from the last session and any patient concerns about the last session.	
	CBT CONTENT BRIDGE HMWRK	dialog element				CBT CONTENT BRIDGE HMWRK			Therapist inquired about the degree to which the homework was completed and what was learned from the homework assessment.	

					NUMBER OF		EXCLUDE FROM PROGRESS	PROMPT	DIALOG/PROGRESS	ALTERNATE PROGRESS NOTE
SEQ	NAME	TYPE	CAPTION	BOX	INDENTS	FINDING ITEM	NOTE	CAPTION	NOTE TEXT	TEXT
	CBT CONTENT PRIORITIZED AGENDA GP	dialog group		NO	2		NO		PRIORITIZED AGENDA\\ Describe the prioritized agenda that was collaboratively developed with the patient. Any issues related to suicide risk or noncompliance with treatment have a higher priority.	
	CBT CONTENT AGENDA	dialog element							The therapist and patient collaboratively developed a prioritized agenda.	
	CBT 2 CONTENT COG/BEHAV STRATEGIES GP	dialog group		NO	2		YES		COGNITIVE AND BEHAVIORAL STRATEGIES USED DURING SESSION	
	CBT 2 CONTENT BEHAV STRATEGIES GP	dialog group			2				BEHAVIORAL STRATEGIES	
	CBT 2 CONTENT COG STRATEGIES GP	dialog group			2				COGNITIVE STRATEGIES	
90	CBT COLLABORATION GP	dialog group	COLLABORATION:	YES	2					COLLABORATION:
	CBT DEGREE OF COLLABORATION GP	dialog group			2				The degree of collaboration between the patient and the therapist in the current session was:	
	CBT COLLABORATION LOW	dialog element				CBT COLLABORATION LOW			Low	
	CBT COLLABORATION MEDIUM	dialog element				CBT COLLABORATION MEDIUM			Medium	
	CBT COLLABORATION HIGH	dialog element				CBT COLLABORATION HIGH			High	

SEO	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
~= t	CBT COLLABORATION THERAPEUTIC ALLIANCE GIVEN	dialog element				CBT COLLABORATION THERAPEUTIC ALLIANCE			If a therapeutic alliance measure was given, please report results here.	
	PXRM COMMENT	prompt						Comment:		
95	CBT HMWRK ASSIGNMENT GP	dialog group	HOMEWORK ASSIGNENT	YES	2					COLLABORATIVE HOMEWORK ASSIGNMENT:
	CBT HMWRK ASSIGNMENT DESCRIBE	dialog element				CBT HMWRK ASSIGNMENT DESCRIBE			The homework assignment for this session was:	
	PXRM COMMENT	prompt						Comment:		
	CBT HMWRK WRITTEN	dialog element				CBT HMWRK WRITTEN			The homework assignment and goal of the assignment was written down.	
	CBT HMWRK UNDERSTOOD	dialog element				CBT HMWRK UNDERSTOOD			The therapist inquired about patient's understanding of the homework assignment and its rationale.	
	CBT HMWRK LIKELIHOOD	dialog element				CBT HMWRK LIKELIHOOD			Therapist and patient discussed the likelihood that the patient will do the homework.	
	CBT HMWRK CHALLENGES	dialog element				CBT HMWRK CHALLENGES			Specific roadblocks or challenges for doing the homework were discussed.	
	PXRM COMMENT	prompt						Comment:		
105	CBT MOTIVATION ASSESSED GP	dialog group	MOTIVATIONAL ASSESSMENT	YES	2					
	CBT MOTIVATION ASSESSED	dialog element				CBT MOTIVATION ASSESSED			If therapist assessed motivation and/or applied motivational enhancement strategies please indicate and describe below:	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	PXRM COMMENT	prompt						Comment:		
110	CBT ADDITIONAL SESSION INFO GP	dialog group	ADDITIONAL SESSION INFORMATION	YES	2		NO			ADDITIONAL SESSION INFORMATION:
	CBT ASSESS OTHER DESCRIPTION	dialog element					YES		Check to add information regarding: session content and reactions; level of engagement; MSE factors; SI/HI evaluation; SUD; cultural and spiritual influences.	
	CBT ADD'L SESSION REACTIONS GP	dialog group			2				Reactions to session content:	
	CBT WP-6LINES	dialog element							{FLD:W-P6LINES}	
	CBT ADD'L SESSION LEVEL OF ENGAGEMENT GP	dialog group			2				Level of engagement:	
	CBT WP-6LINES	dialog element							{FLD:W-P6LINES}	
	CBT ADD'L SESSION MS FACTORS GP	dialog group			2				Mental status factors:	
	CBT WP-6LINES	dialog element							{FLD:W-P6LINES}	
	CBT ADD'L SESSION SI/HI GP	dialog group			2				Suicidal/Homicidal ideation evaluation:	
	CBT WP-6LINES	dialog element							{FLD:W-P6LINES}	
	CBT ADD'L SESSION SUD GP	dialog group			2				Substance abuse:	
	CBT WP-6LINES	dialog element							{FLD:W-P6LINES}	
	CBT ADD'L SESSION CULTURAL GP	dialog group			2				Cultural influences:	
	CBT WP-6LINES	dialog element							{FLD:W-P6LINES}	
	CBT ADD'L SESSION SPIRITUAL GP	dialog group			2				Spiritual influences:	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CBT WP-6LINES	dialog element							{FLD:W-P6LINES}	
112	CBT FINAL SUMMARY GP	dialog group	FINAL SUMMARY AND FEEDBACK	YES	2					FINAL SUMMARY AND FEEDBACK:
	CBT FEEDBACK HELPFUL	dialog element							Patient identified the following elements as helpful during the session:	
	PXRM COMMENT	prompt						Comment:		
	CBT FEEDBACK CONCERNS	dialog element							Patient expressed the following concerns about the session:	
	PXRM COMMENT	prompt						Comment:		
115	CBT PLAN DT NEXT SESSION GP	dialog group	ENTER TIME/DATE NEXT SESSION	YES	2					
	CBT PLAN DT NEXT SESSION	dialog element							Next session scheduled for:	
	PXRM COMMENT	prompt						Comment:		

## **CBT 3 Final Phase Template Details**

The below table details the content requirements to develop the CBT 3 templates.

					NUMBER	CBT3 TEMPLATE DET	EXCLUDE FROM			ALTERNATE
SEQ	NAME	ТҮРЕ	CAPTION	BOX	OF INDENTS	FINDING ITEM	PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	PROGRESS NOTE TEXT
5	CBT 3 TITLE HEADER	dialog element		DOA		CBT 3 COGNITIVE BEHAVIORAL FINAL			Cognitive Behavioral Therapy: Final Phase - Individual	COGNITIVE BEHAVIORAL THERAPY (CBT): FINAL PHASE - INDIVIDUAL
10	CBT TIME IN SESSION	dialog element							TIME IN SESSION	\\TIME IN SESSION:
	PXRM COMMENT	prompt						Comment:		
15	CBT 3 SESSION NUMBER 10-20	dialog group	SESSION NUMBER	YES	2					SESSION NUMBER:
	CBT SESSION NUMBER 10	dialog element				CBT SESSION NUMBER 10			10	
	CBT SESSION NUMBER 11	dialog element				CBT SESSION NUMBER 11			11	
	CBT SESSION NUMBER 12	dialog element				CBT SESSION NUMBER 12			12	
	CBT SESSION NUMBER 13	dialog element				CBT SESSION NUMBER 13			13	
	CBT SESSION NUMBER 14	dialog element				CBT SESSION NUMBER 14			14	
	CBT SESSION NUMBER 15	dialog element				CBT SESSION NUMBER 15			15	
	CBT SESSION NUMBER 16	dialog element				CBT SESSION NUMBER 16			16	
	CBT SESSION NUMBER 17	dialog element				CBT SESSION NUMBER 17			17	
	CBT SESSION NUMBER 18	dialog element				CBT SESSION NUMBER 18			18	

TABLE 23 - CBT 3 TEMPLATE DETAIL

Distribution of Mental Health Clinical Reminders Requirements Specification Document

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CBT SESSION NUMBER 19	dialog element				CBT SESSION NUMBER 19			19	
	CBT SESSION NUMBER 20	dialog element				CBT SESSION NUMBER 20			20	
20	CBT SESSION FORMAT GP	dialog group	SESSION FORMAT	YES	2					SESSION FORMAT:
	CBT SESSION FACE TO FACE	dialog element				CBT SESSION FACE TO FACE			Face-to-face session	
	CBT SESSION TELEPHONE	dialog element				CBT SESSION TELEPHONE			Telephone session	
	CBT SESSION VIDEO TELEHEALTH	dialog element				CBT SESSION VIDEO TELEHEALTH			Video Telehealth session	
	CBT SESSION OTHER	dialog element				CBT SESSION OTHER			Other session type	
	PXRM COMMENT	prompt						Comment:		
25	CBT SESSION LOCATION GP	dialog group	SESSION LOCATION:	YES	2					SESSION LOCATION:
	CBT LOCATION CLC	dialog element				CBT LOCATION CLC			Community Living Center	
	CBT LOCATION CBOC	dialog element				CBT LOCATION CBOC			СВОС	
	CBT LOCATION DOM	dialog element				CBT LOCATION DOM			Domiciliary	
	CBT LOCATION INPT MH	dialog element				CBT LOCATION INPT MH			Inpatient Mental Health	
	CBT LOCATION OEF/OIF	dialog element				CBT LOCATION OEF/OIF			OEF/OIF clinic	
	CBT LOCATION MHC	dialog element				CBT LOCATION MHC			Mental Health Clinic	
	CBT LOCATION RRTP	dialog element				CBT LOCATION RRTP			MH Residential Rehabilitation Treatment Program (RRTP)	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CBT LOCATION MHICM	dialog element				CBT LOCATION MHICM			MHICM	
	CBT LOCATION HBPC	dialog element				CBT LOCATION HBPC			Patient residence - Hospital Based Home Care (HBHC)	
	CBT LOCATION PT RESIDENCE	dialog element				CBT LOCATION PT RESIDENCE			Patient residence - other	
	PXRM COMMENT	prompt						Comment:		
	CBT LOCATION PCT	dialog element				CBT LOCATION PCT			PTSD clinical team	
	CBT LOCATION PC	dialog element				CBT LOCATION PC			Primary Care	
	CBT LOCATION SUD	dialog element				CBT LOCATION SUD			Substance Use Disorder (SUD) clinic	
	CBT LOCATION PRRC	dialog element				CBT LOCATION PRRC			PRRC/Day Treatment	
	CBT LOCATION COMMUNITY	dialog element				CBT LOCATION COMMUNITY			Community/Non-VA	
	CBT LOCATION OTHER	dialog element				CBT LOCATION OTHER			Other location	
	PXRM COMMENT	prompt						Comment:		
30	CBT DIAGNOSIS GP	dialog group	DIAGNOSIS	YES	2					DIAGNOSIS:
	CBT DIAGNOSIS PRIMARY	dialog element							Primary Diagnosis (focus of visit):	
	PXRM COMMENT	prompt						Comment:		
	CBT DIAGNOSIS SECONDARY	dialog element							Secondary Diagnosis (if applicable):	
	PXRM COMMENT	prompt						Comment:		
35	CBT ASSESSMENT GP	dialog group	ASSESSMENT:	YES	2					ASSESSMENT:

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CBT MH BDI-II	dialog element				BDI2			BDI - II	
	CBT ASSESS ADDL MEASURES	dialog element							Enter name/results of any additional assessment measures done	
	PXRM COMMENT	prompt						Comment:		
90	CBT COLLABORATION GP	dialog group	COLLABORATION:	YES	2					COLLABORATION:
	CBT DEGREE OF COLLABORATION GP	dialog group			2				The degree of collaboration between the patient and the therapist in the current session was:	
	CBT COLLABORATION LOW	dialog element				CBT COLLABORATION LOW			Low	
	CBT COLLABORATION MEDIUM	dialog element				CBT COLLABORATION MEDIUM			Medium	
	CBT COLLABORATION HIGH	dialog element				CBT COLLABORATION HIGH			High	
	CBT COLLABORATION THERAPEUTIC ALLIANCE GIVEN	dialog element				CBT COLLABORATION THERAPEUTIC ALLIANCE			If a therapeutic alliance measure was given, please report results here.	
	PXRM COMMENT	prompt						Comment:		
95	CBT 3 SESSION CONTENT	dialog group	SESSION CONTENT	YES	2					SESSION CONTENT:
	CBT CONTENT BRIDGE GP	dialog group		NO	2		NO		BRIDGE FROM LAST SESSION	
	CBT CONTENT BRIDGE HELPFUL	dialog element				CBT CONTENT BRIDGE HELPFUL			Therapist inquired about what the patient found important or helpful from the last session and any patient concerns about the last session.	
	CBT CONTENT BRIDGE HMWRK	dialog element				CBT CONTENT BRIDGE HMWRK			Therapist inquired about the degree to which the homework was completed	

					NUMBER OF		EXCLUDE FROM PROGRESS	PROMPT	DIALOG/PROGRESS	ALTERNATE PROGRESS NOTE
SEQ	NAME	TYPE	CAPTION	BOX	INDENTS	FINDING ITEM	NOTE	CAPTION	NOTE TEXT	TEXT
									and what was learned from the homework assessment.	
	CBT CONTENT PRIORITIZED AGENDA GP	dialog group		NO	2		NO		PRIORITIZED AGENDA\\ Describe the prioritized agenda that was collaboratively developed with the patient. Any issues related to suicide risk or noncompliance with treatment have a higher priority.	
	CBT CONTENT AGENDA	dialog element							The therapist and patient collaboratively developed a prioritized agenda.	
	CBT 3 CONTENT PROGRESS TOWARD GOALS GP	dialog group		NO	2				PROGRESS TOWARDS GOALS	
	CBT 3 CONTENT PROGRESS	dialog element				CBT 3 CONTENT PROGRESS			Patient progress in treatment, overall and in relation to specific goals	
	CBT 3 CONTENT IMPACT	dialog element				CBT 3 CONTENT IMPACT			Impact of therapy on patient's functioning:	
	CBT 3 CONTENT DEPRESSION LESSENED	dialog group			2				Patient appears to be less depressed based on the following	
	CBT 3 CONTENT COG/BEHAV STRATEGIES	dialog group		NO	2		NO		REVIEW AND CONSOLIDATION OF SKILLS	
	CBT 3 CONTENT BEHAV STRATEGIES GP	dialog group			2				BEHAVIORAL STRATEGIES\\Patient found the following behavioral strategies most useful:	
	CBT 3 CONTENT COG STRATEGIES GP	dialog group			2				COGNITIVE STRATEGIES\\ Patient found the following cognitive strategies most useful:	
105	CBT MOTIVATION ASSESSED GP	dialog group	MOTIVATIONAL ASSESSMENT	YES	2					MOTIVATIONAL ASSESSMENT:
	CBT MOTIVATION ASSESSED	dialog element				CBT MOTIVATION ASSESSED			If therapist assessed motivation and/or applied	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
									motivational enhancement strategies please indicate and describe below:	
	PXRM COMMENT	prompt						Comment:		
110	CBT ADDITIONAL SESSION INFO GP	dialog group	ADDITIONAL SESSION INFORMATION	YES	2		NO			ADDITIONAL SESSION INFORMATION:
	CBT ASSESS OTHER DESCRIPTION	dialog element					YES		Check to add information regarding: session content and reactions; level of engagement; MSE factors; SI/HI evaluation; SUD; cultural and spiritual influences.	
	CBT ADD'L SESSION REACTIONS GP	dialog group			2				Reactions to session content:	
	CBT WP-6LINES	dialog element							{FLD:W-P6LINES}	
	CBT ADD'L SESSION LEVEL OF ENGAGEMENT GP	dialog group			2				Level of engagement:	
	CBT WP-6LINES	dialog element							{FLD:W-P6LINES}	
	CBT ADD'L SESSION MS FACTORS GP	dialog group			2				Mental status factors:	
	CBT WP-6LINES	dialog element							{FLD:W-P6LINES}	
	CBT ADD'L SESSION SI/HI GP	dialog group			2				Suicidal/Homicidal ideation evaluation:	
	CBT WP-6LINES	dialog element							{FLD:W-P6LINES}	
	CBT ADD'L SESSION SUD GP	dialog group			2				Substance abuse:	
	CBT WP-6LINES	dialog element							{FLD:W-P6LINES}	
	CBT ADD'L SESSION CULTURAL GP	dialog group			2				Cultural influences:	
	CBT WP-6LINES	dialog							{FLD:W-P6LINES}	

SEQ	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
		element								
	CBT ADD'L SESSION SPIRITUAL GP	dialog group			2				Spiritual influences:	
	CBT WP-6LINES	dialog element							{FLD:W-P6LINES}	
111	CBT 3 PLAN GP	dialog group	PLAN	YES	2					PLAN:
	CBT 3 PLAN COMPLETE	dialog element				CBT 3 PLAN COMPLETE			Treatment completed \\(Describe the reason for the termination of treatment)	
	PXRM COMMENT	prompt						Comment:		
	CBT 3 PLAN BOOSTER SESSION	dialog element				CBT 3 PLAN BOOSTER SESSION			Booster sessions \\(Describe the reason for booster sessions and if the sessions were scheduled or will be scheduled in the future)	
	PXRM COMMENT	prompt						Comment:		
	CBT 3 PLAN POST ASSESS	dialog element				CBT 3 PLAN POST ASSESS			Scheduled post assessment sessions \\(Describe the reason for additional assessment session)	
	PXRM COMMENT	prompt						Comment:		
	CBT 3 PLAN REFERRAL	dialog element				CBT 3 PLAN REFERRAL			Referred for further evaluation, treatment or other services \\(Describe the referral and reason for referral)	
	PXRM COMMENT	prompt						Comment:		
	CBT 3 PLAN PT AGREE	dialog element				CBT 3 PLAN PT AGREE			Patient agreed with above plan \\(Provide any additional information about the plan)	
	PXRM COMMENT	prompt						Comment:		
	CBT PLAN DT NEXT SESSION GP	dialog group	ENTER TIME/DATE NEXT SESSION	YES	2					

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CBT PLAN DT NEXT SESSION	dialog element							Next session scheduled for:	

# 2.6.4. Acceptance and Commitment Therapy (ACT)

The Acceptance and Commitment Therapy (ACT) templates document the use of acceptance and mindfulness strategies mixed in different ways with commitment and behavior-change strategies, to increase psychological flexibility.

The clinician uses one of three available Dialog Reminder Templates from the Acceptance and Commitment Therapy Clinical Reminder template drawer.

The three templates available are:

- 1. ACT 1 BEGINNING PHASE
- 2. ACT 2 ACTION PHASE
- 3. ACT 3 CLOSING PHASE

Health Factors created by session have been detailed in the table below. When creating the Dialog Element, use the Finding Item or Additional Finding field for 1) automatic ordering, 2) adding vital measurements, 3) stuffing Education Topics, 4) including immunizations and 5) documenting ACT codes into the PCE.

Refer to Appendix D Acceptance and Commitment Therapy Screenshots for samples of the screenshots.

#### TABLE 24 - ACCEPTANCE AND COMMITMENT THERAPY FOR DEPRESSION FINDING ITEMS TABLE

Component	ACT 1 HF		ACT 2 HF		ACT 3 HF
ne in Session - All of the below He	alth Factors are the same across all of the templates				•
	-	ACT TIME IN SE	SSION		
ssion Number	ACT SESSION NUMBER 1	ACT SESSION NU			ACT SESSION NUMBER 10
	through	through			through
	ACT SESSION NUMBER 5	ACT SESSION NU	UMBER19		ACT SESSION NUMBER 20
ssion Format - All of the below He	alth Factors are the same across all of the templates				
ACT SESSION FORM	• TAN	ACT SESSION FACE TO FACE		•	ACT SESSION TELEPHONE
ACT SESSION VIDE	• • •	ACT SESSION OTHER			
ssion Location - All of the below H	ealth Factors are the same across all of the templates				
	-				
ACT SESSION LOCA		ACT LOCATION CLC		•	ACT LOCATION CBOC
ACT LOCATION DO		ACT LOCATION INPT MH		•	ACT LOCATION OEF/OIF
ACT LOCATION ME     ACT LOCATION HE		ACT LOCATION RRTP	IT.	•	ACT LOCATION MHICM
ACT LOCATION HE     ACT LOCATION PC		ACT LOCATION PT RESIDENC ACT LOCATION SUD	L L	•	ACT LOCATION PCT ACT LOCATION PRRC
ACT LOCATION PC     ACT LOCATION CC		ACT LOCATION OTHER		•	Net Location rate
agnosis - All of the below Health F	actors are the same across all of the templates				
		ACT DIAGNOS	IS GP		
		ACT DIAGNOSIS P	RIMARY		
		ACT DIAGNOSIS SE	CONDARY		
		ACT DIAGNOSIS SE	CONDART		
scassment - All of the below Health	Factors are the same across all of the templates				
	Factors are the same across all of the templates				
ACT ASSESSMENT	•	ACT ASSESSMENT BDI-II		•	ACT ASSESS OTHER
<ul><li>ACT ASSESSMENT</li><li>ACT ASSESS AAQII</li></ul>	•	ACT ASSESS WHO-QOL		•	ACT ASSESS OTHER ACT ASSESS WAI-SR
<ul> <li>ACT ASSESSMENT</li> <li>ACT ASSESS AAQII</li> <li>ACT ASSESS 5 FAC</li> </ul>	• • •	ACT ASSESS WHO-QOL ACT ASSESS RESULTS DESCR		•	ACT ASSESS WAI-SR
<ul> <li>ACT ASSESSMENT</li> <li>ACT ASSESS AAQII</li> <li>ACT ASSESS 5 FAC</li> </ul>	ET MINDFULNESS SCALE • ACT I CONTENT SESSION	ACT ASSESS WHO-QOL ACT ASSESS RESULTS DESCR ACT 2 CONTENT	SESSION	:	ACT ASSESS WAI-SR ACT 3 CONTENT GP
<ul> <li>ACT ASSESSMENT</li> <li>ACT ASSESS AAQII</li> <li>ACT ASSESS 5 FAC</li> </ul>	ET MINDFULNESS SCALE • ACT 1 CONTENT SESSION ACT 1 CONTENT DISCUSSED RATIONALE OF ACT	ACT ASSESS WHO-QOL ACT ASSESS RESULTS DESCR ACT 2 CONTENT ACT 2 CONTENT	SESSION TREATMENT OBJECTIVES	:	ACT ASSESS WAI-SR ACT 3 CONTENT GP ACT 3 CONTENT ACT REVIEW
<ul> <li>ACT ASSESSMENT</li> <li>ACT ASSESS AAQII</li> <li>ACT ASSESS 5 FAC</li> </ul>	ET MINDFULNESS SCALE ACT 1 CONTENT SESSION ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT GOALS	ACT ASSESS WHO-QOL ACT ASSESS RESULTS DESCR ACT 2 CONTENT ACT 2 CONTENT ACT 2 CONTENT	SESSION TREATMENT OBJECTIVES CORE PROCESSES	:	ACT ASSESS WAI-SR ACT 3 CONTENT GP
<ul> <li>ACT ASSESSMENT</li> <li>ACT ASSESS AAQII</li> <li>ACT ASSESS 5 FAC</li> </ul>	ET MINDFULNESS SCALE • ACT 1 CONTENT SESSION ACT 1 CONTENT DISCUSSED RATIONALE OF ACT	ACT ASSESS WHO-QOL ACT ASSESS RESULTS DESCR ACT 2 CONTENT ACT 2 CONTENT ACT 2 CONTENT ACT 2 CONTENT	SESSION TREATMENT OBJECTIVES CORE PROCESSES	:	ACT ASSESS WAI-SR ACT 3 CONTENT GP ACT 3 CONTENT ACT REVIEW
<ul> <li>ACT ASSESSMENT</li> <li>ACT ASSESS AAQII</li> <li>ACT ASSESS 5 FAC</li> </ul>	ET MINDFULNESS SCALE ACT 1 CONTENT SESSION ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT GOALS ACT 1 CONTENT METAPHOR CHOICES	ACT ASSESS WHO-QOL ACT ASSESS RESULTS DESCR ACT 2 CONTENT ACT 2 CONTENT ACT 2 CONTENT ACT 2 CONTENT	SESSION TREATMENT OBJECTIVES CORE PROCESSES CREATIVE GP ACCEPTANCE GP	:	ACT ASSESS WAI-SR ACT 3 CONTENT GP ACT 3 CONTENT ACT REVIEW
<ul> <li>ACT ASSESSMENT</li> <li>ACT ASSESS AAQII</li> <li>ACT ASSESS 5 FAC</li> </ul>	ET MINDFULNESS SCALE ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT GOALS ACT 1 CONTENT METAPHOR CHOICES ACT 1 CONTENT METAPHOR ROLLER COASTER	ACT ASSESS WHO-QOL ACT ASSESS RESULTS DESCR ACT 2 CONTENT ACT 2 CONTENT ACT 2 CONTENT ACT 2 CONTENT ACT 2 CONTENT ACT 2 CONTENT	SESSION TREATMENT OBJECTIVES CORE PROCESSES CREATIVE GP ACCEPTANCE GP DEFUSION GP	:	ACT ASSESS WAI-SR ACT 3 CONTENT GP ACT 3 CONTENT ACT REVIEW
<ul> <li>ACT ASSESSMENT</li> <li>ACT ASSESS AAQII</li> <li>ACT ASSESS 5 FAC</li> </ul>	ET MINDFULNESS SCALE ACT 1 CONTENT SESSION ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT GOALS ACT 1 CONTENT METAPHOR CHOICES ACT 1 CONTENT METAPHOR ROLLER COASTER ACT 1 CONTENT METAPHOR MUD IN GLASS	ACT ASSESS WHO-QOL ACT ASSESS RESULTS DESCR ACT 2 CONTENT ACT 2 CONTENT ACT 2 CONTENT ACT 2 CONTENT ACT 2 CONTENT ACT 2 CONTENT ACT 2 CONTENT	SESSION TREATMENT OBJECTIVES CORE PROCESSES CREATIVE GP ACCEPTANCE GP DEFUSION GP CONTACT GP	:	ACT ASSESS WAI-SR ACT 3 CONTENT GP ACT 3 CONTENT ACT REVIEW
<ul> <li>ACT ASSESSMENT</li> <li>ACT ASSESS AAQII</li> <li>ACT ASSESS 5 FAC</li> </ul>	ET MINDFULNESS SCALE ACT 1 CONTENT SESSION ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT GOALS ACT 1 CONTENT METAPHOR CHOICES ACT 1 CONTENT METAPHOR ROLLER COASTER ACT 1 CONTENT METAPHOR MUD IN GLASS ACT 1 CONTENT METAPHOR TWO MOUNTAINS	ACT ASSESS WHO-QOL ACT ASSESS RESULTS DESCR ACT 2 CONTENT ACT 2 CONTENT	SESSION TREATMENT OBJECTIVES CORE PROCESSES CREATIVE GP ACCEPTANCE GP DEFUSION GP CONTACT GP	:	ACT ASSESS WAI-SR ACT 3 CONTENT GP ACT 3 CONTENT ACT REVIEW
<ul> <li>ACT ASSESSMENT</li> <li>ACT ASSESS AAQII</li> <li>ACT ASSESS 5 FAC</li> </ul>	ET MINDFULNESS SCALE ACT 1 CONTENT SESSION ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT METAPHOR CHOICES ACT 1 CONTENT METAPHOR ROLLER COASTER ACT 1 CONTENT METAPHOR MUD IN GLASS ACT 1 CONTENT METAPHOR TWO MOUNTAINS ACT 1 CONTENT CLIENT RESPONSE	ACT ASSESS WHO-QOL ACT ASSESS RESULTS DESCR ACT 2 CONTENT ACT 2 CONTENT	SESSION TREATMENT OBJECTIVES CORE PROCESSES CREATIVE GP ACCEPTANCE GP DEFUSION GP CONTACT GP SELF GP	:	ACT ASSESS WAI-SR ACT 3 CONTENT GP ACT 3 CONTENT ACT REVIEW
<ul> <li>ACT ASSESSMENT</li> <li>ACT ASSESS AAQII</li> <li>ACT ASSESS 5 FAC</li> </ul>	ET MINDFULNESS SCALE ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT GOALS ACT 1 CONTENT METAPHOR CHOICES ACT 1 CONTENT METAPHOR ROLLER COASTER ACT 1 CONTENT METAPHOR MUD IN GLASS ACT 1 CONTENT METAPHOR TWO MOUNTAINS ACT 1 CONTENT CLIENT RESPONSE ACT 1 CONTENT CLIENT RESPONSE ACT 1 CONTENT ELICITED LIFE STORY	ACT ASSESS WHO-QOL ACT ASSESS RESULTS DESCR ACT 2 CONTENT ACT 2 CONTENT	SESSION TREATMENT OBJECTIVES CORE PROCESSES CREATIVE GP ACCEPTANCE GP DEFUSION GP CONTACT GP SELF GP CLARIFYING GP COMMITTED GP	:	ACT ASSESS WAI-SR ACT 3 CONTENT GP ACT 3 CONTENT ACT REVIEW
<ul> <li>ACT ASSESSMENT</li> <li>ACT ASSESS AAQII</li> <li>ACT ASSESS 5 FAC</li> </ul>	ET MINDFULNESS SCALE ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT METAPHOR CHOICES ACT 1 CONTENT METAPHOR ROLLER COASTER ACT 1 CONTENT METAPHOR MUD IN GLASS ACT 1 CONTENT METAPHOR MUD IN GLASS ACT 1 CONTENT CLIENT RESPONSE ACT 1 CONTENT CLIENT RESPONSE ACT 1 CONTENT ELICITED LIFE STORY ACT 1 HOMEWORK	ACT ASSESS WHO-QOL ACT ASSESS RESULTS DESCR ACT 2 CONTENT ACT 2 CONTENT	SESSION TREATMENT OBJECTIVES CORE PROCESSES CREATIVE GP ACCEPTANCE GP DEFUSION GP CONTACT GP SELF GP CLARIFYING GP COMMITTED GP RK	:	ACT ASSESS WAI-SR ACT 3 CONTENT GP ACT 3 CONTENT ACT REVIEW
ACT ASSESSMENT     ACT ASSESS AAQII     ACT ASSESS 5 FAC ssion Content	ET MINDFULNESS SCALE ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT METAPHOR CHOICES ACT 1 CONTENT METAPHOR ROLLER COASTER ACT 1 CONTENT METAPHOR MUD IN GLASS ACT 1 CONTENT METAPHOR TWO MOUNTAINS ACT 1 CONTENT CLIENT RESPONSE ACT 1 CONTENT ELICITED LIFE STORY ACT 1 HOMEWORK ACT 1 TREATMENT PROGRESS ACT 1 MOTIVIATIONAL ENHANCEMENT GP	ACT ASSESS WHO-QOL ACT ASSESS RESULTS DESCR ACT 2 CONTENT ACT 2 CONTENT	SESSION TREATMENT OBJECTIVES CORE PROCESSES CREATIVE GP ACCEPTANCE GP DEFUSION GP CONTACT GP SELF GP CLARIFYING GP COMMITTED GP RK IT PROGRESS	:	ACT ASSESS WAI-SR ACT 3 CONTENT GP ACT 3 CONTENT ACT REVIEW ACT 3 CONTENT PATIENT PROCESSES
ACT ASSESSMENT     ACT ASSESS AAQII     ACT ASSESS 5 FAC ssion Content	ET MINDFULNESS SCALE ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT METAPHOR CHOICES ACT 1 CONTENT METAPHOR ROLLER COASTER ACT 1 CONTENT METAPHOR MUD IN GLASS ACT 1 CONTENT METAPHOR MUD IN GLASS ACT 1 CONTENT CLIENT RESPONSE ACT 1 CONTENT CLIENT RESPONSE ACT 1 CONTENT ELICITED LIFE STORY ACT 1 HOMEWORK ACT 1 TREATMENT PROGRESS ACT 1 MOTIVIATIONAL ENHANCEMENT GP ACT 1 MOTIVIATION ENHANCE GOALS	ACT ASSESS WHO-QOL ACT ASSESS RESULTS DESCR ACT 2 CONTENT ACT 2 CONTENT	SESSION TREATMENT OBJECTIVES CORE PROCESSES CREATIVE GP ACCEPTANCE GP DEFUSION GP CONTACT GP SELF GP CLARIFYING GP COMMITTED GP RK IT PROGRESS	• • • Health Factors are	ACT ASSESS WAI-SR ACT 3 CONTENT GP ACT 3 CONTENT ACT REVIEW
ACT ASSESSMENT     ACT ASSESS AAQII     ACT ASSESS 5 FAC ssion Content	ET MINDFULNESS SCALE ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT GOALS ACT 1 CONTENT METAPHOR CHOICES ACT 1 CONTENT METAPHOR ROLLER COASTER ACT 1 CONTENT METAPHOR MUD IN GLASS ACT 1 CONTENT METAPHOR MUD IN GLASS ACT 1 CONTENT CLIENT RESPONSE ACT 1 CONTENT ELICITED LIFE STORY ACT 1 HOMEWORK ACT 1 TREATMENT PROGRESS ACT 1 MOTIVIATION AL ENHANCEMENT GP ACT 1 MOTIVATION ENHANCE GOALS ACT 1 MOTIVATION ENHANCE CONSEQUENCES	ACT ASSESS WHO-QOL ACT ASSESS RESULTS DESCR ACT 2 CONTENT ACT 2 CONTENT	SESSION TREATMENT OBJECTIVES CORE PROCESSES CREATIVE GP ACCEPTANCE GP DEFUSION GP CONTACT GP SELF GP CLARIFYING GP COMMITTED GP RK IT PROGRESS		ACT ASSESS WAI-SR ACT 3 CONTENT GP ACT 3 CONTENT ACT REVIEW ACT 3 CONTENT PATIENT PROCESSES
ACT ASSESSMENT     ACT ASSESS AAQII     ACT ASSESS 5 FAC ssion Content	ET MINDFULNESS SCALE ACT 1 CONTENT SESSION ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT GOALS ACT 1 CONTENT METAPHOR CHOICES ACT 1 CONTENT METAPHOR ROLLER COASTER ACT 1 CONTENT METAPHOR MUD IN GLASS ACT 1 CONTENT METAPHOR TWO MOUNTAINS ACT 1 CONTENT CLIENT RESPONSE ACT 1 CONTENT CLIENT RESPONSE ACT 1 CONTENT ELICITED LIFE STORY ACT 1 HOMEWORK ACT 1 TREATMENT PROGRESS ACT 1 MOTIVIATIONAL ENHANCEMENT GP ACT 1 MOTIVATION ENHANCE GOALS ACT 1 MOTIVATION ENHANCE DENEFITS	ACT ASSESS WHO-QOL ACT ASSESS RESULTS DESCR ACT 2 CONTENT ACT 2 CONTENT	SESSION TREATMENT OBJECTIVES CORE PROCESSES CREATIVE GP ACCEPTANCE GP DEFUSION GP CONTACT GP SELF GP CLARIFYING GP COMMITTED GP RK IT PROGRESS	ACT MOTIVATI	ACT ASSESS WAI-SR ACT 3 CONTENT GP ACT 3 CONTENT ACT REVIEW ACT 3 CONTENT PATIENT PROCESSES the same across all of the templates ON ASSESSES GP
ACT ASSESSMENT     ACT ASSESS AAQII     ACT ASSESS 5 FAC ssion Content	ET MINDFULNESS SCALE ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT METAPHOR CHOICES ACT 1 CONTENT METAPHOR ROLLER COASTER ACT 1 CONTENT METAPHOR MUD IN GLASS ACT 1 CONTENT METAPHOR TWO MOUNTAINS ACT 1 CONTENT CLIENT RESPONSE ACT 1 CONTENT ELICITED LIFE STORY ACT 1 HOMEWORK ACT 1 TREATMENT PROGRESS ACT 1 MOTIVIATION ENHANCE GOALS ACT 1 MOTIVATION ENHANCE BOLLS ACT 1 MOTIVATION ENHANCE BOLLS ACT 1 MOTIVATION ENHANCE BOLLS ACT 1 MOTIVATION ENHANCE BOLLS ACT 1 MOTIVATION ENHANCE BOLLS	ACT ASSESS WHO-QOL ACT ASSESS RESULTS DESCR ACT 2 CONTENT ACT 2 CONTENT	SESSION TREATMENT OBJECTIVES CORE PROCESSES CREATIVE GP ACCEPTANCE GP DEFUSION GP CONTACT GP SELF GP CLARIFYING GP COMMITTED GP RK IT PROGRESS	ACT MOTIVATI	ACT ASSESS WAI-SR ACT 3 CONTENT GP ACT 3 CONTENT ACT REVIEW ACT 3 CONTENT PATIENT PROCESSES
ACT ASSESSMENT     ACT ASSESS AAQII     ACT ASSESS 5 FAC ssion Content  otivational Enhancement	ET MINDFULNESS SCALE ACT 1 CONTENT SESSION ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT GOALS ACT 1 CONTENT METAPHOR CHOICES ACT 1 CONTENT METAPHOR ROLLER COASTER ACT 1 CONTENT METAPHOR MUD IN GLASS ACT 1 CONTENT METAPHOR TWO MOUNTAINS ACT 1 CONTENT CLIENT RESPONSE ACT 1 CONTENT CLIENT RESPONSE ACT 1 CONTENT ELICITED LIFE STORY ACT 1 HOMEWORK ACT 1 TREATMENT PROGRESS ACT 1 MOTIVIATIONAL ENHANCEMENT GP ACT 1 MOTIVATION ENHANCE GOALS ACT 1 MOTIVATION ENHANCE DENEFITS	ACT ASSESS WHO-QOL ACT ASSESS RESULTS DESCR ACT 2 CONTENT ACT 2 CONTENT	SESSION TREATMENT OBJECTIVES CORE PROCESSES CREATIVE GP ACCEPTANCE GP DEFUSION GP CONTACT GP SELF GP CLARIFYING GP COMMITTED GP RK IT PROGRESS	ACT MOTIVATI	ACT ASSESS WAI-SR ACT 3 CONTENT GP ACT 3 CONTENT ACT REVIEW ACT 3 CONTENT PATIENT PROCESSES the same across all of the templates ON ASSESSES GP
ACT ASSESSMENT     ACT ASSESS AAQII     ACT ASSESS 5 FAC ssion Content  otivational Enhancement  egree of Collaboration - All of the b	ET MINDFULNESS SCALE ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT METAPHOR CHOICES ACT 1 CONTENT METAPHOR ROLLER COASTER ACT 1 CONTENT METAPHOR ROLLER COASTER ACT 1 CONTENT METAPHOR MUD IN GLASS ACT 1 CONTENT METAPHOR MUD IN GLASS ACT 1 CONTENT CLIENT RESPONSE ACT 1 CONTENT CLIENT RESPONSE ACT 1 HOMEWORK ACT 1 TREATMENT PROGRESS ACT 1 MOTIVATION ENHANCE GOALS ACT 1 MOTIVATION ENHANCE GOALS ACT 1 MOTIVATION ENHANCE CONSEQUENCES ACT 1 MOTIVATION ENHANCE DENEFITS ACT 1 MOTIVATION ENHANCE ATTITUDES ACT 1 MOTIVATION ENHANCE MENTES ACT 1 MOTIVATION ENHANCE MENTES ACT 1 MOTIVATION ENHANCE MENTES	ACT ASSESS WHO-QOL ACT ASSESS RESULTS DESCR ACT 2 CONTENT ACT 2 HOMEWO ACT TREATMEN	SESSION TREATMENT OBJECTIVES CORE PROCESSES CREATIVE GP ACCEPTANCE GP DEFUSION GP CONTACT GP SELF GP CLARIFYING GP COMMITTED GP RK IT PROGRESS All of the below	ACT MOTIVATH	ACT ASSESS WAI-SR ACT 3 CONTENT GP ACT 3 CONTENT ACT REVIEW ACT 3 CONTENT PATIENT PROCESSES the same across all of the templates ON ASSESSES GP TON ASSESSED
ACT ASSESSMENT     ACT ASSESS AAQII     ACT ASSESS 5 FAC ession Content  Iotivational Enhancement	ET MINDFULNESS SCALE ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT DISCUSSED RATIONALE OF ACT ACT 1 CONTENT METAPHOR CHOICES ACT 1 CONTENT METAPHOR ROLLER COASTER ACT 1 CONTENT METAPHOR MUD IN GLASS ACT 1 CONTENT METAPHOR TWO MOUNTAINS ACT 1 CONTENT CLIENT RESPONSE ACT 1 CONTENT ELICITED LIFE STORY ACT 1 HOMEWORK ACT 1 TREATMENT PROGRESS ACT 1 MOTIVIATION AL ENHANCE MENT GP ACT 1 MOTIVIATION ENHANCE GOALS ACT 1 MOTIVIATION ENHANCE BENEFITS ACT 1 MOTIVIATION ENHANCE BENEFITS ACT 1 MOTIVIATION ENHANCE BARRIERS ENDEMOTIVATION ENHANCE BARRIERS	ACT ASSESS WHO-QOL ACT ASSESS RESULTS DESCR ACT 2 CONTENT ACT 2 CONTENT	SESSION TREATMENT OBJECTIVES CORE PROCESSES CREATIVE GP ACCEPTANCE GP DEFUSION GP CONTACT GP SELF GP CLARIFYING GP COMMITTED GP RK IT PROGRESS All of the below	ACT MOTIVATI	ACT ASSESS WAI-SR ACT 3 CONTENT GP ACT 3 CONTENT ACT REVIEW ACT 3 CONTENT PATIENT PROCESSES the same across all of the templates ON ASSESSES GP

Component	ACT 1 HF	ACT 2 HF		ACT 3 HF
Additional Session Information - All of the l	below Health Factors are the same across all of the templates			
ACT ADDITIONAL SESSIC     ACT ASSESS OTHER LEVI     ACT ASSESS OTHER SUD     Plan - All of the below Health Factors are th	EL OF ENGAGEMENT   ACT A  ACT A		•	ACT ADDITIONAL SESSION INFO CONTENT ACT ASSESS OTHER SI/HI ACT ASSESS OTHER SPIRITUAL ACT 3 PLAN GP ACT 3 PLAN COMPLETE ACT 3 PLAN BOOSTER SESSION ACT 3 PLAN POST ASSESS ACT 3 PLAN REFERRAL ACT 3 PLAN PT AGREE ACT 7 PLAN DT NEXT SESSION GP ACT PLAN DT NEXT SESSION
Progress Towards Goal				ACT 3 PROGRESS TOWARDS GOALS GP ACT 3 PROGRESS ACT CONTENT IMPACT ACT 3 CONTENT DEPRESSION LESSENED ACT 3 CONTENT BDI-II DECREASE ACT 3 CONTENT BT DECREASE DEPRESSION ACT CONTENT OTHER RPT DECREASE DEP ACT 3 CONTENT DEPRESSION LESS OTHER

### ACT #1 Beginning Template Detail

The below table details the content requirements to develop the ACT 1 templates.

	TABLE 25 - ACT 1 TEMPLATE DETAIL										
SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT	
1	ACT 1 TITLE HEADER	dialog element				ACT 1 ACCEPT AND COMMIT BEGIN PHASE			Acceptance and Commitment Therapy (ACT) for Depression - Beginning Phase		
5	ACT TIME IN SESSION	dialog element				ACT TIME IN SESSION			Time in session		
	PXRM COMMENT	prompt						Comment:			
7	ACT 1 SESSION NUMBER GP	dialog group	SESSION NUMBER	YES	2					SESSION NUMBER:	
	ACT SESSION NUMBER 1	dialog element				ACT SESSION NUMBER 1			1		
	ACT SESSION NUMBER 2	dialog element				ACT SESSION NUMBER 2			2		
	ACT SESSION NUMBER 3	dialog element				ACT SESSION NUMBER 3			3		
	ACT SESSION NUMBER 4	dialog element				ACT SESSION NUMBER 4			4		
	ACT SESSION NUMBER 5	dialog element				ACT SESSION NUMBER 5			5		
10	ACT SESSION FORMAT	dialog group	SESSION FORMAT	YES	2					SESSION FORMAT:	
	ACT SESSION FACE TO FACE	dialog element				ACT SESSION FACE- TO-FACE			Face-to-Face Session		
	ACT SESSION TELEPHONE	dialog element				ACT SESSION TELEPHONE			Telephone Session		
	ACT SESSION VIDEO TELEHEALTH	dialog element				ACT SESSION VIDEO TELEHEALTH			Video Telehealth Session		

TABLE 25 - ACT 1 TEMPLATE DETAIL

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	ACT SESSION OTHER	dialog element				ACT SESSION OTHER			Other Session type	
	PXRM COMMENT	prompt						Comment:		
12	ACT SESSION LOCATION GP	dialog group	SESSION LOCATION:	YES	2					SESSION LOCATION:
	ACT LOCATION CLC	dialog element				ACT LOCATION CLC			Community Living Center	
	ACT LOCATION CBOC	dialog element				ACT LOCATION CBOC			СВОС	
	ACT LOCATION DOM	dialog element				ACT LOCATION DOM			Domiciliary	
	ACT LOCATION INPT MH	dialog element				ACT LOCATION INPT MH			Inpatient Mental Health	
	ACT LOCATION OEF/OIF	dialog element				ACT LOCATION OEF/OIF			OEF/OIF Clinic	
	ACT LOCATION MHC	dialog element				ACT LOCATION MHC			Mental Health Clinic	
	ACT LOCATION RRTP	dialog element				ACT LOCATION RRTP			MH Residential Rehabilitation Treatment Program (RRTP)	
	ACT LOCATION MHICM	dialog element				ACT LOCATION MHICM			MHICM	
	ACT LOCATION HBPC	dialog element				ACT LOCATION HBPC			Patient Residence - Home Based Primary Care	
	ACT LOCATION PT RESIDENCE	dialog element				ACT LOCATION PT RESIDENCE			Patient Residence - Other	
	ACT LOCATION PCT	dialog element				ACT LOCATION PCT			PTSD Clinical Team	
	ACT LOCATION PC	dialog element				ACT LOCATION PC			Primary Care	
	ACT LOCATION SUD	dialog element				ACT LOCATION SUD			Substance Use Disorder Clinic	
	ACT LOCATION PRRC	dialog element				ACT LOCATION PRRC			PRRC/Day Treatment	
	ACT LOCATION COMMUNITY	dialog element				ACT LOCATION COMMUNITY			Community/Non-VA	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	ACT LOCATION OTHER	dialog element				ACT LOCATION OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
15	ACT DIAGNOSIS GP	dialog group	DIAGNOSIS:	YES	2					DIAGNOSIS:
	ACT DIAGNOSIS PRIMARY	dialog element							Primary Diagnosis (focus of visit)	
	PXRM COMMENT	prompt						Comment:		
	ACT DIAGNOSIS SECONDARY	dialog element							Secondary Diagnosis (if applicable)	
	PXRM COMMENT	prompt						Comment:		
20	ACT ASSESSMENT	dialog group		YES	2				ASSESSMENT	
	ACT ASSESS BDI-II	dialog element				BDI2			BDI - II (go to suicide evaluation if indicated)	
	ACT ASSESS OTHER	dialog group	OTHER ASSESSMENT INSTRUMENTS	YES	2				Other assessment instruments administered during this visit:	
	ACT ASSESS AAQII	dialog element				ACT ASSESS AAQII			Acceptance and Action Questionnaire-II (AAQ- II):	
	ACT ASSESS WHO- QOL	dialog element				ACT ASSESS WHO- QOL			World Health Organization-Quality of Life (WHO-QOL):	
	ACT ASSESS WAI-SR	dialog element				ACT ASSESS WAI-SR			Working Alliance Inventory- Short Revised (WAI-SR):	
	ACT ASSESS 5 FACET MINDFULNESS SCALE	dialog element				ACT ASSESS 5 FACET MIND SCALE			5-Facet Mindfulness Scale	
	ACT ASSESS RESULTS DESCRIBE	dialog element							Assessment Results: {FLD:BLANK WORD PROCESSING} \\	
		1.1							Session Content: In this beginning phase session of ACT for Depression, the following therapeutic	
25	ACT 1 CONTENT SESSION	dialog group	Session Content:	YES	2				activities were performed:	

SEO	NAME	TYDE	CADTION	BOY	NUMBER OF		EXCLUDE FROM PROGRESS	PROMPT	DIALOG/PROGRESS	ALTERNATE PROGRESS NOTE
SEQ	NAME	TYPE	CAPTION	BOX	INDENTS	FINDING ITEM	NOTE	CAPTION	NOTE TEXT	TEXT
									Provided the Veteran	
									with an overview and rationale of ACT, what to	
									· · · · · · · · · · · · · · · · · · ·	
									expect over the course of the treatment, and the	
	ACT 1 CONTENT					ACT 1 CONTENT			collaborative nature of	
	DISCUSSED	dialog				DISCUSSED			the therapeutic	
	RATIONALE OF ACT	element				RATIONALE OF ACT			relationship.	
	RATIONALE OF ACT	element				KATIONALE OF ACT			The goals of ACT were	
									explained in terms of	
									learning a new	
									relationship with internal	
									experience in the service	
	ACT 1 CONTENT	dialog				ACT 1 CONTENT			of freeing oneself to	
	GOALS	element				GOALS			pursue personal values.	
	GOALS	element				GOALS			The following metaphors	
									were used to assist client	
	ACT 1 CONTENT								in understanding the	
	METAPHOR	dialog							treatment philosophy and	
	CHOICES	group		YES	2				purpose of ACT.	
	ACT 1 CONTENT	group		115	2	ACT 1 CONTENT			purpose of AC1.	
	METAPHOR ROLLER	dialog				METAPHOR ROLLER				
	COASTER	element				COASTER			Roller Coaster Metaphor	
	ACT 1 CONTENT	ciement				ACT 1 CONTENT			Roller Coaster Metaplior	
	METAPHOR MUD IN	dialog				METAPHOR MUD IN				
	GLASS	element				GLASS			Mud in Glass Metaphor	
	ACT 1 CONTENT	ciciliciti				ACT 1 CONTENT			inted in Class Metaphor	
	METAPHOR TWO	dialog				METAPHOR TWO			Two Mountains	
	MOUNTAINS	element				MOUNTAINS			Metaphor	
									Client's response to	
	ACT 1 CONTENT	dialog				ACT 1 CONTENT			rationale: {FLD:BLANK	
	CLIENT RESPONSE	element				CLIENT RESPONSE			WORD PROCESSING}	
							1			or the history of
										his/her difficulty with
										personal presenting
1										problem. This story
1										included
	ACT 1 CONTENT									{FLD:BLANK
	ELICITED LIFE	dialog				ACT 1 CONTENT			Therapist elicited client's	WORD
	STORY	element				ELICITED LIFE STORY			Life Story"	PROCESSING} "
		1					1		Homework/Practice	Í Í
									Assignment:	
		dialog							{FLD:BLANK WORD	
	ACT 1 HOMEWORK	element				ACT 1 HOMEWORK			PROCESSING}	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	ACT 1 TREATMENT PROGRESS	dialog element				ACT 1 TREATMENT PROGRESS			Treatment Progress:{FLD:BLANK WORD PROCESSING}\\\	
40	ACT 1 MOTIVATIONAL ENHANCEMENT GP	dialog group	MOTIVATIONA L ENHANCEMENT	YES	2					
	ACT 1 MOTIVATION ENHANCE GOALS	dialog element				ACT 1 MOTIVATION ENHANCE GOALS			Identified short-term goals in several areas of functioning.	
	PXRM COMMENT	prompt						Comment:		
	ACT 1 MOTIVATION ENHANCE CONSEQUENCES	dialog element				ACT 1 MOTIVATION ENHANCE CONSEQUENCES			Identified the consequences or impact of depression (or other symptoms).	
	PXRM COMMENT	prompt						Comment:		
	ACT 1 MOTIVATION ENHANCE BENEFITS	dialog element				ACT 1 MOTIVATION ENHANCE BENEFITS			Identified the benefits of reducing the severity of the depression.	
	PXRM COMMENT ACT 1 MOTIVATION ENHANCE ATTITUDES	prompt dialog element				ACT 1 MOTIVATION ENHANCE ATTITUDES		Comment:	Assessed attitudes and expectations for therapy.	
	PXRM COMMENT	prompt						Comment:		
	ACT 1 MOTIVATION ENHANCE BARRIERS	dialog element				ACT 1 MOTIVATION ENHANCE BARRIERS			Assessed any barriers to attending therapy and assisted the patient in problem-solving these barriers.	
	PXRM COMMENT	prompt						Comment:		
46	ACT COLLABORATION GP	dialog group	COLLABORATI ON:	YES	2					COLLABORATION:
	ACT DEGREE OF COLLABORATION TEXT	dialog element					NO		The degree of collaboration between the patient and the therapist in the current session was:	
	ACT COLLABORATION LOW	dialog element				ACT COLLABORATION LOW			Low	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	ACT COLLABORATION MEDIUM	dialog				ACT COLLABORATION MEDIUM			Medium	
	ACT COLLABORATION	element dialog				ACT COLLABORATION			Medium	
	HIGH	element				HIGH			High	
	ACT COLLABORATION THERAPEUTIC ALLIANCE GIVEN	dialog element				ACT COLLABORATION THERAPEUTIC ALLIANCE			Results of Therapy Alliance Measure: {FLD:BLANK WORD PROCESSING} \\	
47	ACT ADDITIONAL SESSION INFO GP	dialog group	ADDITIONAL SESSION INFORMATION	YES	2		NO			ADDITIONAL SESSION INFORMATION
	ACT ASSESS OTHER	dialag							Check to add information regarding: session content and reactions; level of engagement; MSE factors; SI/HI evaluation; SUD; cultural and	
	DESCRIPTION	dialog element					YES		spiritual influences.	
	ACT ADDITIONAL SESSION INFO CONTENT	dialog element							Reactions to Session Content: {FLD:BLANK WORD PROCESSING}	
	ACT ASSESS OTHER LEVEL OF ENGAGEMENT	dialog element							Level of Engagement: {FLD:BLANK WORD PROCESSING} \\	
	ACT ASSESS OTHER MS FACTORS	dialog element							Mental Status Factors: {FLD:BLANK WORD PROCESSING} \\	
	ACT ASSESS OTHER SI/HI	dialog element							Suicidal/Homicidal Ideation Evaluation: {FLD:BLANK WORD PROCESSING} \\	
	ACT ASSESS OTHER SUD	dialog element							Substance Abuse: {FLD:BLANK WORD PROCESSING} \\	
	ACT ASSESS OTHER CULTURAL	dialog element							Cultural Influences: {FLD:BLANK WORD PROCESSING} \\	
	ACT ASSESS OTHER SPIRITUAL	dialog element							Spiritual Influences: {FLD:BLANK WORD PROCESSING} \\	
48	ACT PLAN DT NEXT SESSION GP	dialog group	ENTER TIME/DATE NEXT SESSION	YES	2					

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
									Next session scheduled	
	ACT PLAN DT NEXT	dialog							for: {FLD:WP-	
	SESSION	element							2VSHORT}	

## **ACT 2 Action Phase Template Details**

The below table details the content requirements to develop the ACT 2 templates.

	TABLE 26 - ACT 2 TEMPLATE DETAIL										
SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT	
1	ACT 2 TITLE HEADER	dialog element							Acceptance and Commitment Therapy (ACT) for Depression - Action Phase	ACT for Depression - Action Phase	
5	ACT 2 TIME IN SESSION	dialog element				ACT 2 TIME IN SESSION			Time in session		
	PXRM COMMENT	prompt						Comment:			
7	ACT 2 SESSION NUMBER GP	dialog group		YES	2				SESSION NUMBER:		
	ACT SESSION NUMBER 5	dialog element				ACT SESSION NUMBER 5			5		
	ACT SESSION NUMBER 6	dialog element				ACT SESSION NUMBER 6			6		
	ACT SESSION NUMBER 7	dialog element				ACT SESSION NUMBER 7			7		
	ACT SESSION NUMBER 8	dialog element				ACT SESSION NUMBER 8			8		
	ACT SESSION NUMBER 9	dialog element				ACT SESSION NUMBER 9			9		
	ACT SESSION NUMBER 10	dialog element				ACT SESSION NUMBER 10			10		
	ACT SESSION NUMBER 11	dialog element				ACT SESSION NUMBER 11			11		
	ACT SESSION NUMBER 12	dialog element				ACT SESSION NUMBER 12			12		
	ACT SESSION NUMBER 13	dialog element				ACT SESSION NUMBER 13			13		
	ACT SESSION NUMBER 14	dialog element				ACT SESSION NUMBER 14			14		

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	ACT SESSION NUMBER 15	dialog element				ACT SESSION NUMBER 15			15	
	ACT SESSION NUMBER 16	dialog element				ACT SESSION NUMBER 16			16	
	ACT SESSION NUMBER 17	dialog element				ACT SESSION NUMBER 17			17	
	ACT SESSION NUMBER 18	dialog element				ACT SESSION NUMBER 18			18	
	ACT SESSION NUMBER 19	dialog element				ACT SESSION NUMBER 19			19	
10	ACT SESSION FORMAT	dialog group	SESSION FORMAT	YES	2					SESSION FORMAT:
	ACT SESSION FACE TO FACE	dialog element				ACT SESSION FACE-TO-FACE			Face-to-Face Session	
	ACT SESSION TELEPHONE	dialog element				ACT SESSION TELEPHONE			Telephone Session	
	ACT SESSION VIDEO TELEHEALTH	dialog element				ACT SESSION VIDEO TELEHEALTH			Video Telehealth Session	
	ACT SESSION OTHER	dialog element				ACT SESSION OTHER			Other Session type	
	PXRM COMMENT	prompt						Comment:		
11	ACT SESSION LOCATION GP	dialog group	SESSION LOCATION:	YES	2					SESSION LOCATION:
	ACT LOCATION CLC	dialog element				CBT LOCATION CLC			Community Living Center	
	ACT LOCATION CBOC	dialog element				ACT LOCATION CBOC			СВОС	
	ACT LOCATION DOM	dialog element				ACT LOCATION DOM			Domiciliary	
	ACT LOCATION INPT MH	dialog element				ACT LOCATION INPT MH			Inpatient Mental Health	
	ACT LOCATION OEF/OIF	dialog element				ACT LOCATION OEF/OIF			OEF/OIF Clinic	

SEO	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
SEQ	ACT LOCATION MHC	dialog element		DOA	INDENIS	ACT LOCATION MHC	NOIE		Mental Health Clinic	
	ACT LOCATION RRTP	dialog element				ACT LOCATION RRTP			MH Residential Rehabilitation Treatment Program (RRTP)	
	ACT LOCATION MHICM	dialog element				ACT LOCATION MHICM			MHICM	
	ACT LOCATION HBPC	dialog element				ACT LOCATION HBPC			Patient Residence - Home Based Primary Care	
	ACT LOCATION PT RESIDENCE	dialog element				ACT LOCATION PT RESIDENCE			Patient Residence - Other	
	ACT LOCATION PCT	dialog element				ACT LOCATION PCT			PTSD Clinical Team	
	ACT LOCATION PC	dialog element				ACT LOCATION PC			Primary Care	
	ACT LOCATION SUD	dialog element				ACT LOCATION SUD			Substance Use Disorder Clinic	
	ACT LOCATION PRRC	dialog element				ACT LOCATION PRRC			PRRC/Day Treatment	
	ACT LOCATION COMMUNITY	dialog element				ACT LOCATION COMMUNITY			Community/Non-VA	
	ACT LOCATION OTHER	dialog element				ACT LOCATION OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
15	ACT DIAGNOSIS GP	dialog group	DIAGNOSIS:	YES	2					DIAGNOSIS:
	ACT DIAGNOSIS PRIMARY	dialog element							Primary Diagnosis (focus of visit)	
	PXRM COMMENT	prompt						Comment:		
	ACT DIAGNOSIS SECONDARY	dialog element							Secondary Diagnosis (if applicable)	
	PXRM COMMENT	prompt						Comment:		
20	ACT ASSESSMENT	dialog group		YES	2				ASSESSMENT	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	ACT ASSESS BDI- II	dialog element				BDI2			BDI - II (go to suicide evaluation if indicated)	
	ACT ASSESS OTHER	dialog group	OTHER ASSESSMENT INSTRUMENTS	YES	2				Other assessment instruments administered during this visit:	
	ACT ASSESS AAQII	dialog element				ACT ASSESS AAQII			Acceptance and Action Questionnaire-II (AAQ-II):	
	ACT ASSESS WHO-QOL	dialog element				ACT ASSESS WHO-QOL			World Health Organization-Quality of Life (WHO-QOL):	
	ACT ASSESS WAI- SR	dialog element				ACT ASSESS WAI- SR			Working Alliance Inventory- Short Revised (WAI-SR):	
	ACT ASSESS 5 FACET MINDFULNESS SCALE	dialog element				ACT ASSESS 5 FACET MIND SCALE			5-Facet Mindfulness Scale	
	ACT ASSESS RESULTS DESCRIBE	dialog element							Assessment Results: {FLD:BLANK WORD PROCESSING} \\	
25	ACT 2 CONTENT SESSION	dialog group		YES	2				Session Content:	
	ACT 2 CONTENT TREATMENT OBJECTIVES	dialog element				ACT 2 CONTENT TREATMENT OBJECTIVES			ACT Treatment Objectives for this session:\\ {FLD:BLANK WORD PROCESSING}	
	ACT 2 CONTENT CORE PROCESSES	dialog group		YES	2				The following Core Processes were facilitated in this session:	

SEQ	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	ACT 2 CONTENT CREATIVE GP	dialog group	CREATIVE HOPELESSNESS	YES	2				Creative Hopelessness and Undermining Experiential Control: A therapeutic process of helping clients recognize unworkable patterns of experiential avoidance and control; and recognize the cost of unwillingness relative to valued life ends.	
	ACT 2 CONTENT ACCEPTANCE GP	dialog group	ACCEPTANCE	YES	2				Acceptance and Willingness: An alternative to experiential avoidance. This process involves active awareness of thoughts, emotions, sensations and memories, without unnecessary attempts to change their frequency or form, especially when doing so would cause psychological harm.	
	ACT 2 CONTENT DEFUSION GP	dialog group	DEFUSION	YES	2				Defusion: a therapeutic process of helping clients to mindfully observe their own thinking as a continuous process and to support the client in detaching from thoughts held too literally. Through this process clients learn a new and less problematic relationship with thinking.	
	ACT 2 CONTENT CONTACT GP	dialog group		YES	2				Contact with Present Moment: Therapeutic process of helping clients to directly, fully, and mindfully contact the here and now"	including both sensory contact with the external world and contact with internal processes of thinking

					NUMBER		EXCLUDE FROM			ALTERNATE
SEO	NAME	ТҮРЕ	CAPTION	вох	OF INDENTS	FINDING ITEM	PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	PROGRESS NOTE TEXT
	ACT 2 CONTENT SELF GP	dialog group		YES	2				Self as Context: Therapeutic process of working with clients to establish a conscious observing self that is guided to observe thoughts and emotions as ongoing experiences which make up the content of his/her life.	
	ACT 2 CONTENT CLARIFYING GP	dialog group		YES	2				Clarifying Values: a therapeutic process of helping clients identify and connect with core personal values that bring meaning, purpose and fulfillment to their lives. Values are seen as chosen life directions that serve to guide one's actions.	
	ACT 2 CONTENT COMMITTED GP	dialog group		YES	2				Committed Action: A therapeutic process that focuses on behavioral change needed to achieve concrete goals in the service of defined values.	
	ACT 2 HOMEWORK	dialog element				ACT 2 HOMEWORK			Homework/Practice Assignment	
	PXRM COMMENT	prompt						Comment:		
	ACT 2 TREATMENT PROGRESS	dialog element				ACT 2 TREATMENT PROGRESS			Treatment Progress:	
	PXRM COMMENT	prompt						Comment:		
30	ACT COLLABORATION GP	dialog group	COLLABORATION:	YES	2					COLLABORATION:

					NUMBER OF		EXCLUDE FROM PROGRESS	PROMPT	DIALOG/PROGRESS	ALTERNATE PROGRESS NOTE
SEQ	NAME	ТҮРЕ	CAPTION	BOX	INDENTS	FINDING ITEM	NOTE	CAPTION	NOTE TEXT	TEXT
	ACT DEGREE OF COLLABORATION TEXT	dialog element					NO		The degree of collaboration between the patient and the therapist in the current session was:	
	ACT COLLABORATION LOW	dialog element				ACT COLLABORATION LOW			Low	
	ACT COLLABORATION MEDIUM	dialog element				ACT COLLABORATION MEDIUM			Medium	
	ACT COLLABORATION HIGH	dialog element				ACT COLLABORATION HIGH			High	
	ACT COLLABORATION THERAPEUTIC ALLIANCE GIVEN	dialog element				ACT COLLABORATION THERAPEUTIC ALLIANCE			Results of Therapy Alliance Measure: {FLD:BLANK WORD PROCESSING} \\	
35	ACT MOTIVATION ASSESSED GP	dialog group	MOTIVATIONAL ASSESSMENT	YES	2					MOTIVATIONAL ASSESSMENT:
	ACT MOTIVATION ASSESSED	dialog element				ACT MOTIVATION ASSESSED			If therapist assessed motivation and/or applied motivational enhancement strategies please indicate and describe below:	
	PXRM COMMENT	prompt						Comment:		
40	ACT ADDITIONAL SESSION INFO GP	dialog group	ADDITIONAL SESSION INFORMATION	YES	2		NO			ADDITIONAL SESSION INFORMATION
	ACT ASSESS OTHER DESCRIPTION	dialog element					YES		Check to add information regarding: session content and reactions; level of engagement; MSE factors; SI/HI evaluation; SUD; cultural and spiritual influences.	

SEO	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	ACT ADDITIONAL SESSION INFO CONTENT	dialog element							Reactions to Session Content: {FLD:BLANK WORD PROCESSING} \\	
	ACT ASSESS OTHER LEVEL OF ENGAGEMENT	dialog element							Level of Engagement: {FLD:BLANK WORD PROCESSING} \\	
	ACT ASSESS OTHER MS FACTORS	dialog element							Mental Status Factors: {FLD:BLANK WORD PROCESSING} \\	
	ACT ASSESS OTHER SI/HI	dialog element							Suicidal/Homicidal Ideation Evaluation: {FLD:BLANK WORD PROCESSING} \\	
	ACT ASSESS OTHER SUD	dialog element							Substance Abuse: {FLD:BLANK WORD PROCESSING} \\	
	ACT ASSESS OTHER CULTURAL	dialog element							Cultural Influences: {FLD:BLANK WORD PROCESSING} \\	
	ACT ASSESS OTHER SPIRITUAL	dialog element							Spiritual Influences: {FLD:BLANK WORD PROCESSING} \\	
45	ACT PLAN DT NEXT SESSION GP	dialog group	ENTER TIME/DATE NEXT SESSION	YES	2					
	ACT PLAN DT NEXT SESSION	dialog element							Next session scheduled for: {FLD:WP- 2VSHORT}	

## **ACT 3 Closing Phase Template Details**

The below table details the content requirements to develop the ACT 3 templates.

						CT 3 TEMPLATE DET				
SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
				2011	1021(10		11012			
1	ACT 3 TITLE HEADER	dialog element							Acceptance and Commitment Therapy (ACT) for Depression - Closing Phase	ACT for Depression - Beginning Phase
5	ACT TIME IN SESSION	dialog element				ACT TIME IN SESSION			Time in session	
	PXRM COMMENT	prompt						Comment:		
7	ACT 3 SESSION NUMBER GP	dialog group		YES	2				SESSION NUMBER:	
	ACT SESSION NUMBER 10	dialog element				ACT SESSION NUMBER 10			10	
	ACT SESSION NUMBER 11	dialog element				ACT SESSION NUMBER 11			11	
	ACT SESSION NUMBER 12	dialog element				ACT SESSION NUMBER 12			12	
	ACT SESSION NUMBER 13	dialog element				ACT SESSION NUMBER 13			13	
	ACT SESSION NUMBER 14	dialog element				ACT SESSION NUMBER 14			14	
	ACT SESSION NUMBER 15	dialog element				ACT SESSION NUMBER 15			15	
	ACT SESSION NUMBER 16	dialog element				ACT SESSION NUMBER 16			16	
	ACT SESSION NUMBER 17	dialog element				ACT SESSION NUMBER 17			17	
	ACT SESSION NUMBER 18	dialog element				ACT SESSION NUMBER 18			18	
	ACT SESSION NUMBER 19	dialog element				ACT SESSION NUMBER 19			19	

TABLE 27 - ACT 3 TEMPLATE DETAIL

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	ACT SESSION NUMBER 20	dialog element				ACT SESSION NUMBER 20			20	
10	ACT SESSION FORMAT	dialog group	SESSION FORMAT	YES	2					SESSION FORMAT:
	ACT SESSION FACE TO FACE	dialog element				ACT SESSION FACE-TO-FACE			Face-to-Face Session	
	ACT SESSION TELEPHONE	dialog element				ACT SESSION TELEPHONE			Telephone Session	
	ACT SESSION VIDEO TELEHEALTH	dialog element				ACT SESSION VIDEO TELEHEALTH			Video Telehealth Session	
	ACT SESSION OTHER	dialog element				ACT SESSION OTHER			Other Session type	
	PXRM COMMENT	prompt						Comment:		
12	ACT SESSION LOCATION GP	dialog group	SESSION LOCATION:	YES	2					SESSION LOCATION:
	ACT LOCATION CLC	dialog element				CBT LOCATION CLC			Community Living Center	
	ACT LOCATION CBOC	dialog element				ACT LOCATION CBOC			СВОС	
	ACT LOCATION DOM	dialog element				ACT LOCATION DOM			Domiciliary	
	ACT LOCATION INPT MH	dialog element				ACT LOCATION INPT MH			Inpatient Mental Health	
	ACT LOCATION OEF/OIF	dialog element				ACT LOCATION OEF/OIF			OEF/OIF Clinic	
	ACT LOCATION MHC	dialog element				ACT LOCATION MHC			Mental Health Clinic	
	ACT LOCATION RRTP	dialog element				ACT LOCATION RRTP			MH Residential Rehabilitation Treatment Program (RRTP)	
	ACT LOCATION MHICM	dialog element				ACT LOCATION MHICM			MHICM	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	ACT LOCATION HBPC	dialog element				ACT LOCATION HBPC			Patient Residence - Home Based Primary Care	
	ACT LOCATION PT RESIDENCE	dialog element				ACT LOCATION PT RESIDENCE			Patient Residence - Other	
	ACT LOCATION PCT	dialog element				ACT LOCATION PCT			PTSD Clinical Team	
	ACT LOCATION PC	dialog element				ACT LOCATION PC			Primary Care	
	ACT LOCATION SUD	dialog element				ACT LOCATION SUD			Substance Use Disorder Clinic	
	ACT LOCATION PRRC	dialog element				ACT LOCATION PRRC			PRRC/Day Treatment	
	ACT LOCATION COMMUNITY	dialog element				ACT LOCATION COMMUNITY			Community/Non-VA	
	ACT LOCATION OTHER	dialog element				ACT LOCATION OTHER			Other	
	PXRM COMMENT	prompt						Comment:		
15	ACT DIAGNOSIS GP	dialog group	DIAGNOSIS:	YES	2					DIAGNOSIS:
	ACT DIAGNOSIS PRIMARY	dialog element							Primary Diagnosis (focus of visit)	
	PXRM COMMENT	prompt						Comment:		
	ACT DIAGNOSIS SECONDARY	dialog element							Secondary Diagnosis (if applicable)	
	PXRM COMMENT	prompt						Comment:		
20	ACT ASSESSMENT	dialog group		YES	2				ASSESSMENT	
	ACT ASSESS BDI-II	dialog element				BDI2			BDI - II (go to suicide evaluation if indicated)	
	ACT ASSESS OTHER	dialog group	OTHER ASSESSMENT INSTRUMENTS	YES	2				Other assessment instruments administered during this visit:	
	ACT ASSESS AAQII	dialog element				ACT ASSESS AAQII			Acceptance and Action Questionnaire-II (AAQ-II):	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	ACT ASSESS WHO- QOL	dialog element				ACT ASSESS WHO-QOL			World Health Organization- Quality of Life (WHO-QOL):	
	ACT ASSESS WAI-SR	dialog element				ACT ASSESS WAI-SR			Working Alliance Inventory- Short Revised (WAI-SR):	
	ACT ASSESS 5 FACET MINDFULNESS SCALE	dialog element				ACT ASSESS 5 FACET MIND SCALE			5-Facet Mindfulness Scale	
	ACT ASSESS RESULTS DESCRIBE	dialog element							Assessment Results: {FLD:BLANK WORD PROCESSING} \\	
30	ACT 3 CONTENT GP	dialog group	SESSION CONTENT	YES	2				This was the Final Session of the Acceptance and Commitment (ACT) for Depression.	
	ACT 3 CONTENT ACT REVIEW	dialog element				ACT 3 CONTENT ACT REVIEW			The therapist and patient reviewed how the ACT relevant processes have led to changes in the person's life functioning including how they have been impacted by experiential willingness/acceptance and values guided behavior.	
	ACT 3 CONTENT PATIENT PROCESSES	dialog element				ACT 3 CONTENT PATIENT PROCESSES			For this patient, these processes and changes have included: {FLD:BLANK WORD PROCESSING}	
35	ACT COLLABORATION GP	dialog group	COLLABORATI ON:	YES	2					COLLABORATION:
	ACT DEGREE OF COLLABORATION TEXT	dialog element					NO		The degree of collaboration between the patient and the therapist in the current session was:	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	ACT COLLABORATION LOW	dialog element				ACT COLLABORATI ON LOW			Low	
	ACT COLLABORATION MEDIUM	dialog element				ACT COLLABORATI ON MEDIUM			Medium	
	ACT COLLABORATION HIGH	dialog element				ACT COLLABORATI ON HIGH			High	
	ACT COLLABORATION THERAPEUTIC ALLIANCE GIVEN	dialog element				ACT COLLABORATI ON THERAPEUTIC ALLIANCE			Results of Therapy Alliance Measure: {FLD:BLANK WORD PROCESSING} \\	
36	ACT ADDITIONAL SESSION INFO GP	dialog group	ADDITIONAL SESSION INFORMATION	YES	2		NO			ADDITIONAL SESSION INFORMATION
	ACT ASSESS OTHER DESCRIPTION	dialog element					YES		Check to add information regarding: session content and reactions; level of engagement; MSE factors; SI/HI evaluation; SUD; cultural and spiritual influences.	
	ACT ADDITIONAL SESSION INFO CONTENT	dialog element							Reactions to Session Content: {FLD:BLANK WORD PROCESSING} \\	
	ACT ASSESS OTHER LEVEL OF ENGAGEMENT	dialog element							Level of Engagement: {FLD:BLANK WORD PROCESSING} \\	
	ACT ASSESS OTHER MS FACTORS	dialog element							Mental Status Factors: {FLD:BLANK WORD PROCESSING} \\	
	ACT ASSESS OTHER SI/HI	dialog element							Suicidal/Homicidal Ideation Evaluation: {FLD:BLANK WORD PROCESSING} \\	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	ACT ASSESS OTHER SUD	dialog element							Substance Abuse: {FLD:BLANK WORD PROCESSING} \\	
	ACT ASSESS OTHER CULTURAL	dialog element							Cultural Influences: {FLD:BLANK WORD PROCESSING} \\	
	ACT ASSESS OTHER SPIRITUAL	dialog element							Spiritual Influences: {FLD:BLANK WORD PROCESSING} \\	
37	ACT 3 PROGRESS TOWARD GOALS GP	dialog group		YES	2				PROGRESS TOWARDS GOALS	PROGRESS TOWARDS TREATMENT GOALS
	ACT 3 PROGRESS	dialog element				ACT 3 PROGRESS TOWARD GOAL			Patient progress in treatment, overall and in relation to specific goals: {FLD:BLANK WORD PROCESSING} \\	
	ACT 3 CONTENT IMPACT	dialog element				ACT 3 IMPACT ON FUNCTION			Impact of therapy on patient's functioning:{FLD:BLANK WORD PROCESSING} \\	
	ACT 3 CONTENT DEPRESSION LESSENED	dialog group			2				Patient appears to be less depressed based on the following:	
	ACT 3 CONTENT BDI- II DECREASE	dialog element				ACT 3 BDI-II DECREASE			BDI-II score has decreased	
	ACT 3 CONTENT RPT DECREASE DEPRESSION	dialog element				ACT 3 RPT DECREASE DEPRESSION			Patient reports feeling less depressed	
	ACT CONTENT OTHER RPT DECREASE DEP	dialog element				ACT 3 OTHER RPT DECREASE DEP			Other people in the patient's social network have noticed that the patient is less depressed	
	ACT 3 CONTENT DEPRESSION LESS OTHER	dialog element				ACT 3 DEPRESSION LESS OTHER			Other	
45	ACT 3 PLAN GP	dialog group		YES	2				PLAN	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	ACT 3 PLAN COMPLETE	dialog element				ACT 3 PLAN COMPLETE			Treatment Completed\\ Describe the reason for the termination of treatment	
	PXRM COMMENT	prompt						Comment:		
	ACT 3 PLAN BOOSTER SESSION	dialog element				ACT 3 PLAN BOOSTER SESSION			Booster Sessions\\ Describe the reason for booster sessions and if the sessions were scheduled or will be scheduled in the future	
	PXRM COMMENT	prompt						Comment:		
	ACT 3 PLAN POST ASSESS	dialog element				ACT 3 PLAN POST ASSESS			Scheduled Post Assessment Sessions\\ Describe the reason for additional assessment session	
	PXRM COMMENT	prompt						Comment:		
	ACT 3 PLAN REFERRAL	dialog element				ACT 3 PLAN REFERRAL			Referred for Further Evaluation, Treatment or Other Services\\ Describe the referral and reason for referral	
	PXRM COMMENT	prompt						Comment:		
	ACT 3 PLAN PT AGREE	dialog element				ACT 3 PLAN PT AGREE			Patient agreed with above Plan\\ Provide any additional information about the plan	
	PXRM COMMENT	prompt						Comment:		
	ACT PLAN DT NEXT SESSION GP	dialog group	ENTER TIME/DATE NEXT SESSION	YES	2					
	ACT PLAN DT NEXT SESSION	dialog element							Next session scheduled for: {FLD:WP-2VSHORT}	

# 2.6.5. Social Skills Training (SST)

The Social Skills Training (SST) templates is a treatment documenting the results of the educational procedure that employs didactic instruction, breaking skills down into discrete steps, modeling, behavioral rehearsal (role-playing), and social reinforcement.

The clinician uses the Dialog Reminder Template from the *Social Skills Training* Clinical Reminder Drawer.

The template available is:

## 1. SST - GOAL SETTING SESSION

Health Factors created by session have been detailed in the table below. Using the Finding Item or Additional Finding field while creating the Dialog Element, allows for automatic ordering, adding vital measurements, stuffing Education Topics, immunizations, and CPT codes etc into PCE.

Refer to Appendix E Social Skills Training Screenshots for samples of the screenshots.

Component	SST HF
SST Goal s	SST GOAL SETTING
SST Time in Session	TIME SPENT IN SESSION
	SST SESSION 1,
SST Session Number	SST SESSION 2,
	or
	SST SESSION 3
	SST SESSION FACE TO FACE
SST Session Format	SST SESSION TELEPHONE
	SST SESSION VIDEO TELEHEALTH
	SST SESSION OTHER
	SST LOCATION COMMUNITY LIVING CENETR
	SST LOCATION COMMUNITY BASED OPT CLINIC
	SST LOCATION DOMICILARY
	SST LOCATION INPATIENT MH UNIT
	SST LOCATION OEF/OIF CLINIC
	SST LOCATION MENTAL HEALTH CLINIC
	SST LOCATION MHRRTP
SST Location	SST LOCATION MHICM
	SST LOCATION PATIENT RESIDENCE HBPC
	SST LOCATION PATIENT RESIDENCE-OTHER
	SST LOCATION PTSD CLINICAL TEAM
	SST LOCATION PRIMARY CARE
	SST LOCATION SUBSTANCE ABUSE DIS CLINIC
	SST LOCATION PRRC/DAY TREATMENT
	SST LOCATION OTHER
SST Primary Diagnosis	SST PRIMARY SCHIZOPHRENIA

#### TABLE 28 - SOCIAL SKILL TRAINING FINDING ITEMS TABLE

Component	SST HF
	SST PRIMARY SCHIZOAFFECTIVE
	SST PRIMARY BIPOLAR
	SST PRIMARY MAJOR DEPRESSION
	SST PRIMARY OTHER
	SST ASSESS BRIEF GOAL
SST Assessment	SST ASSESS SOCIAL FUNCTIONING INTERVIEW
551 Assessment	SST ASSESS SOCIAL ADAPTIVE FUNCTIONING
	SST ASSESS OTHER
SST Other Relevant Assess	SST OTHER RELEVANT ASSESS
	SST CONTENT INTRO FACILITATORS
	SST CONTENT REVIEW PURPOSE
	SST CONTENT DIFFERENT GROUP
SCP Scolar Contract	SST CONTENT GENERL FORMAT
SST Session Content	SST CONTENT EXPECTATIONS
	SST CONTENT GOALS
	SST CONTENT HANDOUT
	SST CONTENT OTHER
CCP Chart Long Cook	SST GOALS SHORT
SST Short Long Goals	SST GOALS LONG
	SST COLLABORATION LOW
SST Degree of Collaboration	SST COLLABORATION MEDIUM
	SST COLLABORATION HIGH
SST Overall Collaboration	SST OVERALL COLLABORATION
SST Additional WP	SST ADDITIONAL SESSION INFO
SST Plan GP	SST NEXT APPT

# SST Goal Setting Template Detail:

The below table details the content requirements to develop the SST templates.

	TABLE 29 - SST TEMPLATE DETAIL									
SEQ	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
10	SST GOALS TITLE	dialog element				SST GOAL SETTING	NO		Social Skills Training for Serious Mental Illness Goal Setting Session - Individual	
20	SST TIME IN SESSION	dialog element							TIME SPENT IN SESSION	
	PXRM COMMENT SST SESION	prompt dialog	SESSION					Comment:		
30	NUMBER 1-3 SST SESSION	group dialog	NUMBER	NO	2	SST SESSION			SESSION NUMBER	
	NUMBER 1 SST SESSION	element dialog				NUMBER 1 SST SESSION			Session 1	
	NUMBER 2 SST SESSION	element dialog				NUMBER 2 SST SESSION	NO		Session 2	
	NUMBER 3 SST SESSION	element dialog	SESSION			NUMBER 3			Session 3	
40	FORMAT SST SESSION FACE- TO-FACE	group dialog element	FORMAT	NO	2	SST SESSION FACE- TO-FACE			SESSION FORMAT Face-to-Face	
	SST SESSION TELEPHONE	dialog element				SST SESSION TELEPHONE			Telephone	
	SST SESSION VIDEO	dialog element				SST SESSION VIDEO TELEHEALTH			Video	
	SST SESSION OTHER	dialog element				SST SESSION OTHER			Other	
	PXRM COMMENT	prompt dialog	SESSION					Comment:		
50	SST LOCATION SST LOCATION	group	LOCATION	NO	2	SST LOCATION			SESSION LOCATION	
	COMMUNITY LIVING CENTER	dialog element				COMMUNITY LIVING CENTER			Community Living Center	
	SST LOCATION COMMUNITY BASED OPT CLINIC	dialog element				SST LOCATION COMMUNITY BASED OPT CLINIC			Community Based Outpatient Clinic	
	SST LOCATION DOMICILLARY	dialog element				SST LOCATION DOMICILARY			Domiciliary	

TABLE 29 - SST TEMPLATE DETAIL

SEO	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
SEQ	NAME SST LOCATION	LIFE	CAPTION	DUA	INDENIS	SST LOCATION	NOIE	CAPTION	NOIE IEAI	ILAI
	INPATIENT MENTAL	dialog				INPATIENT MH				
	HEALTH UNIT	element				UNIT			Inpatient Mental Health Unit	
	SST LOCATION	dialog				SST LOCATION				
	OEF/OIF CLINIC	element				OEF/OIF CLINIC			OEF/OIF clinic	
	SST LOCATION					SST LOCATION				
	MENTAL HEALTH	dialog				MENTAL HEALTH				
	CLINIC	element				CLINIC			Mental Health Clinic	
									Mental Health Residential	
	SST LOCATION	dialog				SST LOCATION			Rehabilitation and Treatment	
	MHRRTP SST LOCATION	element				MHRRTP SST LOCATION			Program	
	MHICM	dialog element				MHICM			MHICM	
	SST LOCATION	element				MITICM			MHICM	
	PATIENT									
	RESIDENCE- HOME					SST LOCATION				
	BASED PRIMARY	dialog				PATIENT			Patient Residence- Home	
	CARE	element				RESIDENCE HBPC			Based Primary Care	
	SST LOCATION	cicilient				SST LOCATION			Bused Hinning Care	
	PATIENT	dialog				PATIENT				
	RESIDENCE- OTHER	element				RESIDENCE- OTHER			Patient Residence- Other	
						SST LOCATION				
	SST LOCATION PTSD	dialog				PTSD CLINICAL				
	CLINICAL TEAM	element				TEAM			PTSD Clinical Team	
	SST LOCATION	dialog				SST LOCATION				
	PRIMARY CARE	element				PRIMARY CARE			Primary Care	
	SST LOCATION	element				SST LOCATION			Filling Cale	
	SUBSTANCE USE	dialog				SUBSTANCE ABUSE			Substance Abuse Disorder	
	DISORDER CLINIC	element				DIS CLINIC			Clinic	
	SST LOCATION	cicilient		1		SST LOCATION				
1	PRRC/DAY	dialog				PRRC/DAY				
	TREATMENT	element				TREATMENT			PRRC/Day Treatment	
	SST LOCATION	dialog		1		SST LOCATION				
1	OTHER	element				OTHER			Other	
	SST PRIMARY	dialog	PRIMARY							
60	DIAGNOSIS	group	DIAGNOSIS	YES	2				PRIMARY DIAGNOSIS	
	SST PRIMARY	dialog				SST PRIMARY				
	SCHIZOPHRENIA	element				SCHIZOPHRENIA			Schizophrenia	
	SST PRIMARY	dialag				SST PRIMARY				
	SCHIZOAFFECTIVE	dialog element				SCHIZOAFFECTIVE			Schizoaffective	
	SCHIZOAFFECTIVE SST PRIMARY					SCHIZUAFFECTIVE SST PRIMARY			Schizoanective	
	BIPOLAR	dialog element				BIPOLAR			Bipolar	
	DII ULAK	ciement			l	DII ULAK		l	ырова	

SEQ	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	SST PRIMARY MAJOR DEPRESSION	dialog element				SST PRIMARY MAJOR DEPRESSION			Major Depression	
	SST PRIMARY OTHER	dialog element				SST PRIMARY OTHER			Other	
	PXRM COMMENT SST SECONARDY	prompt dialog						Comment:		
70	DIAGNOSIS PXRM COMMENT	element prompt						Comment:	SECONDARY DIAGNOSIS	
80	SST ASSESSMENT	dialog group	ASSESSMENT	NO	2				ASSESSMENT: Check all that apply	ASSESSMENTS:
	SST BREIF GOAL ASSESSMENT	dialog element				SST ASSESS BRIEF GOAL			Brief Goal Assessment: Social Skills Training Goal Assessment	
	PXRM COMMENT SST ASSESS SOCIAL	prompt				SST ASSESS SOCIAL		Comment:		
	FUNCTIONING INTERVIEW	dialog element				FUNCTIONING interview			Social Functioning Interview	
	PXRM COMMENT SST ASSESS SOCIAL ADAPTIVE FUNCTIONING INTERVIEW	prompt dialog element				SST ASSESS SOCIAL ADAPTIVE FUNCTIONING		Comment:	Social Adaptive Functioning Evaluation	
	PXRM COMMENT	prompt						Comment:		
	SST ASSESS OTHER	dialog element				SST ASSESS OTHER			Other	
90	PXRM COMMENT SST OTHER RELEVANT ASSESS	dialog group			2		NO	Comment:	OTHER RELEVANT ASSESSMENT INFORMATION (SPECIFIC TO TREATMENT MODEL): Please note any relevant mental status factors, any indications of SI/HI, and reactions to session content. Also include cultural, spiritual influences that may be relevant and any noted substance use. Complete local suicide note template if appropriate.	OTHER RELEVANT ASSESSMENT INFORMATION

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	SST OTHER RELAVANT CONTENT	dialog element				SST OTHER RELAVANT ASSESS			{FLD:BLANK WORD PROCESSING}\\\	
100	SST SESSION CONTENT	dialog group		NO	2				SESSION CONTENT: check all that apply	SESSION CONTENT: This was the initial session of the Social Skills training for Serious Mental Illness protocol. The first session is conducted with the individual Veteran to provide an introduction to SST for SMI and to identify goals for treatment.
	SST CONTENT INTRO FACILITATORS	dialog element				SST CONTENT INTRO FALILITATORS			At the start of the session the therapist introduced the Social Skills Training Group facilitators	
	SST CONTENT PURPOSE	dialog element				SST CONTENT REVIEW PURPOSE			The therapist reviewed the purpose of Social Skills Training Group (i.e. Recovery-oriented, SST curriculum based on identified goals)	
	SST CONTENT DIFFERENT	dialog element				SST CONTENT DIFFERENT GROUP			There was a discussion about ways in which Social Skills Training Group is different from .other. groups (i.e., not a process group, learn a skill, practice skill through role plays, complete practice assignments)	
	SST CONTENT FORMAT	dialog element				SST CONTENT GENERL FORMAT			The general format of Social Skills Training Group was discussed (i.e., homework review, skill introduction, role plays, feedback, homework)	
	SST CONTENT EXPECTATIONS	dialog element				SST CONTENT EXPECTAIONS			The expectations of the Social Skills Training Group were discussed (Note: If closed group, may discuss group expectations at first group session.)	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	SST CONTENT GOALS	dialog element				SST CONTENT GOALS			Goals related to Social Skills Training were identified	
	SST CONTENT HANDOUT	dialog element				SST CONTENT HANDOUT			A handout with facilitator names, contact info, and group setting info was provided (time, room, etc.)	
	SST CONTENT OTHER	dialog element				SST CONTENT OTHER			Other:{FLD:BLANK WORD PROCESSING}\\	
110	SST SHORT LONG GOALS	dialog group			2				GOALS	
	SST GOALS SHORT	dialog element				SST GOALS SHORT			Veteran identified the following two short-term goals for treatment to be achieved within the next 6 months:{FLD:BLANK WORD PROCESSING}\\\	
	SST GOALS LONG	dialog element				SST GOALS LONG			Veteran identified the following two long-term goals for treatment to be achieved within the next year:{FLD:BLANK WORD PROCESSING}\\	
120	SST DEGREE OF COLLABORATION	dialog group			2				DEGREE OF COLLABORATION: The degree of collaboration between the Veteran and the and the group facilitator in the current session was-	
	SST COLLABORATION LOW	dialog element				SST COLLABORATION LOW			Low	
	SST COLLABORATION MEDIUM	dialog element				SST COLLABORATION MEDIUM			Medium	
	SST COLLABORATION HIGH	dialog element				SST COLLABORATION HIGH			High	
130	SST OVERALL COLLABORATION	dialog element				SST OVERALL COLLABORATION			OVERALL COLLABORATION: {FLD:B LANK WORD PROCESSING}	
140	SST ADDITIONAL WP	dialog element				SST ADDITIONAL SESSION INFO			ADDITIONAL SESSION INFORMATION: {FLD:BLANK WORD PROCESSING}\\	

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
		dialog								
150	SST PLAN GP	group			2				PLAN	
		dialog							Next appt has or will be	
	SST NEXT APPT	element				SST NEXT APPT			scheduled	
	PXRM COMMENT	prompt						Comment:		

# 2.6.6. CBT - Insomnia (CBT-I)

The Cognitive Behavioral Therapy for Insomnia (CBT-I) templates document the results of the evidencebased psychological technique used to treat individuals who have experienced insomnia and who are not able to recover without directed psychological intervention.

The clinician uses one of four available Dialog Reminder Templates from the *Cognitive Behavioral Therapy for Insomnia* Clinical Reminder Drawer.

The four templates available are:

- 1. CBT-I 1 EVALUATION SESSION
- 2. CBT-I 2 INITIAL TREATMENT SESSION
- 3. CBT-I 3 MIDDLE TREATMENT SESSION
- 4. CBT-I 4 FINAL TREATMENT SESSIONS

Health factors for this protocol were not available to be documented.

The tables below displays the high level template requirements with no additional content at this time. A text layout detailing the expected templates follow each table.

No screenshots are available at this time.

## **CBT-I 1 Evaluation Session - Template Overview**

	TABLE 30 - CB1-11 TEMPLATE OVERVIEW									
SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CBT-I Title	dialog element								
	CBT-I TIME SPENT WITH PATIENT IN SESSION	dialog element							TIME SPENT WITH PATIENT IN SESSION:	
	PXRM COMMENT	prompt								
	CBT-I SESSION NUMBER 1-2	dialog group	SESSION NUMBER						SESSION NUMER	
	CBT-I SESSION FORMAT	dialog group	SESSION FORMAT						SESSION FORMAT	
	CBT-I SESSION LOCATION	dialog group							SESSION LOCATION	
	CBT-I PRESENTING SLEEP COMPLAINT:	dialog group							PRESENTING SLEEP COMPLAINT: The patient describes trouble sleeping approximately [text box] times per week with the following type(s0 of problem(s): [check boxes with ability to choose more than one]	
	CBT-I ASSESSMENT OF SLEEP PROBLEM	dialog group							ASSESSMENT OF SLEEP PROBLEM:	
	CBT-I EVIDENCE OF OTHER SLEEP DISORDERS:	dialog group							EVIDENCE OF OTHER SLEEP DISORDERS;	
	CTB-I UNHEALTHY SLEEP PRACTICES:	dialog group							UNHEALTHY SLEEP PRACTICES:	
	CBT-I MEDICAL COMORBIDITIES:	dialog group							MEDICAL COMORBIDITIES: [text box]	
	CBT-I PSYCHIATRIC COMORBIDITIES:	dialog group							PSYCHIATRIC COMORBIDITIES: [text box]	
	CBT-I OTHER RELEVANT ASSESSMENT INFORMATION:	dialog group							OTHER RELEVANT ASSESSMENT INFORMATION:	

TABLE 30 - CBT-I 1 TEMPLATE OVERVIEW

CBT-I CASE CONCEPTUALIZA ON:	dialog TI group			CASE CONCEPTUALIZATION:
CBT-I DIAGNOSES	dialog S: group			DIAGNOSES:
CBT- I TREATMEN GOAL(S):	T dialog group			TREATMENT GOAL(S):
CBT-I SESSION CONTENT:	dialog group			SESSION CONTENT:
CBT-I FINAL SUMMARY AND FEEDBACK:	dialog group			FINAL SUMMARY AND FEEDBACK:
CBT-I PLAN:	dialog group			PLAN: [text box]

## **CBT-I1** Evaluation Session - Template Text

## TIME SPENT WITH PATIENT IN SESSION: [minutes box]

SESSION NUMBER: [pick list 1-2] SESSION FORMAT:

> Face-to-face session Telephone session Video Telehealth session Other: [optional text box]

#### SESSION LOCATION: [Drop Down Box:]

Community Living Center Community Based Outpatient Clinic Domiciliary Inpatient Mental Health Unit OEF/OIF Clinic Mental Health Clinic Mental Health Residential Rehabilitation and Treatment Program MHICM Patient Residence - Home Based Primary Care Patient Residence - Other PTSD Clinical Team Primary Care Substance Use Disorder Clinic PRRC/Day Treatment Other [Display only: Please specify: TEXT BOX]

### PRESENTING SLEEP COMPLAINT:

The patient describes trouble sleeping approximately [text box] times per week with the following type(s0 of problem(s): [check boxes with ability to choose more than one]

Difficulty initiating sleep Difficulty maintaining sleep Early morning awakening Difficulties waking at intended time Other: [optional text box]

#### **ASSESSMENT OF SLEEP PROBLEM:**

**Insomnia Severity Index Score**: [number box], which indicates a [mild][moderate][severe] level of insomnia.

**Dysfunctional beliefs About Sleep (DBAS) score (if administered):** [number box] which indicates [no][some][significant] dysfunctional beliefs.

**Current Work Schedule**: The patient's work/activity consists of [Display Only: describe type of work; if not working describe typical waking activities][text box]. The typical schedule in which this work/activity occurs is [text box].

#### **Current Sleep Habits**:

[Display Only: Focus on a typical week and when appropriate provide a range of times]

<u>At the beginning of the sleep period</u>: The patient reports that on a typical night [his/her] Pre-Bedtime Routine consists of [text box]. During the week Time to Bed is [text box]; time of lights out is [text box]; and average time to fall asleep is [text box]. These times [do][do not] vary on weekends/non-work days. [Display Only Box describe weekend times if applicable][optional text box].

With respect to pre sleep arousal, the patient endorses [display only: check at least one box]

rumination worry physical tension fears no evidence of pre-sleep arousal other [optional text box].

When the patient cannot sleep [he/she] engages in the following behaviors:[text box] and has the following thoughts: [text box]

<u>In the middle of the night</u>: The patient reports that on average [he/she] wakes up approximately [number box] times after sleep onset. The time awake following these awakenings ranges from [number box] to [number box] minutes and in total the time awake in the middle of the night may range from [number box] to [number box] to [number box] minutes. During these wake times the patient engages in the following behaviors:[text box] and has the following thoughts: [text box]

<u>In the morning</u>: Typically, the final wake time during the week is approximately [text box] and the patient gets out of bed at approximately [text box]. These times [do] [do not] vary on weekends. [Display Only Box describe weekend times if applicable][optional text box]. The patient [does] [does not] report waking earlier than intended unable to return to sleep. [Display only: If yes, than report approximately how much earlier than intended and how often] [Optional text box]. With respect to difficulty waking up at the intended rise time the patient describes [Display only; check all that apply]

pushing the snooze button multiple times needing someone else to help wake [him/her] being late to scheduled obligations other [option text box] no such behaviors or problems.

<u>Napping</u>: When the opportunity to nap presents itself, the patient typically [is] [is not] able to nap. [Display only if "is": Naps usually last [text box] minutes approximately [text box] times per [week/month] and typically occur around [text box]].

**Sleep environment:** The patient reports the following environmental factors that may interfere with sleep [text box].

**Daytime effects:** The patient attributes the following daytime symptoms to [his/her] sleep problem [text box]:

**History & Course of Sleep Problem**: The patient reports that the sleep problem started approximately [display only: state when] [text box] in association with [no] [one or more] precipitating factors [Display only: If "one or more" describe] [optional text box]]. Since its onset, the severity of the problem has [not changed significantly] [gotten worse] [gotten better] [waxed and waned]. The patient reports [no] [a] family history of sleep disorders. [Display only: If history present, describe]: [optional text box].

**Circadian tendencies:** The circadian rhythm questionnaire and interview suggests that the patient is [choice box [a Morning type] [an Evening type] [neither a Morning nor an evening type]. The patient

[choice box [does] [does not]] do night/ rotating shift work. The patient [choice box [does] [does not]] exhibit an irregular sleep schedule. [optional text box]

**SLEEP MEDICATIONS/SLEEP AIDS:** {*NOTE: is there a way to have these headings below and below each one a text box—or can we steal a similar format from some other CPRS template*}

Current Use Began Use	<u>Dosage</u>	Time Taken/PRN	Currently Using	helpful?
<b>Prior Use</b> Began Use	Dosage	Time Taken/PRN	Currently Using	helpful?

In addition, the patient reports that [he/she] [has][has not] attempted to discontinue sleep medications. [Display only: If discontinuation was attempted describe the outcome (e.g. no effect, rebound insomnia, etc.)][optional text box]. The patient [does][does not] describe features of psychological dependence on sleep medications. [Optional text box].

#### **EVIDENCE OF OTHER SLEEP DISORDERS;**

The patient was assessed for symptoms of other sleep disorders and the following symptoms were endorsed.

### **Obstructive Sleep Apnea (OSA) Symptoms:**

Snoring Gasping/ snorting Witnessed apnea Daytime sleepiness STOP Questionnaire Score [text box]

#### **RLS symptoms:**

leg jerks, twitches (witnessed) aching, tingling creeping moving for relief RLS Questionnaire score if administered: [text box]

#### **Parasomnia symptoms:**

Nightmares [optional text box [frequency] and [difficulty returning to sleep]] Sleepwalking or sleep terrors [optional text box [frequency]] Confusional arousals [optional text box [frequency]] Other unusual sleep behaviors

SUBSTANCES: The patient reports using the following amounts of substances:

Caffeine [text box], nicotine [text box], Alcohol [text box], Recreational drugs [text box] [optional text box].

#### **UNHEALTHY SLEEP PRACTICES:**

**Nocturnal eating**: The patient [does] [does not] report eating a heavy meal close to bedtime. The patient [does] [does not] report eating when awakened in the middle of the night. [optional text box]

**Timing of exercise**: The patient reports exercising or vigorous physical activity close to bedtime including [Display only: describe type of activity, duration, frequency, and timing][text box].

**Sleep environment:** The patient reports the following environmental factors that may interfere with their sleep; [bed partner][children/childcare][pets][bed/bedding discomfort][sound][light][temperature][safety concerns]. [Display only: Provide detail if necessary] [optional text box].

### MEDICAL COMORBIDITIES: [text box]

## **PSYCHIATRIC COMORBIDITIES:** [text box]

**OTHER MEDICATIONS:** {*NOTE: ditto the note above re; medications*}

Reason prescribed dosage duration

## **OTHER RELEVANT ASSESSMENT INFORMATION:**

## Mental Status Exam (MSE): [NOTE: please insert MSE template from existing VA templates]

[Display Only: Please note any other relevant mental status factors, any indications of SI/HI if not included in MSE, and reactions to session content. Also include cultural, spiritual influences that may be relevant].[text box]

[Display Only: Complete local suicide/safety assessment note template if appropriate]. [optional text box].

#### CASE CONCEPTUALIZATION:

Based on the patient presentation the stated problem is most consistent with [text box] as evidenced by [text box]. The patient [choice box [is][is not]] a good candidate for cognitive behavioral therapy for insomnia (CBT-I); the patient [ is][is not] receptive to this treatment at present.

#### **DIAGNOSES:**

Axis I: [text box] Axis II: [text box] Axis III: [text box] Axis IV: [text box] Axis V: [text box]

#### TREATMENT GOAL(S):

The patients initially stated a goal with respect to sleep of [text box]. Together we established the following specific goal(s) for treatment: [text box]

#### **SESSION CONTENT:**

(Display only: Check all that apply.)

Provided a Brief Description of CBT-I.

Provided information about the Efficacy of CBT-I

Established initial treatment goals

Reviewed the **Length** (~6 sessions) and **Frequency** (weekly or biweekly) of treatment Described how **Homework** will be assigned and discussed each session )

Provided instructions on how to fill out the **Sleep Diary** and confirmed that the patient understood how to fill it out.

Inquired about patient's understanding of the homework assignment (filling out the **Sleep Diary**) and its rationale.

Referred patient to a sleep specialist for [evaluation] [treatment] of [text box] Provided patient with a blank **Sleep Diary** and written instructions for filling it out. [optional text box]

### FINAL SUMMARY AND FEEDBACK:

[Display Only: Describe the patients general response to the evaluation, to the treatment goals and to the initial treatment plan and any concerns expressed] [required text box]

[Display Only: Additional information about session content and behavioral observations, including information about level of engagement/readiness.] [text box]

#### PLAN: [text box]

Date and Time of Next session [optional calendar box] [optional text box]

# **CBT-I** Initial Treatment Session - Template Overview

SEQ	NAME	ТУРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CBT-I 2 Title	dialog element								
	CBT-1 TIME SPENT WITH PATIENT IN SESSION:	dialog element							TIME SPENT WITH PATIENT IN SESSION: [minutes box]	
	CBT- I SESSION NUMBER:	dialog group							SESSION NUMBER: [Display only Note: Evaluation session is counted as session 1]	
	CBT-I SESSION FORMAT:	dialog group							SESSION FORMAT:	
	CBT-I SESSION LOCATION:	dialog group							SESSION LOCATION: [Drop Down Box:]	
	CBT-I DIAGNOSES:	dialog group							DIAGNOSES:	
	CBT-I ASSESSMENT:	dialog group							ASSESSMENT:	
	CBT-I OTHER RELEVANT ASSESSMENT INFORMATION:	dialog group							OTHER RELEVANT ASSESSMENT INFORMATION:	
	CBT-I SESSION CONTENT:	dialog group							SESSION CONTENT:	
	CBT-I ADDITIONAL SESSION INFORMATION:	dialog group							ADDITIONAL SESSION INFORMATION:	
	CBT-I HOMEWORK:	dialog group							HOMEWORK:	
	CBT-I Plan:	dialog group							Plan: [opt text box]	

TABLE 31 - CBT- I 2 TEMPLATE OVERVIEW

## **CBT-I Initial Treatment Session - Template Text**

### TIME SPENT WITH PATIENT IN SESSION: [minutes box]

**SESSION NUMBER:** [Display only Note: Evaluation session is counted as session 1] [number box 2-3]

#### **SESSION FORMAT:**

Face-to-face session Telephone session Video Telehealth session Other: [optional text box]

#### SESSION LOCATION: [Drop Down Box:]

Community Living Center Community Based Outpatient Clinic Domiciliary Inpatient Mental Health Unit OEF/OIF Clinic Mental Health Clinic Mental Health Residential Rehabilitation and Treatment Program MHICM Patient Residence - Home Based Primary Care Patient Residence - Other PTSD Clinical Team Primary Care Substance Use Disorder Clinic PRRC/Day Treatment Other [Display only: Please specify: TEXT BOX]

#### **DIAGNOSES:**

Primary Diagnosis (focus of treatment): [required text box] Secondary Diagnoses, if applicable: [optional text box]

#### **ASSESSMENT:**

**Mental Status Exam (MSE):** [LINK TO MSE or MSE template from other VA templates] **Insomnia Severity Index Score**: [number box], which indicates a [mild][moderate][severe] level of insomnia and [a reduction][an increase][no change] in self-reported insomnia severity since last session.

The patient [did][did] not complete a sleep diary. **Sleep Diary variables averages for past [text] week(s)**: Bedtime: [text box] Rise time: [text box] Sleep Latency (SL): [text box] minutes Wake after Sleep Onset (WASO): [text box] minutes Number of Awakenings (NOA): [text box] times per night Total Sleep Time (TST): [text box] minutes Time in Bed (TIB): [text box] minutes Sleep Efficiency % (SE%): [text box] % [Display Only: Please enter name of any additional assessment measures and description of results here] [OPT Text Box].

The patient reports [no][some] changes in the use of sleep medications or sleep aids. [Display only; Describe changes and any effects if present][optional text box].

### OTHER RELEVANT ASSESSMENT INFORMATION:

**Mental Status Exam (MSE): [NOTE: please insert MSE template from existing VA templates]** [Display Only: Please note any other relevant mental status factors, any indications of SI/HI if not included in MSE, cultural, spiritual influences that may be relevant, any noted substance use (if applicable), and relevant reactions to session content].[text box]

[Display Only: Complete local suicide/safety assessment note template if appropriate]. [optional text box].

The patients level of adherence since the last session was [low][medium][high]. The degree of collaboration between the patient and the therapist in the current session was [low][medium][high].

#### **SESSION CONTENT:**

Patient completed this initial session of CBT for insomnia [Display Only: check if completed and provide explanation for items with text boxes]. The following occurred during the session:

Reviewed Sleep Diary and their scoring and addressed any problems filling out the sleep diary Administered the Insomnia Severity Index Provided psychoeducation on sleep processes and insomnia Introduced and provided rationale for stimulus control therapy Introduced and provided rationale for sleep restriction therapy Established a prescribed bedtime and rise time in collaboration with the patient as follows: [text box] Gave the patient the handout: "Guide to Overcoming Your Insomnia" Discussed methods for calming the mind (i.e. Guideline 6 & 7) [text box] Discussed sleep hygiene rules and the following specific recommendations applicable to the patient:

avoid napping turn the clock around limit caffeine use [optional text box] limit alcohol use [optional text box] limit tobacco use [optional text box] exercise regularly keep bedroom quiet, dark & cool avoid heavy meals close to bedtime

Gave the patient the following supplemental handout(s):

"Questions & Answers about 'the Rules' "

"Things that may get in the Way of Following 'the Rules'"

"Staying Awake Until Your Scheduled Bedtime"

"things to do While You are Awake"

"Enjoying Your Morning"

Confirmed that patient understood how to implement stimulus control

Confirmed that patient understood how to implement sleep restriction

□Assessed if there were any barriers to implementation of therapy.

□Addressed identified barriers [text box]

Gave the patient a blank sleep diary(ies)

□Referred patient to a sleep specialist for [evaluation] [treatment] of [text box]

□Other [optional text box]

## ADDITIONAL SESSION INFORMATION:

(Display Only: Additional information about session content and/or behavioral observations, including information about what the patient learned and level of engagement.) (text box)

#### **HOMEWORK:**

Patient is to complete the following practice items in between sessions: (Display only: Check all that apply)

Fill out Sleep Diary Read "Guide to overcoming Your Insomnia" Follow recommended bedtimes and rise times Follow stimulus control instructions and other relevant guidelines Other

Plan: [opt text box]

Next appointment date: [opt text box]

Time: [opt Calendar Box]

# **CBT-I Middle Treatment Session - Template Overview**

SEQ	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CBT-I 3 Title	dialog element								
	CBT-I TIME SPENT WITH PATIENT IN SESSION:	dialog element							TIME SPENT WITH PATIENT IN SESSION: [minutes box]	
	CBT-I SESSION NUMBER:	dialog group							SESSION NUMBER: [Display only Note: Evaluation session is counted as session 1]	
	CBT-I SESSION FORMAT:	dialog group							SESSION FORMAT:	
	CBT-I SESSION LOCATION:	dialog group							SESSION LOCATION: [Drop Down Box:]	
	CBT-I DIAGNOSES:	dialog group							DIAGNOSES:	
	CBT-I ASSESSMENT:	dialog group							ASSESSMENT:	
	CBT-I OTHER RELEVANT ASSESSMENT INFORMATION:	dialog group							OTHER RELEVANT ASSESSMENT INFORMATION:	
	CBT-I SESSION CONTENT:	dialog group							SESSION CONTENT:	
	CBT-I ADDITIONAL SESSION INFORMATION:	dialog group							ADDITIONAL SESSION INFORMATION:	
	CBT-I HOMEWORK:	dialog group							HOMEWORK:	
	CBT-I PLAN:	dialog group							Plan: [opt text box]	

TABLE 32 - CBT- I 3 TEMPLATE OVERVIEW

### **CBT-I Middle Treatment Session - Template Text**

### TIME SPENT WITH PATIENT IN SESSION: [minutes box]

**SESSION NUMBER:** [Display only Note: Evaluation session is counted as session 1] [text box]

### **SESSION FORMAT:**

Face-to-face session Telephone session Video Telehealth session Other: [optional text box]

### SESSION LOCATION: [Drop Down Box:]

Community Living Center Community Based Outpatient Clinic Domiciliary Inpatient Mental Health Unit OEF/OIF Clinic Mental Health Clinic Mental Health Residential Rehabilitation and Treatment Program MHICM Patient Residence - Home Based Primary Care Patient Residence - Other PTSD Clinical Team Primary Care Substance Use Disorder Clinic PRRC/Day Treatment Other [Display only: Please specify: TEXT BOX]

#### **DIAGNOSES:**

Primary Diagnosis (focus of treatment): [required text box] Secondary Diagnoses, if applicable: [optional text box]

#### **ASSESSMENT:**

**Mental Status Exam (MSE):** [LINK TO MSE or MSE template from other VA templates] **Insomnia Severity Index Score**: [number box], which indicates a [mild][moderate][severe] level of insomnia and [a reduction][an increase][no change] in self-reported insomnia severity since last session. The patient [did][did] not complete a sleep diary.

### Sleep Diary variables averages for past [text] week(s):

Prescribed Bedtime: [text box] Actual Bedtime: [text box] Prescribed Rise time: [text box] Actual Rise time: [text box] Sleep Latency (SL): [text box] minutes Wake after Sleep Onset (WASO): [text box] minutes Number of Awakenings (NOA): [text box] times per night Total Sleep Time (TST): [text box] minutes Time in Bed (TIB): [text box] minutes Sleep Efficiency % (SE%): [text box] %

These sleep diary values represent [an][no] improvement from the last sleep diary values reported. In particular [Display only: note any important findings from the diaries and whether the changes are consistent with this phase of treatment].

The patient [did][did not] adhere to the prescribed bedtimes and rise times. [Display only: If problems with adherence, please describe][Optional text box].

**Sleep Need Questionnaire results**: [number box], which indicates a [mild ( $\leq 9$ )][moderate (9-12)][severe ( $\geq 13$ )] level of unmet sleep need. [Display only: If this was previously administered comment on relative change since last administration][optional text box].

[Display Only: Please enter name of any additional assessment measures and description of results here] [Optional Text Box].

The patient reports [no][some] changes in the use of sleep medications or sleep aids. [Display only: Describe changes and any effects if present][Optional Text Box].

The patient reports that [he/she] made the following additional changes to [his/her] Sleep Routine and/or Sleep Environment [text box].

The patient [did][did not] adhere to other recommendations given at the prior session. [Display only: If problems with adherence, please describe][Optional text box]

### OTHER RELEVANT ASSESSMENT INFORMATION:

**Mental Status Exam (MSE): [NOTE: please insert MSE template from existing VA templates]** [Display Only: Please note any other relevant mental status factors, any indications of SI/HI if not included in MSE, cultural, spiritual influences that may be relevant, any noted substance use (if applicable), and relevant reactions to session content].[text box]

[Display Only: Complete local suicide/safety assessment note template if appropriate]. [optional text box].

The patients overall level of adherence since the last session was [low][medium][high]. [Display only: If adherence varied among recommendations please describe further][optional text box]. The degree of collaboration between the patient and the therapist in the current session was [low][medium][high].

### **SESSION CONTENT:**

Patient completed this [session number] session of CBT for insomnia. [Display Only: check if completed and provide explanation for items with text boxes]. The following occurred during the session:

Administered the Insomnia Severity Index

Administered the Sleep Need Questionnaire

Reviewed Sleep Diary and their scoring and addressed any problems filling out the sleep diary

Discussed adherence to therapy and its relationship to treatment progress

Problem solved issues/barriers to implementing treatment to date [text box]

Adjusted prescribed bedtime and rise time based in collaboration with the patient as follows: [text box] based on [Display only: Check all that apply] [Sleep Diary data][ the Sleep Need Questionnaire][patient input][other][optional text box]. The time in bed window for next week is [text box]

Introduced, provided rationale for, and demonstrated relaxation training as follows [text box]

Reviewed progress with relaxation training and problem-solved any barriers

Introduced, provided rationale for, and demonstrated cognitive therapy to address the following cognitions [text box]

Gave the patient the handout "Changing your Thinking About Sleep"

Reviewed progress with Cognitive therapy and problem-solved any barriers

Gave the patient the following supplemental handout(s):

"Other Reasons for feeling Tired"

"Questions & Answers about 'the Rules' "

"Things that may get in the Way of Following 'the Rules'"

"Staying Awake until Your Scheduled Bedtime"

"Things to do while You are Awake"

"Enjoying Your Morning"

Assessed if there were any additional barriers to implementation of therapy.

Addressed identified barriers [text box]

Gave the patient a blank sleep diary(ies)

Referred patient to a sleep specialist for [evaluation] [treatment] of [text box]

Other [optional text box]

### ADDITIONAL SESSION INFORMATION:

(Display Only: Additional information about session content and/or behavioral observations, including information about what the patient learned and level of engagement.) [text box]

### **HOMEWORK:**

Patient is to complete the following practice items in between sessions: [Display only: Check all that apply]

Fill out Sleep Diary

Follow recommended bedtimes and rise times

Follow stimulus control instructions and other relevant guidelines

Practice relaxation for [text box] minutes [text box] times per week

Fill out "Changing your Thinking About Sleep" handout

Other

Plan: [opt text box]

Next appointment date: [opt text box]

Time: [opt Calendar Box]

### **CBT-I** Final Treatment Session - Template Overview

SEQ	NAME	ТҮРЕ	CAPTION	вох	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	CBT-I 4 Title	dialog element								
	CBT-I TIME SPENT WITH PATIENT IN SESSION:	dialog element							TIME SPENT WITH PATIENT IN SESSION: [minutes box]	
	CBT-I SESSION NUMBER:	dialog group							SESSION NUMBER: [Display only Note: Evaluation session is counted as session 1]	
	CBT-I SESSION FORMAT:	dialog group							SESSION FORMAT:	
	CBT-I SESSION LOCATION:	dialog group							SESSION LOCATION: [Drop Down Box:]	
	CBT-I DIAGNOSES:	dialog group							DIAGNOSES:	
	CBT-I ASSESSMENT:	dialog group							ASSESSMENT:	
	CBT-I OTHER RELEVANT ASSESSMENT INFORMATION:	dialog group							OTHER RELEVANT ASSESSMENT INFORMATION:	
	CBT-I SESSION CONTENT:	dialog group							SESSION CONTENT:	
	CBT-I REVIEW OF PROGRESS DURING TREATMENT :	dialog group							REVIEW OF PROGRESS DURING TREATMENT :	
	CBT-I PLAN:	dialog group							<b>PLAN:</b> (Display Only: Check all that apply.)	

TABLE 33 - CBT-I 4 TEMPLATE OVERVIEW

### **CBT-I Final Treatment Session - Template Text**

### TIME SPENT WITH PATIENT IN SESSION: [minutes box]

**SESSION NUMBER:** [Display only Note: Evaluation session is counted as session 1] [text box]

#### **SESSION FORMAT:**

Face-to-face session Telephone session Video Telehealth session Other: [optional text box]

### SESSION LOCATION: [Drop Down Box:]

Community Living Center Community Based Outpatient Clinic Domiciliary Inpatient Mental Health Unit OEF/OIF Clinic Mental Health Clinic Mental Health Residential Rehabilitation and Treatment Program MHICM Patient Residence - Home Based Primary Care Patient Residence - Other PTSD Clinical Team Primary Care Substance Use Disorder Clinic PRRC/Day Treatment Other [Display only: Please specify: TEXT BOX]

### **DIAGNOSES:**

Primary Diagnosis (focus of treatment): [required text box] Secondary Diagnoses, if applicable: [optional text box]

### ASSESSMENT: Mental Status Exam (MSE): [LINK TO MSE or MSE template from other VA templates]

**Insomnia Severity Index Score**: [number box], which indicates a [mild][moderate][severe] level of insomnia and [a reduction][an increase][no change] in self-reported insomnia severity since last session. The patient [did][did] not complete a sleep diary.

### Sleep Diary variables averages for past [text] week(s):

Prescribed Bedtime: [text box] Actual Bedtime: [text box] Prescribed Rise time: [text box] Actual Rise time: [text box] Sleep Latency (SL): [text box] minutes Wake after Sleep Onset (WASO): [text box] minutes Number of Awakenings (NOA): [text box] times per night Total Sleep Time (TST): [text box] minutes Time in Bed (TIB): [text box] minutes Sleep Efficiency % (SE%): [text box] %

These sleep diary values represent [an][no] improvement from the last sleep diary values reported. In particular [Display only: note any important findings from the diaries and whether the changes are consistent with this phase of treatment][text box].

The patient [did][did not] adhere to the prescribed bedtimes and rise times. [Display only: If problems with adherence, please describe][Optional text box].

**Sleep Needs Questionnaire results**: [number box], which indicates a [mild ( $\leq 9$ )][moderate (9-12)][severe ( $\geq 13$ )] level of unmet sleep need. [Display only: If this was previously administered comment on relative change since last administration][optional text box].

[Display Only: Please enter name of any additional assessment measures and description of results here] [Optional Text Box].

The patient reports [no][some] changes in the use of sleep medications or sleep aids. [Display only: Describe changes and any effects if present][Optional Text Box].

The patient reports that [he/she] made the following additional changes to [his/her] Sleep Routine and/or Sleep Environment [text box].

The patient [did][did not] adhere to other recommendations given at the prior session. [Display only: If problems with adherence, please describe][Optional text box].

### OTHER RELEVANT ASSESSMENT INFORMATION:

**Mental Status Exam (MSE): [NOTE: please insert MSE template from existing VA templates]** [Display Only: Please note any other relevant mental status factors, any indications of SI/HI if not included in MSE, cultural, spiritual influences that may be relevant, any noted substance use (if applicable), and relevant reactions to session content].[text box]

[Display Only: Complete local suicide/safety assessment note template if appropriate]. [optional text box].

The patients level of adherence since the last session was [low][medium][high]. The degree of collaboration between the patient and the therapist in the current session was [low][medium][high].

### **SESSION CONTENT:**

Patient completed this final session of CBT for insomnia. [Display Only: check if completed and provide explanation for items with text boxes]. The following occurred during the session:

Administered the Insomnia Severity Index

Administered the Sleep Needs Questionnaire

**Reviewed Sleep Diary** 

Discussed ongoing adherence to therapy and its relationship to treatment progress

Problem solved any remaining issues/barriers to implementing treatment on their own [text box]

Adjusted prescribed bedtime and rise time based in collaboration with the patient as follows: [text box] based on [Display only check all that apply: [Sleep Diary data][ the Sleep Need Questionnaire][patient input][other[optional text box]]

Reviewed progress with Relaxation Training and problem-solved any barriers

Reviewed progress with Cognitive Therapy and problem-solved any barriers

Developed a Continuing Care Plan and a Relapse Prevention Plan

Gave the patient the handout "Action Plan for Addressing Insomnia in the Future"

Gave the patient the following supplemental handout(s):

"Other Reasons for feeling Tired"

"Questions & Answers about 'the Rules' "

"Things that may get in the Way of Following 'the Rules'"

"Staying Awake until Your Scheduled Bedtime"

"Things to do while You are Awake"

"Enjoying Your Morning"

Gave the patient a blank sleep diary(ies)

□Referred patient to a sleep specialist for [evaluation] [treatment] of [text box]

□Other [optional text box]

### ADDITIONAL SESSION INFORMATION:

(Display Only: Additional information about session content and/or behavioral observations, including information about what the patient learned and level of engagement.) (text box)

### **REVIEW OF PROGRESS DURING TREATMENT :**

(Display Only: Please describe the patient's progress in relation to treatment goals and overall)

Including the evaluation session, the patient completed [text box] sessions of CBT for insomnia. The stated treatment goal of [text box] [was][was not] achieved.

The patient had a reduction in [his/her] self-reported insomnia severity from [text box] at the evaluation session to [text box] at this final session.

Compared to initial sleep diary values, the patient has achieved [an increase][a decrease] in Sleep Latency of [text box] minutes,

[an increase][a decrease] in Wake After Sleep Onset of [text box] minutes,

[an increase][a decrease] in Number of Awakenings of [text box] times per night,

[an increase][a decrease] in Total Sleep Time of [text box] minutes,

[an increase][a decrease] in Sleep Efficiency of [text box] %.

Overall the patient reports that their sleep is [text box]. The impact of therapy on the patient's functioning includes [Text Box]

**PLAN:** (Display Only: Check all that apply.)

### **Treatment Completed**

(Display Only: Describe the reason for the termination of treatment.) [required text box] **Booster Session(s)** (Display Only: Describe the reason for booster sessions and if the sessions were scheduled or will be scheduled in the future.)

patient will call to schedule Booster session scheduled for [opt text box] Time: [opt Calendar Box]

### Referred for Further Evaluation and/or Treatment and/or other Services [Display Only: Describe

the referral and the reason for the referral.] [text box]

### **Continuing Self Care:** [text box]

Patient is to complete the following: (Display only: Check all that apply)

Follow relevant guidelines for continuing care plan Other

[] Patient agreed with the above plan. [Display Only: Provide any additional information about plan] [opt text box]

### 2.6.7. Behavioral Family Therapy (BFT)

The Behavioral Family Therapy (BFT) templates document the results of the family-based skills-building intervention in veterans with chronic combat-related posttraumatic stress disorder (PTSD).

The clinician uses one of five available Dialog Reminder Templates from the *Behavioral Family Therapy* Clinical Reminder Drawer.

The five templates available are:

- 1. BFT 1 ORIENTATION SESSION
- 2. BFT 2 -EDUCATION SESSION
- 3. BFT 3 PROBLEM SOLVING SESSION
- 4. BFT 4 COMMUNICATION SESSIONS
- 5. BFT 5 FINAL SESSION

Health factors for this protocol were not available to be documented.

The tables below display the high level template requirements with no additional content at this time. A text layout detailing the expected templates follow each table.

No screenshots are available at this time.

### **BFT - Orientation Session - Template Overview**

					NUMBER		EXCLUDE FROM			ALTERNATE
SEQ	NAME	ТҮРЕ	CAPTION	BOX	OF INDENTS	FINDING ITEM	PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	PROGRESS NOTE TEXT
	BFT 1 Title	dialog element								
	BFT TIME (in minutes) SPENT IN SESSION	dialog element							TIME (in minutes) SPENT IN SESSION: [text box]	
	BFT SESSION NUMBER	dialog group							SESSION NUMBER: (display Only: Checkbox: [pick list 1-3]	
	BFT SESSION FORMAT	dialog group							SESSION FORMAT: Family Psychoeducation	
	BFT SESSION LOCATION	dialog group							SESSION LOCATION: [Drop Down Box:]	
	BFT DIAGNOSIS	dialog group							DIAGNOSIS	
	BFT ASSESSMENT	dialog group							ASSESSMENT: DISPLAY ONLY: Please note any relevant mental status factors, any indications of SI/HI, and reactions to session content. Also include cultural, spiritual influences that may be relevant and any noted substance us (if applicable) [TEXT BOX] Complete local suicide note template if appropriate. PARTICIPANTS IN SESSION: (DISPLAY ONLY List reactions	
	BFT PARTICIPANTS IN SESSION	dialog group							of others to Veteran (e.g., partner, father, friend, etc)	
	BFT SESSION CONTENT	dialog group							SESSION CONTENT:	
	BFT DEGREE OF COLLABORATION	dialog group							DEGREE OF COLLABORATION:	
	BFT ADDITIONAL SESSION INFORMATION	dialog group							ADDITIONAL SESSION INFORMATION:	
	BFT PLAN	dialog group							PLAN: [op text box]	

#### TABLE 34 - BFT 1 TEMPLATE OVERVIEW

Distribution of Mental Health Clinical Reminders Requirements Specification Document

### **BFT - Orientation Session - Template text**

Time (in minutes) spent in session:_____

SESSION NUMBER: (Display Only: Check box: [pick list 1-3]

### **SESSION FORMAT: Family Psychoeducation**

Face-to-face session Telephone session Video Telehealth session Other: (text box)

### SESSION LOCATION: [Drop Down Box:]

Community Living Center Community Based Outpatient Clinic Domiciliary Inpatient Mental Health Unit OEF/OIF Clinic Mental Health Clinic Mental Health Residential Rehabilitation and Treatment Program Patient Residence - Home Based Primary Care Patient Residence - Other PTSD Clinical Team Primary Care Substance Use Disorder Clinic PRRC/Day Treatment Other [Display only: Please specify: TEXT BOX]

### **DIAGNOSIS:**

Primary diagnosis (focus of treatment) (text box) Secondary diagnosis (if applicable) (opt text Box)

**ASSESSMENT:** DISPLAY ONLY: Please note any relevant mental status factors, any indications of SI/HI, and reactions to session content. Also include cultural, spiritual influences that may be relevant and any noted substance use (if applicable) [TEXT BOX] Complete local suicide note template if appropriate.

**PARTICIPANTS IN SESSION:** (*DISPLAY ONLY: List relation of others to Veteran (e.g. partner, father, friend, etc)* 

### **SESSION CONTENT:**

Introductory Review (Display Only: Check all that apply) The clinician outlined the agenda. The clinician introduced rationale for assessment The clinician conducted (*DISPLAY ONLY: Choose all that apply*) The Individual Family Interview Summary Sheet The Individual Life History Interview The Couples Relationship Interview

The clinician introduced the idea of setting a behavioral goal for the treatment and discussed possible goals (*DISPLAY ONLY: List possible goals for follow-up*)

Prior to the next session, the clinician asked participant to (*DISPLAY ONLY: Check all that apply*)

Read "Orientation to Goal Setting" Think about individual goals Other (*DISPLAY ONLY: Please describe*)

Necessary handouts and materials were provided to the participant(s).

### Anticipated Problems:

( DISPLAY ONLY: Choose one)

[] The participant(s) do(es) not anticipate any difficulties in completing the out-of-session assignment.

[] The clinician problem-solved the following anticipated difficulties in completing the out-of-session assignment. (*text box DISPLAY ONLY: Please describe any issues that required attention and how these were handled*)

Potential issues for later problem-solving include (*text box DISPLAY ONLY: List any issues raised between or during the session that might be used in subsequent skills training*)

### **DEGREE OF COLLABORATION:**

The degree of collaboration between the patient and the therapist in the current session was: Check box: ____Low ____Medium _____ High [ Display Only: Please describe the degree of collaboration. If a therapeutic alliance measure was given, please report results here. TEXT BOX]

### **ADDITIONAL SESSION INFORMATION:**

(Display Only: Additional information about session content and behavioral observations, including information about what the patient learned and level of engagement.) (text box)

[] Plan for any missed components: (*Text box—DISPLAY ONLY: Please describe plans for covering any intervention components which were planned but not covered during the session*)

### PLAN: [opt text box]

Date and time of next session (opt text box) (opt Calendar Box)

### BFT - Education Session - Template Overview

SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	BFT 2 Title	dialog element								
	BFT TIME (in minutes) SPENT IN SESSION	dialog element							TIME (in minutes) SPENT IN SESSION: [text box]	
	BFT SESSION NUMBER	dialog group							SESSION NUMBER: (display Only: Checkbox: [pick list 3-10]	
	BFT SESSION FORMAT	dialog group							SESSION FORMAT: Family Psychoeducation	
	BFT SESSION LOCATION	dialog group							SESSION LOCATION: [Drop Down Box:]	
	BFT DIAGNOSIS	dialog group							DIAGNOSIS	
	BFT ASSESSMENT	dialog group							ASSESSMENT:	
	BFT PARTICIPANTS IN SESSION	dialog group							PARTICIPANTS IN SESSION: (DISPLAY ONLY List reactions of others to Veteran (e.g., partner, father, friend, etc)	
	BFT SESSION CONTENT	dialog group							SESSION CONTENT:	
	BFT DEGREE OF COLLABORATION	dialog group							DEGREE OF COLLABORATION:	
	BFT ADDITIONAL SESSION INFORMATION	dialog group							ADDITIONAL SESSION INFORMATION:	
	BFT PLAN	dialog group							PLAN: [op text box]	

TABLE 35 - BFT 2 TEMPLATE OVERVIEW

### **BFT - Education Session - Template Text**

Time (in minutes) spent in session:_____

SESSION NUMBER: (Display Only: Check box: [pick list 3-10]

### **SESSION FORMAT: Family Psychoeducation**

Face-to-face session Telephone session Video Telehealth session Other: (text box)

### **SESSION LOCATION:** [Drop Down Box:]

Community Living Center

**Community Based Outpatient Clinic** 

Domiciliary

Inpatient Mental Health Unit

**OEF/OIF** Clinic

Mental Health Clinic

Mental Health Residential Rehabilitation and Treatment Program

Patient Residence - Home Based Primary Care

Patient Residence - Other

PTSD Clinical Team

Primary Care

Substance Use Disorder Clinic

PRRC/Day Treatment

Other [Display only: Please specify: TEXT BOX]

### **DIAGNOSIS:**

Primary (focus of treatment).(*text box*) Secondary diagnosis (if applicable) (*opt text Box*)

#### **ASSESSMENT:**

The clinician reviewed progress on individual goals. (*Text box DISPLAY ONLY: Describe progress on goals*)

DISPLAY ONLY: Please note any relevant mental status factors, any indications of SI/HI, and reactions to session content. Also include cultural, spiritual influences that may be relevant and any noted substance use (if applicable) [TEXT BOX] Complete local suicide note template if appropriate.

**PARTICIPANTS IN SESSION:** (*DISPLAY ONLY: list relation of others to Veteran (e.g. partner, father, friend, etc)* 

### **SESSION CONTENT:**

### Introductory Review (Display Only: Check all that apply)

The clinician outlined the agenda

The clinician checked for crises/urgent issues and handled as necessary. (Text box DISPLAY ONLY: *Please describe any issues that required attention and how these were handled)* 

The clinician reviewed the out-of-session assignments from prior session. The out-of-session assignments were completed (drop down box). (Optional text box)

Fully Partially Not at all Not assigned

The clinician problem-solved out-of-session obstacles as necessary. (Text box DISPLAY ONLY: Please describe any problem-solving around out-of-session assignments)

The clinician reviewed the family meeting. A family meeting was drop down box

held

not held

not assigned

The clinician problem-solved obstacles to family meeting as necessary (Text box DISPLAY ONLY: Please *describe any problem-solving around family meetings*)

### Specific Content Area:

The clinician introduced the topic for the session. The topic was (DISPLAY ONLY: *Check all that apply* )

Facts about Schizophrenia
Facts about Schizoaffective Disorder
Facts about Bipolar Disorder
Facts about Major Depression
Facts about Post-Traumatic Stress Disorder
Facts about Obsessive Compulsive Disorder
Facts about Alcohol and Drug Use in Persons with a Psychiatric Disorder
Facts about Antipsychotic Medications
Facts about Antidepressant Medications
Facts about Mood-Stabilizers
Facts about Anti-anxiety and Sedative Medications
Stress-Vulnerability Model Psychiatric Disorders
Caregiver's Guide to Helping a Relative who has a Serious Psychiatric Illness

Other (text box DISPLAY ONLY: Describe_____)

The clinician and family reviewed material by (*text box DISPLAY ONLY: Describe techniques and procedures used in teaching*)

The clinician checked with each participant for comprehension by (*text box DISPLAY ONLY: Describe techniques and procedures used to assure participant comprehension*)

At the end of session, the clinician gave specific positive feedback to each participant for their efforts in session.

### Practice Assignment:

The clinician asked the family to (DISPLAY ONLY: check all that apply)

review the handout

have a family meeting

work on goals

other (text box DISPLAY ONLY: Please describe)

prior to next session. The family was provided with materials for review.

### <u>Anticipated Problems:</u> (DISPLAY ONLY: Choose one)

[] The family does not anticipate any difficulties in completing the out-of-session assignment.

[] The clinician problem-solved the following anticipated difficulties in completing the out-of-session assignment. (*text box DISPLAY ONLY: Please describe any issues that required attention and how these were handled*)

Potential issues for later problem-solving include (*text box DISPLAY ONLY: List any issues raised between or during the session that might be used in subsequent skills training*)

### **DEGREE OF COLLABORATION:**

The degree of collaboration between the patient and the therapist in the current session was: Check box: ____Low ____Medium _____ High

[Display Only: Please describe the degree of collaboration. If a therapeutic alliance measure was given, please report results here. TEXT BOX]

### ADDITIONAL SESSION INFORMATION:

(Display Only: Additional information about session content and behavioral observations, including information about what the patient learned and level of engagement.) (text box)

[] Plan for any missed components: (*Text box—DISPLAY ONLY: Please describe plans for covering any intervention components which were planned but not covered during the session*)

### PLAN: [opt text box]

Date and time of next session (opt text box) (opt Calendar Box)

### BFT - Problem-Solving Session - Template Overview

					TABLE 36 - BF					
SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	BFT 3 Title	dialog element								
	BFT TIME (in minutes) SPENT IN SESSION	dialog element							TIME (in minutes) SPENT IN SESSION: [text box]	
	BFT SESSION NUMBER	dialog group							SESSION NUMBER: (display Only: Checkbox: [pick list 10-19]	
	BFT SESSION FORMAT	dialog group							SESSION FORMAT: Family Psychoeducation	
	BFT SESSION LOCATION	dialog group							SESSION LOCATION: [Drop Down Box:]	
	BFT DIAGNOSIS	dialog group							DIAGNOSIS	
	BFT ASSESSMENT	dialog group							ASSESSMENT:	
	BFT PARTICIPANTS IN SESSION	dialog group							PARTICIPANTS IN SESSION: (DISPLAY ONLY List reactions of others to Veteran (e.g., partner, father, friend, etc)	
	BFT SESSION CONTENT	dialog group							SESSION CONTENT:	
	BFT DEGREE OF COLLABORATION	dialog group							DEGREE OF COLLABORATION:	
	BFT ADDITIONAL SESSION INFORMATION	dialog group							ADDITIONAL SESSION INFORMATION:	
	BFT PLAN	dialog group							PLAN: [op text box]	

TABLE 36 - BFT 3 TEMPLATE OVERVIEW

### **BFT - Problem-Solving Session - Template Text**

Time (in minutes) spent in session:_____

SESSION NUMBER: (Display Only: Check box: [pick list 10-19]

### **SESSION FORMAT: Family Psychoeducation**

Face-to-face session Telephone session Video Telehealth session Other: (text box)

### **SESSION LOCATION:** [Drop Down Box:]

Community Living Center

Community Based Outpatient Clinic

Domiciliary

Inpatient Mental Health Unit

**OEF/OIF** Clinic

Mental Health Clinic

Mental Health Residential Rehabilitation and Treatment Program

Patient Residence - Home Based Primary Care

Patient Residence - Other

PTSD Clinical Team

Primary Care

Substance Use Disorder Clinic

PRRC/Day Treatment

Other [Display only: Please specify: TEXT BOX]

### **DIAGNOSIS:**

Primary (focus of treatment).(*text box*) Secondary diagnosis (if applicable) (*opt text Box*)

### **ASSESSMENT:**

The clinician reviewed progress on individual goals. (*Text box DISPLAY ONLY: Describe progress on goals*)

DISPLAY ONLY: Please note any relevant mental status factors, any indications of SI/HI, and reactions to session content. Also include cultural, spiritual influences that may be relevant and any noted substance use (if applicable) [TEXT BOX] Complete local suicide note template if appropriate.

**PARTICIPANTS IN SESSION:** (*DISPLAY ONLY: List relation of others to Veteran (e.g. partner, father, friend, etc)* 

### **SESSION CONTENT:**

### Introductory Review (Display Only: Check all that apply)

The clinician outlined the agenda.

The clinician checked for crises/urgent issues and handled as necessary. (*Text box: DISPLAY ONLY: Please describe any issues that required attention and how these were handled*)

The clinician reviewed the out-of-session assignments from the prior session. The out-of-session assignments were completed (*drop down box*)

Fully

Partially

Not at all

The clinician problem-solved out-of-session obstacles as necessary. (*Text box: DISPLAY ONLY: Please describe any problem-solving around out-of-session assignments*)

The clinician reviewed family meeting. A family meeting was drop down box

held

not held

The clinician problem-solved obstacles to family meetings as necessary. (*Text box: DISPLAY ONLY: Please describe any problem-solving around family meetings*)

Specific Content Area: (Display Only: Check all that apply)

The clinician introduced problem-solving.

The rationale for systematic problem-solving was presented and discussed with the family.

The steps of problem-solving were reviewed with the family.

The clinician assisted the family in problem-solving a specific problem

[drop down box] The clinician/A family member was the chair of the problem-solving exercise. (text box DISPLAY ONLY: Please provide definition of problem used).

The following steps of problem-solving were covered in the session: (*DISPLAY ONLY: More than one can be checked*)

Definition of problem

Brainstorming solutions

Evaluating solutions

Choosing the best solution(s)

Planning the implementation of the solution

At end of session, the clinician gave specific positive feedback to each participant for efforts in session.

Clinician oriented participants to timeframe and plans for termination as appropriate.

Practice Assignments:

Prior to the next session, the clinician asked family to: (DISPLAY ONLY: Check all that apply)

Read "Structured Problem-solving and Goal Attainment"

Complete specific steps of problem-solving

Have a family meeting

Work on individual goals

Other (*Text box DISPLAY ONLY: Please describe*)

Necessary handouts and materials were provided to the family.

Anticipated Problems:

*(DISPLAY ONLY:* Choose one) [] The family does not anticipate any difficulties in completing the out-of-session assignment.

[] The clinician problem-solved the following anticipated difficulties in completing the out-of-session assignment. (*text box DISPLAY ONLY: Please describe any issues that required attention and how these were handled*)

Potential issues for later problem-solving include (*text box DISPLAY ONLY—list any issues raised between or during the session that might be used in subsequent skills training*)

### **DEGREE OF COLLABORATION:**

The degree of collaboration between the patient and the therapist in the current session was: Check box: ____Low ____Medium _____ High [ Display Only: Please describe the degree of collaboration. If a therapeutic alliance measure was given,

[Display Only: Please describe the degree of collaboration. If a therapeutic alliance measure was giv please report results here. TEXT BOX]

### ADDITIONAL SESSION INFORMATION:

(Display Only: Additional information about session content and behavioral observations, including information about what the patient learned and level of engagement.) (text box)

[] Plan for any missed components: (*Text box—DISPLAY ONLY: Please describe plans for covering any intervention components which were planned but not covered during the session*)

### PLAN: [opt text box]

Date and time of next session (opt text box) (opt Calendar Box)

### **BFT - Communication Session - Template Overview**

					BLE 37 - BFT 4		EXCLUDE			
SEQ	NAME	ТҮРЕ	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	BFT 4 Title	dialog element								
	BFT TIME (in minutes) SPENT IN SESSION	dialog element							TIME (in minutes) SPENT IN SESSION: [text box]	
	BFT SESSION NUMBER	dialog group							SESSION NUMBER: (display Only: Checkbox: [pick list 6-15]	
	BFT SESSION FORMAT	dialog group							SESSION FORMAT: Family Psychoeducation	
	BFT SESSION LOCATION	dialog group							SESSION LOCATION: [Drop Down Box:]	
	BFT DIAGNOSIS	dialog group							DIAGNOSIS	
	BFT ASSESSMENT	dialog group							ASSESSMENT:	
	BFT PARTICIPANTS IN SESSION	dialog group							PARTICIPANTS IN SESSION: (DISPLAY ONLY List reactions of others to Veteran (e.g., partner, father, friend, etc)	
	BFT SESSION CONTENT	dialog group							SESSION CONTENT:	
	BFT DEGREE OF COLLABORATION	dialog group							DEGREE OF COLLABORATION:	
	BFT ADDITIONAL SESSION INFORMATION	dialog group							ADDITIONAL SESSION INFORMATION:	
	BFT PLAN	dialog group							PLAN: [op text box]	

TABLE 37 - BFT 4 TEMPLATE OVERVIEW

### **BFT - Communication Session - Template Text**

Time (in minutes) spent in session:_____

SESSION NUMBER: (Display Only: Check box: [pick list 6-15]

### **SESSION FORMAT: Family Psychoeducation**

Face-to-face session Telephone session Video Telehealth session Other: (text box)

### SESSION LOCATION: [Drop Down Box:]

Community Living Center Community Based Outpatient Clinic Domiciliary Inpatient Mental Health Unit OEF/OIF Clinic Mental Health Clinic Mental Health Residential Rehabilitation and Treatment Program Patient Residence - Home Based Primary Care Patient Residence - Other PTSD Clinical Team Primary Care Substance Use Disorder Clinic PRRC/Day Treatment Other [Display only: Please specify: TEXT BOX]

### **DIAGNOSIS:**

Primary (focus of treatment).(*text box*) Secondary diagnosis (if applicable) (*text Box*)

### **ASSESSMENT:**

The clinician reviewed progress on individual goals. (*Text box DISPLAY ONLY: Describe progress on goals*)

DISPLAY ONLY: Please note any relevant mental status factors, any indications of SI/HI, and reactions to session content. Also include cultural, spiritual influences that may be relevant and any noted substance use (if applicable) [TEXT BOX] Complete local suicide note template if appropriate.

# **PARTICIPANTS IN SESSION:** (*DISPLAY ONLY: List relation of others to Veteran (e.g. partner, father, friend, etc)*

### **SESSION CONTENT:**

#### Introductory Review: (Display Only: Check all that apply)

The clinician outlined the agenda.

The clinician checked for crises/urgent issues and handled as necessary. (*Text box DISPLAY ONLY Please describe any issues that required attention and how these were handled*)

The clinician reviewed the out-of-session assignments from the prior session. The out-of-session assignments were completed (*drop down box*)

Fully Partially Not at all

Not assigned

The clinician problem-solved out-of-session obstacles as necessary. (*Text box DISPLAY ONLY Please describe any problem-solving around out-of-session assignments*)

The clinician reviewed family meeting assignment. A family meeting was drop down box

held

not held

The clinician problem-solved obstacles to family meetings as necessary (*Text box DISPLAY ONLY Please describe any problem-solving around family meetings*)

### Specific Content Area:

The clinician introduced the topic for the session. The skills(s) covered included (DISPLAY ONLY: *check topics covered insert from list below*)

Introduction to Communication Skills

Active Listening

Expressing Positive Feelings

Making Positive Requests

Expressing Unpleasant Feelings

Requesting a Time-Out

Compromise and Negotiation

Other (Text box DISPLAY ONLY: Please describe)

The rationale for the skills was presented and discussed with the family.

The clinician demonstrated the skills being used in the session.

Each participant practiced the skill in at least (*drop down*) role-play(s)

One Two Three

Each participant received specific positive and constructive feedback for each role play (opt text box). At end of session, the clinician gave specific positive feedback to each participant for efforts in session.

### Practice Assignments:

Prior to the next session, the clinician asked the family to (*text box DISPLAY ONLY: check all that apply*)

Read "keys to good communication"

Family Active Listening Homework

Expressing Positive Feelings Homework

Making a Positive Request Homework

Expressing Negative Feelings Homework

Compromise and Negotiation Homework

Requesting a Time-Out Homework

Have a family meeting

Work on individual goals

Other (Text box DISPLAY ONLY: Please describe)

Necessary handouts and materials were provided to the family.

Anticipated Problems: (DISPLAY ONLY: Choose one)

[]The family does not anticipate any difficulties in completing the out-of-session assignment.

[]The clinician problem-solved the following anticipated difficulties in completing the out-of-session assignment. (*text box DISPLAY ONLY: Please describe any issues that required attention and how these were handled*)

Potential issues for later problem-solving include (*text box DISPLAY ONLY: list any issues raised between or during the session that might be used in subsequent skills training*)

### **DEGREE OF COLLABORATION:**

The degree of collaboration between the patient and the therapist in the current session was: Check box: ____Low ____Medium _____ High

[Display Only: Please describe the degree of collaboration. If a therapeutic alliance measure was given, please report results here. TEXT BOX]

### ADDITIONAL SESSION INFORMATION:

(Display Only: Additional information about session content and behavioral observations, including information about what the patient learned and level of engagement.) (text box)

[] Plan for any missed components: (*Text box—DISPLAY ONLY: Please describe plans for covering any intervention components which were planned but not covered during the session*)

### PLAN: [opt text box]

Date and time of next session (opt text box)(opt Calendar Box)

### BFT - Final Session - Template Overview

	TABLE 38 - BFT 5 TEMPLATE OVERVIEW									
SEQ	NAME	TYPE	CAPTION	BOX	NUMBER OF INDENTS	FINDING ITEM	EXCLUDE FROM PROGRESS NOTE	PROMPT CAPTION	DIALOG/PROGRESS NOTE TEXT	ALTERNATE PROGRESS NOTE TEXT
	BFT 5 Title	dialog element								
	BFT TIME (in minutes) SPENT IN SESSION	dialog element							TIME (in minutes) SPENT IN SESSION: [text box]	
	BFT SESSION NUMBER	dialog group							SESSION NUMBER: (display Only: Checkbox: [pick list 11-25]	
	BFT SESSION FORMAT	dialog group							SESSION FORMAT: Family Psychoeducation	
	BFT SESSION LOCATION	dialog group							SESSION LOCATION: [Drop Down Box:]	
	BFT DIAGNOSIS	dialog group							DIAGNOSIS	
	BFT ASSESSMENT	dialog group							ASSESSMENT:	
	BFT PARTICIPANTS IN SESSION	dialog group							PARTICIPANTS IN SESSION: (DISPLAY ONLY List reactions of others to Veteran (e.g., partner, father, friend, etc)	
	BFT SESSION CONTENT	dialog group							SESSION CONTENT:	
	BFT DEGREE OF COLLABORATION	dialog group							DEGREE OF COLLABORATION:	
	BFT ADDITIONAL SESSION INFORMATION	dialog group							ADDITIONAL SESSION INFORMATION:	
	BFT REVIEW OF PROGRESS TOWARD TREATMENT GOALS:	dialog group							REVIEW OF PROGRESS TOWARD TREATMENT GOALS:	
	BFT PLAN	dialog group							PLAN: [op text box]	

TABLE 38 - BFT 5 TEMPLATE OVERVIEW

### **BFT - Final Session - Template Text**

Time (in minutes) spent in session:_____

SESSION NUMBER: (Display Only: Check box: [pick list 11-25]

### **SESSION FORMAT: Family Psychoeducation**

Face-to-face session Telephone session Video Telehealth session Other: (text box)

### SESSION LOCATION: [Drop Down Box:]

Community Living Center Community Based Outpatient Clinic Domiciliary Inpatient Mental Health Unit OEF/OIF Clinic Mental Health Clinic Mental Health Residential Rehabilitation and Treatment Program Patient Residence - Home Based Primary Care Patient Residence - Other PTSD Clinical Team Primary Care Substance Use Disorder Clinic PRRC/Day Treatment Other [Display only: Please specify: TEXT BOX]

### **DIAGNOSIS:**

Primary (focus of treatment).(*text box*) Secondary diagnosis (if applicable) (*opt text Box*)

### **ASSESSMENT:**

The clinician reviewed progress on individual goals. (Text box DISPLAY ONLY: Describe progress on goals)

DISPLAY ONLY: Please note any relevant mental status factors, any indications of SI/HI, and reactions to session content. Also include cultural, spiritual influences that may be relevant and any noted substance use (if applicable) [TEXT BOX] Complete local suicide note template if appropriate.

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# **PARTICIPANTS IN SESSION:** (*DISPLAY ONLY: List relation of others to Veteran (e.g. partner, father, friend, etc)*

### **SESSION CONTENT:**

### Introductory Review (Display Only: Check all that apply)

The clinician outlined the agenda.

The clinician checked for crises/urgent issues and handled as necessary. (*Text box: DISPLAY ONLY: Please describe any issues that required attention and how these were handled*)

The clinician reviewed the out-of-session assignments from the prior session. The out-of-session assignments were completed (*drop down box*)

Fully

Partially

Not at all

The clinician problem-solved out-of-session obstacles as necessary. (*Text box: DISPLAY ONLY: Please describe any problem-solving around out-of-session assignments*)

The clinician reviewed family meeting. A family meeting was drop down box

held not held

The clinician problem-solved obstacles to family meetings as necessary. (*Text box: DISPLAY ONLY: Please describe any problem-solving around family meetings*)

The clinician oriented participants to timeframe and plans for termination as appropriate.

### **DEGREE OF COLLABORATION:**

The degree of collaboration between the patient and the therapist in the current session was: Check box: ____Low ____Medium _____ High

(Display Only: Please describe the degree of collaboration. If a therapeutic alliance measure was given, please report results here. [TEXT BOX])

### **ADDITIONAL SESSION INFORMATION:**

(Display Only: Additional information about session content and behavioral observations, including information about what the patient learned and level of engagement.[text box])

### **REVIEW OF PROGRESS TOWARD TREATMENT GOALS:**

(Display Only: Please describe the participants' progress in treatment overall and in relation to treatment goals as a prelude to termination [TEXT BOX]).

(Display Only: The impact of therapy on the patient's functioning [opt TEXT BOX]).

PLAN: (Display Only: Check all that apply.)

### TREATMENT COMPLETED

(Display Only: Describe the reason for the termination of treatment.) (required text box)

### **BOOSTER SESSIONS**

(Display Only: Describe the reason for booster sessions and if the sessions were scheduled or will be scheduled in the future.) (required text box)

### SCHEDULED POST ASSESSMENT SESSION

(Display Only: Describe the reason for additional assessment sessions.) (required text box)

### **REFERRED FOR FURTHER EVALUATION, TREATMENT OR OTHER SERVICES**

(Display Only: Describe the referral and the reason for the referral.) (required text box)

### DATE AND TIME OF NEXT SESSION

(opt calendar box) (optional text box)

[] Clinician reviewed recommended discharge planning and/or referrals with the Veteran and other participants.

[] Patient agreed with the above plan. [Display Only: Provide any additional information about plan] [opt text box]

## 2.7. Graphical User Interface (GUI) Specifications

Computerized Patient Record System (CPRS) software manages / incorporates order entry and other functionality in a Graphical User Interface (GUI) format. Clinical reminders (and clinical reminder templates) display on the primary screen of the CPRS software.

## 2.8. Multi-Divisional Specifications

The dialog templates follow all requirements for CPRS.

## 2.9. Performance Specifications

No functionality will be lost with the implementation of the dialog templates.

## 2.10. Quality Attributes Specifications

Because these templates are for national distribution, the patch name will be prefixed by 'VA-' rather than PXRM (Clinical Reminder) or YS (Mental Health).

## 2.11. Reliability Specifications

Implementation and effectiveness of the therapy protocols can be tracked 100% of the time.

## 2.12. Scope of Integration

The templates will be made available as a patch to the templates folder on CPRS.

No external system interface requirements have been identified.

## 2.13. Security Specifications

The Clinical Reminder Dialog Templates shall comply with patient privacy requirements and rights dictated by final Health Insurance Portability and Accountability Act (HIPAA) regulations as they have been interpreted by VHA and General Counsel and the Privacy Act.

The Clinical Reminder Dialog Templates shall adhere to all CPRS requirements.

The Clinical Reminder Dialog Templates shall reside within the CPRS environment at each facility with no external access and by using only VA authorized computers and software.

## 2.14. System Features

The Clinical Reminder Dialog Templates shall reside within the CPRS environment. No new features have being developed. This request is to develop template content only.

## 2.15. Usability Specifications

The reminders dialog templates would be distributed nationally to ensure availability to all clinicians engaging in the supported therapy protocol.

Necessary training on the use of the templates would be developed and disseminated by the Mental Health Program Office as applicable.

# 3. Applicable Standards

All template standards have been documented in the appropriate subsections in section 2.6 'Functional Specifications' within this RSD. No additional legal, regulatory or industry standards are applicable other than those identified for CPRS and Clinical Reminder Standards.

## 4. Interfaces

The Clinical Reminder Dialog Templates interface through the existing interfaces outlined for the Clinical Reminders. No additional internal or external interfaces have been identified or required.

## 4.1. Communications Interfaces

The Clinical Reminder Dialog Templates communication interface is through the existing Clinical Reminders and CPRS. No additional communication requirements are necessary.

## 4.2. Hardware Interfaces

The Clinical Reminder Dialog Templates are accessed through the VA computers at a facility. There is no hardware interfaces other than those supplied in support CPRS.

The Clinical Reminder Dialog Templates support of the existing hardware interfaces used by CPRS.

## 4.3. Software Interfaces

The Clinical Reminder Dialog Templates require no additional software or interfaces. They are built from existing applications supported.

The Clinical Reminder Dialog Templates are content only development.

## 4.4. User Interfaces

The Clinical Reminder Dialog Templates shall be managed through existing Clinical Reminder User interface requirements.

# 5. Legal, Copyright, and Other Notices

Sites were instructed through Directive 2008-084 to standardize nationally components of clinical reminders through a National Clinical Reminders Committee to ensure that clinicians are accountable for using the clinical reminder system to document identified components of care.

# 6. Purchased Components

There are no purchased components and no external system interface requirements have been identified.

# 7. User Class Characteristics

The intended user of the Clinical Reminder Dialog Templates shall be the facility staff and all OMHS department personnel. The Clinical Reminder Dialog Templates shall be made available to all clinicians engaged in the supported therapy protocols.

# 8. Estimation

Not applicable for this project scope.

	<b>Function Poin</b>	t Estimate	
	Service Line 1	Service Line 2	Total
Current FP Size			
Estimated Additional Scope Growth			
Estimated Size at Release			
Expected Delivery Rate			
Expected Effort Minimum			
Expected Effort Maximum			
Expected Duration Minimum			
Expected Duration Maximum			

# 9. Function Point Analysis Results Table

Not applicable for this project scope.

Project Softv	vare Function	nal Size and S	Size-based Effort	and Duration Est	imate	
Item	Α	В	C	D	E	Total
Counted Function Points						
Estimated Scope Growth						
Estimated Size At Release						
Size-based Effort Estimates					Labor Hours	Probability
Low Effort es	timate – with in	dicated probabi	lity, project will con	sume no more than:		
High Effort est	imate with in	dicated probabi	lity, project will con	sume no more than:		
Size-based Duration Estimates					Work Days	Probability
Low Duration es	timate – with in	dicated probabi	lity, project will con	sume no more than:		
High Duration estimate with indicated prob	ability, project	will consume no	o more than:			

[Insert Cumulative Probability ("S-curve") Charts here]

# **10.** Attachment A - Approval Signatures

This section is used to document the approval of the Requirements Specification Document. The Chair of the governing Integrated Project Team (IPT), Business Sponsor, IT Program Manager, and the Project Manager are required to sign. Please annotate signature blocks accordingly.

<b>REVIEW DATE:</b> <i><date></date></i>
SCRIBE: < <i>name</i> >

Signed: < Integrated Project Team (IPT) Chair>	Date:
Signed: <business sponsor=""></business>	Date:
Signed: <it manager="" program=""></it>	Date:
Signed: <project manager=""></project>	Date:

## 11. Introduction to Appendices

The following appendices show screenshot results of what occurs when an element is selected. Selecting module elements are either via a checkbox or radio button, when selected, an element will result in revealing additional elements, PXRM comment textboxes or word processing textboxes. The following is the list of Appendices included:

- Appendix A Prolonged Exposure Individual Therapy
- Appendix B Cognitive Processing Therapy
- Appendix C Cognitive Behavioral Therapy
- Appendix D Acceptance and Commitment Therapy
- Appendix E Social Skills Training
- Appendix F Cognitive Behavioral Therapy for Insomnia
- Appendix G Behavioral Family Therapy

Note: There are no screenshots at this time for Appendix F and G. These protocol templates are under development at time of release of this RSD.

# 12. Appendix A: PEI Screenshots

This appendix will show all of the screenshots associated with Prolonged Exposure Individual Therapy.

### 12.1. PEI 1 Initial Session

The clinician has identified this session as the first (session 1) and that it will take 44 minutes.

FIGURE 1 - PEI 1 SCREENSHOT #1	
Speninder Stelag Template: PD Initial	X
HOLISEE ECONSME INCOMPANY ECONAL ECONAL	^
P TIME DE INDUCTOR (LA ALANATAR) 44	-
ferrier Baler:	
C Section Rador: 1	
C ferrin Daberi 2	
SERIOR FORMY: Prolonged Exposure Therapy Individual Series Format:	
Fersion Format	
Telephone Section	
C talabasith farrion	
C Riber	
F SUBTOR LOCATOR	
Primary (forms of treatment) or Secundary (if applicable)	
TALMOITS	
F braney Disperie	
F Secondary Dispectic	
ASTRESTERAT	
Tate Instrument has Trace Itals	
00/22/2011 18:00 FC FTS 2 Total	
GE/SE/TGLI BEIZ PCIC 34 THEAL	4
Vol No Frah Case	
	6
	×
Health Factor: PED 1 ADD1. SSN INFO. PED 1 CONTENT SESSION. PED 1 PROLONGED EXPOSIBLE IND INITIAL. PED SESSION FACE: TO FACE. PED SESSION NUMBER 1	
Tindcuter a Required Field	

FIGURE 2 - PEI 1	SCREENSHOT #2
------------------	---------------

DECOMPTONIA ANTONI							
	PC 7130	. *	THE				
03/04/2011 00:12	PCF5	24	Total				
05/06/2011 00:12	PCIN	51	Total				
Check here to place set	ires in note.						
PCL-C							
Ferters PCLC							
101 - 11							
Sectors 3012							
F Sim INFORMATINE: Fleas appropriate	e note any indica	tion of SL/B	I and any other relevant ri	sk infermation and complet	e local micide not	e template if	
" mintal status/defaultera	IT OPERATION: 111	nare note an	y relevant mental status fm	rtors and/or bahavioral ob	antrations		
			al stractured or clinical a	constant information rais	van to this sessio	h (8.9.,	
C other beleviet observat culturel/spiritual inf				consect information rais	van to this series	6 (8. <b>5</b> .,	
				occurates information rele	vant to thas service	6 (8.g.,	
				constant information reje	vant to this session	n (n.y.,	
				constant information rele	want to this service	n (n.y.,	
				contract information rele	van to this service	6 (6.g.,	
				conserved information rele	van to this service	6 (0.g.,	
eutural/spiritual inf				constant information rele	van to that service	6 (0.g.,	
eutural/spiritual inf				constant information rece	van to that service	6 (6.p.,	
eutural/spiritual inf		6 X26, 452.)		onnes information reie			
eutural/spiritual inf		6 X26, 452.)		normat lateration rid	vant 65 thas service Feature	a (a.g.,	
eutural/spiritual inf		6 X26, 452.)		soonaat laforaaties rote			
		6 126, 452.)		unnann lafaradón roir			

#### FIGURE 3 - PEI 1 SCREENSHOT #3

SSION CONTENT:			
tient completed service 1 of the Prolonged Rep splanation for items with text boxes).	conure therapy protocol. (Place a che	ck next to the items completed during the session an	id provide
he following occurred during the session:			
<pre>Facilitated a good therapeutic relationshis patient:</pre>	p. The following elements helped est	ablish a collaborative, positive working relationshi	p with
Frovided psychoeducation and introduced FE Providing information about FE as a tre			
Discussing patient's readiness to engage	e in treataent.		
Discussing and addressing patient's que	sticms of concerns about treatment. ?	stiant expressed the following concerns:	
🗖 Set treatment plan with set goals and obje	ectives. Patient set the following go	als for treatment:	
	Yell Info	Fridh	Carcel
	Yeit Info	Fridh	Carcel
	Yeat Indo	Fridh	Carcel

#### FIGURE 4 - PEI 1 SCREENSHOT #4

SReminder Dielog Template: PEI Initie

<ol> <li>Set treatment plan with set goals and objection</li> </ol>	ctives. Patient set t	the following goals for treatment:		
Presented treatment rationale, focusing or thoughts may belieft). Also, described 3 rationale involved:				
☐ Administered Transma Interview ☐ Gave rationale for breathing retraining; t	eaching breathing ret:	raining, and making a breathing re	training tape for patient.	
THERE TRAINED to be addressed in FE is related	101			
Conbat Connent:				
C ms7				
C Other				
C POTTVATIONAL ENGLACEMENT C Identified short-term quals in several are C Identified the consequences of import of P				
Identified the benefits of reducing the set				
C Assessed attitudes and espectations for the				
Assessed any barriers to attending therapy		ent in problem-solving these barri	ers.	
T DEGREE OF COLLABORATION:				
	Yait Info	1	Frish	Cancel
PEI I PROLONGED EXPOSURE IND INITIAL PEI SESSION	FACE TO FACE, PEI SESS	SION NUMBER 1		
Indicates a Rescued Field				

	e patient and the therapist in the current session	wast	
Coaseno :			
F Low			
E Reliva			
T High			
T If therapeutic alliance measure was	given, please report results here.		
ADDITIONAL SESTON INFORMATION Additional Information about sestion of anghydeact Comment:	content and/or behavioral observations, including in	formation about what the patient learn	ad and laval of
EXERNOR: Factions to to complete the following pr			
Listen to and stars of therapy to			
F feed "factorals for freetawn" has	adore and note sportions.		
E mart			
FLAS:			
FLAM:	scheduled		
F Next session is scheduled or will be	scheduled		
	ncheduled		
F Next session is scheduled or will be Sext appointment date:	scheduled Vativio	Freeh	Cacori

### 12.2. PEI 2 Individual Sessions

This template covers the content for conducting sessions 2 or 3 and reveals previous assessment information.

Reminder Dielog Template: P	8 2-3					
BOTORCED ECLOSARE INDIALEON	AL: SECOND SESSION					
TIRE IN SESSION (in since	Ales)					
Session Buder:						
C Servion Number: 2						
🗂 Session Busher: 3						
ESSION FORMAT: Prolonged H:	sposure Therapy Inc	lividua.	1			
Session Format:						
🖸 Face-to-Face Dession						
C Telephone Servion						
Telehenith Session						
C Other						
DIAGNOSIS	) or Secondary (1f	applic	able)			
STISSMENT						
Date	Instrument	Inv	Trans Scale			
08/22/2011 10:09	PC PTSI	2	Total			
05/04/2011 08:12	PCLC	54	Total			
			Yait Info	1	Frish	Carcel
		-				

FIGURE 7 - PEI 2 SCREENSHOT #
-------------------------------

TRACT							
ate	Instrument		rans Scale				
18/22/2011 10:08	PC PTSI	1	Total				
5/04/2011 09:12	PCLC	24	Total				
5/04/2011 08:12	PCLR	81	Total				
Check here to place a	cores in note.						
cı-c							
Perform PCLC							
DI - II							
Perform SDI2 PISK INFORMATION: Pla							
" MENTAL STATUS/DEBLOID	DRAL ODSERVATION: PI	lease note	any relevant s	antal status factors	and/or behavioral	observations	
			·				
	ATTON: Flease note	any additi	lonal structure				m (e.g.,
nistal statu, fiatu, fision Stern belevat species Sakunal/spiritual d	ATTON: Flease note	any additi	lonal structure				an (a.g.,
OTHER BELEVANT OFFERS	ATTON: Flease note	any additi	lonal structure				n (e.g., Gacel
OTHER BELEVANT OFFERS	ATTON: Flease note	any additi	ionai structure			lovant to this servic	

FIGURE 8 - PEI 2 SCREENSHOT #3

A REAL PROPERTY AND			
OTHER DELEVANT OBSERVATION: Flease note any cultural/spiritual influences, substance u		ement information relevant to this service (e.g.	
as for this particular session. following occurred during the session: (Check Session involved)	if completed)	ner, yust indicate this and mark only those thing winted the following benevoth accomments from 1	
ression (check all that apply)			
C Dreathing Retraining practice: tip	42		
Listening to section tape one time.			
E Reading "Rationale for Treatment" handout			
C Other			
F If homework was not completed, please interpreter the sections of Transa. Participation for Transa. Participation of Transa.			
· · · · · · · · · · · · · · · · · · ·			
	Yat Info	Frish	Cancel
	Yatino	Frish	Cancel
· · · · · · · · · · · · · · · · · · ·	Yat Info	Friah	Cancel
		CONTENT REACTIONS, PEI 2 PROLONGED EXPOSURE INI	

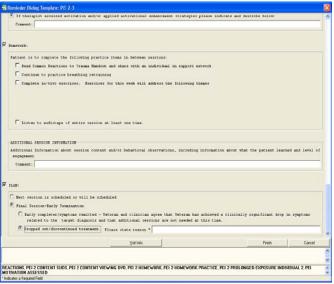


#### FIGURE 9 - PEI 2 SCREENSHOT #4

#### FIGURE 10 - PEI 2 SCREENSHOT #5

ion Social Status Traditional Anternative Samera wir group, plaase report Traditional Anternativ Hi Sherupirk Anternativ Anternati Comment		s please indicate and describe be	
ff elempents allines samme war green, place repr nuwfioni Assessmint If therapist assessed activation and/or applied activat		r please indicate and describe be	lori
TIVATIONAL ASSESSMENT If therapist assessed activation and/or applied activat		s please indicate and describe being	Levi
If therapist assessed notivation and/or applied activat	ional enhancement strategis	s please indicate and describe be	Low
provide the second s	ional enhancement strategi	s please indicate and describe be-	Lowi
Connent :			
ewcek:			
tient is to complete the following practice items in her			
Fend Common Reactions to Trauma Handout and share un	th an individual in support	nsteori	
Continue to practice breathing retraining			
Complete in-vivo exercises. Exercises for this week	will address the following	theast	
Eisten to audiotape of entire session at least one t	ine.		
OTTICNAL SESSION INFORMATION			
DITIONAL SESSION TEFORMATION ditional Information about session content and/or behavi	ioral observations, includi	ng information about what the pati	ent learned and level o
	ioral observations, includi	ng information about what the pati	ent learned and level o
ditional Information about session content and/or behaving magneters	ioral observations, includi	ng information about what the pati Fn	

FIGURE 11 - PEI 2 SCREENSHOT #6



### 12.3. PEI 3 Individual Sessions

The clinician uses this template to conduct therapy sessions 3 or 4.

F	IGURE 12 - P	EI 3 SCREE	NSHOT #1	
Reminder Dielog Template: PEI 3-4				
PROLONGED EXPOSURE INDIVIDUAL: THIRD SEES	TON			
TINE IN SESSION (in simules)				
Serrion Buder:				
C Sersion Suber: 3				
🖻 Section Banber: 4				
SESSION TORMAT: Freiouped Exposure Therap				
Session Format:	7			
E Face-to-Face Session.				
C Telephone Section				
Telshealth Persion				
C Other				
Writing Location     Conserve Strong Genere     Conce     Dreactility     Conserve Beneral React     Concentration React	uns Program (1227)			
<b>r</b>				
	⊻ait Info		Frish	Cancel
Health Factors: PEI 1 ADD'L SSN INFO. PEI 3 PROLO NUMBER 4 Indicates a Required Field	INGED EXPOSURE INDIVIDUA	3.PEI LOCATION CLC. PEI S	ESSION FACE TO FACE. PEI SESSION LO	CATION, PEI SESSION

FIGURE 13 - PEI 3 SCREENSHOT #2
---------------------------------

Mental Health Clinic								
MI Regidential Rehabil	itation Trestment	Togram	(RRTP)					
PTSD Clinical Team								
Prisary Care								
Substance Use Disorder	Clinic							
PREC/Day Treatment								
Community/Non-VA Setti	NE							
Other								
sary iforus of treatment	or Secondary (11	applics	ale)					
DIACHDSIS								
Frimary Disgnosis:								
Secondary Disposis:								
Dete 08/22/2011 10:08 05/04/2011 08:11 05/04/2011 08:12	Instrument PC 9782 PCLC PCLE	2 54 51	Trans Scale Total Total Total					
Check here to place so sci-c	cores in note.							
Perform PCLC								
RDI - II								
Ferform SDI2								
appropriate	ase note any indice	cion of	SI/HI and any	other relevant ri	sk information	and complete lo	cal suicide note	template if
			Yat Info				Frish	Cancel
		_						

FIGURE 14 - PEI 3 SCREENSHOT #3

minder Dielog Template: PEI 3-4			
PINK INTORNATION Please note any indication appropriate	n of TI/RI and any other relevant risk information	and complete local suicide note t	emplate if
- REWILL STATUS/REMANJORAL OBSERVATION: Please	se note any relevant bantal status factors and/or be	ehavioral observations	
OTHER DILEVANT ONSERVATION: Flease note an cultural/spiritual influences, substance	y additional structured or clinical assessment info mee, etc.)	mation relevant to this session (	le.ç.,
following occurred during the session:	8 1782 VIN 107 8033		
following occurred during the session: HECK IF CHEVIETED AND PROVIDE EXPLANATION FO	A ITHEO WIN TEST HOLE		
following occurred during the session: HEICK IF COMPLETE AND FRONTLE ECHARATION FO 7 Beriew of Homework: Thereiswed homework and game feedback and session (check all that apply)	h ITHED WITH TEXT BOOKS prainwycostiww weinforcement. Patient completed adlean who, feenting an postble rele of avaidance		s from last
following occurred during the session: RECK IF COMPLETE AND FRONTLE EXPLANATION FO Ferrer of Reservit: Frequencies the session of the sess	praise/positive reinforcement. Patient completed		s from last Dancel
following occurred during the session: HEICK IF COMPLETE AND FRONTLE ECHARATION FO 7 Beriew of Homework: Thereiswed homework and game feedback and session (check all that apply)	ipraise/positive reinforcement. Patient completed adicate why, focuring on possible role of avoidance		
session (check all that apply) If homework was not completed, please t	ipraise/positive reinforcement. Patient completed adicate why, focuring on possible role of avoidance	Freeh	Carcel

#### FIGURE 15 - PEI 3 SCREENSHOT #4

HECK IF COMPLETED AND PROVIDE EXPLANATION FO			
	A ITERS WITH TEXT BOORS		
Zaview of Homework:			
Reviewed homework and gave feedback and session (check all that apply)	i praise/positive reinforcement. Patient completed the following ho	asvork assignaents	from last
E Breathing Betraining practice:	times		
Listening to ression tape one time.			
E Beading "Coases Basetions" bandest			
E Sharing Common Deactions handout with	h someone in their support network		
In-vive homework exercises. (If all which were not)	in-vive assignments were not completed, please indicate which assig	usents were complet	et and
Ø Other Comment:			
F If homework was not completed, please t	indicate why, focusing on possible role of avoidance Comment:		
Annual class in a second and as has as in a			
Provided clear instructions on how to do in Completed first imaginal exposure, with	anginal espectre repetitions for approximately 60 minutes. Fatient's response t	o imaginal exposure	e involve
	repetitions for approximately 60 minutes. Faciant's response t	o imaginal exporter	e involve
Completed first inaginal exposure, with	repetitions for approximately 60 minutes. Faciant's response t	o ianginal exporur	e involve
Completed first imaginal exposure, with	repetitions for approximately 60 minutes. Faciant's response t	• insginal exporter	e involve
Completed first inaginal exposure, with	repetitions for approximately 60 minoras. Patient's response to		
Completed first inaginal exposure, with	repetitions for approximately 60 minoras. Patient's response to		

#### FIGURE 16 - PEI 3 SCREENSHOT #5

7 Processed inapinal exposure. Focus of j	processing, and patient	's response involved			
CORE OF COLLABORATION- The degree of collaboration between the pa	tiest and the therapiet	in the current session w	a.:		
salent :					
Low					
Redium					
use.					
If therepeutic alliance measure was give	en, plaase report result	ts here.			
If therapist assessed activation and/or Comment:	appiled accivacional e	mancement frieregies pier	ne indicace ani serci	24 24207.	
Natient is to complete the following pract					
F Complete in-vivo exercises. Exercise					
	Yuit Info	1		Frish	Cancel
					Lates
					Carce

FIGURE 17 - PEI 3 SCREENSHOT #6



### 12.4. PEI 4 Imaginal Exposure Session

The clinician has selected this template to document Imaginal Exposure sessions.

SOLONCED EXPOSURE INDIVIDUAL: INACINAL EX-	OSURE SESSION			
TIME IN SESSION (in minutes) 55				
ferrice Buder				
C Session Bunker) 3				
8 Servion Number: 4				
C Session Number: 5				
C Sersion Number: 6				
C Section Number: 7				
C Sersion Number: 0				
C Session Number: 9				
C Servion Number: 10				
C Section Bunker: 11				
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C Service Bumber: 15				
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C Section Number: 17				
C Sersion Number: 18				
C Sersion Number: 19				
C Sersion Bumber: 20				
SELON FORMAT: Prolonged Reposure Therapy		- 1		12017
	Yait Info		Frith	Carcel
		PEI SESSION NUMBER 4		

### FIGURE 18 - PEI 4 SCREENSHOT #1

FIGURE 19 - PEI 4 SCREENSHOT #2
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ESSION FORMAT: Frelenged Esposure Therapy	Individual		
Session Format:			
Tare-to-Face Session			
🖹 Telephone Session			
Telebealth Essaion			
C Other			
7 SESSION LOCATION			
C Community Living Center			
C caor			
C Domiciliary			
C Hone Based Primary Care			
Topatient Hental Health			
C OFF/OIF Clamac			
C Bental Realth Clinic			
C 28 Residential Rehabilitation Trestmen	Proman (BITP)		
C PTSD Clinical Team			
C Prisary Care			
C Substance Use Disorder Clinic			
C 2885/Day Treatment			
C FEEC/Day Treatment			
C Community/Won-FA Setting			
C Community/Hon-VA Setting C Other	(f. ann) (mhlia)		
C Community/Won-FA Setting	té applicable)		
C Community/Hon-WA Setting C Other Primary (focus of treatment) or Secondary (	if applicable)		
C Community/Won-VA Setting C Other Filmary (Socus of treatment) or Secondary ( DIAGNOSIS	t applicable) Valmos	Tech	Carcel



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Yil Inio Fraih	THE RELEVANT ORCHOUSE				d or clinical see	erment informatio	m relevant to	this session (	4.ç.,

#### FIGURE 21 - PEI 4 SCREENSHOT #4

🗟 Rei	ninder Dielog Template: PEI Imaginet	R
r	OTHE HERVET GENERATOR Flags are my additional executored or clinical assessment information valuement to this meetine (e.g., entreal/spiritual informate, substance use, etc.)	
PREST	or conter.	
The	following conserved during the session:	
	HER IF CHELETED AND FRAVED EXPLORATION FOR ITHES WITH TEXT BOOKS	
P	Jevies of Research	
	P beyond haven't and pue forduck and printer/positive estimatorsame. Partner completed the following havenet assignments from last exercise (note all that upp)? From this determine the second sec	
	E ther	
	T If homework was not completed, please indicate why, focusing on possible role of avoidance	
p	Re-visited the trumatic experience through imaginal exposure for 40-45 minutes and making a separate recording. Facient completed repetitions of the memory.	
-	Referred hack to antionale as needed Worked waversh has more. Parient identified mumber of hot mores	
	Yel Into Freih Carcel	
-		
LOCAT	ION. PEI SESSION NUMBER 4. PEI SESSION TELEPHONE	1
Indea	ter a Required Field	-

FIGURE 22 - PEI 4 SCREENSHOT #5

Projectical the transition experience through inequal reporter for 45-15 minute and hading a separate reserving. Failure completed           Projectical the memory.	repetitions of the meany:     Patients have a maked     Pointer the treated have space. Failant identified     maker of het space     Pointer the space response:      Total of collaboration     Total and the space of collaboration between the patient and the charge in the current service was:      Comment:      Total and the space was given, places report results here.      Total and the following places was given, places report results here.      Total and the following places is the between termine makers and the charge is a maker of here and the current service makers     Total and the space was given, places report results here.      Total and the following places is the between termine managers places todates and faceribe bulow:     Comment:      Total and the following places is the between termine is following themes      Common to practice breaching retraining     Common to practice is even the service are taxe.      Common to practice breaching retraining	<pre>restitues of the ansatz; 2 Interest back to interest a maded Whited touch her spots. Twister tousistical mader of her spots 2 Noted on her spots. Twister response: 2 Noted on her spots. The spots. 2 Noted on her spots. 2 Noted on her spots. 2 Noted on her spots. 2 Noted on her spots. 3 Noted on her s</pre>	
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		for     fecture     Return     Return     Return     Return     Return     It theregreatic alliance measures was given, please reports results here.  NOTIVATIONAL AIRFORMAT      To theregive assessed metivation and/or applied antivational enhancement strategies please indicate and describe below:     Comment:	
Bagh         If thereproduce alliance measure was given, please report coulds here.         NOTIVATIONAL ALTERNATY         If thereprint asserted metromism modifer applied settionismal measurement representer please indicate and describe balow:         Comments:         Protect is to complete the following practice items to between sections:         Complete to-crime exercise.         Continue to practice breaching retraining	Bagh         If therepretic alliance measure was given, please report results here.         NOTIVITERL AIREPRET         If therepretic assessed antivenin and/or applied antivenional enhancement meanspler please indicate and describe below:         Comment:         Personnel         Detects is to complete the following practice Stear in between periods:         Complete invice encodence.         Continue to practice breaching         Continue to practice breaching         Continue to practice breaching reference.	Bugh         If therepreses allower meanure was given, please report results here.         BUTURTIONL AFFERING         # If thereprese areased inclosed and/or applied inclosed and anneases strategies please indicate and describe below:         Comment:	
If therepreses allowers manage was given, please report results here.   PTTATIONAL AFFERENCE  If therefore arguing and/or applied antivetimal submeasure strategies please indicate and favorable biovy.  Comments  Partient is to complete the following practice items in between easilant:  Partient is to complete the following practice items in between easilant:  Complete invive exercises. Exercises for this week will address the following themas  Common of practice breaching retraining  Continue to practice breaching  Continue to practice bre	If througenetic alliance assume was given, please report results here.	If thereproduce alliance assaure was given, please report results have.      The thereproduce all ance and the same of th	
RETURNITAL AIREPORTS If therefore assessed antivation and/or applied antivational subancement strategies please indicate and favorike below: Comment: Patient is to complete the following practice stear in between service: Complete (n-viv) exercises. Forecises for this week will address the following themes Complete (n-viv) exercises. Forecises for this week will address the following themes Continue to practice breaking retraining Continue to practice breaking retraining	RETURTIONL AIRCRANNY © If theregive assessed antivation and/or applied antivational manneause mean-egtes please indicate and describe below: Comment: Patient is to complete the following practice stear in between sessions: Complete in-vive exercises. Receives for this week will address the following themes Commission to practice breaching retraining Continue to practice breaching retraining Continue to practice breaching retraining	NOTINITIONL AIREFORMET © If theregive assessed antivation and/or applied antivational enhancement strategies please indicase and describe bilow; Comment:	
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Complete in-view exercises. Therefore, for this week will address the following themes     Continue to practice breaching retraining     Continue to madienze of entire service at least one time.	Complete in-vive exercises. Exercises for this work will address the following theses     Continue to practice breaching retraining     Continue to andreage of entire exercise at least one time.	Emeroch	
Continue to practice breathing retraining	Continue to practice breathing retraining	Patient is to complete the following practice items in between sessions:	
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		Continue to practice breathing retraining	
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FIGURE 23 - PEI 4 SCREENSHOT #6

MOTIVATIONAL ASSESSMENT			
If therapist assessed notivation and/or ap	olied activational enhancement strategi	es please indicate and describe below:	
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Seaswork :			
Fatient is to complete the following practico	items in between sessions:		
♥ Complete in-wiwo exercises. Exercises	or this week will address the following	Lieses	
Continue to practice breathing retrains	q		
Listen to audiotape of entire session a	least one time.		
Listen to audiotape of imaginal exposur	daily		
ADDITIONAL SESSION INFORMATION Additional Information about session content empagement	and/or behavioral observations, includs	ng information about what the patient b	earned and level of
ADDITIONAL SESION INFORMATION Additional Information about session content empagements Comments	and/or beharioral observations, includs	ng information about what the patient h	earned and level of
ADDITIONAL RESIGN TRYODULION Additional Information about serios content empigement Comment:		ng information about when the patient i	earned and level of
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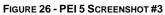
### 12.5. PEI 5 Final Sessions

The clinician can use this template to document the final sessions with the veteran.

Reminder Dielog Templat olomosti schortras tempty			
	IDAL: FINAL EXSELON		
TIME IN SECTION (in )	Levates) St		
Session Munber			
C Section Number: 7			
C Section Busher: 8			
C Seraton Number: 9			
Service Suber: 10			
C Servion Number: 11			
C Session Number: 12			
C Servion Number: 10			
C Sereion Number: 14			
C Section Number: 15			
C Session Number: 14			
🖲 Section Number: 17			
C Sersion Number: 10			
C Session Busher: 15			
🖸 Servion Number: 20			
C Session Number: >2	i		

#### FIGURE 25 - PEI 5 SCREENSHOT #2

Reminder Dielog Template: PEI Final			
Session Format:			
🖻 Face-to-Face Service			
C Telephone Session			
C Telebealth Service			
C Other			
RESIDE LOCATION			
C Community Living Center			
C ceor			
C Demiciliary			
C Hone Bared Primary Care			
C Inputient Mental Health			
C OFF/OFF Clinic			
C Hental Health Clinic			
C HE Residential Rehabilitation Trestment Program (R)	819)		
C PTSP Climical Team			
C Prisary Care			
C Substance Use Disorder Clinic			
C 200C/Day Treatment			
C Community/Non-VA Setting			
C Other			
rimary (focus of treatment) or Secondary (if applicable	a)		
DIAGNOSIS			
T Frimary Disposis:			
C Secondary Disgnosis:			
	⊻sk into	Frish	Carcel
leath Factors PELL ADD'L SSN INFO. PELS CONTENT SESSION. PEL	5 PROLONGED EXPOSURE IND FINAL.	PEI SESSION FACE TO FACE, PEI SESSION LOCAT	ION, PEI SESSION
UMBER 17 Indicates a Required Field			



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spropries ENTIAL FIATU/ENNUTIONAL GOINVAILUR: Fiscus nore any relevant annial starue factors and/or behavioral observations OTHER HILVENT GELEVATION: Fiscus nore any additional structured or clinical assessment information relevant to this session (e.c. entural/gerstual influence, substance use, erc.) Yellob From Carel		
ENERAL FIATU/ENERVICEAL GEORETAIDE: Flease note may relevant sental status factors and/or behavioral Gererveises DTHE ELISTAT GEORETAIDE: Flease note may additional structured or clinical essenment information relevant to this series (e.c., emitwral/gerstual information; shortance us, etc.) Yearbo Freeh Carcel		
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exitoral/operatual influences, puberance use, erc.)	ALL FALVERENTIONS OPPORTUNE. FARME BUT MIT LEATING BUCKS FLOTUL ENTITE PREFATEL OPPORTUNE	
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Yot lobs Fresh Carcel		
	Altural/spiritual influences, substance use, etc.)	
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inder PET 1 ADD'L SSN INFO. PETS CONTENT SESSION, PETS PROLONGED EXPOSURE IND FINAL, PETSESSION FACE TO FACE, PETSESSION LOCATION, PETSESSION		-
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THE TAKE & VALUES AND THE ADVISED ADVISED ADVISED AT A VALUE AVAILABLE TO THE TAKE TO THE TO THE TAKE TO THE ADVISED AT A VALUE AVAILABLE TO THE ADVISED AVAILABLE TO THE ADVISED AVAILABLE TO THE ADVISED AT A VALUE AVAILABLE TO THE ADVISED AVA		

#### FIGURE 27 - PEI 5 SCREENSHOT #4

		or clinical assessment information relevant to	this session (e.c	_
cultural/spiritual influences, substance us	6, #CC.)			
mr completed final serion of PE protocol. Th estim involved:	a following occurred	during the ression: (Check if completed)		
Beviewed honework and gave feedback and prais session (check all that apply)	re/positive reinforces	sent. Fatient completed the following homework	assignments from last	•
T Breaching Retraining practice time				
Listening to session tage of full session	one time			
F Listening to tanginal session tage daily				
In-vive heasework exercises. ""If all assignments were not completed, assignments were completed and which were		ь		
C Other:				
7 If homework was not completed please indi	cate why, focusing on	possible role of avoidance. Comment:		
Gave instructions for inaginal exposure as ne Severited the transatic experience through in repetitions of the memory		full memory for final exposure session 0 aimster and making a separate recording. Pari	ent completed	
Processed insginal exposure for that session to inspinal exposure processing:	ar well ar discussing	y how measury has changed over the course of tree	faant. Patient resp	ce.#e
	Yest Into		Frank C	arcel

FIGURE 28 - PEI 5 SCREENSHOT #5

Reminder Dialog Template: PEI Final			8
repetitions of the memory	the second second	1950 N. 19 19 19	1
Processed inaginal exposure for that session as to imaginal exposure processing:	s well as discussing how memory has char	nged over the course of treatment. Patter	A response
P Reviewed in vivo hierarchy from session 1, re-s D Reviewed relayse prevention shills	arrearing STAS at present.		
C Deviewed relapse prevention skills			
FIREBRE OF COLLAPORATION			
The degree of collaboration between the patient a	and the therepist in the current session	a wast	
Connerti			
Commenter and Comment			
Lee			
C Sedium			
T Bigh			
T If therapeutic alliance measure was given, plea	ase report results here.		
· · · · · · · · · · · · · · · · · · ·			
FRVIEW OF PROCEEDS DURING TREATMENT			
F Fatient progress in relation to treatment goals	for Frolonged Exposure:		
Tapact of therapy on patient's functioning:			
			58
	Vat Info	Frish	Carcel
CONTENT IN VIVO HIERARDRY, PELS CONTENT MENORY CHA PROGRESS, PELS PROLONGED EXPOSURE IND FINAL PELSE:	WGL, PEES CONTENT REVISIT, PEES CONTEN SSION FACE TO FACE, PEESSION LOCATION	IT SESSION, PETS FINAL GP. PETS FINAL IMPACT N. PETSESSION NUMBER 17	PEI 5 FINAL
Indicates a Required Field			

#### FIGURE 29 - PEI 5 SCREENSHOT #6

EVIEW OF PROCEEDS DURING TREATMENT			
7 Patient progress in relation to tre	tament goals for Prolonged Reposure:		
7 Impact of therapy on patient's funct	Loning:		
idditional Information about session o	ntent and/or behavioral observations, including info	mation about what the patient learn	ned and level o
	ntent and/or behavioral observations, including infor	mation about what the patient learn	ned and level o
iditional Information about session o engagement Comment: Max. 7 TRAINERT CORPLETED		awtion about what the parient lear	ned and level o
idditional Information about service of empapement Comment:   Law: 7 TEALTERT CORLETE (Perceiby the reason for temination		antion about what the puriest learn	ned and level o
dditional Information about rearies o mpapesen Commany: TSAITHENT CONSLITED Generals the reason for termination Communi: Society associated			ned and level o
déticinal laforantin about servin o expansance Comment : Martin Succession de la comment Succession de la comment Comment : Guerrit de la reacon for bouter en Comment :	of treatmenn) rinne med if the ressions were scheduled or will be s	defailed in the forme)	ned and level o
empapame Communi Completion Mar.	of treatance) rime and if the results were scheduled or will be a Generative the results for additional assessment sessi ander to ourse supercess	defailed in the forme)	ned and level o

FIGURE 30 - PEI 5 SCREENSHOT #7

minder Dielog Template: PEI Final		
COITIONAL SESSION TEPODMATION		
	Vor behavioral observations, includin	ng information about what the patient learned and level
ingageaenc		
Consent:		
ur,		
TRIATHEST CORPLETED		
(Describe the reason for termination of treat	aent)	
Consent:		
BOOSTER SESSIONS		
(Describe the reason for booster sessions and	if the sessions were scheduled or wi	11 be scheduled in the future)
Consent :		
SCHEDULED POST ASSESSMENT SESSION(5) Conscrib	e the reason for additional assessment	t sessions) Conment:
SEVERER FOR FURTHER EVALUATION, TREATMENT OR	OTAKE SIEVICES	
(Describe the referral and reason for referra		
Consent :		
Nest appointment date:		
Patient sureed with the above plan		
Additional information regarding plan		
ASSISTIONAL INTOTACION regarding plan		
	Vait into	Finith Caree
	Zok into	rnon Larce
		5 PLAN POST ASSESS PELS PLAN PT AGREE PELS PLAN

# 13. Appendix B: CPT Screenshots

This appendix will show all of the screenshots associated with Cognitive Processing Therapy.

During the course of CPT, the primary focus is to help patients gain an understanding of, and modify the meaning attributed to, their traumatic event. In pursuit of this objective, an important goal of CPT is to decrease the pattern of avoiding the trauma memory so that beliefs and meanings can be further evaluated and understood within the original context.

### 13.1. CPT 1 Initial Phase

The initial phase of treatment consists of education regarding PTSD, thoughts, and emotions. The therapist develops rapport with patients by establishing a common understanding of the problems experienced by the patients (e.g., PTSD) and outlining the cognitive theory of PTSD development and maintenance. This information is essential to help patients understand the rationale and goals of therapy.

FIGURE 31 - CPT 1 SCREENSHOT #1

🗧 Reminder Dialog Template: CPT 1 Initial			
Cognitive Processing Therapy: Individual Initial			-
TINE IN SESSION			
(in minutes)			1
C 1			
C 2			
1.2			
SESSION FORMAT			-
T Face-to-Face Session			
Telephone Session			
Video Telehealth Session			
C Other Session type			
SESSION LOCATION:			
Community Living Center			
Г свос			
C Demiciliary			
T Inpatient Mental Health			
C OFF/OIF Clinks			
F Hental Health Clinic			
T MB Residential Pehabilitation Treatment Program (\$272)			
Глянся			
T Patient Residence - Home Based Primary Care			
T Patient Petidence - Other			
F PTSD Clinical Team			
C Primary Care			
Substance Use Disorder Clinic			
F PERC/Day Treatment			
Yest left		Frish	Cancel
Cognitive Processing Therapy: Individual Initial TIME IN SESSION:			
SESSION NUMBER			2
Health Factor: CPT 1 COGNITIVE PROCESSING INITIAL			
FIGURE 32 -	CPT 1 SCREENSH	от <b>#2</b>	
Sterninder Dialog Template: CPT 1 Initial	C COREENON		

Community/Non-VA						
□ Diker						
DIAGNOSIS						
Primary Diagnosis (focus of visit):	PTID					
F Primary Disgnoris (if not PTSD):						
F Secondary Disgnosis (if applicable)	a -					
ASSESSMENT:						
Date Dottra	ent Rev	Trens Scale				
07/13/2011 09:27 P	CLC 35	Tetal				
$\overline{\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!$						
HCL-C						
Perform PCLC						
The veteran completed the first series completed: (Check all that apply to your series ) did not complete the manipument plane	and provide	explanation f	for items with test borns.	If itses were skipp	ed in session of	
The therapist facilitated a good the positive working relationship with			The following elements were	e unifized to help a	cablish a colla	borative,
F Reviewed and signed treatment agrees	ent consen	form.				
			on of the development and a	waintenance of PTSD,	and a rationale	of CPT.
Perieved and righed treatment agrees     Provided an overview of PTD symptom     Presented the pariant with an overvi	ar, a cogni	tive explanatio		maintenance of PTSD,	and a rationale	of CPT.
<ul> <li>Provided an overview of PTID symptom</li> <li>Presented the patient with an overvi</li> </ul>	ar, a cogniz	tive explanation 12-ression trea		maintenance of FTED,	and a rationals	of CPT.
Provided an overview of PTID symptom	ar, a cogniz	tive explanation 12-ression trea		winterance of PTSD,	and a rationals	of CPT. Cancel

#### FIGURE 33 - CPT 1 SCREENSHOT #3

eminder Dialog Template: CPT 1 Initial				
Discussed and addressed patient's question	ns or concerns about	treathent:		
♥ Asked the patient to describe a brist acc	ount of their most t	raumatic event.		
Detroduced the concept of stuck points as				
Asked patient to write one page "Impact I Comment:	tatement" and create	stuck point log for practice	a anniquaent.	
HOTIVATIONAL EMEANCEMENT				
Identified short-term goals in several as	was of functioning.	Connent:		
V Identified the consequences or impact of	PISD (or other sympt	ous). Connent:		
Juntified the benefits of reducing the s	everity of the PTSD.	Consent :		
Assessed attitudes and expectations for t	herapy. Comment:			
Assessed any barriers to attending therap	y and assisted the p	atient in problem-solving the	nie barriers.	
Consert :				
COLLEGERTION				
The degree of collaboration between the par-	ient and the therapin	t in the current session was		
Low				
Redaum				
T High				
	n plants report re	sults here.		
Tf a therapeutic alliance measure was giv				

NOTIVATION ENHANCE ATTITUDES CPT 1 NOTIVATION ENHANCE BARRIERS CPT 1 NOTIVATION ENHANCE BENEFITS CPT 1 NOTIVATION ENHANCE

ADDITIONAL SESSION INFORMATION			
Check to add information regarding: session spiritual influences.	content and reactions; level of engagement; MS	I factors; SI/HI evaluation; SUD;	cultural and
🗸 Beartions to Session Content:			
V Level of Engagement:			
🗸 Bantal Status Factors:			
<ul> <li>Bassal Deares Partery:</li> <li>Bussial Deares Partery:</li> <li>Bussial Deares Aburs:</li> </ul>			

#### FIGURE 34 - CPT 1 SCREENSHOT #4

Fi	IGURE <b>35 - C</b>	PT 1 SCR	EENSHOT #5	5	
- Hental Status Factors:					
🛱 Duicidal/Nemicidal Idention Brainst					
⁷ Jubstance Abure:					
Cultural Influences:					
" Tpiritual Influences:					
NTER TIME/DATE NEXT SESSION					
	You ledo			Finah	Cancel
IVATION ENHANCE ATTITUDES. CPT 1 MOTIV SEQUENCES. CPT 1 MOTIVATION ENHANCE (	VATION ENHANCE BARBIER: GOALS	5. CPT 1 MOTIVATION EP	NHANCE BENEFITS, CPT 1 N	IOTIVATION ENHAN	DE .

### 13.2. CPT 2 Meaning Phase

The next phase of CPT involves formal processing of the trauma.

ognitive Processing Therapy: Meaning Session	- Individual		
INE IN SESSION			
(in minutes)			
C 2			
C a			
SESSION FORMAT			
Tace-to-Tace Session			
Telephone Session			
Video Telebralth Service			
C Other Session type			
SESSION LOCATION			
Community Living Center			
F caoc			
C Demiciliary			
Turratient Bental Health			
C ONF/OIF Climic			
Emtal Health Clinic			
T MH Residential Rehabilitation Treatment	Program (BRTP)		
E MILCH			
T Patient Desidence - Home Dared Primary	Care		
F Pasient Residence - Other			
F PTSD Clinical Team			
F Primary Care			
F Substance Use Disorder Clinic			
F PREC/Day Treatment			
Internet and and a line of the second s			11
	<u>Yink Info</u>	Finish	Cancel
paitive Processing Therapy: Heaning Session ME IN SESSION: SSION FORMAT:	- Istividual		

FIGURE 36 - CPT 2 SCREENSHOT #1

#### FIGURE 37 - CPT 2 SCREENSHOT #2

shinoer bladg i eniplace or i z ricaning			
P22C/Day Treatment			
Community/Non-VA			
- Other			
DIAGNOSIS			
Primary Diagnosis (focus of visit): PT	2		
Frimary Diagnosis (if not PTSD):			
Secondary Diagnosis (if applicable):			
ASSESSMENT:			
Date Instrument	Paw Trans Scale		
07/13/2011 09:27 PCLC	35 Total		
Check here to place scores in note.			
PCL-C			
PGL-C Parform PCLC			
Perform PCSC SESSION CONTENT The veteran completed the Reaming of the N components were completed:	vent session of the Cognitive Processing Therapy (CPT as meeded. If items skipped/not completed, discuss		erspestic
Perform PCSC SESSION CONTENT The veteran completed the Reaming of the N components were completed:	as needed. If items skipped/not completed, discuss		arapautic
Perform PCLC SESION CONTENT The veteran completed the Reaming of the R components were completed: (Check all that apply, provide explanation	as needed. If items skipped/not completed, discuss stuck point log. Comment:		erapentic
Perform PCLC SESION CONTENT The veteram completed the Remainsy of the B component wave completed: (Chack all that apply, provide explanation 0 The patients and theregist reviewed the i 0 Therapitch and patient read their import	as needed. If items skipped/not completed, discuss stuck point log. Comment: statement. Comment:	how will be addressed)	erapeut Lt
Perform PCLC SESION CONTENT The veteram completed the Remainsy of the B component wave completed: (Chack all that apply, provide explanation 0 The patients and theregist reviewed the i 0 Therapitch and patient read their import	as needed. If items skipped/not completed, discuss stuck point log. Comment:	how will be addressed)	erapeutie
Perform PCLC SESION CONTENT The versus completed the Remning of the B component over completed: (Chack all that apply, provids explanation The patients and through trevered the Therapit the depieters read their impact Sizeursed the meaning of the impact stat	as needed. If itsus skippedruct completed, discuse rouch point log. Commann: statement. Commann: cament with the patient with a focus on identifying '	how will be addressed)	erapeutic
Perform PEEC PERFORM CONTENT The version completest the Remains of the R component wave completest (Reach all these apply, provide explanation of the parkson and theregists reviewed the i Performance that parkson read their support F Discoursed the semaning of the impact read Commanni, C	ar basked. If stear shippedruct completed, discure reach point leg. <u>Comment</u> : Matemant. <u>Comment</u> : remaint with the patient with a focus on identifying " m patient.	how will be addressed)	erapeutic
Perform PEES PERFORM CONTENT The vectors completed the Family of the F componence was completed. (Context all take splity, perofits explanation of the splits that perform the sequence that the splits of the split of the splits of the Observed the semily of the import measure for Observed the semily of the import measure for Therapite intercontend relationships between Therapite intercontend relationships between therapite between ther	ar basked. If stear shippedruct completed, discure reach point leg. <u>Comment</u> : Matemant. <u>Comment</u> : remaint with the patient with a focus on identifying " m patient.	how will be addressed) reack poince*.	#1 Mp === 1 (
Perform PEES PERFORM CONTENT The vectors completed the Family of the F componence was completed. (Context all take splity, perofits explanation of the splits that perform the sequence that the splits of the split of the splits of the Observed the semily of the import measure for Observed the semily of the import measure for Therapite intercontend relationships between Therapite intercontend relationships between therapite between ther	ar basked. If items shippedroft completed, discuse which point ion. Communit: reterment: community of the parison with a forum on identifying 'n ma parison. en throughte, faulings, and bahartore.	how will be addressed) reack poince*.	erapoutie
Perform PCE THE DIM CONTENT The version completes the Ressing of the I completes completes Contact all the apply, provide explanation The parameter and thereas in reviewed the i Therapist had patient each their rate Communic. Therapist collected inputs measurem for Therapist collected inputs measurem for Therapist collected inputs measurem to Therapist introduced relationships between Therapist introduc	ar basked. If items shippedroft completed, discuse which point ion. Communit: reterment: community of the parison with a forum on identifying 'n ma parison. en throughte, faulings, and bahartore.	how will be addressed) reack poince*.	***
Perform PCE THE DIM CONTENT The version completes the Ressing of the I completes completes Contact all the apply, provide explanation The parameter and thereas in reviewed the i Therapist had patient each their rate Communic. Therapist collected inputs measurem for Therapist collected inputs measurem for Therapist collected inputs measurem to Therapist introduced relationships between Therapist introduc	ar nasket. If stear shippednot completed, discuse roach point key. Communic. Statement: communic to the patient with a from on identifying ' me patient. en thoughts, failings, and bahariors. is complete A-R-C shares and demonstrated how to compl	how will be addressed) reack poince*.	Carcol

EANING CPT 2 CONTENT INTRODUCED RELATIONSHIPS CPT 2 CONTENT READ IMPACT STATEMENT. CPT 2 CONTENT REVIEW STUCK LOG. CPT LOCATION PT SSIDEACE Socies: Requisit Frid

-

#### FIGURE 38 - CPT 2 SCREENSHOT #3

OLLABORATION:		
The degree of collaboration between the patient and the	therapist in the current session was:	
Low		
Redium		
ligh		
If a therapeutic alliance measure was given, please r	sport results here.	
INTIVATIONAL ASSESSMENT		
If therapist assessed notivation and/or applied motiv	ational enhancement strategies please indicate and describe below:	
SOTTOWAL SESTON INFORMATION		
heck to add information reparding: session content and spiritual influences.	reactions; level of engagement; BNN factors; SI/HI evaluation; SU	0; cultural and
Level of Nonseepers		
7 Lovel of Regegment:		
f Level of Royagnamer:		
		1 Creat

tenninder Dialog Template: CPT 2 Meaning	1.	ENSHOT #4	
9 Bennal Status Pactors:			
Γ Putcidal/Homicidal Ideation Β	raluation:		
🗖 Belestance Abusei			
「 Cultural Influences:			
🗆 Spiritual Influences:			
ENTER TIME/DATE MEDT SESSION			
F Sparitumi Influences: MFIRE TOM/OATE MONT DESIGN F Mart Territon Scheduled for:			

### 13.3. CPT 3 ABC Phase

Emotional processing continues throughout the course of CPT as patients discuss their traumatic experiences in efforts to clarify and modify their maladaptive beliefs.

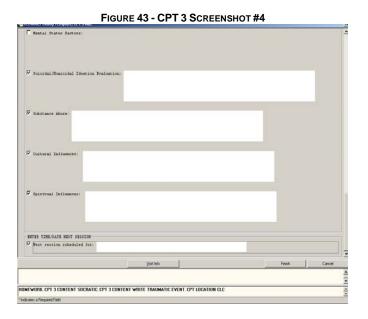
Reminder Dialog Template: CPT 3 ABC			
Cognitive Processing Therapy: ARC Sheet Session - Indiv	dual		
THE IN SESSION			
(in minutes)			
SESSION NUMBER:			
C 2			
C a			
C 4			
- SESSION FORMAT			
F Face-to-Face Session			
T telephone Sersion			
T Video Telebealth Session			
C Other Session type			
SESSION LOCATION:			
Community Living Center			
F caoc			
C Domiciliary			
T Impatient Mental Health			
C OFF/OIF Clinke			
F Hental Bealth Clinic			
T HE Residential Rehabilitation Treatment Program (	(\$T\$)		
Г инск			
F Patient Peridence - Home Dared Primary Care			
T Patient Desidence - Other			
F PISD Climical Team			
F Primary Cars			
C Substance Wee Disorder Clinic			
	Yishinlo	Finsh	Cancel
ognitive Processing Therapy: BDC Sheet Session - Indivi DOR IN SESSION:	dual		
AND FROM STATES			

### FIGURE 40 - CPT 3 SCREENSHOT #1

#### FIGURE 41 - CPT 3 SCREENSHOT #2

childer brand religiate. CFT 3 Mac			
F PERC/Day Treatment			
Community/Non-VA			
C Other			
DIAGNOSIS			
Primary Diagnosis (focus of visit):	TED		
Primary Diagnosis (if not PTED):			
F Secondary Diagnosis (if applicable):			
ASSESSMENT:			
Date Instrume	. Jaw Trans Scale		
07/13/2011 09:27 PC	: 36 Tenal		
Check here to place scores in note.			
PCL-C			
Perform PCLC			
SESSION CONTENT		. The following the	
smiolin confirmt The Veteran completed the Throughts and 1 components ware completed: (Check all that apply, provide explanat:	weilings Session of the Cognitive Processing Therapy (CPT) protoco m as needed. If items shipped/not completed, discuss how will b a) with paints, and helped further differenties between theogen	e addressed)	erapeutic
smiolin confirmt The Veteran completed the Throughts and 1 components ware completed: (Check all that apply, provide explanat:	m as needed. If iteas skipped/not completed, discuss how will b	e addressed)	erapextic
SESION CONTEXT The Veteram completed the Throughts and I components ware completed: (Meck all that reply, provide explanat: Throughts reprive homework (ANC shee Comment:	m as needed. If iteas skipped/not completed, discuss how will b	e addressed)	erapeutic
The Version completed the Throughts and Components wave completed (Theoret all that apply, provide explanat: "Therepart reviewed homework (AMC shee Commant: [ Commant:] I putture did not do any sheets, that	m as needed. If iteas shipped/not completed, discurs how will b a) with patient, and helped further differentiate between through	e addressed)	erapeutic
The Vereran completed the Throughts and I component were completed. (Deck all the apply, provide registent Therepging reviewed homework (ARC shee Comment) If parsing is done to any sheets, the Pherepgin helped patient identify site	m as needed. If items whipped/not completed, discurs how will b o) with patient, and happed further differentiate between through apiet added patient to complete some in search. A points and add them to the Neuth point leg. <u>Communi</u>	e addressed) is and feelings.	ATAPAULIC
The Versian completed the Throughts and I component were completed. (Neck all the apply, provide regionant Theraping reviewed homework LACC then Comment: [ ) If parlies in this not do may shower, the Former helped parliest identify who	m as needed. If items skipped/mot completed, discurs how will b o) with patient, and helped further differentiate between through apist asted patient to complete scale in session.	e addressed) is and feelings.	erapeuric
THEORY CONTENT The Veteran completed the Houghes and a component wave completed: (Check all then upply, provide suplamat: Therapist reviewed homework (AdC the Comment.] If platem did not do may short, the Therapist holped the patient school the Comment: ] Therapist holped the patient with our Comment: ]	m as needed. If items whipped/not completed, discurs how will b o) with patient, and happed further differentiate between through apiet added patient to complete some in search. A points and add them to the Nouth point leg. <u>Communi</u>	e addrezred) e and feelings. ions.	
THEORY CONTENT The Veteran completed the Houghes and a component wave completed: (Check all then upply, provide suplamat: Therapist reviewed homework (AdC the Comment.] If platem did not do may short, the Therapist holped the patient school the Comment: ] Therapist holped the patient with our Comment: ]	m as needed. If items shipped/not completed, discurs how will b s) with patient, and heiged further differentime between though agist added patient to complete runs in section. b points and add them to the Nuck point ite. <u>Commuti</u> instill challenging of problematic throughts using Borratic Quert comm of their more trummatic event, with buil details. The that	e addrezred) e and feelings. ions.	
TestIon Contest The Veteran completed the Throughts and I components ware completed: (Check all then upply, provide suplamat: (Check all then upply, provide suplamat: (Check all then upply, and the sup- tion of the suplant testion of the sup- stantistic supplementation of the suplant (Check all the supplementation) (Check all the supplementation) (Check all the supplementation of the supplementation (Check all the supplementation) (Check all the supplementation) (Check all the supplementation of the supplementation (Check all the supplementation) (Check all the supplementa	m as needed. If items shipped/not completed, discurs how will b s) with patient, and heiged further differentime between though agist added patient to complete runs in section. b points and add them to the Nuck point ite. <u>Commuti</u> instill challenging of problematic throughts using Borratic Quert comm of their more trummatic event, with buil details. The that	e addrezred) e and feelings. ions.	

COLLABORATION:			
The degree of collaboration between the	patient and the therapist in the current session was:		
Low .			
🗖 Bediva			
F Bigh			
T If a therapeutic alliance measure var	given, please report results here.		
MOTIVATIONAL ASSESSMENT			
C If therapist assessed activation and	or applied motivational enhancement strategies please indi	icate and describe below:	
ALDITIONAL SESSION INFORMATION			
Check to add information regarding: ses spiritual influences.	ion content and reactions; level of engagement; HIN facto	rs; SI/HI evaluation; EUD;	cultural and
P Baartions to Ression Content:			
🕫 Level of Ingapament:			
σ Level of Represent: σ Mescal Status Factors:			
	*	3	
9 Beenal Granus Factors:	n. Varians	Freih	Carcel



### 13.4. CPT 4 Trauma Phase

The next phase of CPT involves formal processing of the trauma.

mitive Processing Therapy: Trauma Event	: Session - Individual				
ME IN SESSION					
(in minutes)					
SESSION NUMBER:					_
C 3					
C.4					
C s					
SESSION FORMAT					
T Face-to-Face Session					
T Telephone Servion					
T Video Telehealth Service					
□ Other Session type					
SESSION LOCATION:					
Community Living Center					
Г свос					
Domiciliary					
T Inpatient Sental Sealth					
T OFF/OIF Clinic					
F Hental Health Clinic					
T MH Residential Rehabilitation Treats	ent Program (BETF)				
Г янся					
□ Patient Residence - Home Dared Prim.	ary Care				
F Patient Besidence - Other					
F FTSD Clinical Team					
F Primary Care					
T Substance Use Disorder Climic					
	Vieit Info	1	Frei	a 1	Cancel
nitive Processing Therapy: Trauma Event	And the second s				SURVE
ALTIVE PROCESSING INCOMPT. TRANSA EVENT OF IN SESSION: SION NUMBER:	Sector - Individent				

### FIGURE 44 - CPT 4 SCREENSHOT #1

#### FIGURE 45 - CPT 4 SCREENSHOT #2

Community/Non-VA				
C Other				
DIAGNOSIS				
F Primary Diagnosis (focus of visit): 3	150			
F Frimary Diagnesis (if not PTED):				
🖻 [Secondary Diagnosis (if applicable):]	Dz:			
ASTRONOMY:				
Date Instrument 07/13/2011 09:27 PCL				
Check here to place scores in note.				
PCL-C				
Perfera PCLC				
SESSION CONTENT The veteran completed the Trauma Event s-	ession of the Cognitiv	e Processing Therapy (CPT)	protocol. The following t	therapeutic component
were completed: (Check all that apply, provide explanation	m as needed. If item	s skipped/not completed, de	iscuss how will be address	0a
Therapist reviewed completed ADC sheet	e with patient.			
Therapist had patient read the trauma	account aloud.			
If patient did not write the trauma ac avoidance.	count, therapist asked	patient to recount the tr	mana during the session an	id did an A-D-C sheet
Therapist helped the patient go through	h account to identify	stuck points using Socrats	c Questioning.	
Therapist helped patient connect feels	ngs to thoughts.			
Therapist collected trauma account fro	a patient.			
Therapist asked patient to rewrite the	trama account and co	mplete daily A-B-C sheets	for their practice assigna	AND.
COLLABORATION .				
COLLABORATION	Vieit Into	1	Fri	ish Cancel

FIGURE 46 - CPT 4 SCREENSHOT #3

Therapist asked patient to rewrite th	te trauma account and complete daily $\lambda \ \bar{D} \ C$ sheets for their practice	e arrignaent.	
COLLABORATION			
	patient and the therapist in the current session was:		
E Low			
T Redium			
R Righ			
If a therapeutic alliance measure was	given, please report results here. Comment:		
HOTIVATIONAL ASSESSMENT			
⁶ If therapist assessed notivation and	or applied activational enhancement strategies please indicate and	describe below:	
Comment:			
ADDITIONAL SESSION INFORMATION			
spiritual influences.			
P Beactions to Bession Content:			
97 Beaching to Bession Context: 1 termi of Repuperant: 197 Manual Status Factors:		l	
□ level of Repayment:	Yatino	Frish	Carry
leval of Rogaphant:	Yatinto	Frich	Can

	GURE 47 - CPT 4 SCREE	
P Rental Status Factors:		
← Suicidal/Homicidal Ideation Bvaluat	ion:	
🗖 Bulestance Abure:		
Cultural Influences:		
🗖 Apiritual Influences:		
RETER TIME/DATE MEXT SECSION P Next session scheduled for:	Yeat Into	Frish Carcel

### 13.5. CPT 5 Rewrite Phase

The final phase of treatment focuses on teaching the patient the cognitive skills necessary to identify, evaluate, and modify their beliefs as necessary regarding any and all traumatic events they have experienced. Patients focus on the 'stuck points' identified and work to better understand and challenge habitual and unrealistic conclusions about their traumatic experience.

gnitive Processing Therapy: Re-write Event	Session - Individual			
HE IN SEISION				
(in minutes)				
SESSION MUMIER.				
C +				
C s				
C 6				
SESSION FORMAT				
T Face-to-Face Servion				
T Telephone Session				
T Video Telehealth Session				
C Other Servion type				
SESSION LOCATION:				
Community Living Center				
F caoc				
T Demiciliary				
T Impatient Sensal Sealth				
C OFF/OIF Clinic				
F Hental Health Clinic				
T MH Desidential Rehabilitation Treatment	Frogram (\$237)			
F mitch				
□ Patient Residence - None Dated Primary	Care			
F Patient Residence - Other				
F PTSD Clinical Team				
F Primary Care				
☐ Substance Use Disorder Clinic				
	Vait Info	r:	Freich	[ Cares

#### FIGURE 49 - CPT 5 SCREENSHOT #2

F FREC/Day Treatment		
Community/Mon-VA		
C Other		
DIAGNOSIS		
P Frimmry Diagnosis (focus of visit)	01 PT00	
P Primary Diagnosis (if not PTSD):		
🛱 Secondary Diagnosis (if applicab)	ite): Dai	
ASSESSMENT:		
	rument Raw Trans Scale	
07/13/2011 09:27	PCLC 25 Total	
Check here to place scores in note	*.	
PCL-C Perform PCLC		
SESSION CONTENT		
	of Trauma Rvent session of the Cognitive Processing	Therapy (CPT) protocol. The following
therapeutic components were complet (Check all that avoid, provide scale	ted: mation as needed. If items shipped/not completed,	discuss how will be addressed)
	sheets with patient and helped the patient challenp	
Craners:	meets with patients and desped the patient charitanp	a discorde bellets.
	s-uviting of the trauma account and helped the paties	an even also account day addresses I among account
	retring of the trains account and netped the parts	the review the account for additional store point
Connerst.:		
Comment: Therapist targeted cognitions above	out blame and/or gails for cognitive restructuring w	sing Socratic Questions.
Comment: Therapist targeted cognitions above Comment:		
Comment: Therapist targeted cognitions above Comment:	ging Questions to aid in challenging stuck points an	
Comment: P Therepist targeted cognitions alon Comment: P Therapist introduced the Challenge	ging Questions to aid in challenging stuck points an	
Comment: P Therapist targeted cognitions abor Comment: P Therapist introduced the Challengy Stuck Foint Log. Fatient was ask	ging Questions to aid in challenging stuck points an	

FIGURE 50 - CPT 5 SCREENSHOT #3

COLLABORATION	
The degree of collaboration between the patient and the therapist in	the current section sec-
	in them below the
T Retire	
Lish	
→ magn □ If a therapeutic alliance measure was given, please report results	
NOTIVATIONAL ASSESSMENT	
If therapist assessed motivation and/or applied motivational enhance	cement strategies please indicate and describe below:
ADDITIONAL SESSION INFORMATION	
Check to add information regarding: session content and reactions; le spiritual influences.	evel of engagement; MSE factors; SI/HI evaluation; SUD; cultura
P Level of Repayment:	
- Heural Status Factors:	
yaites	Finish C
<u>Yot bio</u>	Fresh C

		ENSHOT #4	
minder Dialog Templates CPT 5 Rewrite			
7 Hental Status Factors:			
⁷ Suicidal/Homiridal Ideation Evaluation	on)		
⁷ Bubstance Abure:			
⁷ Cultural Influences:			
Spiritumi Influences:		_	
NTER TIME/DATE MEXT SESSION Next session scheduled for:			

## 13.6. CPT 6 Challenging Phase

FIGURE 52 - CPT 6 SCREENSHOT #1

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4 5 5 5 5 5 5 5 5 5 5 5 5 5	
7 STOR FORMT Face-to-Tack Fersion Face-to-Tack Fersion Scher Facebook Scher Fersion Community Laving Conce Conc Solicillary Specime Romai Realth Community Evolution Solicillary Specime Romai Realth OUF/UT Clanke Merial Halth Scher Romai Realth Facebook Scher Facebook Friedre Romai Scher Facebook Scher Romai Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook Scher Facebook	
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Other Fersion type SIGN LoCATION: Community Laving Center GDC Dealstillary Dealstillary Monthal Health Monthal Health Monthal Health Clinic MF Residencial HealthClinic MF Residencial Anababilitation Frentment Program (MSTP) MICH MICH Patient Residence - Share Pitter Instidence - Share Pitter Instidence - Share	
and Localion Generaty Luving Center CROC Discillary Descillary Descillarity Strate Marka Bankh Cinac MD Parlame Santa Bankh Finany Can Michael Marka Cinac MD Parlame Santaker - Huma Bank Primary Can Parlame Santaker - What Parlame Santaker - What Parlame Santaker - What	
Cramensky kuring Conter CRC DRC: DRC:IIIAO MRCAI Halto, Clinic RD Besidential Bebabilisation Treatment Program (BTT7) RECE DRC:Residence - Home David Primary Care Pacison Residence - Other TEC Clinics Team	
CRUC Daniellary Expanience Mennial Mealth ORYOUT Classe Memai Hahlth Clisic MI Amindenial Ambabilitation Treatment Frogram (1877) MICH Patient Daridence - When Haned Primary Care Patient Daridence - Other 97D Clisical Team	
Dominist Esperiente Honnal Health Mernal Health Clinic Mf Derdominial HealthClinic MfC Periete Derlinec - Hone Raned Frimary Care Periete Residence - Other PERIENE Residence - Other PTD Clinics Team	
Engeliene Meetal Maalth 097/07 (Inne Meetal Maalto Cinico ME Desidential Debabilitation Treataens Program (8377) MEDIS MEDIS MEDIS MEDIS MERISEN Factor Land Rande Frinary Cars Pacison Residence - Other 71D Cinicol Team	
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Mennal Health Clinic MR Designetial Anabalisation Treatamen Program (ABTY) MRCM MRCM Patient Designet – Home Raned Primary Care Patient Residence – Other 9700 Clinical Team	
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Tanleon Residence - Other PTDD Climical Team Primary Care	
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Primary Care	
Visit Info Freich	
ive Processing Therapy Challenging Questions Session - Individual	[ Carce
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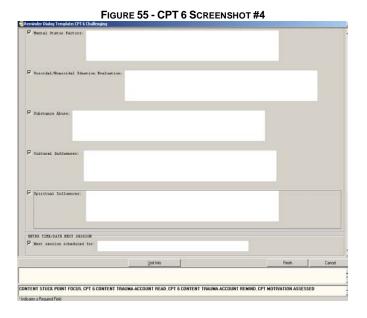
#### FIGURE 53 - CPT 6 SCREENSHOT #2

Dubstance Use Disorder Clinic				
F BBSC/Day Treatment				
Community/Non-VA				
C Other				
DIAGNOSIS				
P Frimary Plagnosis (focus of vis	16): PT89			
Primary Diagnosis (if not PTSD)	T.			
Becondary Diagnosis (if applic	able): Dal			
ASSESSMENT:				
Date In: 07/13/2011 09:27	trument Rav Trans Scale PCLC 25 Total			
Check here to place scores in n	ice.			
PCL-C				
Ferform FCLC				
SESSION CONTENT				
The veteran completed the Challen; components were completed: (Check all that apply, provide emp				therapoutic
Therapist and patient reviewed	the patient's completed Chall	lenging Questions Sheets (CQS)	Connent:	
Therapist had patient read the	trauma account if the patient	s wrote an additional one. Con	anna i	
Therapist reminded the patient feelings.			1300/C007	ughts or
Therapist helped patient focus	on stuck points related to so	olf-blame and hindright bias.	Connenti	
Therapist introduced Problemati the patient's thinking about t complete one a day for the pra	he traumatic event and life :		tion, all-or-none thinking) and rate these patterns. Patient w	
Consent:				

* Indicates a Required Field

#### FIGURE 54 - CPT 6 SCREENSHOT #3

Consent:		
COLLABORATION;		
The degree of collaboration	between the patient and the therapist in the current session was:	
Low		
Redium		
- High		
If a therapeutic alliance	e measure was given, please report results here.	
MOTIVATIONAL ASSESSMENT		
	tivation and/or genlied motivational enhancement strategies please indicate and describe	e helow:
" If therapist assesses and		
Connert:		
Comment: DOITIONAL SESSION INFORMAT Sheck to add information re spiritual influences.	100 parding: session content and reactions, level of anyopeans, MER fasters, MI/AR evaluati	ion; MD; cultural ;
Comment: ADDITIONAL SESTION INFORMAT Check to add information re spiritual influences. 7 Reactions to Session Corr	100 parding: session content and reactions, level of anyopeans, MER fasters, MI/AR evaluati	ion, 305, cultural e
Comment: ADDITIONAL SESSION INFORMAT Check to add information re spiritual influences.	100 parding: session content and reactions, level of anyopeans, MER fasters, MI/AR evaluati	ion; ND; cultural e
Comment: ADDITIONAL SESTION INFORMAT Check to add information re spiritual influences. 7 Reactions to Session Corr	100 parding: session content and reactions, level of anyopeans, MER fasters, MI/AR evaluati	ton; 800; cultural e



## 13.7. CPT 7 Problematic Phase

ognitive Processing Therapy: Problemat	ic Thinking Sessi	on - Individ	un1 ···		
THE IN SESSION					
(in minutes)					
SESSION NUMBER:					
C e					
C 7					
C s					
SESSION FORMAT					
T Face-to-Face Servion					
T Telephone Session					
T Video Telehealth Session					
C Other Session type					
SESSION LOCATION:					
Community Living Center					
E caoc					
T Demiciliary					
T Impatient Bental Bealth					
C OFF/OIF Climic					
T Hental Health Clinic					
T HH Desidential Rehabilitation Tre	atment Frogram (B	8371			
E mater					
C Patient Regidence - Nome Dared Pr	inary Care				
F Patient Residence - Other	o contraction of				
F PTSD Clinical Team					
F Primary Care					
- Substance Use Disorder Clinic					
		Visit Info		Freich	Carcel

#### FIGURE 57 - CPT 7 SCREENSHOT #2

F 999C/Day Treatment Community/Mon-VA				
10				
Other				
DIACNOSIS				
Frimary Diagnosis (focus of visit): PTSD				
Frimary Diagnosis (if not PTSD):	6			
🖓 Secondary Diagnosis (if applicable): Dg:				
ASSESSMENT:				
Date Instrument Re 07/13/2011 09/27 BCLC 3	w Trans Scule S Total			
Check here to place scores in note.				
Ki-c				
Perform PCLC				
SESSION CONTENT				
The veteran completed the Problematic Thinking therapeutic components were completed: (Check all that apply, provide explanation as				following
Therapist and patient reviewed patient's co				
Therapist reminded the patient to continue				
Therapist introduced the Challenging Pelief			restructuring.	
Conavent :				
An example stuck point was used to illustra	te the use of the	worksheet. Consert :		
Therapist introduced the Safety module and			re the next session.	
F Patient was asked to complete one Challengi	ng Beliefs worksh	west each day, with at least one	sheet on Safety.	
COLLABORATION				
	∑isit Info	1	Finish	Can

Con Linh I in the second meter with a final first of a second sec

FIGURE 58 - CPT 7 SCREENSHOT #3

Pacient was added to complete our Ghallenging Balisfe workshave, each day, with at least me share on LAMOMATUM. a degree of collaboration between the patient and the therapist is the current session was: low Reim Reim If a theraportic alliance meanure was given, please report results here. ITMITUGAL ASSISTANT If therapist assessed activation and/or applied activational enhancement strategies please indicate a softmat restore MonoMarine and to add information reporting restim content and reactions; level of engagement; MII fasters; IL Packtime to fersion Content:	ad describe below:	eultural and
e moyre of collaboration between the patient and the therapist in the current session was: Tow Medias Nigh If a therapeutic alliance measure was given, please report remits here. TRATIONAL ADSECTION (I therapist measures and/or applied notivational enhancement strategies please indicate a DITIONAL SESSION INFORMATION ent to add information reporting session content and reaction; level of engagement, MIX factors; SL private information reporting		cultural and
low Media Magh If a therapountic alliance meanure was given, please report results here. ITMITIGAL ASSESSMENT If therapist reserve a activation and/or applied activational meansment strategies please indicate a DitIGAL SESSION DEFORMATION and to add information reporting contain content and teactions; level of meansment, MEE factors; SL prival informates.		cultural and
The Science State		cultural an
Nigh If a therapsentic alliance measure was given, please report remits here. INVATIONAL ASSESSMENT If therapsis measures activation and/or applied activational measurement strategies please indicate a Difficult session proceeding: session content and reactions; level of engagement, MIE factors; SL private information regarding: session content and reactions; level of engagement, MIE factors; SL private information, contents,		cultural an
If a thangmentic alliance measures was given, planse report results here. ITTAITUBLA SUBJECT IT thangmint assessed bottvarion and/or applied bottvarional enhancement strategies planse indicate a software to add information reporting easien content and reactions; level of empagement, NEE fastors; SL prival informates,		cultural and
TUNITORIA ASSESSERT If therapits assessed activation and/or applied activational subancement strategies please indicate a OTTIGRAL SERION INFORMATION and to add information reputing: esseism content and reactions; level of engagement; MIX fasters; EL prival informates.		cuitural an
If thermilt assessed activation and/or applied activational unhancement strategies please indicate a Offickal SEGION INFORMATION and to add information reputing session content and reactions; level of engagement; HIX fasters; EL private information.		euitural an
OTTORAL FERTION INFORMATION and to add information regarding: session content and reactions; level of engagement; REE factors; SL piritual influences.		cultural and
ack to add information regarding: session content and reactions; level of engagement; REE factors; SI, piritual influences.	/HI evaluation; NUD;	cultural an
piritual influences.	/HI evaluation; EUD;	cultural an
Reactions to Ression Contemp:		
level of frequeness:		
Mental Deator Partner:		
Visitivio	Frith	Cancel

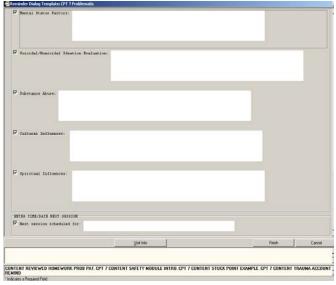


FIGURE 59 - CPT 7 SCREENSHOT #4

The final phase of treatment also focuses on five themes that have been identified as areas in which beliefs are commonly impacted by a traumatic experience. These themes include Safety, Trust, Power/Control, Esteem, and Intimacy.

### 13.8. CPT 8 Safety Phase

Reminder Dialog Template: CPT & Safety	60 - CPT 8 SCREEN		
ognitive Processing Therapy: Safety Session - In	lividual		
INE IN SESSION			
(in minutes)			
SESSION NUMBER			
C 7			
1975			
C •			
SESSION FORMAT			
T Tace-to-Face Session			
Telephone Session			
T Video Telehealth Session			
C Other Session type			
SESSION LOCATION:			
Community Living Center			
E caoc			
T Demiciliary			
T Impatient Bental Bealth			
C OFF/OIF Climic			
F Mental Nealth Clinic			
T RH Residential Rehabilitation Treatment Pro	pram (\$8377)		
Гинск			
□ Fatient Regidence - Nome Based Primary Care			
F Patient Residence - Other			
F PTSD Clinical Team			
F Primary Care			
F Substance Use Disorder Clinic			
	∑lait Into	Frith	Cancel
gnitive Processing Therapy: Safety Session - Ind ME IN SESSION:	ividual		
SSTOR WINDLER: with Factors CPT 8 COGNITIVE PROCESSING SAFETY			

FIGURE 61 - CPT 8 SCREENSHOT #2

F PERC/Day Treatment					
Consumity/Non-VA					
C Other					
DIACNUSIS					
P Primary Diagnesis (focus of visit): \$750					
P Primary Diagnosis (if not PTSD):					
F Secondary Diagnosis (if applicable): Dat					
ADDESUMENT.					
	aw Trans Scale 35 Total				
Check here to place scores in note.					
PCL-C					
Perform PCLC					
SESSION CONTENT					
The veteran completed the Safety Session of t completed: (Check all that apply, provide explanation as					conents vere
Therapist and patient reviewed patient's c beliefs.	capleted Challengin	ng Beliefs Vorksheets to c	allenge stuck points	and generate	alternative
Consent:					
P Therapist and patient discussed the Safety	handout and review	wed any Safety worksheets t	the pattent did for th	hair practice	assignment.
Conserve:					
	beliefs generated b	by patient in session using	y the Challenging Bel	iefs Vorksheet	
M Therapist assisted patient in challenging !			adors the part secol		
	the patient was ask	ted to review the handout i		000.	
F Therapist introduced the Trust module and				om,	
Decempion excisised patient in challenging Decempion introduced the Trust module and Decempion of the patient was asked to complete one Challeng				ee. Finish [	Caro

#### FIGURE 62 - CPT 8 SCREENSHOT #3

erninder Dialog Templates CPT 8 Safety		
P Patient was asked to complete one Challer	ging Beliefs worksheet each day, with at least one sheet on Trust.	
COLLABORATION:		
The degree of collaboration between the pat	ient and the therapist in the current session was:	
E Low		
E Redium		
Г нigh		
T If a therapeutic alliance measure was give	ren, please report results here.	
HOTIVATIONAL ASSESSMENT		
C If therapist assessed motivation and/or :	upplied activational enhancement strategies please indicate and descri	tibe below:
ADDITIONAL SESSION INFORMATION		
Check to add information regarding: session spiritual influences.	content and reactions; level of engagement; MSE factors; SI/HI evalu	uation; SUD; cultural a
77 Beactions to Ression Content:		
🕫 level of Roppensent:		
P BasetLine: to Tession Content:  F Sevel of Ropspears:  P Bental Status Factors:		
🕫 level of Roppensent:	Yan into	Fresh Caro

FIGURE 63 - CPT 8 SCREENSHOT #4

Mental Status Factors:				
- Suicidal/Homiridal Ideation Evaluat	tion:			
Substance Abure:				
Cultural Influences:				
Spiritual Influences:				
INTER TIME/DATE NEXT SESSION			-	
NATES TIME/DATE MEXT SESSION	<u>V</u> eit Into	1	Finish	i Caro

## 13.9. CPT 9 Trust Phase

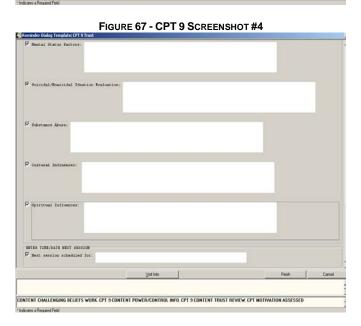
	Individual		
n in sussion			
(in minutes)			
SESSION NUMBER:			
C a			
C 9			
C 10			
SESSION FORMAT			
T Face-to-Face Servion			
Telephone Session			
■ Video Telehealth Session			
T Other Session type			
SESSION LOCATION:			
Community Living Center			
E caoc			
C Demiciliary			
T Impatient Nental Bealth			
C OFF/OIF Clinic			
T Mental Nealth Clinic			
T RH Residential Rehabilitation Treatment	Frogram (\$237)		
F maten			
T Patient Regidence - None Daved Primary	Care		
F Patient Residence - Other			
F PTSD Clinical Team			
F Primary Care			
- Substance Use Disorder Clinic			
		Freith	[ Carcel
	Visit Info		

#### FIGURE 65 - CPT 9 SCREENSHOT #2

PREC/Day Treatment							
Community/Non-VA							
Other							
DIACNOSIS							
Primary Diagnosis (for	tus of visit): PISD						
Primary Diagnosis (if	NOT PTED) L						
Secondary Diagnosis	if applicable): Dr:						
ADD ROOMENT :							
Dane	Instrument Pa						
07/13/2011 09:27	PCLC 0	5 Total					
Check here to place so	ores in note.						
ICL-C							
Perform PCLC							
ESSION CONTENT The Veteran completed th completed:							ionents vere
ESSION CONTENT The Veteran completed th completed: (Check all that apply, p Therapist and patient beliefs.	rovide explanation as	needed. If items	skipped/not comple	eted, discuss ho	v will be addr	ressed)	
receive content The Veteran completed th completed: (Check all that apply, p 7 Therapist and patient beliefs. Comment:	rovide explanation as reviewed patient's on	needed. If items spleted Challengis	skipped/not comple og Reliefs Verkshee	eted, discuss ho As to challenge	v will be addr stuck points :	ressed) and generate	alternativ
SEDION CONTENT The Vokeram completed th completed: (Check all that apply, p 7 Therapist and patient baliefs. Commerci 7 Therapist and patient	rovide explanation as reviewed patient's on	needed. If items spleted Challengis	skipped/not comple og Reliefs Verkshee	eted, discuss ho As to challenge	v will be addr stuck points :	ressed) and generate	alternativ
Ession Content The Veteran completed th completed: (Check all that apply, p Therapist and patient Comment: Therapist and patient Comment:	rovide explanation as reviewed patient's on discussed the Trust bu	needed. If items apleted Challengis andout and review	skipped/not comple og Reliefs Verkshee od any Trust Verksh	sted, discuss ho As to challenge sects the patient	v will be addr stuck points ( t did for their	ressed) and generate r practice a	alternativ
ESTION CONTENT The Verram completed th completes: (Check all that apply, p P. Therapits and patient boliefs. Comment: Therapits and patient. Comment: Therapits assisted pat	rovide explanation as reviewed patient's con discussed the Trust he riest in challenging b-	needed. If items spleted Challenpis andows and reviews sliefs generated b	skipped/hot comple ug Reliefs Weekshee od any Trust verkshe vy patient in sessi	eted, discuss ho to to challenge meets the patient on using the Chi	o will be addr stuck points o t did for their allenging Bello	ressed) and generate r practice a afs Workshae	alternativ stignæmt.
THEREON CONTENT The Veteran completed the completed: (Content all that apply, p 7 Theremist and patient balacts. 7 Theremist and patient Comment: 7 Theremist and patient 7 Theremist saturated par 7 Theremist saturated par	rovide explanation as reviewed patient's con discussed the Trust h tient in challenging b he Power/Control model	needed. If items spleted Challengis andows and review slinfs gunarated 1 ls and asked the p	shipped/not comple og Beliefs Werkshoe nd many Trust werksho ny patlent in sassi matient to review t	eted, discuss ho to to challenge mets the patient on using the Chi he handowt befor	w will be addr stuck points o t did for their allenging Deliv re the mest set	ressed) and generate r practice a ats Vorkshaw solon.	alternativ ssignaent.
restion contrast The Veteran completed th completed: (Conch all that apply, p 7 Threepist and patients balefs. 7 Threepist and patients 7 Comment: 7 Threepist antrond patients 7 Threepist introduced to 8 Factors was abled to to	rovide explanation as reviewed patient's con discussed the Trust h tient in challenging b he Power/Control model	needed. If items spleted Challengis andows and review slinfs gunarated 1 ls and asked the p	shipped/not comple og Beliefs Werkshoe nd many Trust werksho ny patlent in sassi matient to review t	eted, discuss ho to to challenge mets the patient on using the Chi he handowt befor	w will be addr stuck points o t did for their allenging Deliv re the mest set	ressed) and generate r practice a ats Vorkshaw solon.	alternativ stignæmt.
restor curtain The Vetrom completed by completed: (Check all that apply, p Theregist and patient balact. Commun. Theregist and patient Commun. Theregist introduced Theregist introduced Theregist introduced Theregist introduced	rovide explanation as reviewed patient's ou discussed the Trust h times in challenging b the Fower/Control modul complete one Challengin	needed. If items mpleted Challengis andows and review slists generated b le and asked the p ng Deliefs workshe	shipped/not comple og Beliefs Werkshoe nd many Trust werksho ny patlent in sassi matient to review t	eted, discuss ho to to challenge mets the patient on using the Chi he handowt befor	w will be addr stuck points o t did for their allenging Deliv re the mest set	ressed) and generate r practice a ats Vorkshaw solon.	alternativ stignæmt.
restor curtain The Vetrom completed by completed: (Check all that apply, p Theregist and patient balact. Commun. Theregist and patient Commun. Theregist introduced Theregist introduced Theregist introduced Theregist introduced	rovide explanation as reviewed patient's con discussed the Trust h tient in challenging b he Power/Control model	needed. If items spleted Challengis andows and review slinfs gunarated 1 ls and asked the p	shipped/not comple og Beliefs Werkshoe nd many Trust werksho ny patlent in sassi matient to review t	eted, discuss ho to to challenge mets the patient on using the Chi he handowt befor	w will be addr stuck points o t did for their allenging Deliv re the mest set	ressed) and generate r practice a ats Vorkshaw solon.	alternativ stignæmt.

#### FIGURE 66 - CPT 9 SCREENSHOT #3

continued that y remplotes or right mate			
COLLABORATION:			
The degree of collaboration between th	e patient and the therapist in the current session was:		
Low			
T Redium			
- High			
If a therapeutic alliance measure w	ar alwan mlaara rannet rannits bara		
NOTIVATIONAL ASSESSMENT			
	(/or applied metivational enhancement strategies please indicate and de	escribe below:	
Country:			
APOITIONAL SESSION INFORMATION			
Check to add information regarding: so spiritual influences.	ssion content and reactions; level of engagement; HES factors; SI/HI e	valuation; SUD;	cultural a
· Beactions to Session Content:			
9 level of Repayments:			
17 level of Ropapeans:	VerMo	Fred	



### 13.10.CPT 10 Power Phase

Reminder Dialog Template: CPT 10 Power ognitive Processing Therapy: Power/Control Session -	Individual			
INE IN SESSION				
(in minutes)				
SESSION MURDER.				
C 2				
C 10				
Сп				
SESSION FORMAT				
T Face-to-Face Session				
Telephone Session				
T Video Telehealth Session				
C Other Session type				
SESSION LOCATION:				
Community Living Center				
F caoc				
C Demiciliary				
T Impatient Bental Bealth				
C OFF/OIF Climic				
F Mental Health Clinic				
T MH Residential Rehabilitation Treatment Program	(8837)			
Гнися				
F Patient Regidence - Nome Dared Primary Care				
F Patient Residence - Other				
F PTSD Clinical Team				
F Primary Care				
🗖 Substance Use Disorder Clinic				
	⊻isit Info	1	Finish [	Cancel
equitive Processing Therapy: Power/Control Session - INE IN SESSION: SSION NUMBER:	Individual		 	

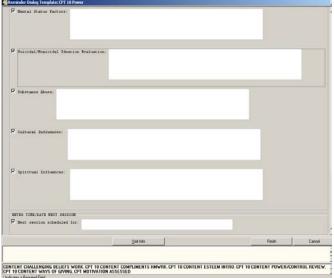
#### FIGURE 69 - CPT 10 SCREENSHOT #2

Community/Non-VA Other				
IAGNOSIS				
Primary Diagnosis (focus of visit): PI	120			
Frimary Disgnosis (if not PTSD):				
Secondary Diagnosis (if applicable):				
STREEMENT:				
ate Instrument 7/13/2011 09:27 PCLC				
Check here to place scores in note.				
ci-c				
Perform PCLC				
ESSION CONTENT				
Therapist and patient reviewed patient beliefs Comment: Therapist and patient discussed the For artigment. Comment: Therapist introduced Ways of Siring and	wer/Control handour an	d reviewed any Power/Control :	worksheets the patient did for	their pract
positively and negatively.				
Consent :				
Contraction and a second second second second	ing beliefs generated i	by patient in session using th	he Challenging Beliefs Workshee	6.
Consent :	ing beliefs generated i	by patient in session using th	he Challenging Heliefs Workshee Frish	(.)   Car

## FIGURE 70 - CPT 10 SCREENSHOT #3

eminder Dialog Templates CPT 10 Power	allenging sellers generated by patient in session using the challenging sellers a	WATER AND
	module and asked the patient to review the handout before the next session.	
	a Challenging Deliefs worksheat each day, with at least one sheat on Estaes.	
	<ul> <li>unallenging beliefs worksmeet each may, with at least one smeet on arteem.</li> <li>ving and receiving compliments each day.</li> </ul>	
Patient was asked to practice give	ving and receiving compliments each day.	
COLLABORATION;		
The degree of collaboration between	the patient and the therapist in the current session was:	
Low .		
- Hedium		
- Migh		
If a therapeutic alliance measure	e was given, please report results hare.	
NOTIVATIONAL ASSESSMENT		
	and/or applied activational enhancement strategies please indicate and describe	helow
	and/or applied motivational anhancement strategies please indicate and describe	helow:
Tf therapist assessed motivation Comment: ADDITIONAL SESSION INFORMATION Check to add information regarding: spiritual influences.	and/or applied antivational unbancement strategies please indicate and describe ession content and reactions, level of engagement, MEE factors, EL/ME evaluati	
Comment:		
6 If theregive assured antivetion Common: ADDITIONAL HERITOR INFORMATION Deck to add information requesions: spiritual informates.		en, ST, oltari e





# 13.11.CPT 11 Esteem Phase

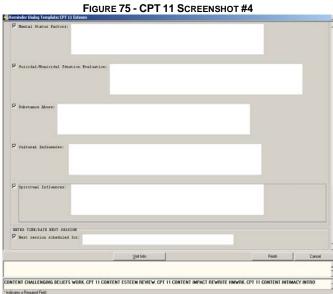
	72 - CPT 11 SCR	EENSHOT #1	
Reminder Dialog Template: CPT 11 Esteem			
gnitive Processing Therapy: Esteem Session - Indi	vidual		
HE IN SECOND			
(in minutes)			
C 10			
с <u>н</u>			
с и			
с <u>п</u>			
SESSION FORMAT			
Tace-to-Face Servion			
Telephone Session			
■ Video Telehealth Session			
C Other Session type			
SESSION LOCATION:			
Community Living Center			
E caoc			
T Demiciliary			
T Impatient Bental Bealth			
C OFF/OIF Climic			
F Hental Nealth Clinic			
T RH Residential Rehabilitation Treatment Progr	an (8337)		
Гниск			
□ Fatient Residence - None Dated Primary Care			
F Patient Residence - Other			
F PTSD Clinical Team			
T Primary Care			
F Substance Use Disorder Clinic			
	∑iat Into	Frich	Cancel
pnitive Processing Therapy: Esteen Sensien - Indi OK IN SESSION: SSION MUDIER:	ridual		
th Factors CPT 11 COGNITIVE PROCESSING ESTEEN			

## FIGURE 73 - CPT 11 SCREENSHOT #2

PRPC/Day Treatment					
Community/Mon+VA					
Other					
DIAGNOSIS					
Primary Diagnosis (focus of visit): \$755	5				
Frimmry Dispusis (if not PT2D):					
Secondary Disgnosis (if applicable):					
ADDEDDRENT:					
Date Instrument	Ray Trans Scale				
07/13/2011 09:27 PCLC	35 Total				
Check here to place scores in note.					
PCL-C					
Perform PCLC					
(Check all that apply, provide explanation. 7 Dermysts and patient reviewed patient's beliefs. Communi. 7 Therapist and patient discussed the later Communi.	completed Challenging Be	allefs Worksheets to :	challenge stuck po	ints and generate	
Therapist assisted patient in challenging	g beliefs generated by pa	cient in session using	ng the Challenging	Beliefs Worksheet	e.
	and asked the patient to	review the handout 1	before the next se	ssion.	
7 Therapist introduced the Intimacy module			at one sheet on In	P. Smarter	
	nging Deliefs worksheet e	tach day, with at lea		Comment of the second s	
Fatient was asked to complete one Challer					
				Finish	[ Car

## FIGURE 74 - CPT 11 SCREENSHOT #3

COLLABORATION:	
Conservation: The degree of collaboration between the patient and the therapist in .	the surgery surgice and
Low	the contrast restaton the.
F Nation	
Tilizab	
Ilgn If a therapeutic alliance measure was given, please report results	
If a therapeutic alliance measure was given, please report results	here.
NOTIVATIONAL ASSESSMENT	
If therapist assessed motivation and/or applied motivational enhance	cement strategies please indicate and describe below:
ADDITIONAL SESSION INFORMATION	
Check to add information regarding: session content and reactions; le spiritual influences.	vel of engagement; HIE factors; SI/HI evaluation; SUD; cultural a
Jeactions to Session Content:	
♥ Level of Ropapement:	
7 Hental Status Factors:	
-	
	Finish Cano



# 13.12.CPT 12 Final Phase

F	GURE 76 - CP	T 12 SCREE	NSHOT #1		
Reminder Dialog Templates CPT 12 Final					
ognitive Processing Therapy: Individu	al Final				
IME IN SECOLON					
(in minutes)					
ersion number:					
Сп					
C 12					
C 10					
C 14					
C 15					
SESSION FORMAT					
□ Face-to-Face Session					
Telephone Session					
□ Video Telehealth Session					
C Other Session type					
SESSION LOCATION:					
Community Living Center					
Псвос					
F Demiciliary					
T Inputient Sental Sealth					
C OFF/OIF Climic					
F Hental Health Clinic					
T HH Residential Rehabilitation To	estment Frogram (\$317)				
F INCOM					
T Patient Residence - Mone Based B	TIBATY CATE				
F Pasient Residence - Other					
F PTSD Clinical Team					
-					
	Yeit Into			Finish	Cancel
gnitive Processing Therapy: Individu ME IN SESSION: T session number:	al Final				
oth Factors CPT 12 COGNITIVE PROCESSIN	S FINAL				

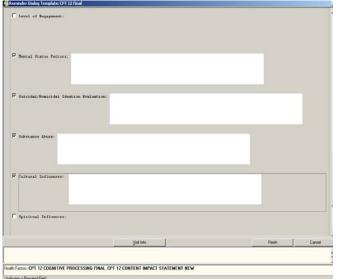
## FIGURE 77 - CPT 12 SCREENSHOT #2

Primary Care		
- Substance Use Disorder Clinic		
FREC/Day Treatment		
Community/Mon-VA		
Other		
DIAGNOSIS		
Frimary Disgnosis (focus of visit): PT	im .	
Primary Diagnosis (if not PTSD):		
Secondary Diagnosis (if applicable): ;	Dat	
AFS ESIMENT:		
Date Instrument 07/13/2011 09:27 PCLC Clack here to place scores in note. PCL-C Perform PCLC		
SESSION CONTENT		
completed: (Check all that apply, provide explanation	n as needed. If items skipped/not complet-	() protocol. The following therapeutic components ed, discuss how will be addressed) a to challenge stuck points and generate alternati
² Therapist and patient reviewed patient' beliefs. Comment:		
bellefs. Comment:	inacy handout and reviewed any Intinacy w	orksheets the patient did for their practice
beliefs. CGmment: [ Derapist and patient discussed the Int assignment. Comment: [	inacy handout and reviewed any Intinacy w	urksheets the patient did for their practice
belsets. Comment: Therapist and patient discussed the Int assignment.	timery hundrut and reviewed any Intimery w 	orderhauts the patient did for their practice From Co

### FIGURE 78 - CPT 12 SCREENSHOT #3







# FIGURE 80 - CPT 12 SCREENSHOT #5

Re

C Guineral Influences:  Plan:  Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan: Plan	1		
ian: 7 FIRAINENT COMPLETED Grancike the rearon for termination 9 DOITHS HERITORS - Generation - Generation	1		
7 TELETHENT COMPLETED (Describe the reason for termination 7 DOOTER SESSIONS Classerise the reason for booster sessions and if the sessions Comment (	1		
(Describe the reason for booster sessions and if the sessions to booster sessions and if the session of the ses	tions were scheduled or will		
		l be scheduled in the future)	
FRYERED FOR FURTHER SYALUATION, TREATMENT OR OTHER SERV (Describe the referral and reason for referral) Comment:		sessions) Comment:	
Vomment:	6		
Patient agreed with the above plan			
Visit Info		Freith	

# 14. Appendix C: CBT Screenshots

This appendix will show all of the screenshots associated with Cognitive Behavioral Therapy.

CBT follows a session structure in order to make efficient use of time, ensure that goals are achieved in each session, and maintain a thread across sessions so that progress is made toward longer-term goals. The components of CBT session structure include (a) a brief mood check, (b) a bridge from the previous session, (c) the setting of an agenda, (d) a review of the previous session's homework assignment, (e) a discussion of agenda items, (f) periodic summaries, (g) a homework assignment, and (h) a final summary and feedback

# 14.1. CBT 1 Initial Phase

opuitive Bokarioral Therapy: Initial Phase - Inductional THE TH SERIOR Tin minuteu) [5 This minuteu) [5 This Part [5] This Part	Reminder Dialog Template: CBT Initial				
(in similar) [5] THERE NUMERS = [] 1 [] 2 [] 3 THERE NUMERS = [] 4 THERE NUMERS = [] 5 THERE NUMERS =	ognitive Behavioral Therapy: Initial Ph	are - Individual			
Testing Nomine	THE TH SESSION				
© 1         © 2         © 3         EXECUTE FORMAT         © Accentration resistion         © Thisphone sension         © Thisphone sension         © Other sension         © Comparison for the sension         © Comparison for the sension         © Comparison for the sension         © Difference sension         © Other sension         © Comparison for the sension         © Difference sension	(in aimstes) [55				
2       2       5       Faceton-face series       1 Staphone series       2 Staphone series       2 Other taining twing Conter       6 Conter State State       6 Conter State State       7 Conter State State       6 Conter State State       7 Conter State State       7 Conter State State       7 Conter State State State State       7 Conter State State State State       8 Data State State State       9 Manual Meable Classe       9 Manual Meable Classe       9 Manual Meable Classe       9 Manual Meable Classe	SESSION NUMBER				
C 5  SESSION FORMAT  Frequency Session  Session type  Session	Ø 1				
PERSON FORMAT  PROFESSION SERVICE  Prove-trace service Prove-trace service Prove-trace servic	<u>C</u> 2				
Pace-to-face series     Telephone series     T	C a				
C Telephone reston C Telephone reston C telephone reston C other reston type	SESSION FORMAT				
C Tuise Celebealth ression C Other ression type  estation Columns color to the celebealth ression C Color C Color C Color D Descilary D Descilary D Descilarity D Descination C COT/CDT clinic D Descination D D D D D D D D D D D	Pace-to-face session				
C Other session type  SESTOR LOCATION: Community Living Center Community Living Center Com Socialitary Double Result Health OW/OUT cluste Result Result Clust Result Shadulitation Treatment Program (1977) Result Result	C Telephone session				
-SESTOR LOCATION Community Loring Conner Conc Donations Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donation Donati	C Video telehealth session				
C Comparative Living Contex C COC C Coc Foundationary D Sequences Tendent Health C 07/027 clinic F Tendent Health Clinic F Tendent Health Clinic F Mither Sequences Tengram (1877) F Mither Security F Mither Sec	C Other session type				
COC  Poniciliary  Impuisment Hendel  Mendel Hendel  Mendel Hendel  Mendel Hendel Climic  Mendel Hendel Climic  Mendel Hendelitation Treatment Program (3273)  Mendel	SESSION LOCATION:				
Ponicilary     Expatient Bookal Health     OF/017 classic     Br/017 classic     Brown Bealth Classic	Community Living Center				
□ Imputient Henchai Health □ OBF/177 scinate ₩ Benchai Health Clinics □ MB Sectemential Subabilitation Treatment Program (NBTP) □ MBICE	Г свос				
□ 017/037 sinis □ Resth Limis □ RB Jesidential Johabilitation Treatment Program (JBT7) □ RBCTP □ RECTP	C Pumiciliary				
₽ Hennik Health Clinic ■ Besidential Schubilitation Treatment Program (3879) ■ RECE	T Impatient Hental Health				
Γ 59 Jesidential Jehabilitation Treataent Program (3373) Γ παιτη	C OFF/OIF clinic				
F more	F Bental Health Clinic				
F more	T 20 Residential Rehabilitation Trea	taent Fromma (1977)			
Patient residence - Hospital Based Home Care (HEHEC)		Home Care (MBHC)			
Yeat Info Finah Dancel	5	Yeat Info	1	Freeh	Cancel
		A 250000		0532	al announcement

FIGURE 82 - CBT 1 SCREENSHOT #2

Reminder Dialog Template: CBT Initial		X
🖓 Hental Health Clinic		^
T HM Residential Schubilitation Treatment Program (3977)		
□ sate		
□ Fatient residence - Horpital Based Home Care (NEBC)		
C Fatient residence - other		
F PTSD clinical team		
E Primary Care		
🔽 Dubstance Use Disorder (DUD) clinic		
F PROC/Day Treatment		
Community/Bon-WA		
C Other location		
DIAGNOSIS		
E Primary Diagnosis (focus of visit):		
C Secondary Diagnosis (if applicable):		
-ADDIDORIST:		
BDI - II		
Perform HDI2		
F Enter make/results of any additional assessment measures done Heasures:		
SESSION CONTENT		
SOCIALIZATION TO CHT		
P Provided a brief description of CBT and how CBT relates to the treatment goals		
Provided information about the efficacy of CBT.		Ŷ
Yeak Info	Finish Cancel	
		×
		*
lealth Factors: CBT 1 COGNITIVE BEHAVIORAL INITIAL, CBT 1 CONTENT DESCRIBE, CBT LOCATION MHC	CBT SESSION FACE TO FACE, CBT SESSION NUMBER 1	-
Indicates a Required Field		_

## FIGURE 83 - CBT 1 SCREENSHOT #3

leminder Dialog Template: CBT Initial				
SOCIALIZATION TO CET				
Provided a brief description of CBT a	and how CBT relates t-	o the treatment goals.		
Provided information about the efficiency	acy of CBT.			
Described prioritized agenda setting.				
Described how the BDI (Beck Depression	on Inventory)-II will	be completed and scored i	or each session.	
Describe how homework will be assigned	ed and discussed each	session.		
E Reviewed the length (16 ressions) and	frequency (weekly o	r biweskly) of treatment.		
TREATMENT GOALS				
Patient's presenting problem:				
Treatment goals:				
Case conceptualization:				
MOTIVATIONAL ENHANCEMENT				
Identified short-term goals in several	areas of functioning.			
Identified the consequences or impact o	f depression (or othe	er symptoms).		
Identified the benefits of reducing the	severity of the depr	vession.		
Assessed attitudes and expectations for	therapy.			
Assessed any barriers to attending ther	apy and assisted the	patient in problem-solvin	g these barriers.	
COLLABORATION:				
The degree of collaboration between the pr	stient and the therap:	ist in the current session	wast	
C Low				
C Bedium				
C High				
	Yeat Info	1	Freeh	Cancel
	Ter ero		rean	Cances

FIGURE 84 - CBT 1 SCREENSHOT #4

COLLABORATION		
COLLASOPATION: The degree of collaboration between the patient and the therapist in the c		
The degree of collaboration between the patient and the therapist in the c	NETHER DESIGN WAS:	
C Redium		
C Righ		
$\hfill \Gamma$ If a therapeutic alliance measure was given, please report results here		
ROMEWODE ASSICNENT		
The homework assignment for this session was:		
The homework assignment and goal of the assignment was written down.		
The therapist inquired about patient's understanding of the homework as	signment and its rationale.	
Therapist and patient discussed the likelihood that the patient will do	the homework.	
${\mbox{$\scale{1}$}}$ Specific roadblocks or challenges for doing the homework were discussed	6	
ADDITIONAL SESSION INFORMATION		
Check to add information regarding: session content and reactions; level o cultural and spiritual influences.	if emgagement; MSE factors; SI/HI evaluation;	sup,
F Beactions to session content:		
Level of engagement:		
Emstal status factors:		
Suicidal/Homicidal idention evaluation:		
F pubstance abuse:		
Cultural influences:		
F Spiritual influences:		
Yuil Info	Freeh	Cancel
Xint into	Frish	Lances
N.S. CBT LOCATION MHC. CBT SESSION FACE TO FACE. CBT SESSION NUMBER 1		

ADDITIONAL DESIGN INFORMATION Check to add information regarding: seasion, content and reactions; level of engagement; KEE factors; Ef/EE evaluation; HD; evaluation of spreadowner;  P level of engagement:  P level of engagement:  P level of engagement:  P define factors:  P define factors:  P define factors:  P define factors:  P define adult:  P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define adult: P define a	FIGURE 85 - CBT 1 SCREENSH	ют #5	
Check to add information requesting: seasons content and reactions; level of empapeanes; MER factors; fi/ME evaluation; fill; P Banchine to session content: P Invest of empapeanes: P Invest of	Reminder Dialog Template: CBT Initial		
releval and spiritual influence.	ADDITIONAL SESSION INFORMATION		
P level of engagement:       P level of engagement:       P batclah/Monicidal idention evaluation:       P batclah identified the following elements as helpful during the sension:       P batclah identified the following elements as helpful during the sension:       P batclah identified the following elements as helpful during the sension:       P batclah identified the following elements as helpful during the sension:       P batclah identified ter:       Yalleb       Frain		EE factors; SI/HI evaluation; )	ntto;
Remai status factors:     Ducidal Status factors:     Ducidal Status evaluation:     Dutrus influences:     Ducidant influences:     TRIAL STRUAY MD FIDEALC     Patient indentified the following elements as helpful during the session:     Patient expression the following concerns about the session:     Ref assume the following concerns about the session:	F Beartions to section content:		
Remai status factors:     Ducidal Status factors:     Ducidal Status evaluation:     Dutrus influences:     Ducidant influences:     TRIAL STRUAY MD FIDEALC     Patient indentified the following elements as helpful during the session:     Patient expression the following concerns about the session:     Ref assume the following concerns about the session:			
Paticial/Monicidal idention evaluation:         Datatal influence abuse:         Cultural influences:         Patient influences:         Patient influences:         Patient influences:         Patient influences:         Patient influences:         Patient expressed the following elements as helpful during the session:         Patient expressed the following concerns about the session:         Patient expressed the following concerns about the session:         Patient expression onheduled for:         Yalledo       Fresh	P tevel of engagement:		
Paticial/Monicidal idention evaluation:         Datatal influence abuse:         Cultural influences:         Patient influences:         Patient influences:         Patient influences:         Patient influences:         Patient influences:         Patient expressed the following elements as helpful during the session:         Patient expressed the following concerns about the session:         Patient expressed the following concerns about the session:         Patient expression onheduled for:         Yalledo       Fresh			
Paticial/Monicidal idention evaluation:         Datatal influence abuse:         Cultural influences:         Patient influences:         Patient influences:         Patient influences:         Patient influences:         Patient influences:         Patient expressed the following elements as helpful during the session:         Patient expressed the following concerns about the session:         Patient expressed the following concerns about the session:         Patient expression onheduled for:         Yalledo       Fresh			
Dubrance abuse:           Outward: influences:           Partner: Sector: Sector:	F Bental status factors:		
□ Cultural influences:          F Spiritual influences:         TRIAL SUBMAY MAD FIDENCY         Parisms identified the following elements at helpful during the session:         Parisms research the following concerns about the session:         Parisms research the following concerns about the session:         Winter transform         Winter transform         Winter transform         Winter transform         Winter transform         Yubleb       Feath	Suicidal/Nomicidal idention evaluation:		
□ Ppiercoul influence: FIEL SUBMINT ADD FIELDACK □ Packets identifies the following elements as helpful during the ression: □ Packets expressed the following concerns about the series: □ Packet expressed the following concerns about the series: □ Packet response the series: □ Packet response the following concerns about the series: □ Packet response the following concerns about the series: □ Packet response the series: □ Packet	F Substance abuse:		
TTAL SUBBLAY AD FILTERATY	Cultural influences:		
F Patienc idenciled the following elements as helpful during the serienc: F Patient expresses the following concerns about the serienc: write THE(-bits HEAT SERIES ■ Bast series, wheehied for: Yealed Fresh Cancel	🗖 Spiritual influences:		
□ Patienc expressed the following concerns about the session: NUTER INEX/ART ENCT RESIDE □ Bast session scheduled for; 	FINAL SUMMARY AND FREDRACK		
HETE TERLOATE RECT RESIDE P Best results tehebled for: 	Fatient identified the following elements as helpful during the session:		
P Bess searchs acheduled for: Youldo Frish Corcol	Patient expressed the following concerns about the session:		
Yai Ido Freih Cancel	ENTED TIME/DATE NEXT SESSION		
	F Ment service scheduled for:		
LS COT LOCATION WHC COT SESSION FACE TO FACE COT SESSION NUMBER 1	Yeat Info	Frish	Cancel
LS COT LOCATION WHC COT SESSION FACE TO FACE. ORT SESSION NUMBER 1	Ziet neo	Frish	Lancel
LS, CBT LOCATION WHC, CBT SESSION FACE TO FACE, CBT SESSION NUMBER 1			
	U.S. CBT LOCATION MHC. CBT SESSION FACE TO FACE, CBT SESSION NUMBER 1		

# 14.2. CBT 2 Middle Phase

During the middle phase of treatment, the patient and therapist work together to address the treatment goals established in the initial sessions in a systematic, strategic manner.

Reminder Dialog Template: CBT Middle			1
quitive Behavioral Therapy: Hiddle			
THE SESSION			
(in minutes) 45			
C 2			
C 3			
C.4			
C s			
C 4			
C 7			
C 7 C 8 C 9			
C.+			
C) 10			
C 11			
C 12			
C 13			
C 14			
C 18			
C 16			
C 17			
C 18			
C 19			
	Yait Info	Finah	Cancel

## FIGURE 87 - CBT 2 SCREENSHOT #2

Reminder Dialog Template: CBT Middle			
SESSION FORMAT			
P Face-to-face session			
C Telephone session			
C Video telehealth session			
C Other session type			
SESSION LOCATION:			
Community Living Center			
F caoc			
C Demiciliary			
🖓 Inpatient Hental Health			
C OFF/OIF climic			
E Hental Health Clinic			
E 18 Residential Schabilitation Tre	ataent Program (3377)		
E main			
Fatient residence - Hospital Base	d Some Care (MESC)		
E Patient residence - other			
F PTSD clinical team			
E Primary Care			
E Substance Use Disorder (SUD) clim	ác		
F PERC/Day Treatment			
Community/Nen-WA			
C Other location			
	Vial Info	Finah	Cancel
	201010		20 mm 1000000000000000000000000000000000

## FIGURE 88 - CBT 2 SCREENSHOT #3

Reminder Dialog Template: CBT Middle					X
C Other location					1
DIAGNOSIS					
P Primary Diagnosis (focus of visit):					
					_
ASSESSMENT.					
NDI - II					
Perform BDI2					
☐ Enter mame/results of any additional as	isessaent measures dos	ce .			
SESSION CONTENT					
BRIDCE FROM LAST SESSION					
Therapist inquired about what the pa	nient found important	or helpful from the la	et session and any p	atient concerns abo	out the
last session.					
Therapist inquired about the degree	to which the homework	was completed and what	was learned from the	honework assessme	ent,
PRIORITIZED AGENDA					
Describe the prioritized agenda that was noncompliance with treatment have a high		oped with the patient.	kny issues related to	o suicide risk or	
The therapist and patient collaborat	twaly developed a pri	ortestad anapla			
COGNITIVE AND BERAVIOPAL STRATEGIES USED		errererer ayanas.			
P DERAVIORAL STRATEGIES	PORTED DESCRIPTION				
Tidentified key behaviors					
Activity monitoring					3
	Yed Info			Frish	Cancel
					~
ACE TO FACE, CBT SESSION NUMBER 8					
ndicates a Research Field					
racates e negates nets					

### FIGURE 89 - CBT 2 SCREENSHOT #4

Vescribe the prioritized agenda that was		loped with the patien	t. Any issues related	to suicide risk or	r:
noncompliance with treatment have a high					
F The therapist and patient collaborat		contributed agenda. Co	alent:		
OCNITIVE AND BEHAVIORAL STRATECIES USED	DUBING SESSION				
F BEHAVIOPAL STRATECIES					
Tidentified key behaviors					
L Activity monitoring					
Identified pleasant or meaningful	activities				
Activity scheduling					
E Behavioral Activation					
C Graded task assignment					
F Cognitive rehearsal					
Distraction technique					
C Guided imagery					
Progressive Buscle Pelaration					
E Breathing retraining					
Editative breathing					
D Bole play/modeling					
C Safety planning					
☐ Other behavioral strategies:					
T Patient response to behavioral st	rategies				
COGNITIVE STRATEGIES					
	Yest Info	1		Frish	Cancel
	No. of Control of Cont			and the second second	
LOCATION INPT MIL CRT SESSION FACE TO FA					

FIGURE 90 - CBT 2 SCREENSHOT #5

<pre>DBUTCOME_ADJOINT To be homeonic and grants for this session was: The homeonic and grants for this session was: The homeonic and grants down pattern's designment was written down. The homeonic and grants discussed the his/highed that the pattern will be the homeonic and its rationals. Theregists and pattern discussed the his/highed that the pattern will be the homeonic and its rationals. Theregists and pattern discussed and the his/highed that the pattern will be the homeonic and its rationals. This homeonic and pattern discussed and the his/highed that the pattern will be the homeonic discussed. MUTUAL ADISOMST C if theregists assessed and truth in and/or applied antivational adhencements strategies places indicate and describe below: ADITUAL ADISOMST C and the add information reparking: session content and reactions; level of manyments; NH factors; SI/HI evaluation; OD; cultural and spirtural informations formers: T here if any pattern reparking: session content and reactions; level of manyments; NH factors; SI/HI evaluation; OD; cultural and spirtural informations formers: T here if any pattern reparking: session content and reactions; level of manyments; NH factors; SI/HI evaluation; OD; cultural and spirtural informations formers: T here if any pattern reparking: session content and reactions; level of manyments; NH factors; SI/HI evaluation; OD; cultural and spirtural informations formers: T here if any pattern reparking is an adjuster of the session; T Half DOMANT AD; FIERART F Half DOMANT AD; FIERART F Factors is any pattern in the following cuccuma adout the session; HTHE THIN/AH BLOT SESSION F partners and spire is a helpful during the session; HTHE THIN/AH BLOT SESSION F Parking is any pattern in the following cuccuma about the session; HTHE THIN/AH BLOT SESSION F Factors is any pattern is a helpful during the session; HTHE THIN/AH BLOT SESSION F Factors is any pattern in the following cuccuma about the session; F Factors is any pattern in the following there is a helpful during the session; F Fa</pre>	2
The homework assignment and goal of the assignment was written down.     The homework assignment and goal of the assignment was written down.     The homework assignment have a set of the homework assignment and the rationale.     Theregins associate the hishing the homework were discussed.  MULTIONAL ASSIGNMET     If theregins associate association and/or applied activational submonement strategies places indicate and describe beinv:      Difficult additionation regarding: search on contents and reactions: level of mapsyments: BH factors; SI/HI evaluation; SD; cultural and gogettem in the factors and associates and the content and processing and the maximum and the content and reactions; SI/HI evaluation; SD; cultural and gogettem in the factors factors; SI/HI evaluation; SD; cultural and gogettem in the factors factors; SI/HI evaluation; SD; cultural and gogettem in the factors factors; SI/HI evaluation; SD; cultural and gogettem in the factors factors; SI/HI evaluation; SD; cultural and gogettem in the factors factors; SI/HI evaluation; SD; cultural and gogettem in the factors factors; SI/HI evaluation; SD; cultural and gogettem in the factors factors; SI/HI evaluation; SD; cultural and gogettem in the factors factors; SI/HI evaluation; SD; cultural and gogettem in the factors factors; SI/HI evaluation; SD; cultural and gogettem in the factors factors; SI/HI evaluation; SD; cultural and gogettem in the factors; SI/HI evaluation; SD; cultural and gogettem in the factors; SI/HI evaluation; SD; cultural and sectors; SI/HI evaluation; SD; cultural and sectors; SI/HI evaluation; SD; cultural and gogettem in the factors; SI/HI evaluation; SD; cultural and gogettem in the factors; SI/HI evaluation; SD; cultural and sectors; SI/HI evaluatio; SD; SD; SD	
The therapics inducted above pariset's understanding of the homework assignment and its rationale.     Therapics and parised discussed the limithod that the pariset will de the homework.     Therefore readilations or dealine greater the limithod that the pariset will de the homework.     Therefore readilations or dealine greater the limithod that the pariset will de the homework.     Therefore readilations or dealine greater the limithod that the pariset will de the homework.     Therefore readilations or dealine greater the limithod that the pariset will de the homework were discussed.     Therapics assessed activation and/or applied activational observators. Strategies places indicate and describe below:     ADDITIONAL SENSIONE INFORMATION     Check to add inclusions in expecting: exercise contents and reactions: level of mapagement: NH factors; 21/AI evaluation; 200; cultural and     getratal influences:     Factors to assess contents:     Factors to assess contents:     Factors in department intervaluation:     Additional influences:     Factors in intervalue the selection:     Advisors above:     Collect a data influences:     Factors influences:     Fac	
Therapies and pattern discussed the likelihood that the pattern will do the humanest.     Foreing the and pattern discussed the likelihood that the pattern will do the humanest.     Foreing readed of the seasons detruction and/or applied antivational enhancement strategies please indicate and describe below:      MOTIVATIONAL MESISTER TO     The therapies are seasons methyle antivational enhancement strategies please indicate and describe below:      MOTIVATIONAL MESISTER TO     The therapies are seasons methyle antivational enhancement strategies please indicate and describe below:      MOTIVATIONAL MESISTER TO     The therapies are seasons methyle antivational enhancement strategies please indicate and describe below:      MOTIVATIONAL MESISTER TO     Seasons tensors:     Therapies tensors:     Motivate durations enhancement     Foreinst indicates evaluation:     Motivate durates evaluation:     Motivate durates     Outbound influences:     Durated influences     Motivate durates     Motivated and postering     Foreinst inducting simulate as helpful during the season:     Motivate durates     Motivated dur	
feetile readilates or thallanges for doing the homework were discussed.  MITUATIONAL ANTERNALT      for therapist assessed matrixation and/or applied antivational enhancement strategies planes indicate and describe below:  ADDITIONAL MESSION THEOREM.  ADDITIONAL SESSION THEOREM.  ADDITIONAL SESSION THEOREM.  ADDITIONAL SESSION THEOREM.  Boards of add information regulation; session content and reactions; level of supposent; BIT factors; SLAT evaluation; SD; cultural and aptitumes.  Factors: {     formation regulation;     for add to add information evaluation;      for add to add information regulation;      for add to add information;      for add to	
NTITATIONI ANTIFATER It through assessed activation and/or applied activational submocessos strategies please indicate and describe below: ADDITIONIL SENIOR HEPORETOR Chock to add incomesion regarding: serion content and reactions: level of mappenent: NH factors; SI/H evaluation; SW; cultural and spitzmal influences: Factors to ensuine contents: Factors to ensuine contents: Factors to ensuine evaluation: Factors factors: Factors influences: Factors influenc	
C 14 through a second activation and/or applied antivational enhancement strategies plane indicate and describe below: ADDITIONAL SEGIES ENFORMATION Concle to add information repeating: section concern and reactions: level of mappenent: BHI factors: SLAH evaluation; VR: cultural and spirstand information repeating:     bacteria to section content     bacteria takenet     bacteria take	
ADDITIONAL SERIOR HEFORMATION Check to add information repeating: searing concern and reactions; level of megapasant; NH factors; SLAH evaluation; ND; cultural and spiritural information research concerns: Factor is assume concerns: Factor is assume concerns: Factor is advected information realization: Factor is advected information realization: Factor is advected information in the information of the searce: Factor is advected in following concerns about the searce: Factor is advected information in the following concerns about the searce: Factor is advected in following concerns about the searce: Factor is advected in following concerns about the searce: Factor is advected in following concerns about the searce: Factor is advected for concerns ab	
Check to add information reparting: serion content and reactions: level of supposence RNI factors: SLAH valuation: NN: cultural and spiritual information results content and reactions: level of supposence RNI factors: SLAH valuation: NN: cultural and cultural information results content and reactions of an end of the series of the serie	
rgittandi Antinance.	
Level of engagement:     Nonel reasons:     Note and reasons:	
Renal status families  Renal status status status families  Renal status status status families  Renal status status status status status families  Renal status	
Datedal/Reatedal identities evaluation:     Reductation device     Collevant influences     Pristual influences:	
Balantance abuse:     Coloural influences:     Fysichal influences:     Fills (FMLA) AND FIREACC     Facture identified the following elements at helpful during the session:     Facture identified the following concerns about the session:     Facture scheduled tor:     Formation scheduled tor:	
C Outward influences:  Fpdrithal influences:  FBLE SUMMAY AND FERENCE  F Solice identified the following concerns about the session:  FBLE supersed the following concerns about the session:  FBLE THEORIE NOT SUBJURG  Finat Session scheduled for:	
Pyiritual influences:      PHAL DEMANY AND FARIBACK      Primet identified the following elements as helpful during the session:      Patient expressed the following concerns about the session:      Phat influences in a checkled for:      Patient influences in a checkled for:	
FILL DYNAU AND FEDERACE  Fills DYNAU AND FEDERACE  FILL DYNAU A	
Factant identified the following elements as heights during the section:     Pactant suprement the following concerns about the section:     HTLB TELEVATE HDC SECOND     Parts results relabelied for:	
Pariest expressed the following concerns about the session:  INTER TERLOATE NEXT SESSION      Pare session scheduled for:	
INTER TERLEVATE NEUT SEUSION P Bent sension relamblied for:	
R Bant sension scheduled for:	
R Bant sension scheduled for:	
	1
Yest Into Finish Cancel	
	1
ab Factore CBT 2 COGNITIVE BEHAVIORAL MIDDLE, CBT CONTENT BEHAV COG REHEARSAL, CBT CONTENT BRIDGE HELPFUL, CBT CONTENT BRIDGE HNWRK, CBT Cation INPT MI, CBT SESSION FACE, TO FACE, CBT SESSION NUMBER 8	1

# 14.3. CBT 3 Final Phase

The main focus during the later phase of this treatment is to evaluate patients' progress toward their treatment goals and whether they have learned and can apply specific skills that may help to reduce or prevent a relapse of depression

Reminder Dialog Template: CBT Final			
emitive Rehavioral Therapy: Final Phase -	Individual		
ME IN SESSION			
(in ainster) 55			
SESTOR NUMBER			
C 10			
Оц			
· 12			
C 11			
C 14			
C 18			
C 16			
C 17			
C 18			
C 19			
C 20			
SESSION FORMAT			
F Face-to-face session			
C Telephone ression			
C Video telehealth rerrion			
C Other session type			
SESSION LOCATION:			
Community Living Center			
E cao:			
F Demiciliary			
F = 1 = 1 = 1 = 1			
	¥int into	1	inch Cancel

FIGURE 91 - CBT 3 SCREENSHOT #1

FIGURE 92	CBT 3	SCREENSHOT	#2
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Inpatient Hental Realth				
C 089/019 climic				
T Mental Mealth Climic				
🏳 MH Residential Rehabilitation Treatment	E Frogram (RRTF)			
🗖 neten				
Patient residence - Hospital Based Home	e Care (HEHC)			
D Patient residence - other				
F 973D clinical team				
F Primary Care				
🗖 Substance Use Disorder (SUD) climic				
C 939C/Day Treatment				
Commonity/Non-Va				
C Other location				
DIAGNOSIS -				
Frimary Diagnosis (focus of visit):				
Secondary Diagnosis (if applicable):				
ASSESSMENT:				
BDI - II				
Parform BDI2				
Enter name/results of any additional as	ssessment measures done			
COLLASORATION:				
The degree of collaboration between the p	atient and the therapist	in the current session was:		
C Low				
C Redium				
	Visit Into	1	Finch	Cancel
				Lancel
			7960	Lances

# FIGURE 93 - CBT 3 SCREENSHOT #3

eminder Dialog Template: CEIT Final				
T if a therapeutic alliance measure was giv	ren, please report re	rults here.		
SESSION CONTENT				
REIDOR FROM LAST PERSION				
Therapist inquired about what the pati- section.	ant found important o	r helpful from the last sessi-	on and any patient concerns ab	out the last
Therapist inquired about the degree to	which the homework w	us completed and what was leas	med from the honework assessm	ent.
PRIORITIZED AGENDA Describe the prioritized agends that was co with treatment have a higher priority.	liaboratively develop	ed with the patient. Any issue	es related to suicide risk or :	noncomplianc
The therapist and patient collaborativ	wly developed a prior	itized agenda.		
PROGRESS TOWARDS COALS				
E Patient progress in treatment, overall	and in relation to s	pecific goals		
T Impact of therapy on patient's function	ning:			
E Patient appears to be less depressed b	ased on the following			
EVIEW AND CONSOLIDATION OF SKILLS				
FRAVIORAL STRATEGIES Patient found the following behavioral	strategies most used	ul:		
COCNITIVE STRATEGIES Patient found the following cognitive	stratogies most usefu	dr.		
NOTIVATIONAL ASSESSMENT				
If therapist assessed motivation and/or a	applied motivational :	mhancement strategies please	indicate and describe below:	
ADDITIONAL SESSION INFORMATION				
Theck to add information regarding: session spiritual influences.	content and reaction	s; level of engagement; HIH fo	ectors; SI/HI evaluation; SUD;	cultural an
Deartions to session content:				
	Vet Into	1	Finch	
				Cancel
				Cancel

eminder Dialog Templete: CBT Final					
HOTIVATIONAL ASSESSMENT					
□ If therapist assessed motivation and/or app	lied motivational a	nhancement strategies	please indicate and descr	the below:	
ADDITIONAL SESSION INFORMATION					
Check to add information regarding: session o spiritual influences.	ontent and reactions	s; level of engagement	, ESE factors, SI/HI evalu	wation; SUD; cult	pural and
E Reactions to session context:					
E Loral of engagement:					
Mental status factors:					
□ Suicidal/Homicidal ideation evaluation: □ Reiniance above:					
Cultural influences:					
Spiritual influences:					
PLAN					
Treatment completed (Describe the reason for the termination at	(treatment)				
Booster sessions (Describe the reason for booster sessions a	and if the sessions	were scheduled or wil	be scheduled in the futy		
Scheduled post assessment respirate (Describe the reason for additional assessment)	ent session)				
Referred for further evaluation, treatment (Buscribe the referral and reason for refer					
Pacient spreed with above plan (Provide any additional information about t ENTER TIME/GATE UNIT SESSION	he ylan)				
-	r salara				11
	Yest Into			Finish	Cancel

# FIGURE 94 - CBT 3 SCREENSHOT #4

# 15. Appendix D: ACT Screenshots

This appendix will show all of the screenshots associated with Acceptance and Commitment Therapy.

# 15.1. ACT 1 Beginning Phase

Reminder Dialog Template: ACT Beginning.			1
cceptance and Commitment Therapy (ACT) :	for Depression - Beginning Phase		
Time in session (time in minutes): 55			-
SESSION NUMBER			
C 1			
C 2			
C a			
C 4			
C 6			
SESSION FORMAT			
Tace-to-Face Session			
C Telephone Session			
C Video Telebealth Session			
C Other Session type			
SESSION LOCATION:			
Community Living Center			
Г свос			
C Domiciliary			
C Inpatient Rental Realth			
C OFF/OIF Clamic			
P Bental Health Clinic			
E BH Residential Rehabilitation Treat	ant Program (1877)		
E BRICK			
	Yuit Info	Finish Cancel	
			-

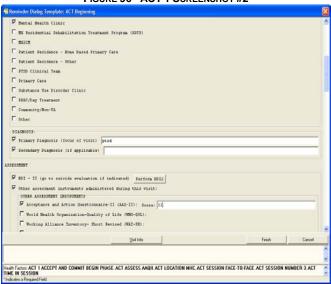


FIGURE 96 - ACT 1 SCREENSHOT #2

## FIGURE 97 - ACT 1 SCREENSHOT #3

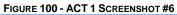
Reminder Dialog Template: ACT Beginning.	X
<pre>F World Health Organization-Quality of Life (WD-QDL): F Working Alliance Insensory: Short Serised (WAZ-58): F S-Faces Hindfolmers Scale F Aresenson Decults:</pre>	6
Servin Content: In this beginning phase session of ACT for Depression, the following therapeutic attivities were performed: "Session Content: "P frowided the Veteram with an overview and rationals of ACT, what to expect over the course of the treatment, and the collaborative means of the therapeutic relationship. "The gails of ACT wave explained in terms of isomating a new relationship with internal separators in the service of framing	
meretif to pursue personal values.  The following astuphore were used to arrise client in understanding the treatmant philosophy and purpose of ACT.  Client's response to rationals:  Theregist aligned client's "life fromy", or the history of his/her difficulty with personal presenting problem. This story included	
Yal Ido Frank Cancel	X
LOCATION NHC. ACT SESSION FACE-TO-FACE ACT SESSION NUMBER 3 ACT TIME IN SESSION	3.8.8

FIGURE 98 - ACT 1 SCREENSHOT #4

Service Content:			
Frovided the Veteran with an overview a collaborative nature of the therapeuti		er the course of the treatment, and the	
The goals of ACT were explained in term oneself to pursue personal values.	s of learning a new relationship with	internal experience in the service of free	ing
The following metaphors were used to as	sist client in understanding the treat	ment philosophy and purpose of ACT.	
🛱 Boller Coaster Methaphor			
T Hud in Class Metaphor			
Two Mountains Metaphor			
Included	", or the history of his/hes difficult	y with personal presenting problem. This s	tory
Ancluded			
included	", of the history of his/her difficult	y with personal presenting problem. This s	tozy Cancel
Enclosed			

# FIGURE 99 - ACT 1 SCREENSHOT #5

minder Dialog Template: ACT Beginning			
7 Treatment Progress:			
TIVATIONAL ENHANCEMENT			
Identified short-term goals in several area	s of functioning. Comment:		
Identified the consequences or impact of de	pression (or other symptoms). Com	ment:	
Identified the benefits of reducing the set	writy of the depression. Comment:		
Assessed attitudes and expectations for the	TAPY. Consent:		
Assessed any barriers to attending therapy	and assisted the patient in proble	m-solving these barriers.	
Consent :			
DLLABORATION:			
he degree of collaboration between the patie	st and the therapist in the current	. session was	
Low			
Eedium .			
Rich			
Results of Therapy Alliance Heasure:			
	Yuit Info	Finah	Cancel
	2001010		
NCE GOALS. ACT 1 TREATMENT PROGRESS. ACT AS	SESS AAQII. ACT COLLABORATION LOW	ACT LOCATION MHC. ACT SESSION FACE TO 4	FACE, ACT
ON NUMBER 3, ACT TIME IN SESSION			



ն ուցե			
🗸 Benults of Therapy Alliance Beasure:			
ADDITIONAL SESSION IMPOSMATION			
	ion content and reactions; level of eng	papement; HSI factors; SI/HI evaluation; S	up,
🖗 Level of Ropagnament:			
9 Bental Status Factors:			
	Yeat Info	Finish	Cancel

ninder Dialog Template: ACT Beginning			
Puicidal/Homicidal Idention Evaluatio	s:		
Substance Abuse:			
Caltural Influences:			
Spiritual Influences:			
Sparatumi Influences:			

# 15.2. ACT 2 Action Phase

Reminder Dialog Template: ACT Action			
coeptance and Commitment Therapy (ACT) for	Depression - Action Thase		
line in pession (time in minutes): *			
ERSELON MUMBER:			
0.			
0.4			
0.1			
C.+			
с,			
C 10			
S 11			
C 12			
C 10			
C 14			
C 18			
C 16			
C 17			
C 18			
C 19			
SESSION FORMAT			
Tace-to-Face Session			
C Telephone Sersion			
C Video Telehealth Session			
Bther Session type of Jessimi			
SESSION LOCATION			
SESSION LOCATION.			
	Yakinto	Fridh	Carcel
	Yest into	Fridh	Carcel

# FIGURE 102 - ACT 2 SCREENSHOT #1

## FIGURE 103 - ACT 2 SCREENSHOT #2

Reminder Dielog Template: ACT Action			
SESSION DOLATION:			
Community Living Center			
E case			
C Destellary			
Inpatient Hental Health			
C ORF/DIP Clause			
Estal Bealth Clinic			
🗖 HE Residential Rebabilitation Treatment Program (8379)			
Г якся			
T Fatient Seridence - Home Based Frimary Care			
C Patient Besidence - Other			
C PISD Clinical Tesa			
C Primary Care			
C Substance Use Disorder Clinic			
F 288C/Day Treatment			
Committy/Non-VA			
C Other			
DIAGNOEISI			
P Primary Diagnosis (focus of visit)			
🗭 [Secondary Disgnosis (if applicable)]			
TRENSOR			
E BD1 - II (go to micide evaluation if indicated)			
C Other assessment instruments administered during this visit:			
C Arreptance and Arriton Quarkinsmatre-II (AA)-III:			
C North Bearth Dissertiation-Disting of Line (BD-2011)			
Vait Info	1	Fridh	Carcel
Trease			2

FIGURE 104 - ACT 2 SCREENSHOT #3

Re	ninder Dislag Template: ACT Action	8
***	TERT	
	BD - 17 (pp to relative valuation if indicated) Date: sensame instruments shouthered during this visit.	
	ACT Treatment dejectives for this service:	
	Creative Topolorement and Todoxisting Topoloreminial Control 1 A therapeutic process of halping clients recognize unweighted patterns of     copyrighted and uncline to and recognize the costs of undillatoreminiation of the second secon	
	Defaution: a thangevetic process of halping clister to another one that one that has a continuous process at to report that	

# Electre 100 - ACT 2 Screenshort #4

FIGURE 106 - ACT 2 SCREENSHOT #5

		aroidance. This process involves active ava		
sensations and memories, without up psychological harm	meressary attempts to o	change their frequency or form, especially u	hen doing so would a	teuse
ACCEPTANCE				
E types un Exercise				
T two Scales Betaphor				
C los the Rus Metaphor				
F Perfect Anniety Detection Machine	a/Polygraph Hetaphor			
F leading the liger Bataphor				
F Jeedback Screech Betachor				
C Other Acceptance and Fillingness	esercise			
		oce and willingness that were discussed:		
her				
		fully observe their own thinking as a contin		
client in detaching from thoughts h thinking.	held too literally. Thro	ough this process clients learn a new and le	ss problematic relat	cionship wit
		g clients to directly, fully, and minifully d contact with internal processes of thinkin		
St		ts to establish a conscious observing self t		
thoughts and motions as ongoing en				
Clarifying Values: a therapeutic pro	ocess of helping clients	s identify and connect with core personal va	lues that bring near	aing, purpos
and fulfillment to their liver. Val	lues are seen as choren	life directions that serve to guide one's a	ctions.	
	ress that focuses on bed	harioral change meeded to achieve concrete g	mais in the service	of defines
values.				
weverk/Practice Assignment				
	Vait Into	1	Frish	Carce

FIGURE 107 - ACT 2 SCREENSHOT #
---------------------------------

P Research/Provides Assignment List:     Presearch Propress     Collaboration Propress     Collaboration     The degree of minkerstein between the pointer, and the theregist in the current results was:     for     Rept     Rept     Pennits of Decays Alliance Resarce:     Collaboration Propriet Alliance     Collaboration Proprise	t Programmer: and: and: aff Childrongstation between the patient and the theregist in the current results was: aff Therapy Alliance Heavare: a ASISTENTY pint Accessed Bairogation and/or applied activitional makaneous strategies please induste and describe bolow: STATION TOTALING H Information regarding: essents content and rearison; joyal of mappenent. Rif factors, IJ/HI valuation; SUS, cultural and Alliances. # to Series Content:	minder Dickog Template: ACT Action					
Collocation: The Spece of collaboration between the patient and the therapit is in the Correst restion was: For Form Form Formula definitions To Therapy Allance Resource: To Therapit assessed antivation mad/or applied antivational makements respires please induces and describe below. MOTIVATIONAL definition To Therapit assessed antivation mad/or applied antivational makements respires please induces and describe below. MOTIVATIONAL definition To Therapit assessed antivation mad/or applied antivational makements respires please induces and describe below. MOTIVATIONAL definition Const to add information regarding consists constant and reactions; level of mosphanes, RHE factors, 12/ME valuation, SDD, valuaral and Forticula information:	of Gildermatin between the patient, and the theregist in the current ression was: of Disarage Alliance Resource: i. Joinstature in discussion and/or applied activational makements strategies please indicate and describe buley: fraction for the papient in and/or applied activational makements strategies please indicate and describe buley: fraction for the papient indicate and reactions; level of mappenents. Rif factors; 17/21 evaluation; 200; existent and factoriance. for Series.						
The segree of collaboration between the jutices and the theregist in the current ressim was: 	of Cilibration between the parient and the therequist in the current session was: of Therapy Alliance Resource: L ASISSINT pick accessed activation moders applied activational mhancanno strategies please indicate and describe bolow: STRATON TOTALING H Addressed activation content and reactivati, invel of mopupanno. RIF factors, 21/12 valuation; 200; cultural and Alliances. s to descion Content: Repopulation:	Concernation (Concerned)					
Esty Retum Dig Republic of Therapy Alliance Beaurer Thirthough Anteries and Anteries Beaurer Thirthough anteries and anteries mod/or applied antivational metaboneans: strategies please indicate and describe bolow: Difficult Anteries and An	of Derogy Allance Beauwe: L ADIDENT Dirk misses Maritum on and/or applied antivational minancement strategies please indicate and describe below. Maritum trypeling: session content and reactions; Jorel of myapament, RFF factors, 11/HE realmation; RFF; enloyed and Marituments. s to Session Content: Represent:						
Techina High Benüter of Therapy Alliance Hearner: If Charapist assessed antivation and/or applied activational unbancement strategies please indicate and describe bolov: MOTIVATIONAL SUBJORNATION If Charapist assessed activation and/or applied activational unbancement strategies please indicate and describe bolov: MOTIVATIONAL SUBJORNATION Bent to add information regaring: session content and reactions; lovel of mpapmanns. RIE factors, 12/NE evaluation; SUD, maltural and spatial information. Bent to describe formation:	L ASIDIBILY pick messesse wattymeline, and/or applied motivational mekanomenen strategies please indicate and descrabe below. SEDIOR INFORMING H information reporting; cessim content and reactions; loval of mopapament; RJF factors; JI/RE svaluation; SD5; cultural and information content: # to faceton Content:		and the therapist	in the current session	Wasi		
Bigd Bernike of Reregy Allance Resource: NUTURIONAL ADJOINTHY I If therepist accessed weitrogion and/or applied activational valuocement strategies please indicate and describe bilov: NUTURAL SUBJECT INFORMATION DESTIGATION Destination repairing resonan content and reactions; lovel of magement: RIE factors, SI/NE valuation; SD; cultural and particula informers. Beautions to destine Content:	L ASIDIBILY pick messesse wattymeline, and/or applied motivational mekanomenen strategies please indicate and describe below. SEDIOR INFORMING H information reporting; cessim content and reactions; loval of mopapament; RJF factors; JI/RE svaluation; SD5; cultural and information content: # to faceton Content:						
Parmite of Therapy Allance Baumer: NETURATIONAL AJTEURNET If Comparis assessed anticomion and/or applied antivational unknowname stantegies please indicate and describe bulow: NETURAL SIGNE Proventice Parks ad Laboranium regarding: cossion content and reactions; lowi of unpaparent, RJE factors, JL/HE valuation; JDD; cultural and parks ad Laboranium. Parkstead alternates.	L ASIBINIT pin messes wirselen and/or applied wirsetioni makancament verstegies please indicate and describe bulov. SEDION INFORMITOR H information reparing; sessim content and reactions; lovel of mopaparatic, RFE factors; 12/RE svaluation; SED; cultural and Alianance. # to faceton Content: Reparator:						
NOTONIIONL AJIBOMENT ] If Charapist assessed astivution and/or applied activutional unbancement strategies please indicate and describe below. NOTIONAL SESSION IFFORMIICS Back to add information repairing: session content and reactions, lovel of ongapment. RIE factors, 11/NI evaluation; SUD, endoural and spational informate. ² Bactions to Enzion Content:	L ASIBINIT pin messes wirselen and/or applied wirsetioni makancament verstegies please indicate and describe bulov. SEDION INFORMITOR H information reparing; sessim content and reactions; lovel of mopaparatic, RFE factors; 12/RE svaluation; SED; cultural and Alianance. # to faceton Content: Reparator:						
□ If theregist accessed mattraction and/or applied antivertional makancommt strategies please indicate and describe balow: ADDITIONAL INFORMATION Charles to at interaction reparison; session content and reactions; level of myapmann; RIM factors; HI/MI prelumiting RDD; emitural and systemat influence; □ Beartons to Session Content;	pirt arcessed antivation and/or applied antivational valuecement strategies please indicate and describe below. STRENGE TOPORATION information repering: session content and reactions; level of mpapment, RFF factors, IT/NE vealuation; NEy coloural and infinances. r to descion Content: Repayment:	vestits of inerapy alliance measure:					
□ If theregist accessed mattraction and/or applied antivertional makancommt strategies please indicate and describe balow: ADDITIONAL INFORMATION Charles to at interaction reparison; session content and reactions; level of myapmann; RIM factors; HI/MI prelumiting RDD; emitural and systemat influence; □ Beartons to Session Content;	pirt arcessed antivation and/or applied antivational makancawan strategies please indicate and describe below: STRENGE TURGENING information repering: session content and reactions; lovel of mappamann; REE factors; IT/HE vealuation; REE cultural ant infinances. r to descion Content: Reparament:						
□ If theregist accessed mattraction and/or applied antivertional makancommt strategies please indicate and describe balow: ADDITIONAL INFORMATION Charles to at interaction reparison; session content and reactions; level of myapmann; RIM factors; HI/MI prelumiting RDD; emitural and systemat influence; □ Beartons to Session Content;	pirt accessed antivation and/or applied antivational makancawan strategies please indicate and describe below: STRENG TUPORATION information reparing: session content and reactions; lovel of mappanent, RET factors; EL/RE traination; EDD; enjoyral and infinances. r to descion Content: Reparament:						
ANDITIONAL SESSION INFORMATION Dark to add information reparing: ensuin content and evantions; level of mappenent. Hit factors, JL/HE vealuation, HD; cultural and spational information.	TENEOR INVOLUTION H information reparing: session content and reactions; level of monopoment. RHE factors, HI/RE vealuation, HD; cultural and information Content:						
Check to add information reparing: session content and reactions; level of unpapmannt. HIE factors; If/HE evaluation; HDD; exhvaral and spiritual informers. "Searchear to Session Content:	a information repeting: election content and reactions; level of engagements. RFE factors; EL/ME semination; 200; euliveral and a to descion Content:	If therapist assessed notivation and/or app	died activational en	shancement strategies p.	lease indicate and describe	below:	
sportrand influences. "Panarcians to Session Cantant:	inflament. 9 to Season Content: Repayment:						
	Regegments :		intent and reactions	i level of engagement:	RIE factors; 21/HI evaluat	ien; SUD; cult	ural and
- kevel ef Rogsprann.:		Reactions to Session Content:					
Level of Roppenson:							
Sevel of Doppmann:							
Level of Repayment:							
. жүтэ на ануаралын .		- Annal an Brannan -					
	yurino Frank Canod	serves of angepenetry.					
	yurins Fran Curon						
	Yat Into Frich Carol						
	Val Info Frish Carol						
Viel Infa			⊻až into	1		Frish	Carcel

FIGURE 108 - ACT 2 SCREENSHOT #7

	plied activational end	ancement strategies please in	dicate and describe below:	
ADDITIONAL SESSION INFORMATION				
Check to add information reparding: session o spiritual influences.	entent and reactions;	level of ingagement. His fact	ers; SI/HI evaluation; SUD; cult	ural and
P Peartious to Session Content:				
Level of Engagement:			-	
Bental Status Factors:				
5 Suicidal/Hemicidal Idention Evaluation				
🗖 Substance Abure:				
🗖 Dubstance Alvise:				
🗖 Ondertance Advire:	<u>V</u> at into	1	Fridh	Carcel
- Subatance Alter:	<u>V</u> ak into		Frish	Carcel

FIGURE 109 - ACT 2 SCREENSHOT #8
----------------------------------

minder Dielog Template: ACT Action			
Restal Status Factors:			
Suicidal/Homicidal Idention Symplection:			
Substance Abuse:			
Cultural Influences:			
Spiritual Influences:			
STER TIME/DATE NEXT SESSION			
Next session scheduled for:			
			J
	<u>Yest Into</u>	Frish	Carcel
	Year into	Fridh	Carcel

# 15.3. ACT 3 Closing Phase

Reminder Dialog Template: ACT Closing		
ceptance and Commitment Therapy (ACT) 1	or Depression - Closing Phase	
Time in section (time in minutes): 55		
SESSION NUMBER:		
SESSION FORMAT		
Pace-to-Face Session		
C Telephone Session		
C Video Telehealth Session		
C Other Session type		
SESSION LOCATION:		
Community Living Center		
Г свос		
T Domiciliary		
C Inpatient Hental Health		
P DEF/OIF Climic		
E Bental Health Clinic		
E ME Regidential Pahabilitation Treat	ment Program (2212)	
E more		
□ Patient Peridence - Home Bared Prim	ary Care	
F Patient Residence - Other		
F PTHD Clinical Team		
F Primary Care		
☐ Dubstance Use Disorder Clinic		
F		
	Yest Info	Fish Cancel

FIGURE 110 - ACT 3 SCREENSHOT #1

# FIGURE 111 - ACT 3 SCREENSHOT #2

Substance Use Disorder Clinic		
□ P3DC/Day Treatmenn □ Community/Non-7A □ Onher		
oliceools: 7 Primary Diagnosis (focus of visit) 7 Secondary Diagnosis (if applicable)		
BDI - II (pp to suicide evaluation if in           Ø         Other attestant instruments administere           OTHER ASSESSMENT INSTRUMENTS           □         Receptance and Action Destimation-T           Ø         World Maith Organization-Duality of Ø           Ø         Normal Aliance Inventory Aliance Towards and Action Destination	4 during this visit: I (AAQ-II): Life (MBD-QOL): Score:	
♥ 5-Facet Hindfulness Scale Score: ♥ Assessment Besults:		

FIGURE 112 - ACT 3 SCREENSHOT #3

eminder Dialog Template: ACT Closing		
s was the Final Session of the Acceptance SHSION CONTENT D The charging and patient reviewed how how they have been imparted by experi D For this patient, these processes and -	the ACT relevant processes have led to ch ntial willingness/acceptance and values g	anges in the person's life functioning including cided behavior.
COLLABORATION:		
	atient and the therapist in the current se	ession was:
Low		
Redium		
High		
ADDITIONAL SESSION INFORMATION		
Check to add information regarding: sessi cultural and spiritual influences.	on content and reactions; level of engages	went; MSE factors; SI/HI evaluation; SUD;
Deactions to Session Content:		
	Yest Into	Finah Cancel
	A 005319-10	

eminder Dialog Template: ACT Closing					1
ADDITIONAL SESSION INFORMATION					
Check to add information regarding: session cultural and spiritual influences.	content and reac	tions; level of engagement	: MSE factors: SI/HI eva	luation; SUD;	
7 Reactions to Session Content:					
♥ Level of Engagement:					
7 Hental Status Factors:					
7 Buicidal/Homicidal Idention Svaluation:					
9 Dukstance Alexeri					
	10010	- 1			
	Yest Info		Fre	h	Cancel

# FIGURE 114 - ACT 3 SCREENSHOT #5

	sing		
🛱 Bubstance Abuse:			
🕫 Cultural Influences:			
7 Spiritual Influences:			
PRES TOWARDS COALS			
	nt, overall and in relation to specific goals:		
	ne, orecall and in relation to specific goals:		
CRESS TOWARDS COALS		Freeh   C	ancel

# FIGURE 115 - ACT 3 SCREENSHOT #6

			2
☑ Impact of therapy on patient's functi	i omiling :		-
🗸 Patient appears to be less depressed	based on the following:		
BDI-II score has decreased			
Patient reports feeling less depre			
	al network have noticed that the patient is	less depressed	
C Other			
Treatment Completed			
Treatment Completed Describe the reason for the termination	ion of treatment		
Dearon:			
E Booster Sessions Describe the sessor for booster card	ions and if the sessions were scheduled or wi	ill be scheduled in the future	
reputate the remote for poorter sense			
Scheduled Fost Assessment Sessions			
F Scheduled Post Assessment Sessions Describe the reason for additional as			
<ul> <li>Scheduled Fost Assessment Sessions</li> <li>Describe the reason for additional as</li> <li>Deferred for Further Evaluation, Tree</li> </ul>	staent or Other Services		
<ul> <li>Scheduled Post Assessment Sessions Describe the reason for additional as</li> <li>Referred for Purther Symbustion, Tree Describe the referral and reason for</li> </ul>	staent or Other Services		
<ul> <li>Scheduled Fost Assessment Sessions</li> <li>Describe the reason for additional as</li> <li>Deferred for Further Evaluation, Tree</li> </ul>	stammt or Other Services referral		
☐ Scheduled Post Assessment Sessions Describe the season for additional and Deferred for Further Fvaluation, Tree Describe the referral and reason for Deferribe the referral and reason for Deferribe any additional information and Provide any additional information and Barts HIM/AATS MECT SUSJON	stammt or Other Services referral		
Scheduled Post Assessment Sessions Describe the reason for additional as Describe the reason for additional Describe the referral and reason for Patient segreds with above Plan Frovide any additional information ab	stammt or Other Services referral		

# 16. Appendix E - Social Skill Training Screenshots

This appendix will show all of the screenshots associated with Social Skills Training.

# 16.1. SST Goal Setting

### FIGURE 116 - SST SCREENSHOT #1

Reminder Dialog Template: SST Goal Setting			
Focial Skills Training for Serios Mental Illnes	s Coal Setting Ression - Individual		0
TIME SPENT IN SESSION minutes			
SESSION NUMBER			
C Session 1			
C Servion 2			
C Session 2			
P SESSION FORMAT			
C Face-to-Face			
C Telephone			
C Video			
C Other			
F SESSION LOCATION			
C Community Living Center			
C Community Based Outpatient Clinic			
C Demicillary			
C Inpatient Hental Health Unit			
C 087/017 elinic			
C Bental Health Clinic			
C Hental Bealth Feridential Pshabilitation a	nd Treatment Program		
C HILLCH			
C Patient Residence- Home Eased Frimary Care			
C Pateint Besidence- Other			
C PTID Clinical Team			
C Primary Care			
C Substance Abuse Disorder Clinic			
C 910C/Day Treatment			~
	Veil Info	Freb	Cancel
1			~

	C Hental Health Clinic	
	C Rental Health Revidential Dehabilitation and Treatment Program	
	C mater	
	C Patient Desidence- Home Based Primary Care	
	C Pateint Besidence- Other	
	C PTSD Clinical Team	
	C Primary Care	
	C Dubstance Abuse Disorder Clinic	
	C HBC/Day Treatment	
	C Other	
7	PRIMARY DIALMODITS	
	PRIMAPY DIACROSIS	
	C Schisophrenia	
	C Schizzaffertive	
	C Bipolar	
	C Hajor Depression	
	6 Other specify	1
7	SECONDARY DIAGNOSIS specify	-
,	ASSESSMENT: Check all that apply	
	P Brief Goal Assessment: Social Skills Training Goal Assessment specify	-
	Ø Social Punctioning Interview specify	-
	P Social Adaptive Functioning Evaluation spacify	
	P Other specify	-
	o other specify	
	AND DESCRIPTION ADDRESS AND ADDRESS AND ADDRESS ADDRES	
	OTHER RELEVANT ASSESSMENT INFORMATION (SPECIFIC TO TREATMENT MODEL): Flease note any relevant mental status factors, any indications of SI/HI, and reactions to session concent. Also include cultural, spiritual influences that may be relevant and any noted substance use.	

FIGURE 117 - SST SCREENSHOT #2

### FIGURE 118 - SST SCREENSHOT #3



### FIGURE 119 - SST SCREENSHOT #4



# 17. Appendix F - CBT- Insomnia Screenshots

This appendix will show all of the screenshots associated with Cognitive Behavioral Therapy for Insomnia.

No screenshots available for this protocol at this time

# 18. Appendix G - Behavioral Family Therapy Screenshots

This appendix will show all of the screenshots associated with Behavioral Family Therapy.

No screenshots available for this protocol at this time